



# COMMUNICABLE DISEASE UNIT



## MENTAL HEALTH AWARENESS MONTH

Mental Health Awareness Month was established by Mental Health America in 1949 to promote mental wellness nationwide. This year's theme is "More Good Days, Together". It is a time to reflect on what a 'good' day looks like for ourselves and our communities.



### CDU Heroes

Shout out to all the nurses working in Public Health.



### Quick Fact

23% or nearly 1 in 5 U.S. adults live with a mental health condition.



### 988

National Suicide Prevention Lifeline

You can still use 1-800-273-8255 and other available resources.

## Asian American, Native Hawaiian, and Pacific Islander Heritage Month

In May, we reflect and celebrate the important role that Asian Americans, Native Hawaiians, and Pacific Islanders have played in enriching America's history. [Learn more about their history.](#)



## CDU Monthly Webinar

### Hepatitis

May 19, 2026 at 2:00-3:30 pm

In honor of National Hepatitis Testing Day on May 19th, the May CDU Monthly Webinar will cover epidemiological updates and trends specific to the Wyoming population, as well as the limitations of CDU-covered Hep B testing. This presentation will be provided by the CDU hepatitis staff.



## Training Opportunities

### Session 1: Core Concepts of TB Epidemiology for Public Health Practice

Virtual - May 13, 2026 - [Register](#)

### Urogenital Gonorrhea

Webinar - May 15, 2026 - [Register](#)

### AIDS Clinical Conference: TB and HIV

Web-Based - May 19, 2026 - [Register](#)

### Taking a Sexual Health History - Why, Who, When, How

Webinar - May 26, 2026 - [Register](#)



[Katherine Luzuriaga](#)

## Training Opportunities Continued

**Clinical Management of Mycoplasma Genitalium in Adults Receiving HIV Care** - Webinar - May 27, 2026 - [Register](#)

## Opportunities to Connect

### Community Conversation on Prevention, Care & Recovery

Explore how small, practical actions can reduce overdose risk, strengthen connections to care, and support healthier communities across our state.

May 2, 2026 at 6:00 PM – 7:30 PM

Unitarian Universalist Church of Cheyenne, 3005 Thomes Avenue



[Aaron Beck](#)

### Person-Centered Care Training Intensive: Prevention, Overdose Response & Care Navigation

Through interactive learning, real-world scenarios, and practical tools, participants will build the skills and confidence to respond effectively and support their communities with compassion and care. Designed for providers, community members, and anyone committed to building safer, healthier Wyoming communities. [Register](#) - May 3, 2026 at 9:00 AM – 4:30 PM

### Wyoming Takes Care: A Health & Resilience Summit

This full-day, statewide gathering brings together public health professionals, community leaders, first responders, service providers, and neighbors from across the state to strengthen how we support our communities—especially those most at risk. Together, we'll build shared language, develop practical skills, and strengthen partnerships across sectors—from healthcare and housing to EMS, education, and community-based organizations. [Register](#) - June 17, 2026 at 10:00 AM – 5:00 PM

## Shout Out!

### University of Wyoming – Get Yourself Tested Event

With the strategies added this semester, 70 individuals were tested at the Spring Get Yourself Tested event, and 69 received HIV testing (98.6% of those tested). That is a 66% increase in HIV testing from the last University of Wyoming event, which is phenomenal!



## New Online Tool - Naloxone

The Wyoming Department of Health (WDH) is excited to announce the Community Naloxone Resource Map. This new online tool makes it easier for people to find naloxone at no cost in their local communities.

[Find the Community Naloxone Resource Map here.](#)

[More information on how naloxone works, or to be trained to respond to an overdose.](#)



## Eastern Shoshone Tribal Health Fair

May 29, 2026 - [Flyer](#)

Eastern Shoshone Tribal Health  
15230 US Hwy 287  
Fort Washakie, Wyoming

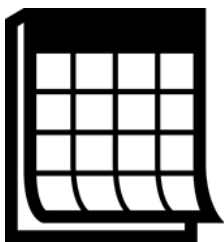


## 988 Toolkits – Limited Supply

For your convenience, CDU is partnering with 988 to provide the [Wyoming 988 Suicide & Crisis Lifeline Clinic/Office Kits](#) on the KnoWyo Shop for clinics/offices that order from the KnoWyo Shop. These kits are designed for clinic/office settings.

If you have any questions regarding the Wyoming 988 Suicide & Crisis Lifeline Clinic/Office Kits, please reach out to the WDH 988/Crisis Program Manager, Alicia Johnson.







For clinics/offices that do not use the KnoWyo Shop, the kits can be ordered directly from Alicia at [alicia.johnson@wyo.gov](mailto:alicia.johnson@wyo.gov).



## Upcoming Events - June

- PTSD Awareness Month
- Pride Month
- National HIV Testing Day
- Father's Day
- Juneteenth

[Subscribe online](#)  
[Unsubscribe online](#)

MAY 2026						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 	2
3	4 	5	6	7	8	9
10 Mother's Day Women's Health Week (10th - 16th)	11	12	13 HIV Case Management Call 1-2 PM	14 	15	16
17	18	19 National Asian and Pacific Islander HIV/AIDS Awareness Day CDU Webinar 2-3:30 PM	20 CDU Outreach Staff Call 10-11:30 PM	21	22	23 
24	25 Memorial Day WDH Closed	26	27 	28	29	30
31 						

**Wyoming Department of Health  
 Communicable Disease Unit**

<https://health.wyo.gov/publichealth/communicable-disease-unit/>

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