



COMMUNICABLE DISEASE UNIT

May 2025

NEWSLETTER

Monthly Theme:
Mental Health Awareness
Month
AANHPI Heritage Month



Mental Health Awareness Month

Mental Health Awareness Month was founded in 1949 by Mental Health America to promote mental wellness nationwide.

Self-help resources can help you take the steps necessary toward your wellness. They can include building a routine, practicing mindfulness, breathing exercises, going for a walk, and more. [Read More](#)

[Click here](#) for the May 2025 Wellness Tips Calendar.

[31 Tips to Boost Your Mental Health](#)

[Planning Your Routine](#)

[Resource List](#)



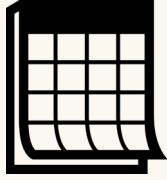
QUICK FACT

Did you know that 1 in 5 U.S. adults experience mental illness each year? [Read More](#)



**New National Suicide
Prevention Lifeline: 988**

You can still use 1-800-273-8255, and many others are available [here](#).



Upcoming Events

June

PTSD Awareness Month
Pride Month
National HIV Testing Day
Father's Day
Juneteenth



Engagement Opportunities

HIV Clinical Update for Nurses
June 5, 2025
[Register](#)

AIDS Clinical Conference: Long Acting Injectable for Prevention and Treatment
June 17, 2025
[Register](#)

Addiction Medicine Webinar: Substance Use and HIV
June 18, 2025
[Register](#)



Asian American, Native Hawaiian, and Pacific Islander Heritage Month

The theme for the May 2025 Asian American, Native Hawaiian, and Pacific Islander Heritage Month is "A Legacy of Leadership and Resilience." The theme honors those leaders who established a foundation for future generations to thrive and adapt to change and adversity. [Read More](#)



CDU Monthly Webinar: Sexual Assault Nurse Examiner

The guest for the May CDU Monthly webinar will be the CRMC Forensic Nursing Program Manager, who will provide an overview of the SANE nurses' role in collecting forensic evidence and conducting SA exams.

Tuesday, May 15, 2:00- 3:30 p.m.

[Meeting link](#)



CDU HEROES

- Thank you to the public health nurses/offices for navigating the TB grant funding changes.



Katherine Luzuriaga



David Ho

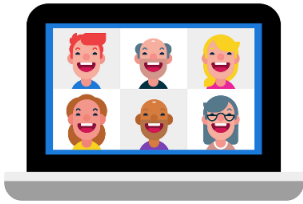


Lori Alvord



Nurses Week

Nurses Week is May 6 – May 12, 2025, and the theme this year is “Our Nurses. Our Future. Caring for nurses strengthens economies.” This year’s theme highlights the importance of supporting the health and well-being of nurses, who are vital to the functioning of health systems. [Read More](#)



Training Opportunities

Sexual Health Update

May 21, 2025, at 12:00 – 1:00 PM EST - Webinar - [Register](#)

June 18, 2025, at 12:00 – 1:00 PM EST - Webinar - [Register](#)



HIV Case Management Update

Save the date for June 24 - June 26 in Casper.

KnoWyo Q1 Benchmarks

Sites that met all five benchmarks:

Albany Co., Campbell Co. PH, Goshen Co. PH, Johnson Co. PH, Sublette Co. PH, Sweetwater Co. PH, and Uinta Co. PH.

Sites that met four out of five benchmarks:






Northwest Health Care, Big Horn Co. PH, Carbon Co. PH, Converse Co. PH, Fremont Co. PH, Hot Springs Co. PH, Lincoln Co. PH, Niobrara Co. PH, and Sheridan Co. PH.



Multi-Site Testing

Chlamydia and gonorrhea can occur in the genitals, throat, and/or rectum. Even if a patient’s genitals test negative for an STI, they may still test positive somewhere else. If a patient has had sexual contact in their genitals, throat, and/or rectum, it’s recommended to test the specific site(s) indicated as having had sexual contact for chlamydia and gonorrhea. Additional information can be found on [the CDU STI Health Professionals webpage](#).

MAY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 	2 CAPPA	3 CAPPA
4	5	6	7 TB Monthly Meeting 10-11:00 AM	8	9 	10
11 Mother's Day Women's Health Week (11 th – 17 th)	12 	13	14 HIV Case Mgmt Call 1-2:00 PM	15	16	17
18	19 National Asian and Pacific Islander HIV/AIDS Awareness Day	20 CDU Monthly Webinar 2-3:30 PM	21 CDU Outreach Staff Call 10-11:30 AM	22	23 	24
25	26 Memorial Day WDH Closed	27 	28	29	30	31

Wyoming Department of Health Communicable Disease Unit

<https://health.wyo.gov/publichealth/communicable-disease-unit/>

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