

Adult Annual Wellness Visit - General Checklist

These yearly visits help your doctor spot any small changes in your health before they turn into bigger problems. Your doctor may make referrals to specialists or providers for other preventive screenings you may need that are not included on this list:



- ☐ Blood Draw Screenings:
 - ☐ Cholesterol Screening
 - ☐ Complete Blood Count (CBC)
 - ☐ Hepatitis C Virus Screening
 - ☐ Prostate Specific Antigen (PSA) Test (Males Only)
 - ☐ Screening for Prediabetes
- ☐ Calculate Body Mass Index (BMI)
- ☐ Fall Prevention (age 65+)
- ☐ Hearing Test
- ☐ Immunizations:
 - ☐ COVID-19
 - ☐ Influenza Immunization
 - ☐ Pneumonia Booster
 - ☐ Shingles Vaccine
 - ☐ Tetanus Booster
- ☐ Screening for High Blood Pressure
- ☐ Screenings (Questionnaires):
 - ☐ Breast Cancer Risk Assessment (Females Only)
 - ☐ Depression Screening
 - ☐ Screening for Unhealthy Drug & Alcohol Use
- ☐ Sexually Transmitted Infection Screening & Counseling
- ☐ Skin Exam
- ☐ Tobacco Cessation

