

WYOMING MEDICAID

MEMBER HANDBOOK

FOR PREGNANT WOMEN

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Overview



Medicaid:

Medicaid is a program that provides assistance in paying for healthcare services for children, pregnant women, families with children, and individuals who are aged, blind, or disabled. Eligibility is determined based on citizenship, residency, family income, and sometimes resources and healthcare needs. Non-citizens may be eligible for emergency services.



Medicare:

Medicare is a federal health insurance program for aged, blind, or disabled members. It is available to those receiving Social Security Disability Income (SSDI) or those aged 65 and older receiving Social Security payments. Medicare is not part of the Medicaid program. For questions regarding Medicare, please see the Medicare website.



To be eligible, a member must be:

- Pregnant
- Income eligible at or below <u>154%</u> of the Federal Poverty Levels (FPL)
- A U.S. citizen or lawfully present in the U.S.
- A Wyoming resident



There may be some exceptions to Medicaid Criteria

Customer Service Center
1-855-294-2127 or TTY/TDD at 1-855-329-5204
or take the "Could I Qualify?" Quiz online to verify
member eligibility.



Apply or Renew for Medicaid Coverage

Applications and renewals can be submitted:

- Online at <u>WY Medicaid/CHIP Web Portal</u>
- By phone at 1-855-294-2127 or TTY/TDD 1-855-329-5204
- By fax to 1-855-329-5205
- Mail or drop off during business hours to: 3001 East Pershing Blvd., Suite 125 Cheyenne, WY 82001

Coverage Duration:

Wyoming Medicaid's Pregnant Women program provides health coverage for eligible pregnant women for up to 12 months post-partum.

Finding a Provider:

Members are provided access to a variety of healthcare providers under their Medicaid benefits for several different specialties. To find a provider, visit: Find a Doctor, Hospital or Clinic

For more information on Wyoming Medicaid and Kid Care CHIP, visit Contact Us | Wyoming Medicaid or call the Customer Service Center: 1-855-294-2127



1. Application Process

Applying for Medicaid is straightforward and doesn't take much time. Follow the steps below to determine member eligibility and coverage.

1.1 Eligibility Requirements:

To be eligible for Wyoming Medicaid, a member must satisfy the following requirements:

- Be pregnant
- Income eligible at or below <u>154% of the</u> <u>Federal Poverty Level (FPL)</u>
- A U.S. citizen or lawfully present in the U.S
- · A Wyoming resident

Verify Medicaid Eligibility

Please contact the Customer Service Center at 1-855-294-2127 or TTY/TDD 1-855-329-5204 or take the "Could I Qualify?" Quiz online to verify Medicaid eligibility.

Once an expecting mother is determined eligible, she will receive Medicaid health coverage for up to 12 months post-partum. Pregnant women whose income falls below the family care income guidelines should cooperate with Wyoming Child Support programs after the baby is born.

1.2 Special Eligibility

Certain Medicaid members may be eligible for presumptive eligibility or retroactive coverage. Additional information on special eligibility and coverage types is discussed below.

1.2.1 Presumptive Eligibility

Presumptive Eligibility (PE) applies to Medicaid. PE allows members access to temporary Medicaid benefits while their eligibility for full Medicaid benefits is under review. If a member is determined to be eligible for PE, they may receive ambulatory outpatient benefits through a Medicaid provider until a determination is made on the full Medicaid application or the last day of the next month if a full Medicaid application is not received. Pregnant women waiting for their full application to be processed may apply for PE through a qualified hospital or a qualified provider. Individuals can apply for Presumptive Eligibility for pregnant women once per pregnancy.

To find a qualified hospital or provider, visit: Presumptive Eligibility.

1.2.2 Retroactive Coverage

There may be circumstances when medical treatment occurs before Medicaid coverage begins. Retroactive Medicaid coverage may be available up to three months before the month the submitted application is received if medical bills are owed and all eligibility guidelines have been met during each of those months.



1.3 Applying for Medicaid

There are multiple ways to apply for Medicaid. See below for different ways to complete a Medicaid application:

Paper applications are available at any of the following locations:

- Department of Family Services (DFS) offices
- Public Health offices
- · Women, Infant, and Children (WIC) offices
- Wyoming Department of Health (WDH) website

Paper applications can be mailed or dropped off during business hours at the following location:

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3001 East Pershing Blvd., Suite 125 Cheyenne, WY 82001

Applications can also be submitted via:

Phone: 1-855-294-2127 or TTY/TDD 1-855-329-5204

Email: wesapplications@wyo.gov

Online: WY Medicaid/CHIP Web Portal

Fax: 1-855-329-5205

1.4 Application Processing

The Customer Service Center will take information provided on the member application and an eligibility determination will be made by the Wyoming Eligibility System. Applications can take up to 45 days to process. If a member needs to apply for the Blind or Disabled programs, an interview may be needed.

1.4.1 Application Determination Notification

A notification will be received in the mail about member eligibility status, coverage start date, and eligible family members. Notices are also sent for denials, discontinuations, or if more information is needed to determine member eligibility.

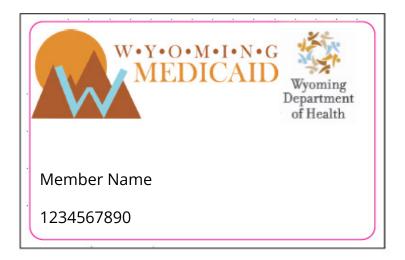
If an applicant feels that member eligibility was wrongly denied, changed, or terminated, an administrative hearing can be requested. See Section 5.1.1 for more information on administrative hearings.



2. Getting started with Medicaid

2.1 Using a Benefit Card

A benefit card will be mailed to the member within two weeks of eligibility approval. A benefit card will be issued for each eligible member who has not already been issued a benefit card in the past. If eligibility has been established previously, benefit cards will remain valid upon renewal, and a new card will not be sent.



When using a Medicaid provider, clinic, hospital, or pharmacy, the benefit card will need to be shown upon check-in for an appointment or to fill a prescription. Medical bills will not be paid by Wyoming Medicaid unless the provider accepts and is actively enrolled in Wyoming Medicaid.

Use the following link to verify or find a provider that is covered by the Wyoming Medicaid network:

Find a Doctor, Hospital or Clinic.

2.1.1 Replacing Benefit Cards

If a replacement benefit card is needed:

 Use the <u>myHealth Portal</u> or contact Member Services via the Customer Service Center to get replacement card(s). Call the Customer Service Center at 1-855-294-2127 or TTY/TDD at 1-855-329-5204 for assistance.

Verify member address is up to date in the myHealth Portal. If a member has moved, their address should be updated with the Customer Service Center before requesting a new benefit card. Allow one to two days after updating an address to request a new benefit card.

Replacement cards can take up to seven days to be received in the mail. The benefit card will also be available online to print on the myHealth portal.



TIP: Always keep the benefit card on hand in case of an emergency.



2.2 Member Portals

After being approved for Medicaid, visit the two member portals to assist in utilizing and staying informed on member benefits.

2.2.1 WY Medicaid Web Portal

The <u>WY Medicaid/CHIP Web Portal</u> can be accessed online. Members should create an account to:

- Apply or renew for Medicaid or Kid Care CHIP Benefits
- Report changes in household circumstances
- · Check the case status
- Receive online communications
- Access other account management tools

2.2.2 myHealth Portal

The myHealth Portal can be accessed at <u>Member Home</u> for general information on Medicaid information, including:

- · Wyoming Medicaid physicians, dentists, hospitals, or clinics in the member's area
- Wyoming Medicaid pharmacies
- Wyoming Medicaid contact information
- · Wyoming Medicaid Handbook (English and Spanish)
- · Newsletters and other member materials
- Frequently Asked Questions (FAQs) page
- Transportation Assistance Manual

Create an account on the myHealth portal to:

- Check Medicaid eligibility
- Ask Medicaid questions regarding benefits, including covered and non-covered services, and other topics
- View copayment information
- Track medical visits
- Request or print a replacement Medicaid Benefit Card
- Make transportation requests for medical and dental appointments, if covered by member benefit plan

To register, a Member ID number or Social Security Number, date of birth, and first and last name will be needed. Step-by-step instructions are provided on the website found here:

<u>Member Training and Tutorials</u> under "Member Training."



2.3 Member Responsibilities

2.3.1 Appointments

When making an appointment, the medical or pharmacy providers must be notified that the member is covered by Medicaid. A member must verify that the provider or pharmacy accepts Wyoming Medicaid. Providers are not required to accept Medicaid and can limit their clientele.

Bring the Medicaid benefit card and any other health insurance information to the appointment. Bring information about the member's current and past medical conditions, including:

- Shot records
- · Pill bottles for any current medications being taken
- Past and future surgeries
- · The names of healthcare providers and clinics that have been recently visited
- Any needed provider questions

Please remember to attend all scheduled appointments. For the first visit, show up 30 minutes early so there is time to fill out any necessary paperwork. For any additional appointments with that provider, it's helpful to be prompt and show up 15 minutes early.

2.3.1.1 Missed Appointments

Always call ahead of time to cancel any scheduled appointments. If an appointment must be canceled or missed, follow the provider's cancellation policy to avoid being billed for the missed appointment. Many providers need 24-hour notice for cancellations. Members may be held responsible for charges associated with a missed appointment, and billing notices reflecting missed appointment fees should not be ignored. Wyoming Medicaid will not reimburse providers for missed or canceled appointments.





2.3.2 Payments

There are no co-pays for Medicaid members who are on a Pregnant Women program.

Pregnant women on another program/CHIP program may have co-payments. Payments for medical care will not be made directly to the member. Payments are only made to healthcare providers such as physicians, hospitals, and pharmacies who are enrolled in the Wyoming Medicaid program. If a member has paid a provider for a service and the provider later agrees to bill Medicaid, the provider must first refund any payments to the member.

If a provider is enrolled in the Medicaid program, there is no guarantee that they will bill Medicaid for services provided. Always ask if Medicaid will be billed before receiving services. If the provider states that Medicaid will not be billed and the member decides to receive the service anyway, the member is responsible for paying any bills associated with the appointment.

If a member is billed:

If a bill is received for services that a member believes should have been covered, the following actions should be considered:

- Verify the provider accepts Medicaid and that the benefit card was provided at the visit.
- If eligibility is determined after the visit, speak with the provider about billing to Medicaid.
- Keep a record of conversations with the provider, including the date of the visit, the date of the phone call, and who was spoken with.

If a member still receives a bill or is turned over to collections, contact Member Services via the Customer Service Center at 1-855-294-2127, select the option for billing, and provide the steps taken. A member may be asked to fax or mail the bill for further assistance. Do not ignore medical bills; members should contact the provider immediately and make sure they have the member benefit ID number.



2.3.3 Update Personal Information

As an enrolled member, it is important to keep personal information up to date. Report all changes within 10 business days through the Customer Service Center, LTC (Long Term Care Eligibility: more on this later in this document), or the myHealth Portal. Updates may include:

- Moving out of state
- · Changes in mailing address, phone number, or email address
- Updates to other insurance coverage
- Changes in income, resources (such as inheritance or settlements), or the number of people in the home if an adult is receiving benefits
- · Member's death

2.4 Coordination of Benefits

Coordination of Benefits is when a member has more than one insurance company paying for a medical claim for healthcare services. When receiving healthcare services, present the member benefit Card, along with proof of other health insurance or Medicare coverage, to the provider. Medical and pharmacy providers need this information to bill private insurance and Medicare before billing Medicaid. If the member has private insurance or Medicare, those insurance companies must be billed first. Medicaid will only pay after all other insurance has been billed and paid their portion.

All private insurance changes must be reported to Medicaid by contacting the Third-Party Liability (TPL) Department at 1-855-294-2127. Select: Change a primary insurance policy, Wyoming Health Insurance Premium Payment (WHIPP), Employed Individuals with Disabilities (EID) payments, or subrogation.

If a payment is received for medical bills from a private medical insurance, Worker's Compensation, or casualty insurance while covered by Medicaid, the member must:

• Use the funds to pay the provider

 Contact Customer Service Center at 1-855-294-2127 and select Option 1.





2.4.1 Coordination of Benefits in the Case of a Personal Injury Accident

If a member or an individual legally responsible for a member is involved in a personal injury accident, such as a motor vehicle accident, report the accident by contacting the Customer Service Center at (855) 294-2127, Option 1. Be prepared to provide the following information:

- Date of accident
- Injuries sustained from the accident
- Whether an attorney has been hired and their contact information
- Casualty insurance information such as:
 - Name of the carrier
 - Type of coverage
 - Medical payments liability
 - Underinsured motorist
 - Underinsured motorist coverage another type of insurance
 - Policy number
 - Claim number
 - · Contact information for the adjuster

A Member's attorney's office will be contacted for a letter of representation. Research will be conducted to determine if Wyoming Medicaid has paid any Medicaid benefits and services as a result of the accident. A subrogation notice will be sent to the attorney's office and/or the casualty carrier's office with a blank HIPAA (Health Insurance Portability and Accountability Act) authorization to release medical information that must be signed and returned with a copy of appropriate identification. Follow-up will continue until the casualty case is settled or judgment is entered, and Medicaid is paid.

If you receive a settlement from a personal injury accident, and Medicaid has not been notified of the personal injury claim, call (855) 294-2127, Option 1.





3. Member Benefits

Be sure to read this section carefully as there are limitations and restrictions for services. Keep in mind, also, that benefits may change. Members may be eligible for some or all of these services.

Please be aware, not all services are covered by every Medicaid eligibility program. Some programs cover only specific or limited services. Contact Customer Service Center at 1-855-294-2127 for information regarding specific benefits. Also, a member can log into the myHealth Portal to view benefits, co-pays, and check monthly eligibility and thresholds.

3.1 Medical Benefits Overview

Table 1. Medical Benefit Details

Services	Details	Limitations & Exceptions
Ambulance Services	Emergency transportation by Basic Life Support ambulance, Advanced Life Support ambulance, or Air ambulance. Some non-emergency ambulance transportation may also be covered if the member requires special care during the trip and if other means of travel would put the member in danger.	
Ambulatory Surgical Center Services	Outpatient surgeries performed in a free-standing facility.	
Chiropractic Services	A system of noninvasive therapy which holds that certain musculoskeletal disorders result from nervous system dysfunction arising from misalignment of the spine and joints and that focuses treatment especially on the manual adjustment or manipulation of the spinal vertebrae.	For adults when Medicare is primary payer.



Services	Details	Limitations & Exceptions
Clubhouse Services	Clubhouse Services is a program that has participants of the program, with staff assistance, engaged in operating all aspects of the clubhouse, including food service, clerical, reception, janitorial, and other member services such as employment training, housing assistance, and educational support.	For members 18 years and older.
Dental Benefits	Dental services for qualifying members 18 years and older include: • Basic cleanings • Dental x-rays • Exams • Extractions • Repair/realignment of existing dentures	
Developmental Disability Comprehensive and Support Waiver Services	Supportive services provided to eligible persons with an intellectual or developmental disability, or acquired brain injury, so they can actively participate in the community with friends and family, be competitively employed, and live as healthy, safe, and independently as possible according to their own choices and preferences.	
Dietitian Services	Services provided by a licensed dietician upon referral of a qualified practitioner	



Services	Details	Limitations & Exceptions
Durable Medical Equipment	Medicaid may cover a member's specific medical equipment if it is medically necessary or can restore a member's level of functionality. Common medical equipment that may be covered by Medicaid when requested by a provider: • Mobility equipment • Personal grooming and hygiene equipment • Personal health monitors and aids • Prosthetics and orthotic supplies	
Emergency Services	If a member receives emergency care out of town or state, their Medicaid coverage may pay for services received if the provider is an enrolled Wyoming Medicaid provider and agrees to bill Wyoming Medicaid.	
Family Planning Services	A physician, nurse practitioner, or a Family Planning Clinic furnishes family planning services to individuals of childbearing age. Pregnancy testing and contraceptive supplies and devices are covered.	
Health Check Exams	Comprehensive well-child screening, diagnostic, and treatment services.	Applies to individuals aged 18 to 21.



Services	Details	Limitations & Exceptions
Hearing Services	Services of an audiologist and hearing aids.	Once every five (5) years with exceptions.
Home Health Services	Skilled medical services provided by a home health agency to members under a qualified medical practitioner's plan of care.	
Hospice Services	Services delivered in a member's home, hospice facility, or a nursing facility under a physician's order to terminally ill members of any age. The services are only for care related to the terminal illness during the last months of the person's life.	
Hospital Services	Inpatient and outpatient services.	
Intermediate Care Facility for the Intellectually Disabled (ICF-ID) Services	Long-term care in a facility for intellectually disabled members who are unable to live independently.	
Interpretation Services	Medically necessary verbal or American Sign Language (ASL) interpretation services that adhere to national standards developed by the National Council on Interpreting in Healthcare (NCIHC).	



Services	Details	Limitations & Exceptions
Laboratory and X-ray Services	Includes radiology, ultrasound, radiation therapy, and nuclear medicine services, if ordered by a qualified medical practitioner, including annual routine pap tests and screening mammography.	
Mental Health and Substance Use Services	Many Mental Health and Substance Use Services are covered by Wyoming Medicaid when provided by a Medicaid enrolled provider. These provider types include centers or individuals: Centers Centers Community mental health center Substance abuse treatment center Individuals Advanced psychiatric or mental health nurse practitioner Physician Psychiatrist Licensed psychologist Licensed mental health professional Supervised mental health or substance use clinical staff	Up to 30 behavioral health visits



Services	Details	Limitations & Exceptions
Nurse Practitioner and Nurse Midwife Services	Services provided by nurse midwives and adult, pediatric, OB/GYN, geriatric and other nurse practitioners, as permitted by state statutes.	
Organ Transplant Services	Medically necessary organ transplants.	For members aged 21 and older, limited to bone marrow, kidney, and liver transplants.
Occupational, Physical, and Speech Therapy Services	Rehabilitative therapy under written orders of a qualified medical practitioner, when provided through a hospital, qualified medical practitioner's office or by an independent occupational, physical, or speech therapist.	 20 Occupational Therapy sessions 20 Physical Therapy sessions 30 Speech Therapy sessions Additional sessions may be authorized with documentation of medical necessity.
Psychiatric Hospital Services	Acute psychiatric stabilization.	





Services	Details	Limitations & Exceptions
Psychiatric Residential Treatment Facility (PRTF)	PRTF services provided are 24-hour, supervised, and psychiatric inpatient level of care.	Applies to individuals aged 18 to 21.
Rehabilitation Services	Services to restore movement, speech, or other functions after an illness or injury, when medically necessary and ordered by a qualified medical practitioner.	
Surgical Services	Surgical procedures which are medically necessary.	
Vision Services	Eye exams to diagnose an eye disease or injury, treatment of age-related macular degeneration, and office visits for eye disease or injury. Glasses and contacts are not covered.	Comprehensive services including eyeglasses for members under the age of 21, with limits, when provided by an ophthalmologist, optometrist, or optician.



For more information about Medicaid-covered services, please speak to your Medicaid provider.



3.2 Breast Pumps

Breastfeeding provides the best source of nutrition for most babies and supports a baby's development and growth. Breastmilk can help protect babies against certain short- and long-term illnesses and diseases with some levels of natural immunization as it shares antibodies from mother to baby. Breastfed babies have lower risks of various diseases later in life, such as ear infections, asthma, and type 1 diabetes.

As babies grow, mothers' breastmilk will change to meet each baby's specific nutritional needs. Breastfeeding provides comfort to the baby and hormonal support for the mother's healing body postpartum. Research shows that mothers who breastfeed have reduced risks of high blood pressure, breast cancer, and type 2 diabetes. For a full list of breast pump providers, please visit Your Healthy Pregnancy.

3.3 Newborn Care

Babies born to a Medicaid-eligible member are eligible for Medicaid-covered health care until their first birthday without an application. The baby's name, date of birth (DOB), and gender will need to be reported to the Wyoming Department of Health Customer Service Center at 1-855-294-2127.

3.3.1 Newborn Health Checkups

The physician will want to monitor the new baby's growth and development through regular checkups. The first checkup will likely happen within a week of birth, and the physician will ask questions about the first few days at home with the baby. Baby wellness visits are ongoing, and these checkups will cover physical exams, provide immunizations, and development to ensure health development and identify any concerns for early intervention.



3.4 Out-of-State Services

3.4.1 Non-Emergency Services

If services are available in Wyoming within a reasonable distance from the member's home, the member should use a Wyoming provider for non-emergency services. Out-of-state provider services may be covered if the provider is enrolled in Wyoming Medicaid.

If services are available in Wyoming within a reasonable distance from the member's home, the member must NOT use an out-of-state provider for non-emergency services. Out-of-state provider services will only be covered when the services are not available locally, the provider is enrolled in Wyoming Medicaid, and the border city is closer to the Wyoming resident than a major city in Wyoming.

3.4.2 Emergency Services

If a member is traveling within the United States and has a life-threatening health incident, emergency care services may be covered if the provider is enrolled in the Wyoming Medicaid network and accepts the Wyoming Medicaid member. Services provided outside of the United States are not covered.

3.5 Pregnancy Loss

Pregnant Women may receive 12 months of postpartum care, whether a mother has given birth or lost a pregnancy. In the unfortunate event of a pregnancy loss/termination, postpartum coverage will remain unchanged. It is important to notify the Wyoming Department of Health Customer Service Center at 1-855-294-2127 if there is a termination or loss of pregnancy.

3.6 Prenatal and Postpartum Care

3.6.1 Prenatal Care

Prenatal care is periodic health care that takes place during a pregnancy. A mother-to-be should visit a healthcare provider to begin prenatal care as soon as they suspect they may be pregnant. Prenatal care helps pregnant women understand how they can prevent complications and protect their fetus to support a healthy pregnancy.



Members have access to confidential and free mental health support from trauma-informed counselors, available in English and Spanish via phone or text.

For Maternal Mental Health support, please contact the hotline at 1-833-9-HELP4MOMS (1-833-943-5746). TTY users can use their preferred relay service or dial 711, then 833-943-5746.



Prenatal care usually includes both physical examination and discussions about the pregnant mother's and baby's health. Prenatal care services such as urine checks, blood tests, and ultrasounds are covered by Medicaid when ordered by a provider.

Regular prenatal care can:

- Reduce the risk of pregnancy complications
- Identify and treat any conditions that occur during pregnancy – such as high blood pressure or diabetes – to prevent serious complications and their effects.
- Identify, treat, or prepare for any issues with the baby.
- Ensure that the recommended screenings and tests are being done at appropriate times during pregnancy.

Topics to bring up with a physician at prenatal visits include:

- History of depression
- Issues with previous pregnancies
- Current medications
- Safe physical activity levels
- Healthy weight gain
- Vaccinations
- Birth control options and family planning after the baby is born
- Nutrition needs

3.6.2 Prenatal Vitamins

Prenatal vitamins, before, during, and after pregnancy, can be very beneficial to the health of pregnant women and their babies. Prenatal vitamins play a crucial role in supporting both mother and baby's health and development throughout pregnancy. The following are key nutrients commonly included in prenatal vitamins:

- Folic acid helps guard against neural tube defects in a baby's early development
- Iron supports the development of the placenta and fetus
- Calcium and vitamin D build strong bones...and more!



Medicaid will cover many prenatal vitamins when a physician sends a prescription to the pharmacy.



3.6.3 Postpartum Care Visits

Postpartum care is health care needed after giving birth to a baby. The first postpartum qualified medical practitioner's appointment should be scheduled three weeks after giving birth, and the second postpartum checkup should be scheduled before the twelve-week mark after giving birth. Both visits should be completed within three months of giving birth and be in person with a qualified medical practitioner. Other medically necessary care should be sought as needed.

3.7 Prescription Drug Coverage

Most medications are covered by Medicaid. A prescription is required for all medications. Co-payments may apply for members aged 21 and older. For additional help, contact your pharmacy provider.

3.8 Telehealth

Telehealth, also known as telemedicine, is covered by Wyoming Medicaid and allows healthcare providers to care for patients without an in-person office visit. Verify that the provider is enrolled in Wyoming Medicaid and that this option is available. The visit is conducted online with internet access on a computer, tablet, or smartphone.

If the member does not have internet access or a mobile device, consider available Public Access Telehealth Spaces (PATHS) booths. These booths offer Wyoming citizens a private space with reliable internet and the necessary technology to connect with provider appointments from the Natrona, Park, and Goshen County public libraries. The PATHS program might be coming soon to a library near you. For more information on PATHS, visit <u>Public Access Telehealth Spaces</u>.

3.9 Transportation Coverage

Travel Assistance benefit funds can assist Medicaid members to get to and from medically necessary appointments if the member meets certain requirements. Travel Assistance benefits are not intended to cover the full expense of the trip. Members may request assistance either by mileage or by method of travel. Travel assistance supports several kinds of transportation methods, including:

- Private automobile (appointments in another town or out of state)
- Taxi
- · Shuttle services
- Lodging (overnight stays)
- Public transportation
- Bus (Greyhound)
- Airline

For detailed information on travel assistance or to submit a travel request, visit Wyoming <u>Medicaid Travel Assistance Manual</u> or call the Customer Service Center at 1-855-294-2127 and select the option for transportation, Monday - Friday between 7am – 6pm Mountain Time.



3.10 Services not Covered by Medicaid

If a member is unsure about current benefits, discuss them with a healthcare provider before receiving services.

The following services are **NOT** covered:

- Abortion, except as specified by Federal Law
- Acupuncture
- Autopsies
- Alcohol and chemical rehabilitation furnished to an inpatient, except for purposes of detoxification or stabilization of acute conditions
- Biofeedback therapies and equipment
- Canceled or missed appointments
- Chiropractic services, if not covered by Medicare
- · Chronic pain rehabilitation
- Claims for which payment was fully made by another insurer
- Cosmetic procedures
- Childcare
- Driving while under the influence (DUI) classes
- Education
- Educational supplies and equipment
- Examinations or reports required for legal or other purposes not specifically related to medical care
- Experimental procedures or drugs
- Gender transition or reassignment procedures
- Groups such as Alcoholics Anonymous, Narcotics Anonymous, and other selfhelp groups

If Wyoming Medicaid does not cover a service, the member will be responsible for payment.

- Infertility services including reverse sterilization, counseling, and artificial insemination
- · Personal comfort items
- Private duty nursing services
- Puberty blockers or hormone therapy
- Services provided to a member outside the United States
- Services provided to a member who is an inmate of a public institution or is in the custody of a state, local, or federal law enforcement agency with the exception of inpatient hospital services
- Services provided for the convenience of the member or provider
- Services that are not medically necessary
- Services that are not prescribed by a physician or other licensed practitioner
- Services that are performed by a provider who is not enrolled in Medicaid
- Services provided to a member during the first seventy-two (72) hours of emergency detention
- Services provided to a member aged 22
 64 in an Institution for Mental Disease, including Medicare secondary claims
- Sterilization, unless federal requirements are met
- Unless pre-approved, services which exceed the service limitations;
- Waiver services are furnished while the member is an inpatient of a hospital (unless approved under federal guidance), nursing facility, or other institution



3.11 Finding a Provider

It is important that members choose providers who are currently enrolled and accepting Wyoming Medicaid for services to be covered. If the provider is not enrolled or willing to become enrolled, the member is responsible for paying for all services provided. Use the following link to verify or find a provider that is covered by the Wyoming Medicaid network: Find a Doctor, Hospital or Clinic.

4. Renewing Benefits

4.1 Renewal Process

Benefit coverage must be renewed every year. Sixty days prior to coverage end date, a renewal will be sent in the mail before a member's coverage expires. Renewals must be completed by the indicated due date. Renewals can be completed in the mail, over the phone, through email, by fax, or by completing a renewal online at <a href="https://www.wy.member.new.gov/wy.member

When submitting a renewal, review the information on the renewal, and update any information that has changed. If coverage is renewed, the member will receive a mailed letter showing the renewal approval.

If coverage is denied, you'll receive a notification letting you know what your final day of coverage is. If you have questions or feel there was a mistake, please contact the Customer Service Center at 1-855-294-2127. You can also request an administrative hearing, see Section 5.1.1 for details.



Find a Medicaid and Kid Care CHIP Provider

For every visit, verify the provider is in the Wyoming Medicaid network by visiting Find a Doctor, Hospital or Clinic²⁴ and confirming when scheduling an appointment with a Medicaid provider.



5. Member Rights

5.1 Member Rights and Policies

We believe it is important that members are comfortable with healthcare providers and the overall care they receive.

Members have the right to:

- Receive considerate, respectful, and confidential care from clinics and healthcare providers.
- Receive services without regard to race, religion, political affiliation, gender, or national origin.
- Be told if something is wrong and what tests are being performed, in words the member can understand.
- Ask healthcare provider questions.
- Voice opinions about received care and share in all treatment decisions.
- Receive an explanation about medical charges related to treatments.
- · Read medical records.
- Refuse any medical procedure.
- Request an interpreter if needed.
- Use any Medicaid-enrolled provider for approved services if covered under Kid Care CHIP.

5.1.1 Administrative Hearing

If a member feels benefits were denied, changed, or terminated in error, an administrative hearing may be requested. An administrative hearing request can be made by following the steps on the back of the notification received of notice of the denial, change, or termination of eligibility. Any requests made outside of 30 days will be denied. Submit the request in the mail, by email, fax, or by phone.

If the administrative hearing is approved, a member may be represented by a lawyer, relative, friend, or themselves. Any legal charges accrued for the administrative hearing will not be paid by Medicaid and will be the member's responsibility. For more information visit Office of Administrative Hearings.





5.2 Mistreatment of Benefits

Medicaid benefits provide vital care and support to many families and children. To keep helping as many children and families as possible, mistreatment or misuse of these benefits is taken seriously.

Wyoming Medicaid identifies three types of mistreatment of benefits:

- Fraud is defined in Medicaid rules as: "An intentional deception or misrepresentation made by a person with the knowledge that the deception could result in some unauthorized benefit to himself or some other person. It includes any act that constitutes fraud under applicable federal or state law."
- 2. **Waste** encompasses the over-utilization or inappropriate utilization of services and misuse of resources and typically is not a criminal or intentional act.
- 3. **Abuse** is related to poor fiscal, business, or medical practices that increase costs, such as reimbursement for services that are not medically necessary, coding errors, and other mistakes.

Providers who improperly bill for services and beneficiaries who cause unnecessary costs risk losing continued eligibility to participate in the Medicaid program and may face criminal and civil monetary penalties.



To report Fraud, Abuse, or Waste in the Medicaid Program call the Fraud Hotline at 1-855-846-2563.



6. Important Member Information

6.1 When to use Emergency Care, Urgent Care, or Primary Healthcare

Table 2. When to use Emergency Care, Urgent Care, or Primary Healthcare

Healthcare Provider **Emergency Room Urgent Care** Urgent care is helpful Emergency rooms are for Healthcare providers are emergencies and lifeif an injury or illness isn't for general and overall as severe, but a same-day health. Visits to healthcare threatening situations and should not be used appointment is needed. providers will require an for any other purpose. Many urgent care and walkappointment in advance. Emergency room care in clinics are available during Healthcare providers can is expensive. Do not go times when healthcare provide: to the emergency room clinics may be closed, including early mornings, for care that should take Routine checkups place in a healthcare Vaccinations evenings, weekends and provider's office, Diagnosis and treatment holidays. such as sore throats, of long-term medical colds, flu, earache, conditions Some symptoms that may Referral to a specialist, if minor back pain, and prompt a same-day visit to tension headaches. An urgent care include: needed emergency is a serious health threat. If a Sprains or strains Minor burns without member is experiencing an emergency, call 911 or blisters seek emergency care at Small cuts that may need the nearest emergency stitches room. Some examples of Fever without a rash emergencies are: Flu symptoms, sore throat, or ear pain Trouble breathing Vomiting and diarrhea Painful urination Chest pain Severe cuts or burns Minor allergic reactions Loss of consciousness or blackout Bleeding that does not stop · Vomiting blood Broken bones



Unsure when to seek professional medical care?

Call the 24/7 nurse line at 1-888-545-1710, Option 2. This is a benefit for Wyoming Medicaid members only. Please have the member's Medicaid ID number ready when calling.

6.2 Medicaid and Kid Care CHIP Contact

Table 3. Medicaid and Kid Care CHIP Contact

Contact Us For	Agency Name	Contact Information
 Medicaid Applications KID Care Applications Eligibility Renewal Covered Services Travel Request Verification of Services Received a bill from a medical provider Member Eligibility questions regarding these programs: Family and Children Tuberculosis Assistance Medicare Savings Employed Individuals with Disabilities (EID) 	Customer Service Center	Phone: 1-855-294-2127 TTY/TDD: 1-855-329-5205 Hours: 7am – 6pm MST (Monday – Friday) Fax: 1-855-329-5205 Website: WY Medicaid/CHIP Web Portal
 Travel Requests: Make a New Request Follow up on a request W-9 Questions Travel Payment Questions Received a Bill from a Provider Verification of Services 	Member Services	Select: Travel assistance or received a bill Hours: 7am - 6pm MST (Monday - Friday) Fax: 1-307-460-7408 Website: Home Wyoming Medicaid myHealth Portal (self-serve): Check eligibility Enter travel request And more



Contact Us For	Agency Name	Contact Information
 Children's Special Health (CSH) program eligibility Covered services and limitations 	Public Health Nursing (PHN)	Phone: 1-800-428-5795 or 1-307-777-6921
 Initial Long-Term Care (LTC) Plan application Application Renewals Financial Determination 	Long Term Care (LTC) Eligibility	Phone: 1-855-203-2936
 Report a new insurance policy Update an insurance policy Wyoming Health Insurance Premium Payment Program (WHIPP) Employed Individuals with Disabilities (EID) payments/premium balances Estate and trust Subrogation 	Third Party Liability (TPL) Department	Phone: 1-855-294-2127 or 1-888-996-6223 Select: Change a primary insurance policy, WHIPP, EID payments, subrogation Hours: 7am – 6pm MST (Monday – Friday)
 Diabetes Incentive Program Educational Information about WYhealth Programs Receive support to improve your health 	WYhealth (Care Management)	Phone: 1-888-545-1710 (OPTION 4) Nurse Line: (OPTION 2) Website: Wyoming Medicaid Health Management

Text Communications to Enrolled Members



Medicaid and Kid Care CHIP sends text messages to the member's mobile device with a link to a personalized news feed to communicate important information regarding member benefits and health. Text messages are sent from the number 53039 and are an official communication from the Wyoming Department of Health.



6.3 Additional Support Resources

6.3.1 Medicaid Waivers

Wyoming Medicaid offers three waiver programs with rules and practices that differ from traditional Medicaid:

- Community Choices Waiver: serves individuals aged 65 and older, or individuals aged 19–64 who have a verified, qualifying disability.
- Supports Waiver: provides supportive services to eligible individuals of all ages who have an intellectual or developmental disability or an acquired brain injury.
- Comprehensive Waiver: provides comprehensive services to eligible individuals of all ages who have an intellectual or developmental disability, or an acquired brain injury. Individuals must meet emergency and eligibility criteria to receive services.

To learn more about these waivers, visit <u>Home and Community Based Services (HCBS)</u>.

6.3.2 Pregnant by Choice

Once your baby is born, you will have 12 months of postpartum care. When the 12 months of postpartum care ends, you may qualify for the Pregnant by Choice Program (PBC). PBC is a limited-benefit program that offers birth control, family planning, and reproductive support services to women losing full Medicaid benefits under the Pregnant Women Program. PBC covers certain services and prescriptions that include birth control (including long-acting reversible contraception), annual pap smears, sexually transmitted infection testing, and more! For more information on PBC and how to apply, please visit: Pregnant by Choice - or scan the QR code with your phone's camera and follow the link.





6.3.3 Quit Tobacco

The Quit Tobacco program is free and offers customized plans, quit coach support, and free nicotine and gum patches. Enroll in Quit Tobacco online at <u>Wyoming Quit Tobacco</u> or 1-800-QUIT-NOW.

6.3.4 Supplemental Nutrition Assistance Program (SNAP)

The Supplemental Nutrition Assistance Program (SNAP) provides monthly benefits that help low-income households purchase nutritious food essential for maintaining good health. SNAP benefits were designed to cover part of the monthly food expenses, requiring households to supplement with their own funds to ensure they have enough food for the entire month. For more information or to apply for SNAP benefits, visit <u>Supplemental Nutrition</u>
<u>Assistance Program (SNAP)</u>.

6.3.5 Women, Infants and Children Program (WIC)

WIC is the Special Supplemental Nutrition Program for Women, Infants, and Children that serves to safeguard the health of low-income women, infants, and children up to age 5 who are without reliable access to food by providing nutritious supplemental foods, health and nutrition screening and education, breastfeeding support, and referrals to healthcare. Verify eligibility online at How to Apply for WIC.



6.3.6 WYhealth

WYhealth is a FREE health management program available through the Wyoming Medicaid benefit package. The program promotes wellness across the Medicaid population and focuses on members with chronic health conditions. This program provides additional support for members to set and achieve health goals, better understand medical conditions, and will help address other needs such as food, housing, and more by identifying available resources in the member's area.

Each member who would like to participate in WYhealth is matched with a Registered Nurse Care Manager. Initially, the Nurse Care Manager will conduct a clinical health assessment to understand the member's health and any specific needs they have. The Nurse Care Manager will call monthly to discuss the member's health, any chronic conditions they have, and medications they're taking, to collaborate with the member to set and achieve health goals, and to answer any health questions. All health goals and progress will be documented in a personalized plan of care. For more information, visit Wyoming Medicaid Health Management.

6.3.7 Wyoming 211

Wyoming 211 provides every person across the state of Wyoming with a place to turn when they need answers to life's challenges, big or small. Wyoming 211 is a free, anonymous, helpline offering listening support, information, and referrals to nearly 2,800 programs and services.

The helpline is available online 24/7 at Wyoming 211 or by phone Monday-Thursday from 8am-6pm by dialing 211 or 1-888-425-7138.

To enroll in WYhealth, visit: WYhealth Program Referrals, or use your smartphone camera to scan the QR code:

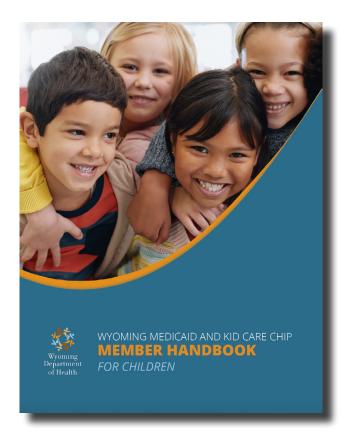




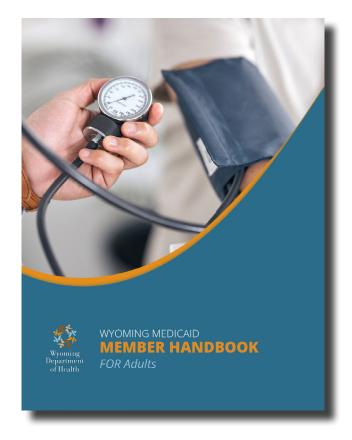


6.4 Links to other Medicaid Handbooks

This handbook includes information specific to pregnant women, which differs from other Medicaid populations. For information on Adults and Children, visit the links below:



Wyoming Medicaid and Kid Care Chip Member Handbook for Children



Wyoming Medicaid Member Handbook for Adults



Website Links

Find a Doctor, Hospital or Clinic: https://www.wyomingmedicaid.com/portal/find-doctor-hospital-or-clinic

Home | Serving Wyoming Medicaid Providers and Members: https://www.wyomingmedicaid.com/

Home and Community Based Services (HCBS) Section - Wyoming Department of Health: https://health.wyo.gov/healthcarefin/hcbs/

How to Apply for WIC - Wyoming Department of Health: https://health.wyo.gov/publichealth/wic/apply-for-wic/

Medicaid Income Requirements: https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility/medicaid-income-requirements/

Member Home: https://www.wyomingmedicaid.com/portal/MemberHome

MyHealth Portal: https://www.wyomingmedicaid.com/portal/Member-Training-and-Tutorials

Office of Administrative Hearings: https://oah.wyo.gov/

Pregnant by Choice - Wyoming Department of Health: https://health.wyo.gov/healthcarefin/medicaid/wyoming-medicaid-health-management/pregnant-by-choice/

Presumptive Eligibility: https://health.wyo.gov/healthcarefin/medicaid/pelinks/

Public Access Telehealth Spaces – Wyoming Telehealth Network: https://wyomingtelehealth.org/public-access-telehealth-spaces/

Public Health Nursing County Offices: https://health.wyo.gov/publichealth/nursing/phn-co-offices/

Serving Wyoming Medicaid Providers and Members: https://wyomingmedicaid.com/portal/Contact-Us

Supplemental Nutrition Assistance Program (SNAP) - Wyoming Department of Family Services: https://dfs.wyo.gov/assistance-programs/food-assistance/supplemental-nutrition-assistance-program-snap/

Welcome to Medicare: https://www.medicare.gov/



Website Links

Women, Infants, Children (WIC): https://health.wyo.gov/publichealth/wic/

WY Medicaid/CHIP Web Portal: https://www.wesystem.wyo.gov/

WYhealth Program Referrals: https://docs.google.com/forms/d/e/1FAlpQLSftFY_jN8rdf-PZScFj-N4AzMiNvpsNq6o8MGthfW9E-atqNBQ/viewform

Wyoming 211: https://wyoming211.org/

Wyoming Department of Family Services: https://dfs.wyo.gov/

Wyoming Department of Health (WDH): https://health.wyo.gov/healthcarefin/apply/

Wyoming Medicaid Health Management (WYhealth) - Wyoming Department of Health: https://health.wyo.gov/healthcarefin/medicaid/wyoming-medicaid-health-management/

Wyoming Medicaid Health Management: https://health.wyo.gov/healthcarefin/medicaid/wyo-ming-medicaid-health-management/

Wyoming Medicaid Travel Assistance Manual | Serving Wyoming Medicaid Providers and Members: https://wyomingmedicaid.com/portal/Travel_Assistance_Manual

Wyoming Quit Tobacco | 1-800-QUIT-NOW: https://www.quitwyo.org/

Your Healthy Pregnancy: https://health.wyo.gov/healthcarefin/medicaid/wyoming-medicaid-health-management/your-healthy-pregnancy/

