

WYOMING PERINATAL QUALITY COLLABORATIVE NEWSLETTER



August Edition

Resources

Postpartum Support International (PSI)

- Provider Line-PSI Perinatal Psychiatric Consult Line
1-877-499-4773
- Wyoming Chapter Scholarship Opportunities- [Link to application.](#)

[CDC Hear Her Campaign \(preventing maternal mortality\)](#)

- “One part of the solution is to really hear women's concerns during and after pregnancy.” (CDC)

Contact Us

WyPQC

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[WyPQC Website Page](#)

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Do you want to add someone to this newsletter and the WyPQC listserv?

Do you wish to be unsubscribed from our newsletter and WyPQC listserv?

Please contact us at the information above to add someone or unsubscribe!

General Updates

Partnership with MOMs+ and the Naloxone Project

The WyPQC is partnering with MOMs+ (Maternal Overdose Matters) and the Naloxone Project to help support hospitals in Wyoming participating in the WyPQC. The collaborative project between WyPQC and the MOMs+ program will involve a statewide gap analysis and then create a strategic action plan to create the most effective QI project for each participating hospital. The Naloxone Project will make naloxone more accessible to people in Wyoming to lower the number of perinatal and postpartum overdoses.

Quality Improvement (QI) Initiative

This fall we plan to launch our first QI initiative with hospitals. This QI initiative will be on substance use screening through the partnership of MOMs+ and the WyPQC. If you are interested in being part of this initiative, please reach out to ellie.fearneyhough@wyo.gov or send to those who may be interested.

Taking Medication While Pregnant

There is a lot of fear when it comes to giving certain medications to pregnant persons, the following resources offer educational opportunities on the topic. Share with families, patients, and clients:

- [Is warfarin safe to use during pregnancy?](#) The short answer is no, warfarin cannot be used during pregnancy or postpartum. However, vitamin K antagonists, low molecular weight heparin, and unfractionated heparin are common anticoagulants used during pregnancy. Perinatal Pulse is holding a conference September 20-21 in Houston, TX, for providers to learn more on this subject.
- [Is Naloxone safe to administer to a pregnant person?](#) Naloxone is safe to manage opioid overdose in pregnant women. However, the lowest dosage should be used to help avoid acute opioid withdrawal.
- [Can you take antidepressants while pregnant?](#) 13% of pregnant women rely on them while they are pregnant to treat their depression. The risk of birth defects from antidepressants is extremely low, but doctors typically will recommend serotonin and norepinephrine reuptake inhibitors due to their low risk

Maternal Mental Health Hotline

- Call **1-833-TLC-MAMA** or visit the [National Maternal Mental Health Hotline](#) to talk to a counselor who will listen to you, can connect you to local support groups, and can refer you to other health care professionals