

Get your colorectal cancer screening

Early detection saves lives

Public Health Nursing offers free at-home colorectal cancer screening tests, known as FIT kits. This is one way to screen for colorectal cancer.



- FIT stands for fecal immunochemical test.
- It detects hidden blood in stool that could be from colon polyps or early stage cancer.
- A FIT kit should be done once a year for anyone aged 45 and older.
- If the results of the FIT kit are positive, consult with your healthcare provider.

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The FIT kit colorectal cancer screening:

- Can be done in the privacy of your own home.
- Easy to complete.
- Does not require time off work.
- Does not need bowel preparation.

Who should use the FIT kit?

Men and women ages 45-74 who:

- Have not had a colonoscopy in the last 10 years.
- Have not done a FIT kit in the last year.
- Have no history of bleeding ulcers or hemorrhoids.
- Are at average risk and have no family history of colorectal cancer.

Cancer Facts:

- Colorectal cancer is the second leading cause of cancer death in the United States.
- Colorectal cancer is preventable with appropriate screening.
- Colorectal cancer has no symptoms in the early stages.
- 45% of all Wyoming residents over the age of 50 have colon polyps that can turn into cancer over time.

For more information on FIT kits, contact your local Public Health Nursing office.



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