



# INFLUENZA REPORT 2023-2024 Influenza Season

MMWR Week 16 (4/14/24-4/20/24)

Weekly Report of Influenza and Influenza-like Illness (ILI) Activity

Wyoming Department of Health | Updated April 26, 2024

## Overview (MMWR Week 16)



## Influenza and Influenza-like Illness Activity

### Spread

Sporadic Transmission levels

continued to decrease in most counties this week

**Co-circulating** 

**Other Viruses:** 

low levels of

SARS-CoV-2 and

**RSV** 

## Flu Activity

Minimal Reported activity levels have decreased across the state

## Seasonal Data

**Types of Flu** Influenza A and B viruses are circulating

## Severity

Hospitalizations Nationally, the number of hospital admissions has

been decreasing since January

## EMS

**19** Suspected ILI reports this week

## **ILI Activity**

## Minimal

Reports of outpatient respiratory illnesses continue to decline

### Subtypes

All three viruses (A/H1N1, A/H3N2, and B/Victoria) were reported in equal proportions this week

## Deaths

0

No locally reported pediatric deaths; 148 pediatric deaths reported in the US so far this season

## Hot Spots

Tracking Trends Most counties have continued to report a decrease in case counts

## Outbreaks

0

No newly reported LTCF or school associated outbreaks this week

## Syndromic

5

Five syndromic anomalies were reported in Laramie, Fremont, and Sweetwater counties

## **Geographic Spread**



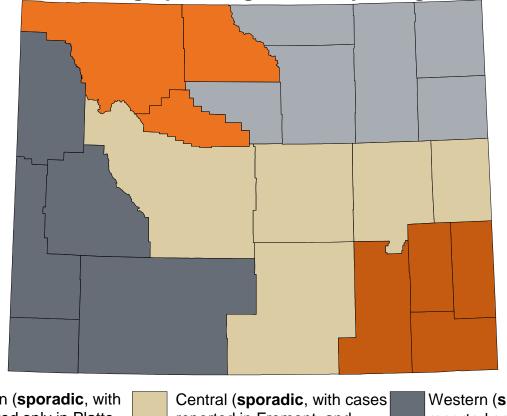
## **Geographic Activity by Regions**

Wyoming as a whole had **minimal** ILI activity this week (MMWR Week 16). Transmission levels continue to decrease across the state.

Healthcare providers in 6 counties reported ILI activity.

The electronically reported influenza cases represent four of the five Infectious Disease Epidemiology (IDE) Geographic Regions.

Healthcare providers across the state electronically reported lass than 20 cases of influenza (rapid influenza diagnostic tests and PCR confirmed tests) this week.



#### IDE Geographic Regions of Wyoming

Southeastern (**sporadic**, with cases reported only in Platte County)

Central (**sporadic**, with case reported in Fremont, and Carbon counties) Western (**sporadic**, with cases reported only in Teton County)

Big Horn (no reported cases this week)

Northeastern (**sporadic**, with cases reported in Campbell and Weston counties)

## Virologic Surveillance

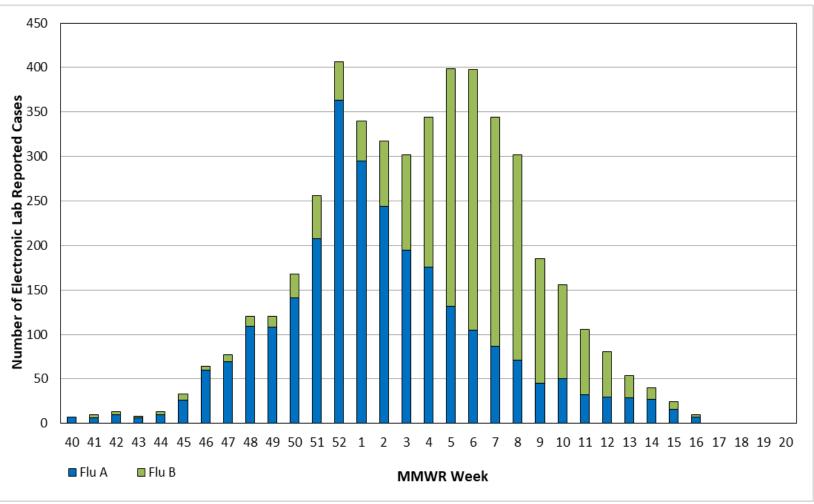


## **Public Health Laboratory**

The overall volume of samples tested for influenza at the Wyoming Public Health Laboratory has increased since the introduction of the CDC Influenza SARS-CoV-2 Multiplex Assay. Wyoming saw a **slight decrease** in the number of positive influenza specimens reported this week compared to week 15.

## **Healthcare and Clinical Laboratories**

Clinical laboratories across the United States reported all three influenza viruses (A/H1N1, A/H3N2, and B/Victoria) co-circulating in equal proportions during MMWR Week 16.



#### **Electronic Lab Reports of Influenza Cases**

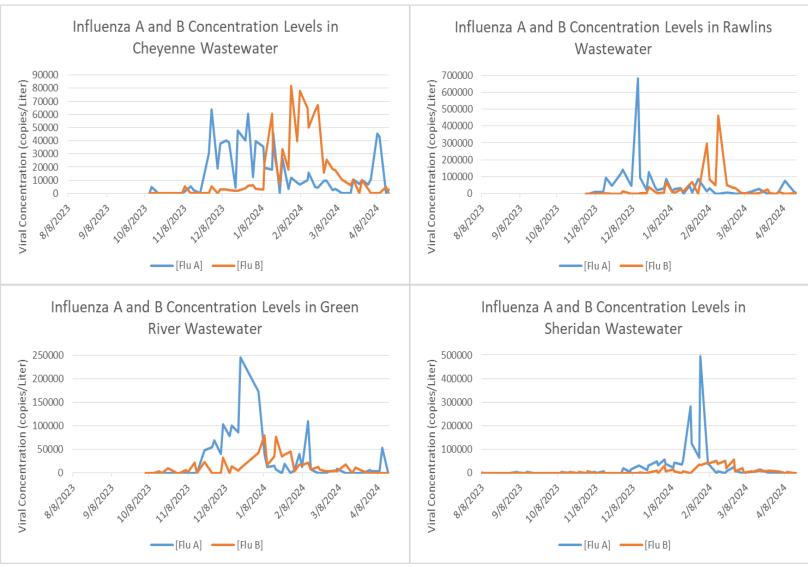
\* This graph is not representative of all influenza cases across the state

## Wastewater Surveillance



## **Importance of Wastewater Surveillance:**

Jurisdictions across the country have recently started utilizing wastewater sampling to conduct surveillance for different pathogens. Here at the WPHL, we have a team of scientists working to analyze wastewater samples to identify trends in influenza (and many other targets). The graphs pictured below depict trend lines that correlate relatively well with the case counts and activity percentages we have seen so far this season.



#### Sampling and Analysis Methodologies:

For each city, twice a week, we have a wastewater utility operator take a 24 hour composite sample from the influent channel prior to treatment, of which they send us a total of 150mL in three 50mL tubes for us to test. They then ship the samples chilled via priority overnight so that we can run all of our measurements the following day. The sampling procedure is conducted in triplicate, and we take an average of the three to determine the estimated concentration of viral particles present in the wastewater for any given day. We then take the average concentration and divide it by our percent recovery to account for any deviation due to differing levels of present inhibitors. Each plot point on the graph represents the average viral concentration for a set of triplicates, normalized for the percent recovery.

## Influenza-like Illness Surveillance

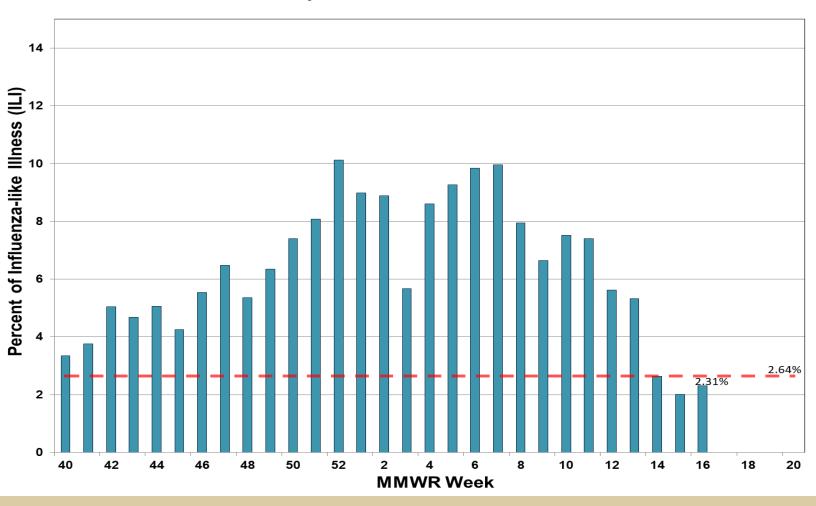


## **ILINet Providers**

The percent of patient visits to ILINet Sentinel Providers for an influenza-like illness was 2.31%, which is below Wyoming's baseline (2.64%), and a slight increase compared to week 15.

The Wyoming Department of Health received reports from less than 50% of the ILINet providers across the state. Therefore, weekly percentages could continue to change as additional values are submitted.

**Key Updates:** Nationally, outpatient respiratory illness declined, and is below baseline for the third week in a row. HHS Regions 2, 3, 4, 5, 6, 7, 8, 9, and 10 are below their baselines, while Region 1 is at its region-specific baseline. Based on CDC calculations, transmission within Wyoming was **minimal** this week. Seasonal influenza activity continues to decline in most areas of the country.



### Weekly Percent of ILI Visits

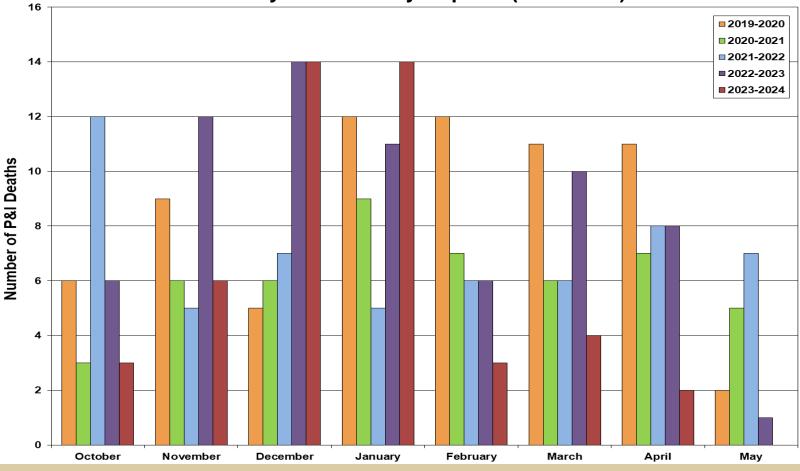
## Pneumonia and Influenza Mortality



### **Mortality Data**

Tracking death certificates is the best surveillance system to capture and identify pneumonia and influenza-associated deaths in Wyoming. According to the CDC, influenza is infrequently listed on death certificates. Also, testing for seasonal influenza infections is not frequently performed, particularly among the elderly, who are at greatest risk for seasonal influenza complications and death. Therefore, public health officials may not identify influenza-associated deaths in many instances; consequently, this surveillance system may underestimate the true impact of influenzaassociated deaths across the state.

There have been 46 pneumonia and influenza (P&I) mortality reports certified since the beginning of the 2023-2024 Influenza Season.



#### Monthly P&I Mortality Reports (2019-2024)