

WYOMING PERINATAL QUALITY COLLABORATIVE MONTHLY NEWSLETTER



October 2023

GENERAL UPDATES

Count the Kicks

The WDH Maternal and Child Health Unit has partnered with [Count the Kicks](#), an evidence-based fetal movement monitoring during pregnancy campaign. Providers are encouraged to order FREE *Count the Kicks* educational materials and kick-counting wristbands to hand out to patients who are pregnant or expectant parents. Parents are encouraged to download the FREE app from *Count the Kicks* or request a kick-counting wristband from their provider.

To order materials, [please click this link!](#)

UPCOMING WEBINAR FOR COUNT THE KICKS

JANUARY 24, 2024 AT 9 AM MT

Please join us for a FREE webinar on January 24, 2024 at 9AM MT to learn more about the *Count the Kicks* program, the free app and how to have a movement monitoring conversation with your patients. Healthcare providers, nurse, and community-based workers in Wyoming are invited to learn more! [Register for FREE here.](#)

Talking Postpartum Depression

The U.S. Department of Health and Human Services (HHS) Office on Women's Health has launched the Talking Postpartum Depression Campaign. The goal of this campaign is to destigmatize PPD and encourage women to seek help for PPD. To learn more about this campaign and to access the toolkit for it, please [click here.](#)

Maternal Mental Health Hotline

The National Maternal Mental Health Hotline has updated their number! The updated, toll-free, easy-to-remember number is **1-833-TLC-MAMA** (1-833-852-6262). If you or someone you know is a new or expecting parent who is struggling and in need of emotional support or resources, call or text now. The Hotline can be reached 24/7.

RESOURCES

[Postpartum Support International \(PSI\)](#)

- Provider Line - **PSI Perinatal Psychiatric Consult Line 1-877-499-4773**
- Wyoming Chapter Scholarship Opportunities – [Link to application.](#)

[CDC Hear Her Campaign \(preventing maternal mortality\)](#)

SPECIAL ANNOUNCEMENT

OPEN POSITION – WyPQC COORDINATOR

The WDH Maternal and Child Health Unit is seeking an enthusiastic, systems-minded individual to join our team as the WyPQC Coordinator. This position oversees the operations of the WyPQC and assists in project and grant compliance. It is funded through September 2027. If you or someone you know is interested, [please click this link.](#)

Contact Us

WyPQC

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[WyPQC Website Page](#)

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