

TOP NEWS

ADDICTION & RECOVERY AWARENESS

Addiction is a treatable disorder and like other chronic diseases such as heart disease or asthma, treatment for addiction usually may not be a cure, but a way of managing the condition. Treatment enables people to counteract addiction's disruptive effects on their brain and behavior and regain control of their lives.

The chronic nature of addiction means that for some people relapse, or a return to drug use after an attempt to stop, can be part of the process, but newer treatments are designed to help with relapse prevention. Relapse rates for drug use are similar to rates for other chronic medical illnesses. If people stop following their medical treatment plan, they are likely to relapse. While relapse is a normal part of recovery, for some drugs, it can be very dangerous—even deadly.

Research shows that when treating addictions to opioids (prescription pain relievers or drugs like heroin or fentanyl), medication should be the first line of treatment, usually combined with some form of behavioral therapy or counseling. Medications are also available to help treat addiction to alcohol and nicotine.

Additionally, medications are used to help people detoxify from drugs, although detoxification is not the same as treatment and is not sufficient to help a person recover. Detoxification alone without subsequent treatment generally leads to resumption of drug use.

Because addiction can affect so many aspects of a person's life, treatment should address the needs of the whole person to be successful.

For more information go to: <https://nida.nih.gov/publications/drugs-brains-behavior-science-addiction/treatment-recovery>



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Curry International Tuberculosis Center – Training



UCSF Center for Tuberculosis and Curry International Tuberculosis Center (CITC) World TB Day Symposium and CITC 30th Anniversary

March 22, 2024 – San Francisco, CA – In Person or Virtual Participation
Registration: Coming Soon!

CAPPA



Virtual Meeting on January 12, 2024 from 7:45 a.m. – 4:45 p.m.

Details regarding CAPPA can be found online at
<https://health.wyo.gov/publichealth/communicable-disease-unit/cappa/>.

Annual TB Cohort & Advisory Meeting



Save the date for the 2024 Wyoming TB Cohort & Advisory Meeting March 21st and 22nd at the Wyoming Public Health Lab in Cheyenne, Wyoming.

World Tuberculosis Day is March 24th and World TB Day is a day to educate the public about the impact of TB around the world. CDC, along with our partners and colleagues around the world share successes in TB prevention and control and raise awareness of the challenges that hinder our progress toward the elimination of this devastating disease.

Fundamentals of Motivational Interviewing for HIV



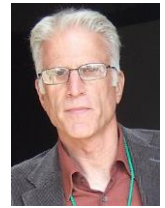
March 5-6, 2024 – Virtual/On-line

Registration for online training opens on January 8, 2024, and closes on January 19, 2024

[Register](#)

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[Ted Danson](#)

Mountain West AETC Regional Events



Substance Use Disorders and Oral Health

January 4, 2024 at 11 a.m. MT – Webinar

Registration for this event can be found [here](#).

Words Matter: Language and Stigma Reduction

January 11, 2024 at 11 a.m. – 12 p.m. PT – Webinar

Registration for this event can be found [here](#).

Substance Use Disorders in the Emergency Department

January 17, 2024 at 12 – 1 p.m. PT – Online Event

Registration for this event can be found [here](#).

Building Skills in Sexual Health Series: Sexual History Taking

January 19, 2024 at 9 – 10:30 a.m. PT – Web Bases

Registration for this event can be found [here](#).

Education from Mayo Clinic



Clinician Communication Series: Connect, Inform, Follow Through

3/1/23 – 3/1/26 Self-Paced Online, \$50

[Register](#)

Clinician Communication Series: Key Skills for Inpatient Settings

10/2/23 – 10/2/26 Self-Paced Online, \$50

[Register](#)

Clinician Communication Series: Partnering with Patients to Improve Outcomes and Experience

8/11/23 – 8/11/26 Self-Paced Online, \$50

[Register](#)

Quick Fact: About 443,000 adolescents age 12 to 17 had an alcohol use disorder in 2017, or 1.8% of adolescents. For more facts, please visit <https://americanaddictioncenters.org/addiction-statistics>

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Update on HIV Infection in Wyoming



Provisional 2023 data shows an increase in safety-net HIV testing and an increase in newly diagnosed HIV cases in Wyoming. Once the 2023 data is finalized it will be released in the first quarter of 2024. The January 2024 CDU Monthly Webinar will provide an overview of HIV in general as well as available data, prevention, testing, and treatment topics. Please see the webinar section of this newsletter for information on the webinar.

New KnoWyo Site



We would like to welcome the Community Health Center of Central Wyoming – Riverton Clinic to our network of KnoWyo testing partners!

Additional Training Opportunities



Indian Country + ECHO

Ending the Syndemic | Harm Reduction, PrEP and PEP: Preventing HIV

February 27, 2024 from 9-11:30am PT, virtual

[More Information & Registration](#)

Something Positive for Positive People

SEXUAL HEALTH IS MENTAL HEALTH - Virtual Conference \$55

May, 23, 2024

[More Information & Registration](#)



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CDU MONTHLY WEBINAR: HIV INFECTION IN WYOMING

Date / Time: January 16, 2024 at 2:00 – 3:00 p.m.

[Register](#)

All 2023 webinar materials and recordings are now available to clinicians and community partners on the [CDU Webinar Google Drive](#).



CDU HEROES








- Maurene Gustafson in Teton County for making us aware of an extra pulmonary TB case.
- Victoria in Albany County for coming in to assist with a new HIV diagnosis when she was on annual leave.
- NCSD and the NCSD Board for their amazing support and technical assistance.
- Taylor Kinder at CNCHD for all of her hard work in getting a reluctant client in for a blood draw.



Upcoming Events

February 14	Valentine's Day
February 19	President's Day
March 21-22	Annual TB Cohort & Advisory Meeting
March 31	Easter

JANUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 New Year's Day WDH Closed	2 	3	4	5	6
7	8	9	10 TB Program Quarterly Update 10:30-11:30a Monthly HIV CM Meeting 1-2p	11	12 CAPPA – Virtual	13
14 	15 Dr. MLK Jr. Day WDH Closed	16 CDU Monthly Webinar: HIV in Wyoming 2-3 PM	17 Monthly CDU Outreach Staff Call 10-1130a	18	19 	20
21	22	23	24	25 	26	27
28	29 CDC Hepatitis Virtual Site Visit	30 CDC Hepatitis Virtual Site Visit	31	Feb 1 First Day of Black History Month	2 	3

Wyoming Department of Health Communicable Disease Unit

<https://health.wyo.gov/publichealth/communicable-disease-unit/>

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