

The 5Ps Prenatal Substance Abuse Screen For Alcohol and Drugs

The 5Ps* is an effective tool of engagement for use with pregnant women who may use alcohol or drugs. This screening tool poses questions related to substance use by women's *parents, peers, partner*, during her *pregnancy* and in her *past*. These are non-confrontational questions that elicit genuine responses which can be useful in evaluating the need for a more complete assessment and possible treatment for substance abuse.

- Advise the client responses are confidential.
- A *single "YES"* to any of these questions indicates further assessment is needed.

1. Did any of your *Parents* have problems with alcohol or drug use?
___ No ___ Yes
2. Do any of your friends (*Peers*) have problems with alcohol or drug use?
___ No ___ Yes
3. Does your *Partner* have a problem with alcohol or drug use?
___ No ___ Yes
4. Before you were pregnant did you have problems with alcohol or drug use? (*Past*)
___ No ___ Yes
5. In the past month, did you drink beer, wine or liquor, or use other drugs? (*Pregnancy*)
___ No ___ Yes

Staff Signature: _____ Date: _____

Interpreter Used: No Yes Interpreter Name: _____

*The 5Ps was adapted by the Massachusetts Institute for Health and Recovery in 1999 from Dr. Hope Ewing's 4Ps (1990).

Substance Use Screener Follow-Up Questions

Women who screen high risk for substance use should be assessed for opioid use

1. *Have you used any opioids, narcotics or pain medications in the last year? Were they prescribed or unprescribed? Have you used any other drugs or unprescribed medications in the last year?*
2. *Patients with positive answers who have used unprescribed opioids in pregnancy or on prescribed opioids for longer than a month need the referral protocol to link them to services and MAT if indicated.*

(For positive responses to 5p's also document that PMP look up has been reviewed)