

WYOMING PERINATAL QUALITY COLLABORATIVE MONTHLY NEWSLETTER



October 2023

GENERAL UPDATES

Count the Kicks

The WDH Maternal and Child Health Unit has partnered with [Count the Kicks](#) to bring awareness on fetal movement monitoring during pregnancy. More information to follow!

Upcoming Webinars/Trainings

- Addressing Maternal Health Disparities: A Focus on Afrodescendant Women: [Register Here](#).
- Perinatal Mental Health 101 Webinar: [Register Here](#).
- Substance Use Among Persons with Syphilis During Pregnancy: [On Demand Training](#).

Talking Postpartum Depression

The U.S. Department of Health and Human Services (HHS) Office on Women's Health has launched the Talking Postpartum Depression Campaign. The goal of this campaign is to destigmatize PPD and encourage women to seek help for PPD. To learn more about this campaign and to access the toolkit for it, please [click here](#).

Maternal Mental Health Hotline

The National Maternal Mental Health Hotline has updated their number! The updated, toll-free, easy-to-remember number is **1-833-TLC-MAMA** (1-833-852-6262). If you or someone you know is a new or expecting parent who is struggling and in need of emotional support or resources, call or text now. The Hotline can be reached 24/7.

MMRC Report Now Available

The Wyoming Maternal Mortality Review Committee (MMRC) report for all 2018-2020 cases is now available to the public. The report and recommendations can be found on the Wyoming Department of Health's Maternal and Child Health [webpage](#). You can find the links to the report and recommendations at both the top and bottom of the webpage. Please share with your colleagues and your community!

RESOURCES

[Postpartum Support International \(PSI\)](#)

- Provider Line - **PSI Perinatal Psychiatric Consult Line 1-877-499-4773**
- Wyoming Chapter Scholarship Opportunities – [Link to application](#).

[CDC Hear Her Campaign \(preventing maternal mortality\)](#)

SPECIAL ANNOUNCEMENT

GRANT AWARDED

The WyPQC, through the WDH Maternal and Child Health Unit, previously applied for the CDC State Perinatal Quality Collaborative grant program in 2022. We were just recently awarded this grant! Through this grant, the WyPQC hopes to continue outreach to hospitals and birthing facilities, increase participation of WyPQC members and potential new members, and implement a quality improvement project in hospitals.

Contact Us

WyPQC

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