A monthly newsletter brought to you by the Wyoming Department of Health,

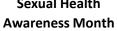
Communicable Disease Unit

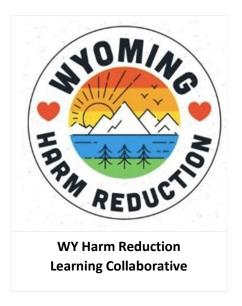
Monthly Theme: Sexual Health Awareness

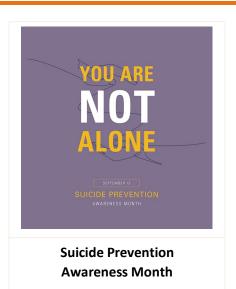
**SEPTEMBER 2023** 

#### **TOP NEWS**











**Quick Fact:** STIs have a profound impact on sexual and reproductive health worldwide. More than 1 million STIs are acquired every day. In 2020, WHO estimated 374 million new infections with 1 of 4 STIs: chlamydia (129 million), gonorrhea (82 million), syphilis (7.1 million) and trichomoniasis (156 million). For more information click <a href="here">here</a>.





#### **SEPTEMBER 2023**

**New National Suicide Prevention Lifeline: 988** 

You can still use 1-800-273-8255 and many others are available here.

The CDU Monthly Webinar is held every 3<sup>rd</sup> Tuesday of every month from 2-3 PM MT via Zoom

Please see the calendar at the end of this newsletter.

#### **Sexual Health Awareness Month**



World Sexual Health Day is September 4, 2023 and the theme for this year is Consent.

Consent is a crucial element of any healthy sexual encounter, and we must educate ourselves and others on what it means, how to express it, and how to obtain it. In addition, it is essential to respect and value everyone's autonomy and choices in sexual matters, regardless of gender, sexual orientation, or any other factor.

As WSHD 2023 approaches, we encourage you to start planning how to get involved and positively impact your community. Together, we can raise awareness, reduce stigma, and improve access to essential sexual health resources.

For more information, please click <u>here</u>.

#### **Suicide Prevention Awareness Month**



Suicidal thoughts, much like mental health conditions, can affect anyone regardless of age, gender or background. In fact, suicide is often the result of an untreated mental health condition. Suicidal thoughts, although common, should not be considered normal and often indicate more serious issues.

September is Suicide Prevention Awareness Month —a time to raise awareness of this stigmatized, and often taboo, topic. We use this month to shift public perception, spread hope and share vital information to people affected by suicide. Our goal is ensuring that individuals, friends and families have access to the resources they need to discuss suicide prevention and to seek help.

For more information, please click <u>here</u>.



**SEPTEMBER 2023** 

## **WY Harm Reduction Learning Collaborative**



HR and Health Care for PWUDs - September 6th from Noon - 2 PM.

This online training is designed to help non-clinical service providers engage with their clients who use drugs around issues related to health care.

Click here to register

### HR for Stimulant Use - September 13th from Noon - 2 PM.

This training focuses on basic knowledge about different kinds of stimulants including how and why they are used and ways to reduce the harms from using these types of drugs while providing an overview of how to engage program participants/clients in conversations around the way they are using stimulants and what potential harms that can be reduced by integrating harm reduction methods our services.

Click here to register

### Pregnancy, SU and HR (nurses) - October 18th from Noon – 2 PM.

Through this training participants will explore how harm reduction offers us both philosophical underpinnings as well as concrete strategies and tools to identify/challenge stigma and support pregnant and parenting people who use drugs.

Click here to register

## **CDU Monthly Webinar: KnoWyo Voucher Guidance**



The September CDU Monthly Webinar will focus on KnoWyo Voucher Guidance.

September 19, 2023, 2-3 PM MT

**Register Here** 







## **Engagement Opportunities**



### **Wyoming Harm Reduction Learning Collaborative Meeting**

Contact Tanagra at melgarejo@harmreduction.org

#### **Intermountain Harm Reduction Workgroup**

Contact Marjorie Wilson at marjorie@idahoharmreductionproject.org

#### **Intermountain West Harm Reduction Conference**



#### Sep 28th & 29th in Salt Lake City

https://whova.com/portal/registration/iwhrc 202309/

A draft schedule is available here.

Room blocks are available:

- Comfort Suites Airport 171 N. 2100 W., Salt Lake City, UT
- Holiday Inn Express 200 North 2100 W., Salt Lake City, UT

If you are interested in a scholarship or volunteering during the two day event, please complete this <u>form</u>.

If you are a vendor and would like to have a table during the event, you can <u>register here</u>. If you are a nonprofit organization that would like to sell your merchandise, a discount code is available. Please reach out!

## **Curry International Tuberculosis Center Training Opportunities**



September 7 Bridges to Build: TB in the Asian & Asian American

Community (Webinar) Register

September 15 Focus on LTBI (Oakland, CA) Register

September 27 Achieving Treatment Completion for Drug-

Susceptible TB (Virtual) Register

October 4 Pediatric Tuberculosis (Santa Cruz, CA) Register





988
SUICIDE
& CRISIS
LIFELINE

**SEPTEMBER 2023** 

### **Upcoming Events**



September National Suicide Prevention Month
September Sexual Health Awareness Month
September 18 National HIV/AIDS and Aging Awareness Day
September 27 National Gay Men's HIV/AIDS Awareness Day
September 27 National Women's Health and Fitness Day
October 2 DIS Day

**Prevention Hereos** 

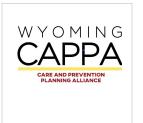
October 4



Shout out to Alyssa Tekiela at Colorado Health Network, Sara Burlingame at Wyoming Equality, Katelyn Hoff and Leslie Fowler at CDU, Jennifer Meineke and Debra Haar at Sheridan Co PH, Dr. Schamber and Nurse Brady, Bryan Opitz Pharmacy Manager, and Matt Myers at Hospital Pharmacy West for their incredible collaboration in facilitating patient access to HIV PEP.

Wyoming Equality Healthcare Access Project

### **CAPPA**



The Wyoming Comprehensive Care and Prevention Planning Alliance (CAPPA) is the statewide community planning group for HIV, AIDS, hepatitis and sexually transmitted infections (STI) Wyoming. This meeting is open to the public as well as stakeholders, you do not have to apply for membership to attend meetings

The next meeting is October 6-7 in Sheridan, Wyoming

For the meeting agenda and more information go to the <u>CDU CAPPA</u> website.

## **CDU Staff Training**



The CDU staff will be out of the office September 21<sup>st</sup> and September 22<sup>nd</sup> for training.

# **SEPTEMBER 2023**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
3 Suicide Prevention Week (3 <sup>rd</sup> – 9 <sup>th</sup> )	4 Labor Day	5 WY Harm Reduction Collaborative 10-11 AM	6 WEHAP 2-3 PM	7 Intermountain Harm Reduction Meeting 10-11 AM	8	9
10 Suicide Prevention Day	11	12	13	14 Intermountain Harm Reduction Meeting 10-11 AM	15	16
17	18 National HIV/AIDS and Aging Awareness Day	19 WY Harm Reduction Collaborative 10-11 AM  CDU Monthly Webinar 2-3 PM	20 Monthly CDU Outreach Staff Call 10-11:30 AM	21 Intermountain Harm Reduction Meeting 10-11 AM	Fall Equinox	23
24	25	26	27 National Gay Men's HIV/AIDS Awareness Day	28	29 National Women's Health and Fitness Day	30

Wyoming Department of Health
Communicable Disease Unit
<a href="https://health.wyo.gov/publichealth/communicable-disease-unit/">https://health.wyo.gov/publichealth/communicable-disease-unit/</a>
122 West 25<sup>th</sup> Street, 3<sup>rd</sup> Floor West
Cheyenne, WY 82001
<a href="https://www.subscribe.org/">Subscribe.org/</a>
Unsubscribe online
Unsubscribe online

Shawna Peña CDU Manager shawna.pena1@wyo.gov (307) 777-7529

Leslie Fowler Prevention Program Manager <u>leslie.fowler@wyo.gov</u> (307) 777-3592 Reginald McClinton Surveillance Program Manager reginald.mcclinton@wyo.gov (307) 777-8939

Bethany Zaczek Treatment Program Manager bethany.zaczek1@wyo.gov (307) 777-5856