



Wyoming
Department
of Health

Wyoming Department of Health

**Medicaid Clubhouse
Services Informational
Webinar**

June 2023



Agenda



Program Overview and History



Program Vision



Program Details



Clubhouse Requirements



Provider Requirements



Advisory Committee and Next Steps



Wyoming
Department
of Health

Commit to your health.

Program Overview and History



Introduction



Objective

- The Wyoming Department of Health (WDH) is working with the Centers for Medicare and Medicaid Services (CMS) to develop and have federal authority to bill for and provide a new Medicaid service called Clubhouse Services.



Details

- The service will be eligible for Medicaid reimbursement to enrolled Medicaid beneficiaries who meet the target population and criteria for this service.
- WDH will develop and implement a stakeholder advisory committee.
- Medicaid policies will be drafted to outline coverage and payment criteria for this service.
- Projected Start Date: July 1, 2024

Program Overview

Commit to your health.

The Wyoming Department of Health is working with the Centers for Medicare and Medicaid Services (CMS) to develop and have federal authority to bill for and run a new Medicaid service called Clubhouse Services.

Introduction to Clubhouse Services



Target Population

Aged 18 and older

Serious and persistent mental illness (SPMI), serious mental illness (SMI), or severe emotional disturbance (SED)

Must meet needs-based assessment criteria



Target Effective Date

Projected Start Date:

July 1, 2024

(Services are only provided by certified Clubhouse providers)

Will follow the Substance Abuse and Mental Health Services (SAMHSA) evidence-based practice of the clubhouse-based service delivery model



Service Delivery Model

Structured, specialty services provided primarily in a group rehabilitative setting

May be delivered through individual or group interaction between staff and participants

Participants can receive services and case management from other programs and Waivers and receive Clubhouse services

Definition of Services

Commit to your health.

Clubhouse Services

1

Clubhouse means a community-based psychosocial rehabilitation program that:

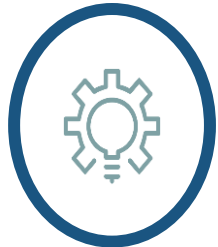
Has members of the program, with staff assistance, engaged in **operating all aspects of the clubhouse**, including food service, clerical, reception, janitorial and other member services such as employment training, housing assistance, and educational support; and

2

Is designed to **alleviate** a member's emotional or behavioral problems with the **goal of transitioning** the member to a less restrictive level of care, reintegrating the member into the community and **increasing social connectedness** beyond a clinical or employment setting.

Clubhouse Service Delivery Model

Commit to your health.



SERVICE DELIVERY MODEL

- The Clubhouse-based service delivery model is recognized as an evidenced based practice by the Substance Abuse and Mental Health Services Administration (SAMHSA).
- The model is designed to be a restorative environment centered around a work-ordered day.



OBJECTIVE

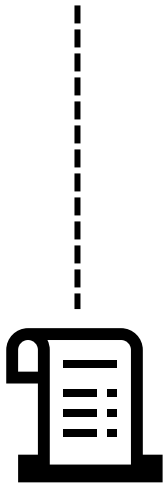
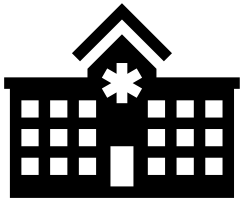
- The ordered workday is designed to support the reintegration of individuals with persistent mental illness into their communities, and support members in less restrictive levels of care through the participation in team-based operations of the Clubhouse. Through the successful collaboration with staff, participants learn they can successfully and independently function in the community.



GOALS

- Clubhouses are vibrant, dynamic communities where meaningful work opportunities drive the need for member participation, thereby creating an environment where empowerment, relationship-building, skill development and related competencies are gained.
- Comprehensive opportunities are provided within the Clubhouse, including supports and services related to employment, education, housing, community inclusion, wellness, community resources, advocacy, and recovery.

History and Authority



House Enrolled Act 65 authorizes Medicaid coverage and reimbursement for clubhouse-based psychosocial rehabilitation services starting April 1, 2020, and directs Medicaid to enter into contracts (or provider agreements) with certified Clubhouse providers.



The Wyoming Department of Health (WDH) needs to receive approval from the Centers for Medicare and Medicaid Services (CMS) to administer a 1915(i) Home and Community Based Services (HCBS) state plan option.

WDH sent the State Plan Amendment to CMS on 1/9/23 and currently in negotiations with CMS for approval.



Wyoming
Department
of Health

Commit to your health.

Program Vision



Vision for the Program

Commit to your health.



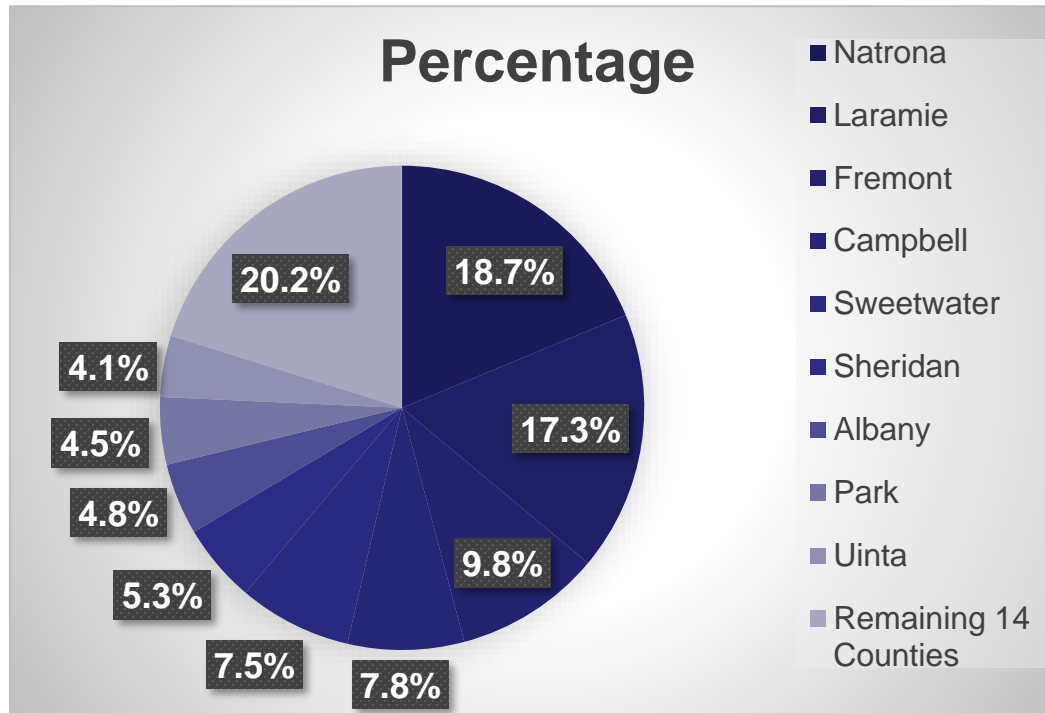
WDH's Strategic Vision for Medicaid Clubhouse Services:

- 1 Local Community-Based Solution**
Clubhouses are a local community-based solution to a global problem — these voluntary programs provide opportunities for work, wellness, and socialization.
- 2 Evidence Based**
This model is an evidence-based approach that has been proven to help people with mental illness recover their lives.
- 3 Strengths Based**
A Clubhouse focuses on strengths and abilities and not on illness. Through friendship, shared work, achievement of self-determined goals, education and employment, Clubhouses help people regain hopeful and fulfilling lives.
- 4 Goal Focused**
Clubhouses make a lasting difference in people's lives by helping them achieve their social, educational, and employment goals.

Current Clubhouse Landscape

Commit to your health.

Preliminary Medicaid claims data shows that the following counties in Wyoming have the highest number of people who could benefit from Clubhouse services:



Roughly 19,000 Medicaid recipients have been diagnosed with a qualifying diagnosis. Those with a diagnosis tend to be female (70.3%) and white (65.4%), with a median age of 34.

Note: Claims were limited to those 18-64 the same age limitations of the Program. Also, the data does not consider a recipient's functional status.

Current Clubhouse Landscape

Commit to your health.

Preliminary Medicaid claims data shows that the following service areas are providing the diagnosis for those recipients who may benefit from Clubhouse Services:

Service Area	Percentage
Behavioral Health	37.9% (7,251)
Physician and Other Practitioner	19.6% (3,745)
Hospital Outpatient	11.9% (2,272)
Hospital Inpatient	11.4% (2,189)
Federally Qualified Health Center	9.7% (1,866)
Rural Health Clinic	3.1% (584)

Of the about 19,000 Medicaid recipients who have been diagnosed with a qualifying diagnosis, most are being seen by Behavioral Health Providers or Physicians. Outreach should also be made to FQHCs and RHCs.

Note: Claims were limited to those 18-64 the same age limitations of the Program. Also, the data does not consider a recipient's functional status.

Current Clubhouse Landscape

Iris Clubhouse

Casper, WY

- Iris Clubhouse empowers people with mental illness to engage in meaningful, sustainable, and transformative personal relationships and community partnerships.
- Although not yet accredited, they were established in 2017 and have a dedicated volunteer board and full support from the mental health community. They follow the Clubhouse Model of Psychosocial Rehabilitation.
- Iris Clubhouse provides opportunities and resources for friendship, employment, housing, and education in a caring and safe environment. Sample activities include:
 - Be Kind to your Mind 5K Fun Run
 - Book Club
 - Grocery Shopping



Robbie's House

Laramie, WY

- Robbie's House is a Clubhouse-International modeled organization that aims to create a peer-led community, resource center, and increased empowerment and opportunities for people living with mental illness.
- Although not yet accredited, they currently have a start-up group and Board of Directors comprised of individuals with a variety of personal and professional interests related to mental health and wellness.
- Robbie's House is a safe place for people looking for community, encouragement, and creative activities. Sample activities include:
 - Art and pottery classes
 - Josh Allen Signed Jersey Raffle Fundraiser



Target Population for Medicaid Enrolled Individuals

Commit to your health.



Individuals aged 18 and over with:

- Serious and persistent mental illness (SPMI),
- Serious mental illness (SMI), or
- Severe emotional disturbance (SED) per the most current Diagnostic and Statistical Manual of Mental Disorders (DSM).



Individuals must meet the needs-based criteria and must not require an institutional level of care. The needs-based criteria is determined through the Daily Living Activities (DLA) 20 Functional Assessment.

The DLA-20 Functional Assessment is a comprehensive functional assessment and outcome measurement tool that measures an individual's level of functioning in daily living activities.

- Individuals with a DLA 20 score of 2 - 4 are eligible for the Clubhouse services.

Must be enrolled in Medicaid and meet age, diagnosis, and needs-based criteria.

Essential Elements of the Clubhouse Model

Commit to your health.

Member Choice/Involvement

- Membership is voluntary
- All members have access to the services/supports and resources with no differentiation based on diagnosis or level of functioning.
- Members establish their own schedule of attendance and choose a work unit that they will regularly participate in during the work-ordered day.
- Members are actively engaged and supported on a regular basis by Clubhouse staff in the activities and tasks that they have chosen.
- Membership in the program and access to support services reflects the beneficiary's preferences and needs, building on the person-centered planning process.
- Both formal and informal decision-making opportunities are part of the Clubhouse work units and program structure. Members can influence and shape program operations. Clubhouse decisions are generally made by consensus of members.
- Staff and members work side-by-side to generate and accomplish individual/team tasks and activities necessary for the development, support, and maintenance of the program.



Wyoming
Department
of Health

Commit to your health.

Program Details





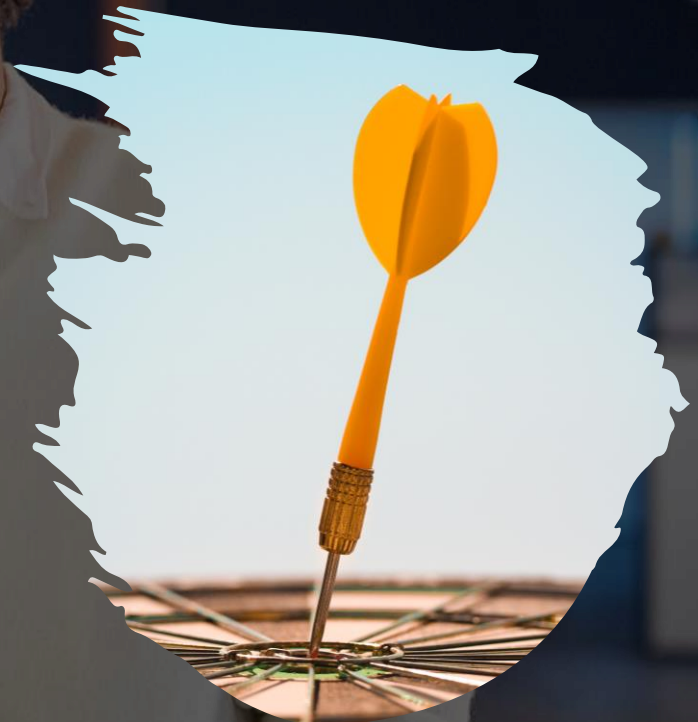
Program Details

Services will be provided in accordance with a referral from a licensed mental health professional specifying frequency and duration, and clubhouse-based psychosocial rehabilitation services will be included in, or otherwise coordinated with, the client's clinical treatment plan.



Program Details

- Federal law requires that all Medicaid Home and Community-Based Services be delivered under a person-centered plan of care.
 - This includes the assessment of the client's individualized goals, needs, preferences, risks, and life circumstances in order to develop a comprehensive service plan which enables the client to live as independently as possible in a community setting.
- The person-centered service plan is typically developed by a case manager who facilitates the development of the plan while allowing the client to direct the planning process to the maximum extent possible.



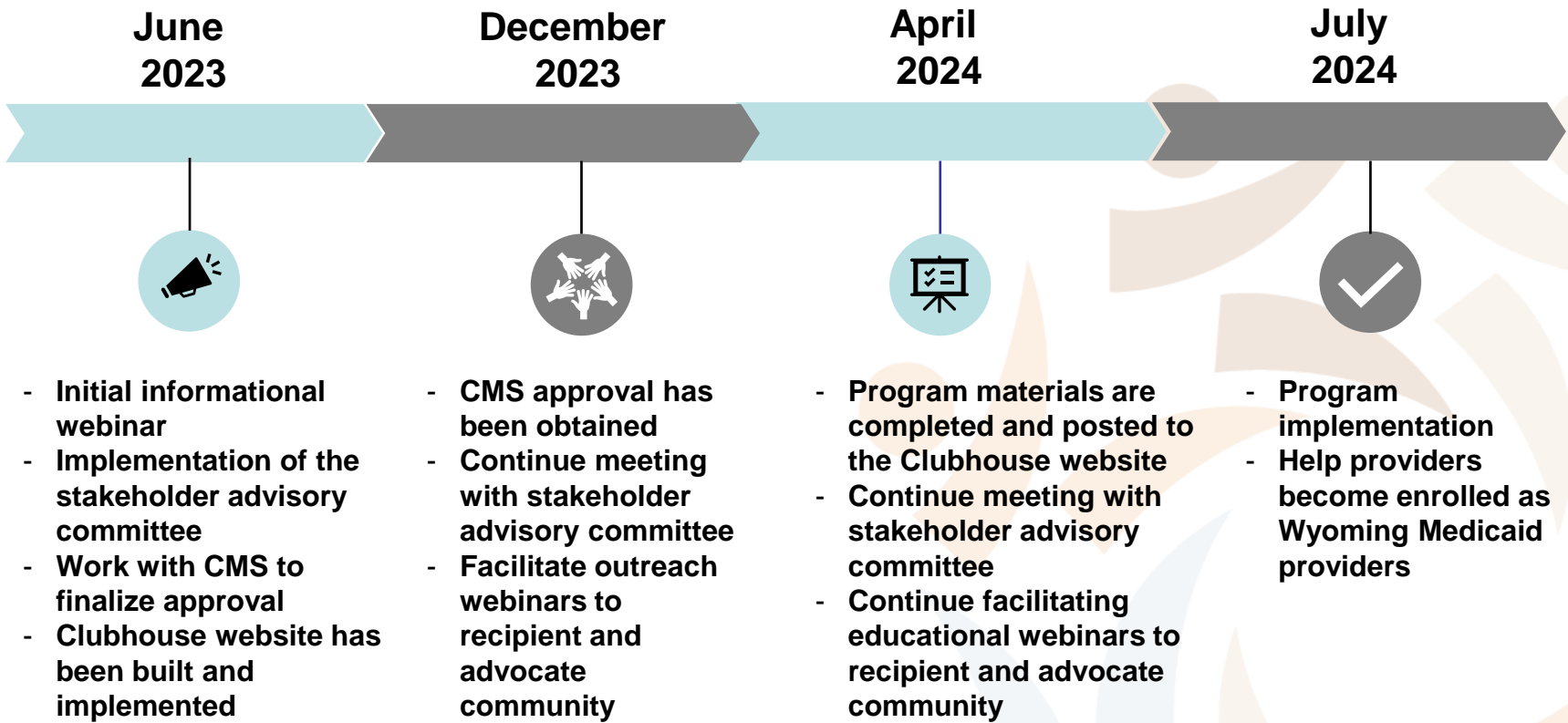
Program Limits

Commit to your health.

- Research suggests that most clients reach a maximum benefit when receiving clubhouse-based psychosocial rehabilitation services 3 days per week.
- A service unit limitation of 1,920 units (3 days per week per 180 days) will allow providers to provide services that will offer financial viability while also promoting adherence to best practice recommendations.



Timeline





Wyoming
Department
of Health

Commit to your health.

Clubhouse Requirements



Clubhouse Requirements

Commit to your health.

Each clubhouse location must be:

- Enrolled with Wyoming Medicaid as a provider
- Trained and accredited by Clubhouse International

The Clubhouse Accreditation Process Overview

- The Accreditation process is both evaluative and consultative
- Accreditation is awarded for either a one- or three-year period, subject to the degree of adherence by the Clubhouse to the Standards.
- Attend Comprehensive Clubhouse International onsite Training
- The process includes 5 key steps:
 - Step 1: The Self-Study
 - Step 2: The Site Visit
 - Step 3: The Findings Report
 - Step 4: Accreditation Status
 - Step 5: Ongoing Consultation

Step 1: The Self-Study

Commit to your health.



Clubhouse staff and members will attend Comprehensive Clubhouse Training and develop a detailed Action Plan.



Members and staff of the entire Clubhouse work together to prepare for the Accreditation visit, evaluating the Clubhouse performance in relationship to the Standards and completing the Action Plan.



Each area of the Clubhouse is reviewed and discussed at community meetings and other special forums convened to prepare for Accreditation.



The result of the self-study process is a written report from the Clubhouse to Clubhouse International, describing the Clubhouse and its areas of strength and relative weakness, as seen by the members and staff.

The Self-Study:

- facilitates a sense of ownership and teamwork amongst the members and staff at the Clubhouse,
- is a vehicle for increasing understanding about the Clubhouse model,
- promotes consensus-building about improving the Clubhouse in relation to the Standards,
- becomes the foundation for strategic improvement in the operation of the Clubhouse,
- and provides the Clubhouse International Faculty team with a place to begin the consultation.

Step 2: The Site Visit



After receiving and reviewing the self-study and other relevant materials submitted by the Clubhouse, the Clubhouse International Faculty team visits the Clubhouse for 3-4 days.



While on site, the Faculty team confirms the information presented in the self-study, and meets with members, staff, board members and other stakeholders of the Clubhouse.



The Faculty team participates in Clubhouse meetings, the workday and other Clubhouse activities.

The Faculty team evaluates how well the Clubhouse has implemented the International Standards for Clubhouse Programs and provides ongoing consultation to the Clubhouse while on site.

- During the last day of the visit, the Faculty team makes a verbal presentation to the entire Clubhouse community on their findings, highlighting both areas of strength for the Clubhouse and making recommendations for improvement.
- This verbal report becomes the foundation for the written findings report submitted to Clubhouse International.

Step 3: The Findings Report

Commit to your health.



After completing the visit to the Clubhouse, the Faculty team prepares a written report of its findings and submits it to Clubhouse International.



Along with the report, the faculty team submits a recommendation to Clubhouse International regarding Accreditation status for the Clubhouse.



The report is read by at least two experienced staff and/or members at Clubhouse International, and is critically reviewed for clarity, accuracy, helpfulness, and congruence with the recommended Accreditation outcome.

The report:

- is an expanded version of the verbal report, presented to the Clubhouse community
- includes areas of strength
- includes a set of specific recommendations about how the Clubhouse can improve and come more fully into compliance with the Standards

Step 4/5: Accreditation Status and Ongoing Consultation

Commit to your health.



After reviewing the report and reaching agreement, the faculty team awards one- or three-year Accreditation, or defers Accreditation, and forwards a letter indicating this Accreditation outcome, along with the written report, to the Clubhouse.

Clubhouse International Accreditation is awarded for either one or three years based on:

- the extent to which the Clubhouse is complying with the Standards.

Accreditation is deferred for those Clubhouses that are significantly out of compliance with the Standards.



Ongoing technical support may continue with the Clubhouse International Faculty team.



Wyoming
Department
of Health

Commit to your health.

Provider Requirements

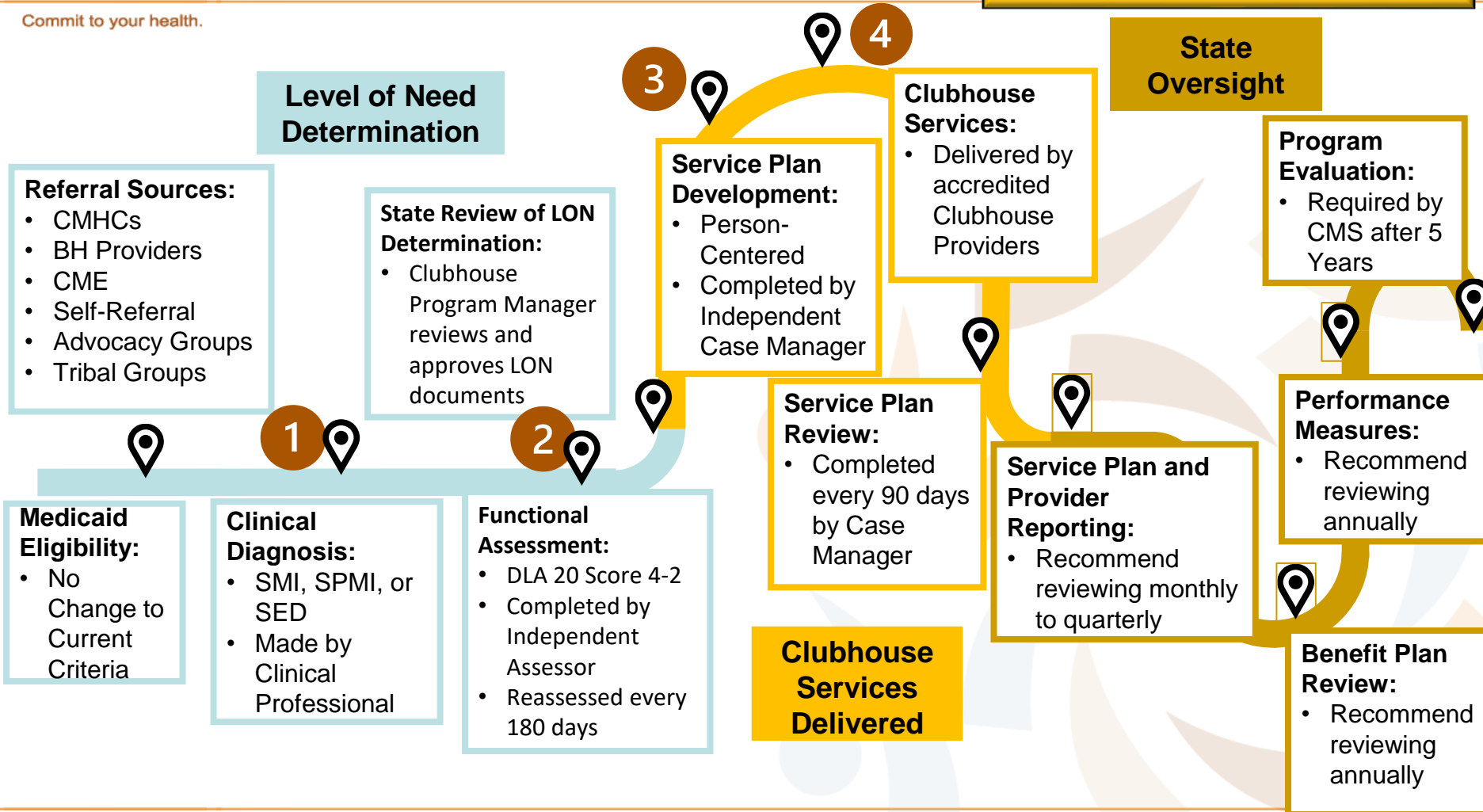


Process Mapping

Commit to your health.

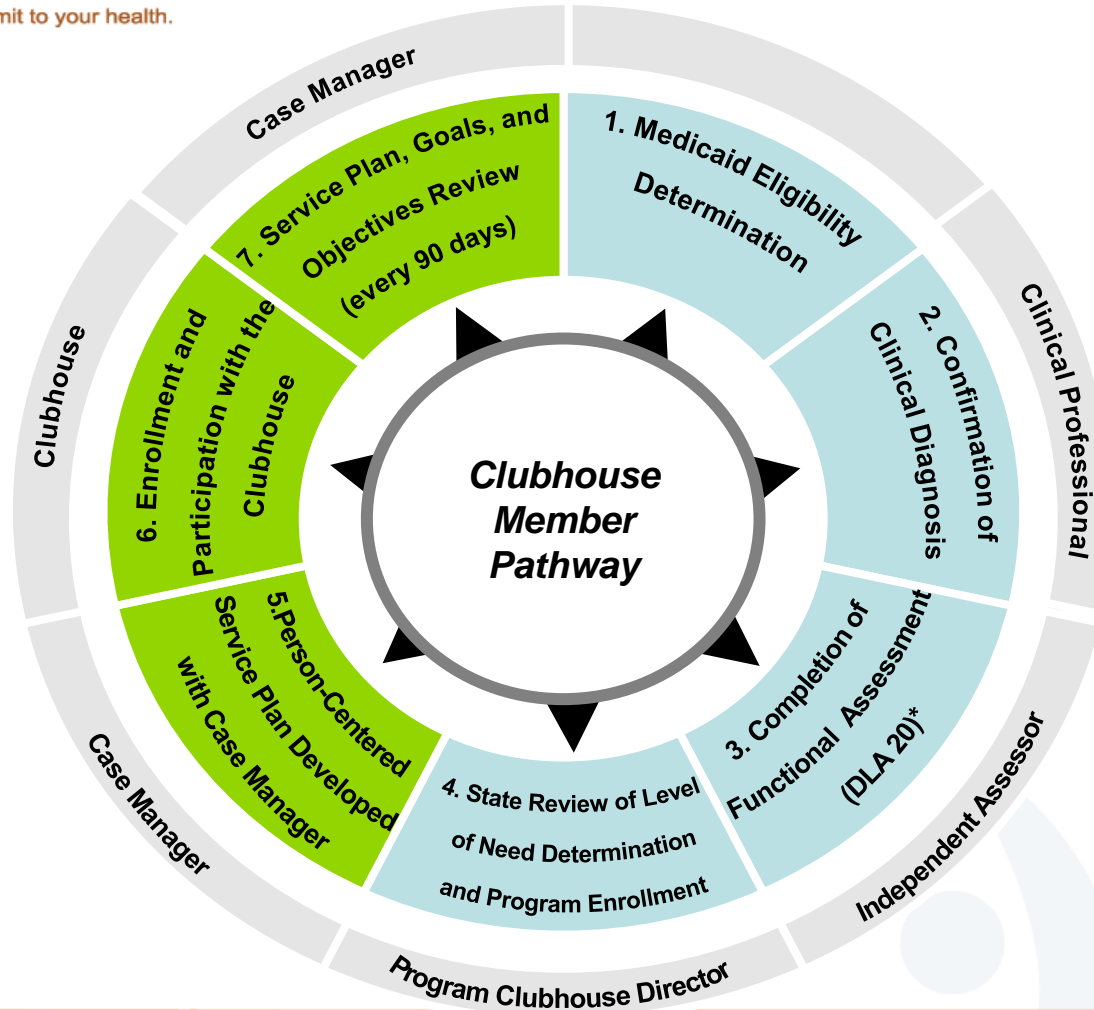
The beneficiary will interact with 4 separate professionals:

1. Clinical professional: for diagnosis
2. Independent assessor: for functional assessment
3. Independent case manager: for person-centered planning
4. Clubhouse provider: for Clubhouse services



Clubhouse Service Member Process Map

Commit to your health.



The member will interact with 4 separate professionals:

1. Clinical professional: for diagnosis
2. Independent assessor: for functional assessment
3. Independent case manager: for person-centered planning
4. Clubhouse provider: for Clubhouse services

The members will have periodic reviews throughout the process:

1. Clinical Diagnosis must be confirmed every 18 months through regular follow-up with Behavioral Health Provider
2. Functional Reassessment every 180 days or when member's status significantly changes
3. Service Plan Review every 90 days including review of member's goals and objectives
4. Medicaid Eligibility and Benefit Plan qualifications will be monitored ongoing

Provider Requirements – Clinical Professional

Commit to your health.

A Clinical Professional will diagnose or confirm the diagnosis of individuals with a:

- diagnosis of serious and persistent mental illness (SPMI),
- serious mental illness (SMI),
- or severe emotional disturbance (SED).

The Clinical Professional will perform the mental health evaluations and reevaluations.

Role of the Clinical Professional

A Clinical Professional must be an individual who is licensed as a:

- (i) Licensed Addictions Therapist;
- (ii) Licensed Advanced Practitioner of Nursing with a specialty area of psychiatric/mental health (APRN);
- (iii) Licensed Clinical Social Worker;
- (iv) Licensed Marriage and Family Therapist;
- (v) Licensed Physician;
- (vi) Licensed Professional Counselor;
- (vii) Licensed Psychiatric Nurse (Master level);
- (viii) Licensed Psychologist;
- (ix) Licensed Board-Certified Behavior Analyst - Doctoral (BCBA-D), or
- (x) Licensed Board-Certified Behavior Analyst (BCBA)

Requirements of the Clinical Professional

Provider Requirements – Certified Independent Accessor

A Certified Independent Accessor will determine the functional level of need for individuals by using the Daily Living Activities (DLA) 20 Functional Assessment.

Role of the Certified Independent Accessor

A Certified Independent Assessor must:

- At a minimum have obtained a GED and have two years of lived experience, but it is encouraged to have a bachelor's degree in a human service-related field;
- Be certified by the Clubhouse Services Program Manager as having met the training and certification guidelines, including demonstration of the proficiency with the evaluation of the assessment via examination by the State;
- Agree to be listed on a public facing roster for selection by individuals seeking an evaluation; and
- Meet ongoing recertification requirements as specified in policy

Requirements of the Certified Independent Assessor

Provider Requirements – Case Manager

Commit to your health.

The Case Manager meets with the individuals and helps them develop the Person-Centered Service Plan.

The Case Manager does not provide services to the individual and must be independent from the Clubhouse provider.

Role of the Case Manager

A Case Manager must:

- Have a masters degree from an accredited from an accredited college or university in a related human service fields; or
- A bachelors degree in a related human services field and one year of work experience as a case manager or in a related human services field; and
- Receive WDH-approved training in Person-Centered Service Plan for Home and Community Based Services.

Requirements of the Case Manager

Clubhouse Video





Wyoming
Department
of Health

Commit to your health.

Advisory Committee and Next Steps

Clubhouse Advisory Committee

Commit to your health.

If you are interested in being on the Clubhouse Advisory Committee, please email Brenda.Stout1@wyo.gov by June 26, 2023.

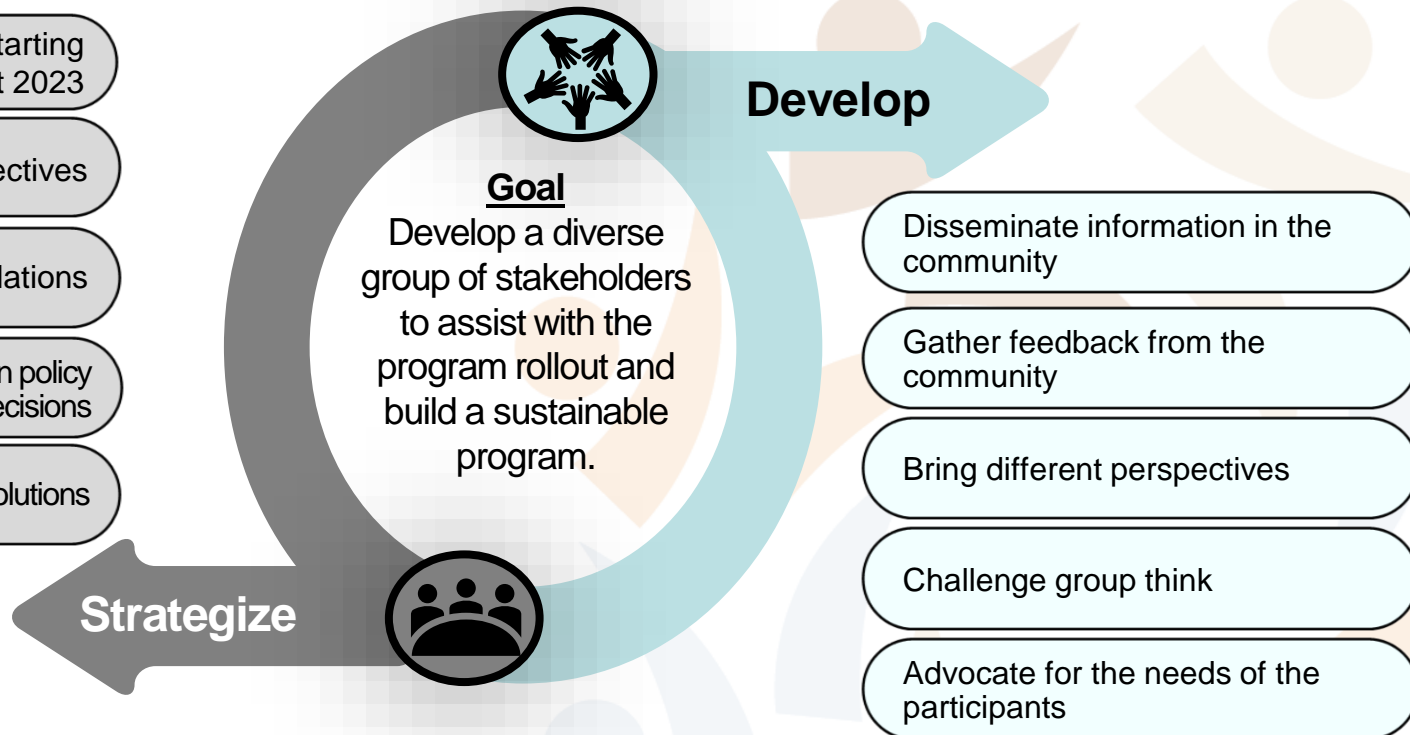
Bi-monthly meetings starting
August 2023

Share opinions and perspectives

Provide recommendations

Review and weigh in on policy
decisions

Solve problems and provide solutions



Next Steps

Commit to your health.

1. Email Brenda.Stout1@wyo.gov if you are interested in joining the Clubhouse Advisory Committee
2. Keep an eye out for the August Advisory Committee Meeting
3. Join the Clubhouse listserv on the website.
4. Visit the website:

Clubhouse Services

What are Clubhouse Services?

The Wyoming Department of Health is developing a new Medicaid benefit called "Clubhouse Services." Clubhouse Services will be fully implemented in July 2024. The Clubhouse Services benefit will follow the Substance Abuse and Mental Health Services (SAMHSA) evidence-based practice of the clubhouse-based service delivery model. Clubhouse Services is a program that has participants of the program, with staff assistance, engaged in operating all aspects of the clubhouse, including food service, clerical, reception, janitorial, and other member services such as employment training, housing assistance, and educational support.

Clubhouse Services assist individuals with behavioral health diagnoses to develop social networking, independent living, budgeting, self-care, and other skills that will assist them to live in the community. Services within the Clubhouse may be delivered through individual (one-to-one) or group interaction between staff and participants within the Clubhouse setting. Clubhouse Services provide participants with coping and wellness strategies to improve functioning through



Join the Clubhouse Services Listserv!

Last Updated 04/06/2023

WDH Clubhouse website:

<https://health.wyo.gov/healthcarefin/medicaid/clubhouse-services/>

Open Discussion

