

We Can All Save Lives



Question. Persuade. Refer.

Three steps anyone can learn to help prevent suicide.

The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical, and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

You can take QPR Gatekeeper Training right now **free of charge** (usually \$29.95); go to <http://qprtraining.com/setup> and enter the code WYO. This online, self-paced training takes about 1 hour to complete.

Professional Trainings

QPR also offers expanded professional trainings. To take one of the below trainings **free of charge**, go to the [registration side](#) and enter the specified code. Information regarding course content and Continuing Education Units can be found [here](#).

Training	Code	Description
Counseling Suicidal People: A Therapy of Hope (Free / Usually \$119)	WYSCP	Helps human services professionals prepare to work with, counsel, and help suicidal people survive a life-threatening crisis (10-12 hours).
QPR for School Health Professionals (Free / Usually \$79)	WYSHP	Teaches school social workers, nurses, psychologists and school counselors how to detect, screen, and refer troubled youth (3-4 hours).
QPR for Eldercare Workers (Free / Usually \$69)	WYELDERCARE	Teaches basic QPR together with brief lectures on older adult suicide risk and best-practice screening questions that those providing care to older adults may use to detect what potentially unknown risk for suicidal behaviors (3-4 hours).
QPR for Sports and Coaches (Free / Usually \$79)	WYSPORTS	Helps coaches and sports professionals, who may also be the one person in whom an athlete may confide in when in trouble, learn to detect, screen, identify and refer at risk athletes to appropriate qualified professionals for support and treatment (3 hours).
QPR for Veteran Care Providers (Free / Usually \$79)	WYVETS	Provides those helping veterans: Level I QPR Gatekeeper Training for Suicide Prevention and a, brief edition of the Counseling on Access to Lethal Means (CALM), with a special focus on the relationship of weapons to veterans who own them (6 hours).

NEW! Professional Trainings

To take one of the below trainings **free of charge** go to the [registration site](#) and enter the specified code. Information regarding course content and Continuing Education Units can be found [here](#).

Training	Code	Description
QPRT 2.0: Suicided Risk Assessment Training and Management Pro (Free / Usually \$249)	SOW1130208602	This registered best practice training program teaches the core competencies required of professionals responsible for the care and safety of consumers detected to be at elevated risk for suicidal behaviors (not violence) (14+ hours).
QPR Plus (Free / Usually \$89)	SOW1240631776	
QPR Pro Gatekeeper (Free / Usually \$89)	SOW1242196176	This skills-based training program is designed to teach those in the helping professions how to recognize people in crisis, identify suicide warning signs, and apply the mental health equivalent of CPR to someone who may be at risk of suicide (4 hours).
QPR Gatekeeper Recertification Training (Free / Usually \$29.95)	SOW1241805076	This skills-based training program teaches how to recognize people in crisis, identify suicide warning signs, and apply the mental health equivalent of CPR to someone who may be at risk of suicide (1 hour).
QPR Pathfinder for Adult and Older Edition (Free / Usually \$495)	SOW1241022876	Designed to produce effective community-based mental health first responders, this is a professional level course in basic mental health, crisis intervention, skilled interviewing, suicide risk detection, and suicide risk mitigation and management strategies (14+ hours).
QPR Pathfinder for Youth (Free / Usually \$495)	SOW1241413976	Designed to produce effective community-based mental health first responders, this is a professional level course in basic mental health, crisis intervention, skilled interviewing, suicide risk detection, and suicide risk mitigation and management strategies (14+ hours).
Pathfinder for Crisis Workers (Free / Usually \$495)	SOW1231343151	Designed to produce effective community-based mental health first responders, this is a professional level course in basic mental health, crisis intervention, skilled interviewing, suicide risk detection, and suicide risk mitigation and management strategies (14+ hours).
QPR for Primary Care Providers (Free / Usually \$149)	SOW1242587276	A skills-based training that teaches basic QPR and its application as a verbal screening tool for general medicine; means reduction, safety planning and continuity of care, and evidence-based treatments for patients at risk of suicidal behaviors (6 hours).
COMING SOON: QPR for Pharmacists (Free / Usually \$99)	coming soon!	Teaches how to recognize and respond to suicide warning signs as they may be observed in your work setting, and how to support someone you find is positive for suicidal ideation (4 hours).
COMING SOON: Suicide Screening Training (Free / Usually \$)	coming soon!	

Please contact Lexy Jamison at lexy.jamison@wyo.gov with any questions.