

# WYOMING PERINATAL QUALITY COLLABORATIVE MONTHLY NEWSLETTER



October Volume 1 Issue 4

## GENERAL UPDATES

### *Upcoming Webinars/Trainings*

Registration Closes Nov. 14: Doula and Perinatal Community Health Workers in Medicaid Learning Series: [Link for more information and registration](#)

ECHO for Integrative Care: Primary Care and Mental Health, with topics for late October through December focusing on maternal mental health.

The Maternal Mental Health series will include topics covering the use of certain medications during the peripartum period, pearls of wisdom, how to treat anxiety/depression/bipolar during pregnancy, assessments and screenings, general questions and the adjustment of medication doses through pregnancy and breastfeeding.

Sessions: November 2, November 16, November 30 and December 14.

More information is available on the website: <https://www.uwyo.edu/wind/echo/mental-health/index.html>

### *Interested in ordering Materials?*

The Wyoming Department of Health-Maternal and Child Health (MCH) Unit is supporting [CDC Hear Her Campaign](#) by purchasing magnets that support this campaign to give out to pregnant people across Wyoming. The magnets are 5x7 and are available in both English and Spanish. Please use this [link](#) to see what would be on the magnets.

The MCH Unit is actively supporting the Maternal Mental Health Hotline. As part of this support, the MCH Unit has purchased [wallet cards](#) displaying the Hotline information. These wallet cards come in both English and Spanish.

If you are interested in ordering, the **FREE**, CDC Hear Her Magnets and/or the Maternal Mental Health Wallet Cards, please contact [natalie.hudanick1@wyo.gov](mailto:natalie.hudanick1@wyo.gov) with the amount you would like in English and/or Spanish and the mailing address you would like them sent to!

### *Recently Released Reports*

The Centers for Disease Control and Prevention just released report on pregnancy-related deaths based on data from Maternal Mortality Review Committees in 36 states. Wyoming is one of the 36 states that contributed data to this report! If you are interested in reading this report, please follow this [link](#).

## RESOURCES

### Postpartum Support International (PSI)

- Provider Line - **PSI Perinatal Psychiatric Consult Line 1-877-499-4773**
- Wyoming Chapter Scholarship Opportunities – [Link to application](#).
- Link for Infant Mortality Prevention Toolkit here: [Toolkit](#)
- Are you interested in ordering brochures or other materials from the Wyoming PSI Chapter? If Yes, please contact [psichairwyoming@gmail.com](mailto:psichairwyoming@gmail.com)

## SPECIAL ANNOUNCEMENT

CMS is establishing a new “Birth Friendly” hospital designation. The current requirements are:

- Reports that the hospital participated in a national or statewide quality collaborative.
- The hospital implements all recommended interventions from that collaborative.

Click [here](#) for more information.

## Contact Us

### WyPQC

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