# Wyoming Department of Health, Communicable Disease Unit (CDU) TakeMeHome (TMH) Testing Guidance

Individuals may come to your clinic with proof of a positive test result from a TMH test. This document provides recommendations from the CDU regarding patients who have tested positive on a TMH test. Recommendations are provided based on the type of testing location to which the patient may come for further screening or treatment. CDU recognizes that different clinics may have their own protocols and that providers will need to base clinical management decisions on individual patients. CDU in general recommends treating patients based on a positive TMH result unless confirmatory testing is indicated, such as a reactive HIV oral test, positive syphilis, or positive HCV.

# TMH STI test kits can include:

- 1 Rectal Swab
- 1 Throat Swab
- 1 Urine Sample Cup
- 1 HIV Fingerstick Test + Blood Test Card

## To test for:

- Chlamydia, Gonorrhea (rectal)
- Chlamydia, Gonorrhea (throat)
- Chlamydia, Gonorrhea (urine)
- HIV
- Syphilis
- Hepatitis C

## Please be aware:

- The risk assessment on TMH is limited and patients may not have fully self-reported risks
- Presently CDU is unsure if we will receive positive results before or after the patient receives them.
- 340B medications can only be used for patients receiving healthcare services (as defined by 340B) from the sub-recipient.

The following processes provide an opportunity for a comprehensive risk assessment to those clients who tested positive with a TMH home test and establishes the relationship needed to allow the patient to be treated with 340B medications in various KnoWyo clinic settings.

# Public Health Clinics (non-Title X setting)

- 1. Patient presents with +TMH result(s)
- 2. Review TMH results
- 3. Complete CDU risk assessment
- 4. Ensure patient was tested completely based on risk
- 5. Confirmatory testing if indicated for at-home HIV, syphilis, or hepatitis testing, or based on clinician's assessment of need to confirm the TMH results.
- 6. Collect additional tests if indicated and patient is willing
- 7. Treat for positive TMH result(s) in accordance with current CDC treatment recommendations, advise patient if any follow-up testing is indicated
- 8. Enter patient data into PRISM
- 9. Follow-up with patient regarding results if additional tests were indicated

The KnoWyo testing sites below have prescribers on staff, while CDU would like KnoWyo testing site prescribers to treat +TMH results, we also understand the decision to treat lies with the prescriber.

## **Title X Clinics**

## Federally Qualified Health Centers

# **University of Wyoming Student Health Services**

- Patient presents with +TMH result(s)
- 2. Review TMH results
- 3. Complete risk assessment
- 4. Ensure patient was tested completely based on risk
- 5. Confirmatory testing if indicated for at-home HIV, syphilis, or hepatitis testing, or based on clinician's assessment of need to confirm the TMH results.
- 6. Collect additional tests if indicated and patient is willing
- 7. Treat for positive TMH result(s) in accordance with current CDC treatment recommendations, advise patient if any follow-up testing is indicated
- 8. Enter visit into PRISM
- 9. Follow-up with patient regarding results if additional test were indicated