

Wyoming Pregnancy Risk Assessment Monitoring System (PRAMS) 2015 Surveillance Report



Wyoming Department of Health
Public Health Division

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Introduction

The Wyoming Pregnancy Risk Assessment Monitoring System (PRAMS) is a surveillance program conducted in collaboration between the Centers for Disease Control and Prevention (CDC) and the Wyoming Department of Health. Wyoming PRAMS is an ongoing population-based survey that collects data on select maternal experiences and behaviors that occur before, during and shortly after pregnancy. The data gathered through the surveys are used to inform, develop, and evaluate maternal and infant health programs and policies in Wyoming. Additionally, the data are used to track Wyoming's progress toward national and state-specific pregnancy-related health objectives. Wyoming was awarded the PRAMS grant in 2006 and began collecting data in 2007.

PRAMS survey participants are sampled from a frame of eligible birth certificates which includes all live-born infants born to Wyoming-resident women, for whom a birth certificate is available. Wyoming PRAMS samples by maternal race and infant birth weight to ensure adequate representation of racial minority women and low birth weight infants. Sampled women are first contacted to complete the survey by mail. If no response is received, attempts are made to reach the women by phone to complete the survey.

Final results are weighted to represent the cohort of Wyoming resident women who delivered a live birth infant in 2015. Caution is advised when interpreting and generalizing results to all pregnancies as only those with a live birth were included in the survey. This excludes women that had a pregnancy end in fetal death, abortion, or miscarriage.

This report contains results by question from the 2015 Wyoming PRAMS survey. Demographic characteristics of the mothers who completed the surveys and results to each question with their 95% confidence intervals and are presented. The weighted response rate for 2015 was 56%.

For more information about Wyoming PRAMS please visit our website:

<https://health.wyo.gov/publichealth/chronic-disease-and-maternal-child-health-epidemiology-unit/mch-epi/pregnancy-risk-assessment-monitoring-system-prams/>

DEMOGRAPHIC CHARACTERISTICS

Characteristic	Sample n	Weighted Size	Weighted %	Standard Error
Age				
<20 years	37	475	6.3	1.30
20-24	138	1974	26.2	2.26
25-34	326	4322	57.4	2.50
35+	67	754	10.0	1.46
Mother's Race				
White	405	6125	90.4	1.28
American Indian	86	252	3.7	0.08
Black		<i>Insufficient data to report</i>		
Asian Pacific Islander	11	147	2.2	0.78
Other	11	177	2.6	0.84
Hispanic Ethnicity				
No	508	6753	90.2	1.52
Yes	52	731	9.8	1.52
Maternal Education				
<High School	65	703	9.4	1.47
High School	126	1706	22.8	2.16
>High School	370	5060	67.7	2.38
Marital Status				
Married	376	5055	67.2	2.45
Not Married	192	2472	32.8	2.45
Enrolled in WIC				
No	368	4972	67.0	2.41
Yes	195	2444	33.0	2.41
Enrolled in Medicaid				
No	347	4620	62.5	2.49
Yes	213	2770	37.5	2.49
Poverty Levels				
≤ 100%	179	2086	29.3	2.38
101 - 200%	118	1660	23.3	2.20
201 - 300%	70	1019	14.3	1.79
≥ 301%	176	2354	33.1	2.38

Table 1: From survey questions 1-2, Maternal Body Mass Index (BMI) immediately prior to pregnancy (derived from maternal report of height and weight), 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Maternal BMI, pre-pregnancy			
Underweight (<18.5)	258	3.6	2.08 - 6.01
Normal (18.5-24.9)	4033	55.6	50.61 - 60.52
Overweight (25.0-29.9)	1298	17.9	14.46 - 21.94
Obese (≥30)	1662	22.9	18.97 - 27.42

Table 2: From survey questions 4-6, Prevalence of previous low birth weight and previous preterm births among multiparous mothers, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Birth History			
Previous live births			
No	2790	37.3	32.65 - 42.22
Yes	4688	62.7	57.78 - 67.35
Previous low birth weight (among multiparas)			
No	3908	85.6	80.67 - 89.45
Yes	656	14.4	10.55 - 19.33
Previous preterm birth (among multiparas)			
No	3901	84.9	79.96 - 88.81
Yes	693	15.1	11.19 - 20.04

Table 3: From survey question 7, Prevalence of things done during the 12 months before pregnancy (pre-conception readiness), 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Behaviors in 12 months prior to pregnancy (% yes)			
Dieting to lose weight	2171	29.0	24.75 - 33.61
Exercising 3+ days a week	3945	52.6	47.62 - 57.47
Taking prescription medications other than birth control	1741	23.3	19.40 - 27.68
Visited a health care worker to be screened for diabetes	951	12.7	9.82 - 16.34
Visited a health care worker to be screened for high blood pressure	1319	17.6	14.26 - 21.62
Visited health care worker to be screened for depression or anxiety	1366	18.3	14.70 - 22.47
Spoke with health care provider about family medical history	2374	31.8	27.36 - 36.48
Had teeth cleaned by a dentist or dental hygienist	4411	58.8	53.83 - 63.54

Table 4: From survey question 8, Prevalence of insurance types prior to pregnancy, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Source of insurance before pregnancy (all that apply) (% yes)			
Insurance from job (mother, partner or parents)	4239	56.3	51.37 - 61.14
Health insurance that you or someone else paid	654	8.7	6.24 - 12.05
Medicaid	1017	13.6	10.49 - 17.33
Kid Care CHIP	154	2.1	1.04 - 4.02
Tricare or other military health care	138	1.8	0.94 - 3.57
Indian Health Service	205	2.7	1.97 - 3.79
Other	368	4.9	3.12 - 7.65
No health insurance	1436	19.1	15.36 - 23.47

Table 5: From survey question 9, Prevalence of daily multivitamin use in the month prior to pregnancy, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Prenatal vitamin use			
Never	3520	47.0	42.07 - 51.90
1-3 Times per week	730	9.8	7.19 - 13.09
4-6 Times per week	535	7.1	5.00 - 10.10
Everyday	2711	36.2	31.60 - 40.99

Table 6: From survey question 10, Among women who did not use multivitamins prior to pregnancy, reasons for non-use, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Reasons for no prenatal vitamin use (% yes, all that apply)			
Wasn't planning to get pregnant	2016	56.8	49.54 - 63.85
Didn't think she needed to take vitamins	1662	47.7	40.41 - 54.99
Vitamins were too expensive	259	7.3	4.25 - 12.28
Vitamins had side effects	176	5.0	2.72 - 8.90
Other	338	9.6	6.14 - 14.68

Table 7: From survey questions 11, Consulted with health care worker about how to improve health prior to pregnancy, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Consulted with health care worker			
No	6050	80.9	76.76 - 84.41
Yes	1430	19.1	15.59 - 23.24

Table 8: From survey questions 12, Prevalence of health conditions prior to pregnancy, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Health Condition (% yes)			
Type 1 or Type 2 diabetes	137	1.8	0.90 - 3.73
Hypertension	272	3.6	2.18 - 5.98
Depression	1042	13.9	10.76 - 17.73

Table 9: From survey question 13, Feelings about becoming pregnant prior to this pregnancy, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Pregnancy feelings			
Wanted sooner	1215	16.2	12.95 – 20.12
Wanted later	1595	21.3	17.46 – 25.71
Wanted right then	2852	38.1	33.42 - 42.93
Wanted never	621	8.3	5.88 - 11.56
Unsure	1209	16.1	12.82 - 20.12

Table 10: From survey question 14, Among women that wanted a later pregnancy, how much later, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
How much later			
Less than 1 year	409	25.7	17.55 - 36.02
1 year to less than 2 years	480	30.1	21.12 - 41.00
2 years to less than 3 years	317	19.9	12.41 - 30.44
3 years to 5 years	262	16.5	9.65 - 26.63
More than 5 years	123	7.8	3.41 - 16.72

Table 11: From survey question 15, Proportion of women trying to become pregnant, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Trying to get pregnant			
No	3420	45.6	40.68 - 50.52
Yes	4087	54.4	49.48 - 59.32

Table 12: From survey question 16, Prevalence of pre-pregnancy contraception use among women who were not trying to become pregnant, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Used birth control			
No	1737	50.8	43.35 - 58.21
Yes	1682	49.2	41.79 - 56.65

Table 13: From survey question 17, Reasons for not using a contraceptive method prior to pregnancy among women not trying to become pregnant and reported not using birth control, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Reasons for not using birth control (% yes, all that apply)			
Didn't mind getting pregnant	979	59.1	48.46 - 68.98
Didn't think could become pregnant	413	24.6	16.76 - 34.52
Side effects from birth control	216	12.9	7.36 - 21.47
Problems acquiring birth control	128	7.6	3.59 - 15.50
Thought partner was sterile	274	16.3	9.79 - 25.95
Partner didn't want to use	281	16.7	10.27 - 26.04
Other	186	11.1	5.98 - 19.58

Table 14: From survey question 18, Timing of entry to prenatal care, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Initiated care in 1st trimester			
No	1169	15.9	12.51 - 19.87
Yes	6156	83.4	79.34 - 86.84
No PNC	<i>Insufficient data to report</i>		

Table 15: From survey question 19, Prevalence of women receiving prenatal care as early as wanted, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Received prenatal care as early as wanted			
No	943	12.8	9.83 - 16.56
Yes	6415	87.2	83.44 - 90.17

Table 16: From survey question 19, Reasons for not getting prenatal care as early as wanted, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Reasons for not getting prenatal care as early as wanted (% yes, all that apply)			
Couldn't get appointment	372	40.0	27.22 - 54.38
Didn't have enough money or insurance	231	24.5	14.33 - 38.53
No transportation	56	6.0	2.30 - 14.90
Doctor/health plan wouldn't start earlier	292	31.5	19.95 - 45.91
Too many other things going on	121	13.1	6.94 - 23.39
Couldn't take time off work	24	2.6	1.34 - 5.00
I didn't have Medicaid card	45	5.0	1.56 - 14.64
No childcare	44	4.8	1.47 - 14.71
Didn't know I was pregnant	449	44.6	31.73 - 58.22
Didn't want to disclose pregnancy	27	3.0	1.60 - 5.46
Didn't want prenatal care	<i>Insufficient data to report</i>		

Table 17: From survey question 21, Sources of payment for prenatal care, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Source of payment for prenatal care (% yes, all that apply)			
Insurance from job (mother, partner or parents)	4054	54.8	49.85 - 59.72
Health insurance that you or someone else paid	509	6.9	4.76 - 9.93
Medicaid	2770	37.5	32.73 - 42.49
Kidcare CHIP	146	2.0	0.97 - 4.01
Tricare or other military health care	200	2.7	1.54 - 4.73
Indian Health Service	187	2.5	1.76 - 3.63
Other	215	2.9	1.68 - 5.02
No health insurance	370	5.0	3.24 - 7.66

Table 18: From survey question 22, Topics discussed by health care providers during prenatal care visits, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Topics during prenatal care visits (% yes, all that apply)			
Weight gain during pregnancy	5408	73.9	69.33 - 78.01
Smoking	4890	67.0	62.20 - 71.49
Breastfeeding	6046	82.6	78.46 - 86.00
Alcohol	4919	67.2	62.34 - 71.64
Seat belt use	3883	53.0	48.05 - 57.96
Safe medications	6542	89.1	85.58 - 91.86
Illegal drugs	4321	59.2	54.27 - 64.02
Birth defects screening	6572	89.5	86.13 - 92.17
Signs of preterm labor	5746	78.5	74.15 - 82.26
HIV testing	4057	55.4	50.43 - 60.29
What to do if feeling depressed	5567	76.1	71.59 - 80.02
Physical abuse by partners (IPV)	3687	50.5	45.53 - 55.48

Table 19: From survey question 23, Prevalence of HIV testing during pregnancy, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Tested for HIV			
Not tested	2782	47.2	41.67 - 52.77
Tested	3114	52.8	47.23 - 58.33

Table 20: From survey question 24, Healthcare worker offered or told to get a flu shot in 12 months before delivery , 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Offered or told to get flu shot			
No	1193	16.2	12.85 - 20.19
Yes	6180	83.8	79.81 - 87.15

Table 21: From survey question 25, Receipt of flu shot in 12 months before delivery, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Received flu shot			
No	3221	44.1	39.18 - 49.12
Yes, before pregnancy	836	11.5	8.66 - 14.98
Yes, during pregnancy	3248	44.5	39.59 - 49.45

Table 22: From survey question 27, Dental care during pregnancy, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Dental health activities during pregnancy (% yes, all that apply)			
Knew importance of dental care during pregnancy	6919	93.9	90.98 - 95.88
Talked with dental or HCW about oral care	4014	54.1	49.16 - 59.00
Teeth cleaned by dentist or hygienist	3827	51.6	46.64 - 56.51
Insurance covered dental care	5226	70.5	65.80 - 74.86
Needed to see dentist for a problem	1705	23.1	19.06 - 27.60
Went to a dentist about a problem	1348	18.3	14.63 - 22.51

Table 23: From survey question 28, Attendance at a prenatal class, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Attended prenatal class			
No	5627	75.8	71.35 - 79.82
Yes	1793	24.2	20.18 - 28.65

Table 24: From survey question 29, Prevalence of prenatal home visitation, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Received a prenatal home visit			
No	6681	90.1	86.68 - 92.68
Yes	735	9.9	7.232 - 13.32

Table 25: From survey question 30, Prevalence of WIC participation during pregnancy, 2015 WY PRAMS

Question		Weighted n	Weighted %	95% CI
WIC during pregnancy	No	4972	67.0	62.15 - 71.59
	Yes	2444	33.0	28.41 - 37.85

Table 26: From survey question 31, Prevalence of gestational diabetes during pregnancy, 2015 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Health care worker indicated gestational diabetes	No	6924	93.4	90.46 - 95.42
	Yes	492	6.6	4.58 - 9.54

Table 27: From survey question 32-35 and 67, Prevalence of maternal tobacco use prior to, during, and after pregnancy, 2015 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Tobacco use in past 2 years	No	5172	70.5	65.73 - 74.94
	Yes	2159	29.5	25.06 - 34.27
Tobacco use 3 months prior to pregnancy	No	5321	72.6	67.84 - 76.88
	Yes	2009	27.4	23.12 - 32.16
Tobacco use during last 3 months of pregnancy	No	6338	86.5	82.56 - 89.59
	Yes	993	13.5	10.41 - 17.44
Tobacco use now	No	5936	81.0	76.57 - 84.71
	Yes	1395	19.0	15.29 - 23.43
Changes in tobacco use during pregnancy	Non smoker	5321	72.6	67.84 - 76.88
	Smoker quit	1016	13.9	10.70 - 17.79
	Smoker reduced	685	9.4	6.75 - 12.80
	Smoker same/more	307	4.2	2.57 - 6.79
Smoking inside home	No smoking in home	7015	95.6	92.91 - 97.34
	Smoking in some rooms	104	1.4	0.64 - 3.14
	Smoking anywhere in home	216	3.0	1.57 - 5.47

Table 28: From survey questions 31-33, Prevalence of maternal alcohol consumption and binge drinking prior to and during pregnancy, 2015 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Alcohol use in past 2 years				
	No	2080	28.3	24.05 - 32.94
	Yes	5274	71.7	67.06 - 75.95
Alcohol use 3 months prior to pregnancy				
	No	2801	38.1	33.43 - 43.05
	Yes	4547	61.9	56.95 - 66.57
Alcohol use during last 3 months of pregnancy				
	No	6913	93.8	90.93 - 95.74
	Yes	460	6.2	4.26 - 9.07
Change in alcohol during pregnancy				
	Non drinker	2776	37.8	33.10 - 42.71
	Drinker quit	4111	56.0	50.97 - 60.81
	Drinker reduced	279	3.8	2.31 - 6.19
	Drinker same/more	156	2.1	1.09 - 4.14

Table 29: From survey question 39, Prevalence of stressful life events during pregnancy, 2015 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Maternal stressors in 12 months before baby was born (% yes, all that apply)				
	Family member sick	1953	26.7	22.45 - 31.31
	Separation/divorce	530	7.2	5.04 - 10.19
	Moved to new address	2927	39.8	35.02 - 44.83
	Homeless	53	0.7	0.26 - 1.97
	Partner lost job	933	12.7	9.70 - 16.36
	Mother lost job	637	8.6	6.26 - 11.82
	Cut in work hours or pay	1288	17.5	14.05 - 21.55
	Apart from husband or partner	457	6.2	4.25 - 8.99
	Argued with partner more	1430	19.4	15.73 - 23.70
	Partner said didn't want pregnancy	592	8.0	5.67 - 11.29
	Had bills couldn't pay	1219	16.6	13.12 - 20.65
	Partner went to jail	299	4.1	2.40 - 6.81
	Someone close had problem with drinking/drugs	1206	16.4	12.95 - 20.47
	Someone close died	1630	22.1	18.26 - 26.54

Table 30: From survey questions 40-41 and 71, Prevalence of intimate partner violence prior to and during pregnancy, 2015 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Intimate partner violence, before pregnancy	No	7140	98.0	96.06 - 98.95
	Yes	148	2.0	1.05 - 3.94
Intimate partner violence, during pregnancy	No	7112	97.6	95.62 - 98.67
	Yes	177	2.4	1.33 - 4.38
Intimate partner violence, after pregnancy	No	7106	97.9	95.82 - 98.91
	Yes	156	2.2	1.09 - 4.18

*Includes mothers 18 and older only

Table 31.1: From survey questions 44-45, Infant stay in the neonatal intensive care unit (NICU) and length of infant hospital stay at birth, 2015 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Baby ever in NICU	No	6569	90.4	87.72 - 92.47
	Yes	701	9.7	7.53 - 12.28
Baby stay in hospital	Not born in hospital	466	6.3	4.18 - 9.48
	< 1 day	4593	62.3	57.46 - 66.88
	1 to 2 days	1562	21.2	17.43 - 25.52
	3 to 5 days	323	4.4	2.88 - 6.61
	6-14 days	262	3.6	2.67 - 4.74
	14+ days	165	2.2	1.18 - 4.23

Table 31.2: From survey questions 46-47, Infant alive now, infant living with mother, 2015 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Infant alive now?	No	<i>Insufficient data to report</i>		
	Yes	7279	99.6	98.51 - 99.88
Infant living with mother	No	<i>Insufficient data to report</i>		
	Yes	7245	99.5	97.84 - 99.90

Table 32.1: From survey questions 48-49, Prevalence of ever breastfeeding and barriers to initiation, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Breastfeeding (ever)			
No	734	10.1	7.39 - 13.54
Yes	6575	90.0	86.46 - 92.61
Reasons for not breastfeeding (among those who did not breastfeed. % Yes, all that apply)			
Sick or on medicine	151	20.6	10.57 - 36.28
Other children to take care of	138	18.8	9.39 - 34.05
Too many household duties	79	10.9	3.95 - 26.54
Didn't like breastfeeding	154	21.1	10.71 - 37.31
Too hard	136	18.5	8.89 - 34.62
Didn't want to	224	30.6	18.06 - 46.81
Went back to school or work	172	23.5	12.21 - 40.46
Other	210	28.6	16.36 - 45.12

Table 32.2: From survey questions 48-49, Prevalence of continuation breastfeeding and barriers leading to discontinuation, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Duration of breastfeeding (to at least 4 weeks)			
No	1418	19.8	15.98 - 24.14
Yes	5765	80.3	75.86 - 84.02
Duration of breastfeeding (to at least 8 weeks)			
No	1976	27.5	23.20 - 32.29
Yes	5207	72.5	67.71 - 76.80
Reasons for discontinuation (among women that discontinued. % Yes, all that apply)			
Difficulty latching or nursing	673	29.8	22.16 - 38.84
Breast milk did not satisfy baby	946	42.5	33.67 - 51.77
Baby was not gaining enough weight	349	15.5	9.70 - 23.80
Nipples sore, cracked, or bleeding	441	19.6	13.18 - 28.11
Too hard, painful, or time consuming	486	21.6	14.93 - 30.07
Wasn't producing enough milk	1254	55.6	46.41 - 64.42
Too many household duties	308	13.7	8.48 - 21.27
Right time to stop	165	7.3	3.77 - 13.73
Medical reason	219	9.7	5.60 - 16.40
Back to work or school	538	23.9	16.95 - 32.49
Infant became jaundiced	253	11.2	6.32 - 19.16
Other	296	13.1	8.17 - 20.42

Table 33: From survey question 53, Prevalence of knowledge of shaken baby syndrome, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Women reporting awareness of shaken baby syndrome			
No	230	3.2	1.77 - 5.56
Yes	7074	96.8	94.44 - 98.23

Table 34: From survey question 54, Prevalence of infant sleep position and environment, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Sleep position			
Side	500	6.9	4.75 - 9.79
Back	6391	87.5	83.78 - 90.40
Stomach	318	4.4	2.71 - 6.96
Sleep environment elements (% yes, all that apply)			
Crib	6299	86.4	82.65 - 89.50
Mattress	5910	81.5	77.17 - 85.19
Pillows	491	6.8	4.58 - 9.88
Bumper pads	1479	20.4	16.63 - 24.82
Plush or thick blankets	1497	20.6	16.80 - 24.97
Stuffed toys	250	3.4	1.98 - 5.91
Infant positioner	649	8.9	6.43 - 12.29
Bed sharing	2395	33.3	28.76 - 38.23

Table 35: From survey question 56, Prevalence of postnatal home visitation, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Received a postnatal home visit			
No	5138	70.4	65.67 - 74.69
Yes	2162	29.6	25.31 - 34.33

Table 36: From survey questions 52-53, Prevalence of contraception use post-partum and reasons for not using a contraception method, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Current birth control use			
Not currently using	1180	16.1	12.79 - 20.03
Currently using	6161	83.9	79.97 - 87.21
If no current birth control, why not (% yes, all that apply)			
Not having sex	337	27.9	18.29 - 40.05
Want to get pregnant	175	14.5	7.80 - 25.31
Don't want to use	421	34.9	24.42 - 47.04
Side effects	197	16.3	9.22 - 27.31
Partner doesn't want to use	85	7.1	2.96 - 15.95
Problems getting birth control	<i>Insufficient data to report</i>		
Tubes Tied	133	11.0	5.33 - 21.39
Partner had a vasectomy	<i>Insufficient data to report</i>		
Pregnant now	<i>Insufficient data to report</i>		
Other	226	18.7	11.09 - 29.82
If currently using birth control, what kind (% yes, all that apply)			
Tubes tied or blocked	789	12.8	9.60 - 16.92
Vasectomy	261	4.2	2.57 - 6.87
Birth control pills	1704	27.5	22.97 - 32.64
Condoms	1854	30.0	25.24 - 35.14
Injection	448	7.3	4.78 - 10.85
Contraceptive implant	468	7.6	5.12 - 11.09
Contraceptive patch or ring	<i>Insufficient data to report</i>		
IUD	1076	17.4	13.54 - 22.07
Natural family planning	338	5.5	3.51 - 8.40
Withdrawal	889	14.4	10.93 - 18.68
Abstinence	538	8.7	6.07 - 12.34
Other	167	2.7	1.39 - 5.20

Table 37: From survey question 60, Prevalence of postpartum check-up, 2015 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Received a postpartum check-up	No	751	10.2	7.60 - 13.54
	Yes	6622	89.8	86.46 - 92.40

Table 38: From survey questions 61-62, Prevalence of maternal postpartum depressive symptoms, 2015 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Postpartum depressive symptoms Down, depressed, hopeless	Rarely/Never	4791	65.0	60.09 - 69.56
	Sometimes	2030	27.5	23.30 - 32.22
	Often/Always	552	7.5	5.31 - 10.47
Little interest or pleasure in doing things	Rarely/Never	5531	75.0	70.53 - 79.02
	Sometimes	1341	18.2	14.73 - 22.26
	Often/Always	500	6.8	4.68 - 9.75
Depression indicator*	No	6524	88.5	84.95 - 91.26
	Yes	849	11.5	8.74 - 15.05

*Yes indicates mother answered often or always to one or both questions about depression

Table 39: From survey question 63, Prevalence of current (time of survey) health insurance, 2015 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Source of postnatal insurance (% yes, all that apply)	Insurance from job (mother, partner or parents)	4064	55.3	50.33 - 60.20
	Health insurance that you or someone else paid	576	7.9	5.55 - 10.99
	Medicaid	1698	23.2	19.10 - 27.83
	Kidcare CHIP	178	2.4	1.26 - 4.62
	Tricare or other military health care	223	3.0	1.78 - 5.14
	Indian Health Service	203	2.8	1.89 - 4.05
	Other	222	3.0	1.74 - 5.24
	No health insurance	944	12.9	9.84 - 16.63

Table 40: From survey question 64, Frequency preconception physical activity, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Frequency of prenatal physical activity (>30 minutes)			
Less than 1 day per week	1323	18.1	14.55 - 22.28
1-2 days per week	2035	27.8	23.62 - 32.49
3-4 days per week	2477	33.9	29.33 - 38.74
5 or more days per week	1417	19.4	15.74 - 23.64
Healthcare worked advised no exercise	59	0.8	0.27 - 2.39

Table 41: From survey question 65-66, Prevalence of smoking cessation techniques and barriers among smokers, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Smoking cessation techniques (all that apply, % yes)			
Set a quit date	464	24.0	16.64 - 33.29
Booklets, videos, materials	219	11.3	6.41 - 19.30
Quitline or Quitnet	157	8.1	3.93 - 16.05
Attend a class or program	<i>Insufficient data to report</i>		
Attend counseling for cessation	<i>Insufficient data to report</i>		
Nicotine patch, gum, lozenge, nasal spray	118	6.1	2.83 - 12.67
Medication (Zyban or Chantix)	<i>Insufficient data to report</i>		
Cold turkey	1622	83.7	74.91 - 89.86
Other	220	14.4	8.06 - 24.53
Barriers to smoking cessation (all that apply, % yes)			
Cost of medicines or products	553	28.6	20.32 - 38.54
Cost of classes	338	17.5	11.02 - 26.57
Fear of gaining weight	506	26.2	18.25 - 35.99
Lose ability to handle stress	1153	60.4	50.33 - 69.60
Peers smoke	1176	60.7	50.76 - 69.88
Cravings	1368	70.6	60.93 - 78.72
Lack of support	386	20.2	13.28 - 29.52
Worsening depression	548	28.3	20.02 - 38.38
Worsening anxiety	879	45.4	35.69 - 55.45
Other	95	6.0	2.54 - 13.65

Table 42: From survey question 68, Frequency of intimate partner violence during pregnancy, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Frequency of IPV (% yes, all that apply)			
Partner threatened or made woman feel unsafe	180	2.5	1.35 - 4.59
Frightened for safety of self or family because of partner	183	2.6	1.39 - 4.64
Partner tried to control daily activities	304	4.2	2.57 - 6.87
Partner forced unwanted sexual activity	52	0.73	0.26 - 2.04

*Includes mothers 18 and older only

Table 43: From survey questions 69-70, Prevalence of safety practices, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Safety practices			
Maternal seatbelt use			
No	883	12.2	8.22 - 15.93
Yes	6364	87.8	84.07 - 90.78
Working smoke alarm in home			
No	422	5.8	3.84 - 8.69
Yes	6847	94.2	91.31 - 96.16
Loaded firearms in house			
No	5806	80.2	75.96 - 83.88
Yes	1431	19.8	16.12 - 24.04
Received information on product recalls			
No	4104	56.5	51.44 - 61.35
Yes	3165	43.5	38.65 - 48.56
Frequency of car seat use			
Always	7170	98.5	96.80 - 99.32

Table 44: From survey question 72, Prevalence of postpartum multivitamin use, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Frequency of multivitamin use			
Didn't take a multivitamin	2108	28.8	24.52 - 33.54
1-3 times per week	1177	16.1	12.73 - 20.12
4-6 times per week	888	12.1	9.26 - 15.76
Every day of the week	3142	43.0	38.11 - 47.93

Table 45: From survey question 75, Total Household Income, 2015 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Total household income in the 12 months before the baby was born			
\$15,000 or less	1318	18.4	14.70 - 22.65
\$15,001 - \$19,000	477	6.6	4.45 - 9.80
\$19,001 - \$22,000	423	5.9	3.79 - 9.05
\$22,001 - \$26,000	128	1.8	0.87 - 3.63
\$26,001 - \$29,000	384	5.4	3.43 - 8.26
\$29,001 - \$37,000	451	6.3	4.31 - 9.08
\$37,001 - \$44,000	442	6.2	4.13 - 9.08
\$44,001 - \$52,000	315	4.4	2.77 - 6.87
\$52,001 - \$56,000	352	4.9	3.11 - 7.65
\$56,001 - \$67,000	480	6.7	4.59 - 9.65
\$67,001 - \$79,000	402	5.6	3.78 - 8.23
\$79,001 or more	2009	28.0	23.75 - 32.59