

CDU NEWSLETTER

A monthly newsletter brought to you by the Wyoming Department of Health, Communicable Disease Unit

Monthly Theme: Mental Health

MAY 2021

Top stories in this newsletter

Key 2021 Open Enrollment dates

May 15 marks the end of open enrollment!

NATIONAL HARM REDUCTION COALITION

Register below for Cultural Humility and Harm Reduction, hosted by NHRC, on May 21.



Learn about the HIV Peer Support Navigator Program, TB trainings, and Risk Assessment updates.



The numbers are in for the condom dispensers, and the KnoWyo Quiz is up. Learn more below.

CDU webinars held the **3rd Tuesday of this month from 2-4 pm** via Zoom (check calendar below)

Surveillance Update



Katelyn Hoff has joined us as a Communicable Disease Epidemiologist/DIS.

Katelyn has bachelor's degrees in microbiology from Colorado State University and medical laboratory science from University of Wyoming. Prior to joining the CDU, she spent the last 4 years in the laboratory at Memorial Hospital of Converse County, in Douglas, as a medical laboratory scientist

Open Enrollment Ending

Key 2021 Open Enrollment dates

One can now enroll in Marketplace health coverage during the special enrollment period from **February 15 to May 15**.

Visit healthcare.gov to learn more.

CDU Webinar Guest Speaker



We will be having a guest presenter for this month's CDU Webinar on **May 18 from 2:00 PM to 4:00 PM**.

Our presenter from John Hopkins Prevention Training Center will be speaking on Gender and Sexual Orientation.

Registration links will be forwarded as they become available.

Cultural Humility and Harm Reduction

NATIONAL HARM REDUCTION COALITION

Hosted and Facilitated by NHRC

Friday, May 21 from 10:00 am to 12:00 pm PDT

Description: This online training seeks to create space for reflection and conversation with participants about the concept of cultural humility with the goal of initiating and sustaining a culture of continuous learning, reflection, and humility while helping training attendees explore and understand the following: what is the concept of cultural humility, why is it relevant to harm reduction and why it is a needed practice in our day to day work/life.

[Register in advance for this meeting here](#)

After registering, you will receive a confirmation email containing information about joining the meeting.

Prevention Program



Prevention Supplies, including new KnoWyo and W(h)Y PrEP Matters campaign material, can be ordered via this [Google Form](#).

The patient portion (pages 1-3) of the 2021 CDU Risk Assessment has been translated into Spanish and is available at the [Prevention Program website](#)

STD Prevention

- Check out the [KnoWyo website](#) (updates featured below).

HIV Prevention

- The 2021 Funding Opportunity Application from can be found [here](#), and the [Funding Opportunity Evaluation](#) has now gone digital for 2021!
- Check out the [W\(h\)Y PrEP Matters website](#).
- Clinicians can make referrals for PrEP navigation assistance by completing [this form](#) (this is the same form used for Hep C navigation).
- See updates on our HIV Peer Navigator Program below.

TB

- The Curry Center is our regional Tuberculosis Center of Excellence (TCE). They offer routine educational activities, you can enroll in their list serve on their website at: [Curry International Tuberculosis Center \(CITC\) website](#).
- Find some training opportunities through the CITC below.
- The LTBI DOT agreement had been translated to Spanish and is available on the [TB website](#)

340B and EPT Programs

- 340B and EPT STD medication instructions are being updated and revised to reflect the updated CDC gonorrhea treatment recommendations. Once the revisions are complete, reviewed, and approved we will send out the updated versions and add them to the website

HIV Peer Support Navigator Program



HIV Peer Support Navigators are HIV positive individuals with special training and a willingness to provide HIV navigation support to others living with HIV. Peers are able to provide guidance and advocacy that is intended to supplement the education and information provided by medical case managers and clinicians.

HIV Peer Support Navigator Program Goals:

- Improve health outcomes for those living with HIV in Wyoming.
- Provide support through lived experience and understanding.
- Overcome barriers that may prevent engagement, retention, or re-engagement in treatment.

The HIV Peer Support Navigator Program is currently being updated. Until the revised program information is released if you have a client interested in accessing an HIV Peer Support Navigator or a client that is interested in becoming an HIV Peer Support Navigator please email Leslie Fowler at leslie.fowler@wyo.gov.

Curry International Tuberculosis Center



Featured below are [Upcoming Curry Center Training Opportunities](#); these will also be marked on the respective newsletter calendars.

May 21: Fundamentals of Medical and Case Management of TB (TB Case Management and Contact Investigation Core Training Module 3)

June: Achieving Path Completion for Drug-Susceptible TB: Rarely a Straight Path (TB Case Management and Contact Investigation Core Training Module 4)

June: Case Management for Latent TB Infection (TB Case Management and Contact Investigation Core Training Module 5)

August 3: Focus on LTBI

August 24: Tuberculosis Nursing Workshop

KnoWyo and Condom Dispenser Updates



The [KnoWyo Quiz](#) is up and running!

Thank you for the 173 responses for the condom dispenser updates!

There are now ~200 condom dispensers in service across the state with 127 of them listed on the [KnoWyo Condom Locator](#).

If your location is interested in adding and managing any other dispensers in your area, please order a dispenser and condoms via the [Prevention Supply Order Form](#), and be sure to complete the [Condom Dispenser Update Form](#) once the dispenser is in place.

Save the Date!



The Denver Prevention Training Center (DPTC) will be providing "Taking an Affirming Sexual History and Culturally Affirming Care" during our regularly scheduled CDU Monthly Webinar time on **Tuesday, June 15th from 2-4 PM**.

[Register here](#) no later than **June 4th, 2021**.

- This an interactive course and the second half of the training will be role-play with real-time feedback from peers in the class as well as the presenters.
- There will be 30 minutes of pre-work for the class: 11 minute video, Language Matters handout, and tips-and-tricks handout.

MAY 2021

National Mental Health Month
Asian American and Pacific Islander Heritage Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26	27	28	29	30	1
2	3	4	5	6	7	8
Children's Mental Health Week						
9	10	11	12	13	14	15
Mother's Day Women's Health Week						Open Enrollment Deadline
16	17	18	19	20	21	22
		CDU Monthly Webinar 2-3 PM HIV Vaccine Awareness Day	National Asian and Pacific Islander HIV/AIDS Awareness Day		Cultural Humility and Harm Reduction 10-12 PM PST CTE-Fundamentals of Medical and Case Management of TB	
23	24	25	26	27	28	29
30	31	1	2	3	4	5
Memorial Day						

Wyoming Department of Health, Communicable Disease Unit

<https://health.wyo.gov/publichealth/communicable-disease-unit/>

122 W 25th St., 3rd Floor West

Cheyenne, WY 82001

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Debi Anderson
CDU Manager

debi.anderson@wyo.gov
(307) 777-7529

Leslie Fowler
Prevention Program Manager

leslie.fowler@wyo.gov
(307) 777-3562

Sarah Newsky
Surveillance Program Manager

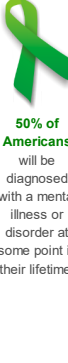
sarah.newskey@wyo.gov
(307) 777-8939

Shelley Hood
Treatment Manager

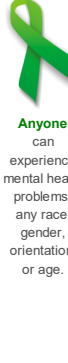
shelley.hood1@wyo.gov
(307) 777-5856

Quick Fact: Mental illness stigma and discrimination can worsen symptoms for affected individuals and reduce their likelihood of getting treatment. Some notable effects of stigma and discrimination include increased psychiatric symptoms, difficulties with social relationships, and more difficulties at work. To learn more about how stigmas and discrimination impact people with mental illness, visit [the American Psychiatric Association](#).

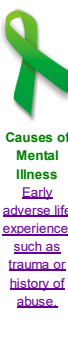
Click the following links to learn more about mental health, in general: [CDC](#), [MentalHealth.gov](#)



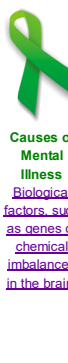
50% of Americans will be diagnosed with a mental illness or disorder at some point in their lifetime.



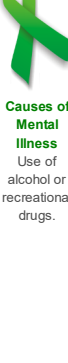
Anyone can experience mental health problems; any race, gender, orientation, or age.



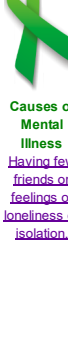
Causes of Mental Illness
Early adverse life experience, such as trauma or history of abuse.



Causes of Mental Illness
Biological factors, such as genes or chemical imbalances in the brain.



Causes of Mental Illness
Use of alcohol or recreational drugs.



Causes of Mental Illness
Having few friends or feelings of loneliness or isolation.