

*Wyoming Department of Health, Aging Division*

**FOUR YEAR STATE PLAN**

**October 1, 2002 *through* September 30, 2006**

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*Jim Geringer, Governor  
State of Wyoming*

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*Garry L. McKee, Ph.D., M.P.H., Director  
Wyoming Department of Health*

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*Laura Hudspeth, Interim Administrator  
Aging Division*

This document was produced by the Wyoming Department of Health, Aging Division. Anyone who has questions about the plan may contact the Aging Division at 6101 Yellowstone Road, Room 259B, Cheyenne, Wyoming, 82002, or call 307-777-7986 or 1-800-442-2766. Other document formats may be available upon request. The State of Wyoming does not discriminate on the basis of age, sex, race, color, or national origin, or disabling condition, in admission or access to, or in the employment in any of its programs or activities that receive federal or state financial assistance.

*Prepared and submitted by the Wyoming Department of Health, Aging Division  
September 2002*



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## INTRODUCTION

The Wyoming Department of Health, Aging Division was originally established in 1981 as the Wyoming Commission on Aging under authority of W.S. 9-2-1201 through 9-2-1208. The State of Wyoming, under authority of W.S. 9-1-1201 through 9-2-1208 designated the Commission as the state agency to receive federal funds under Public Law 89-73 (Older Americans Act of 1965). In 1991, the Commission was reorganized and changed to the Division on Aging. Subsequently, Section 9-2-1202 and 9-2-1203 relating to the creation and composition of the State Commission on Aging were repealed. In 1997, the Aging Division was reorganized to the Office on Aging but was returned to Divisional status in 1998.

The Wyoming Department of Health, Aging Division as authorized in Section 305 of the Older American's Act, is designed to serve as a mechanism to coordinate and administer a state-wide plan that addresses provisions outlined in the Older Americans Act of 1965, as amended in 2000. Section 307 of the Older American's Act specifically addresses state plans. This plan as submitted establishes direction for the coordination of all state activities relating to the implementation of the Act. The Aging Division serves as a focal point for the aging network by administering, through grants to local providers, the state and federal money it receives. These funds provide for the development of a comprehensive community based in-home services program, nutritional and supportive services, caregiver program, health promotion, multipurpose senior centers, Long-Term Care Ombudsman services, and Legal Assistance Developer services.

### ***MISSION***

*The Wyoming Department of Health, Aging Division exists to provide a flexible and responsive continuum of services that enables Wyoming's senior citizens to age-in-place with maximum dignity and independence.*

## ***PRINCIPLES***

*The Division promotes independence of older adults and those individuals 18-59 years of age at risk of premature institutionalization.*

*The Division advocates for allowing individuals to reside where they choose for as long as possible.*

*The Division will serve as a focal point for the aging network.*

### ***The Organization***

The Aging Division is required under the Older American's Act and its accompanying regulations to have an Advisory Council. Section 306 (a)(6)(D) of the Older American's Act states that each Area Agency has to "establish an advisory council consisting of older individuals (including minority individuals) who are participants or who are eligible to participate in programs assisted under this Act, representatives of older individuals, local elected officials, providers of veteran's health care (if appropriate), and the general public, to advise continuously the area agency on all matters relating to the development of the area plan, the administration of the plan and operations conducted under the plan." In addition, regulations issued by the U.S. Administration on Aging (CFR 1321.57) state that "The area agency shall establish an advisory council. The council shall carry out the advisory functions which further the area agency's mission of developing and coordinating community-based systems of services for all older persons in planning and service area."

The Wyoming Department of Health, Aging Division's Advisory Council exists officially as the Wyoming State Advisory Council on Aging. The membership of the Council consists of seven members appointed by the Director of the Department of Health. Members are appointed for a four year term. There is one member of the Advisory Council from each appointment district and one member from each of the state's elderly institutions: Wyoming Pioneer Home, Wyoming Retirement Center, and the Veterans' Home of Wyoming. The Advisory Council meets on a quarterly basis.

## *The Composition of the Wyoming State Advisory Council on Aging*

<b>District I</b>	Bess Arnold 7409 Ketcham Road Cheyenne, WY 82009	307-634-7583 Appointment 3/99 <i>Vice Chairman - 2/04</i>
<b>District II</b>	Fay Whitney, Ph.D. 3441 Highway 34 Wheatland, WY 82201	307-766-6856 Appointment 3/99 <i>Secretary - 2/04</i>
<b>District III</b>	Denice Wheeler PO Box 106 Evanston, WY 82931	307-789-3655 Appointment 3/01 <i>Chairman - 2/04</i>
<b>District IV</b>	Ann Gorzalka 4 Quail Lane Sheridan, WY 82801	307-672-2087 Appointment 3/99
<b>District V</b>	Mildred "Millie" Gillitzer 2102 Shoshone Trail South Cody, WY 82414	307-587-2323 Appointment 3/01
<b>District VI</b>	Wayne Burr 130 South Sumner Newcastle, WY 82701	307-746-4710 Appointment 3/99
<b>District VII</b>	Peg Palmer 804 West Main Riverton, WY 82501	307-332-6129 Appointment 3/02
<b>Wyoming Pioneer Home</b>	Sharon Skiver, Operations Mgr. 141 Pioneer Home Drive Thermopolis, WY 82443	307-864-3151
<b>Wyoming Retirement Center</b>	Pat Fritz, Operations Mgr. 890 Highway 20 South Basin, WY 82410	307-568-2431
<b>Veterans' Home of Wyoming</b>	Jack Tarter, Superintendent 700 Veterans' Lane Buffalo, WY 684-5511	307-684-5511

## ***The Aging Division's Role***

(as defined by the Older American's Act of 1965, as amended 2000)

**Sec. 301. (a) (1)** “It is the purpose of this title to encourage and assist State agencies and area agencies on aging to concentrate resources in order to develop greater capacity and foster the development and implementation of comprehensive and coordinated systems to serve older individuals by entering into new cooperative arrangements in each State with the persons described in paragraph (2), for the planning, and for the provision of, supportive services, and multipurpose senior centers, in order to-

(A) secure and maintain maximum independence and dignity in a home environment for older individuals capable of self care with appropriate supportive services;

(B) remove individual and social barriers to economic and personal independence for older individuals;

(C) provide a continuum of care for vulnerable older individuals; and

(D) secure the opportunity for older individuals to receive managed in-home and community-based long term care services.

(2) The persons referred to in paragraph (1) include-

(A) State agencies and area agencies on aging;

(B) other State agencies, including agencies that administer home and community care programs;

(C) Indian tribes, tribal organizations, and Native Hawaiian organizations;

(D) the providers, including voluntary organizations or other private sector organizations, of supportive services, nutrition services, and multipurpose senior centers; and

(E) organizations representing or employing older individuals or their families.”

**Sec. 305. (a)** “In order for a State to be eligible to participate in programs of grants to States from allotments under this title-

(1) The State shall, in accordance with regulations of the Assistant Secretary, designate a State agency as the sole State agency to -

(A) develop a State plan to be submitted to the Assistant Secretary for approval under section 307;

(B) administer the State plan within such State;

(C) be primarily responsible for the planning, policy development, administration, coordination, priority setting, and evaluation of all State activities related to the objectives of this Act;

(D) serve as an effective and visible advocate for older individuals by reviewing and commenting upon all State plans, budgets, and policies which affect older individuals and providing technical assistance to any agency, organization, association, or individual representing the needs of older individuals; and

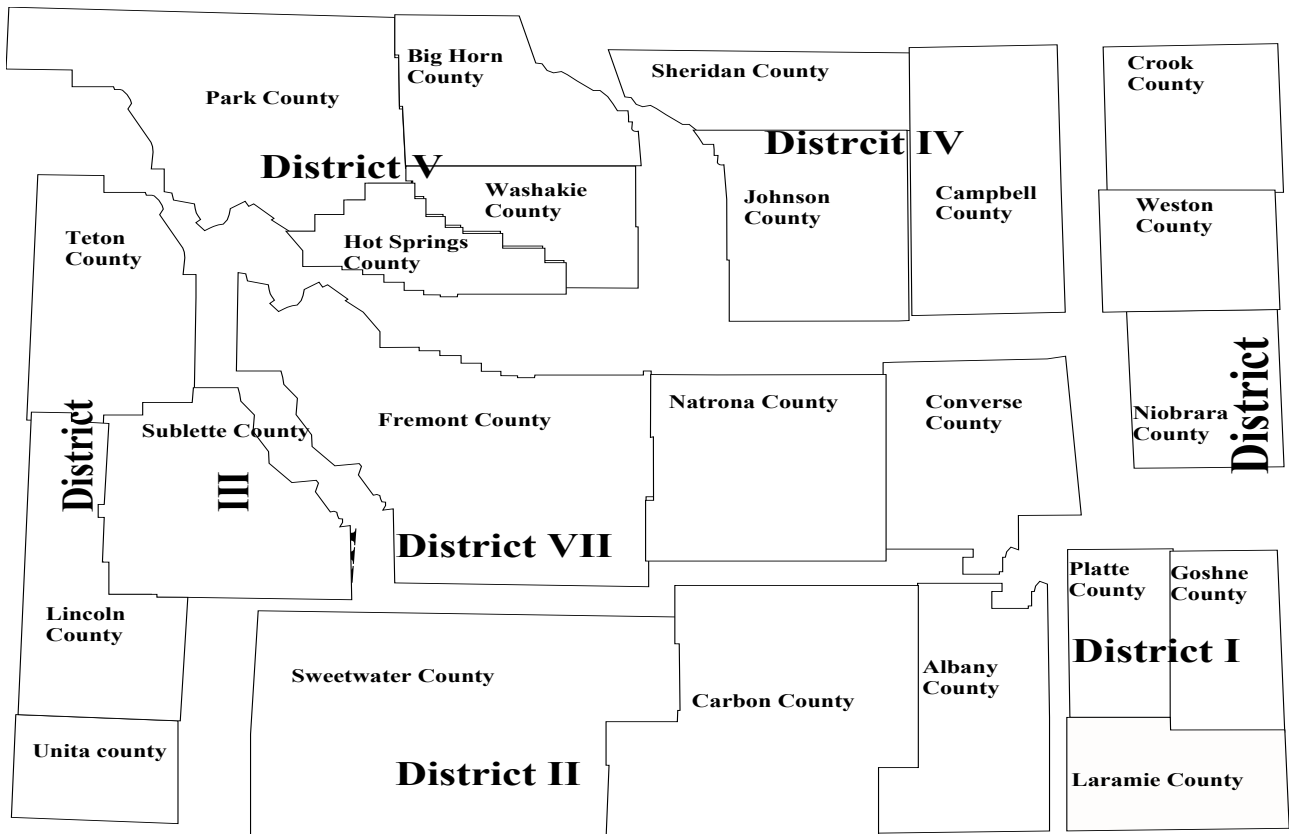
(E) divide the State into distinct planning and service areas (or in the case of a State specified in subsection (b) (5) (A), designate the entire State as a single planning and service area), in accordance with guidelines issued by the Assistant Secretary.”

The Aging Division is a Single Planning and Service Area. Within this single area the state is



divided into seven districts with an advisory council person residing in each area. For the purpose of staff representation and monitoring, the state is divided into five sections. The services funded through the Division are contracted with a network of Senior Centers and other providers of services to the elderly. Currently there are 44 Senior Centers, 74 nutrition sites, 23 Community Based In-Home Services programs, 22 Family Caregiver Support programs, and a private non-profit organization (Wyoming Senior Citizens, Inc.) which administers the Title V Program, Senior Companion Program, Senior Patrol Project, Long Term Care Ombudsman, and the National Family Caregiver Support Program. The Wyoming Legal Services Corporation, Inc provides the Legal Assistance Developer Program.

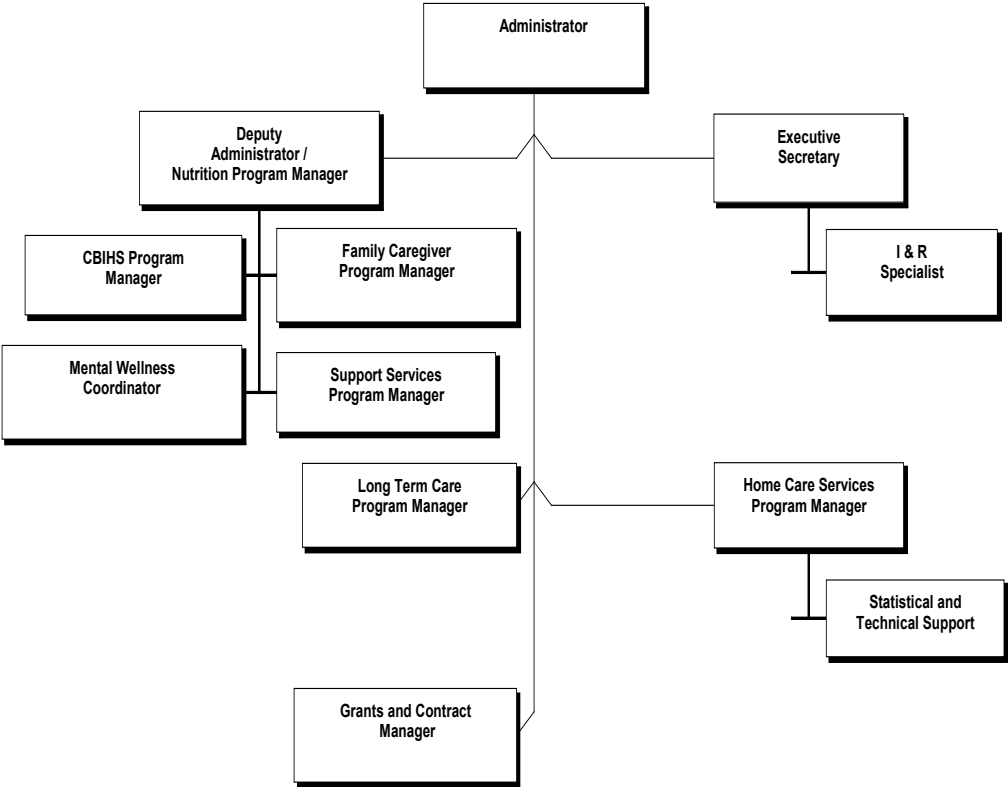
The following map illustrates the advisory council districts within the State.



Wyoming Department of Health

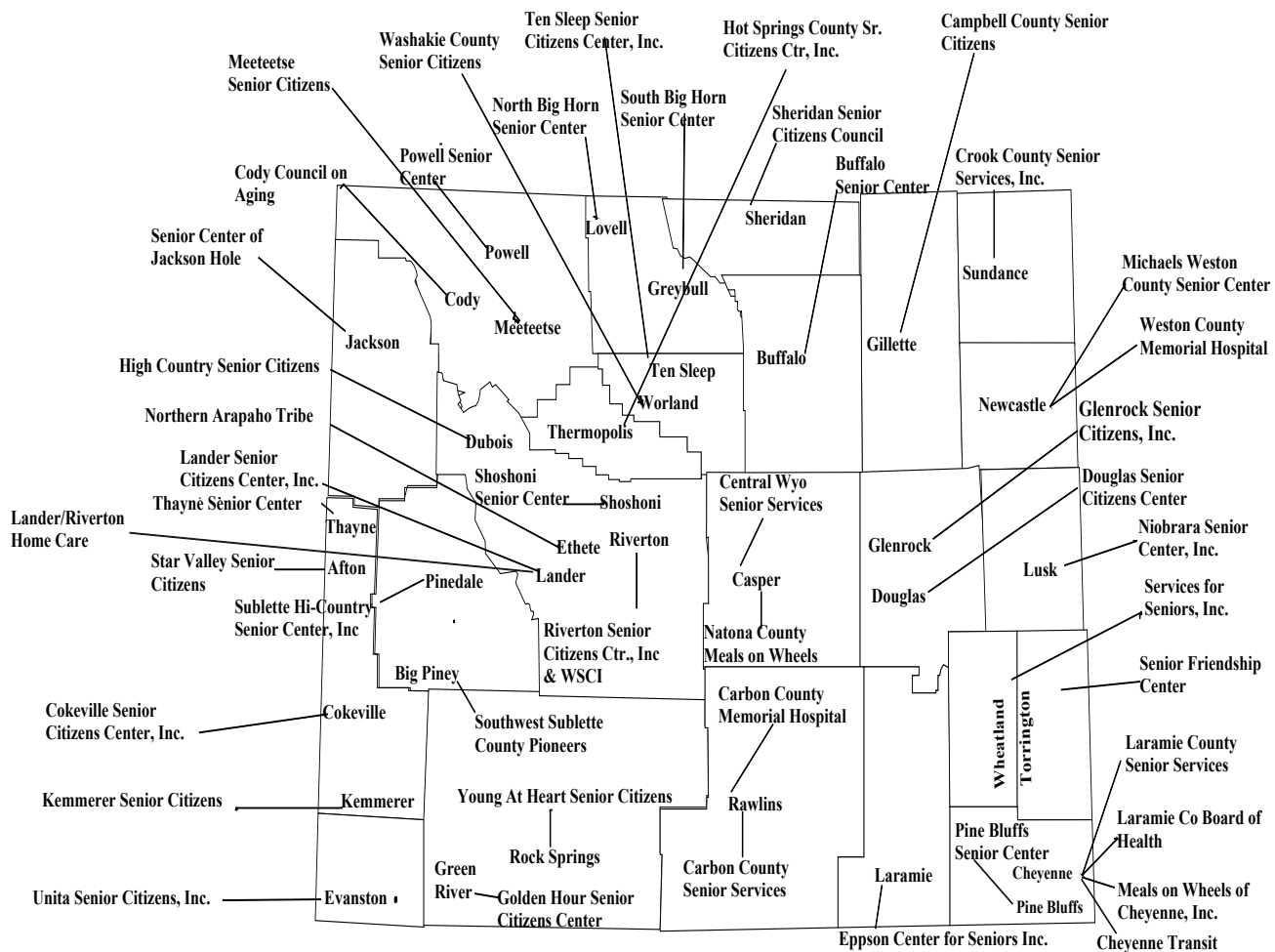
**Aging Division**

July 1, 2002





# The Wyoming Aging Network



## *State of Wyoming Community Focal Points*

### **ALBANY COUNTY**

Eppson Center For Seniors, Inc.  
1560 N. 3rd Street  
Laramie, WY 82072  
(307) 745-7705  
Fax: (307) 742-8669

#### *Services Provided:*

Supportive Services, Congregate and Home Delivered Meals, Health Promotion, Community Based In-Home Services, and Family Caregiver Support Program

### **BIG HORN COUNTY**

North Big Horn Senior Citizens  
757 Great Western Avenue  
Lovell, WY 82431  
(307) 548-6556  
Fax: (307) 548-6591

#### *Services Provided:*

Supportive Services, Congregate and Home Delivered Meals

South Big Horn Senior Center  
417 South 2nd Street  
Greybull, WY 82426  
(307) 765-4488  
Fax: (307) 765-4481

#### *Services Provided:*

Supportive Services, Congregate And Home Delivered Meals, Health Promotion, Community Based In-Home Services, and Family Caregiver Support Program

### **CAMPBELL COUNTY**

Campbell County Senior Citizens  
701 Stock Trail  
Gillette, WY 82716  
(307) 686-0804  
Fax: (307) 686-5019

#### *Services Provided:*

Supportive Services, Congregate and Home Delivered Meals, Health Promotion, Community Based In-Home Services, and Family Caregiver Support Program

### **CARBON COUNTY**

Carbon County Senior Citizens  
P.O. Box 111  
Rawlins, WY 82301  
(307) 328-0320  
Fax: (307) 328-2863

#### *Services Provided:*

Supportive Services, Congregate and Home Delivered Meals, and Health Promotion

### **CONVERSE COUNTY**

Douglas Senior Citizens Center  
P.O. Box 192  
Douglas, WY 82633  
(307) 358-4348  
Fax: (307) 358-3399

#### *Services Provided:*

Supportive Services, Congregate and Home Delivered Meals, Health Promotion, Community Based In-Home Services, and Family Caregiver Support Program

**CONVERSE COUNTY, continued**

Glenrock Senior Citizens  
P.O. Box 783  
Glenrock, WY 82637  
(307) 436-9376  
Fax: (307) 436-2417

*Services Provided:*  
Supportive Services, Congregate  
and Home Delivered Meals, and  
Health Promotion

**CROOK COUNTY**

Crook County Senior Services  
P.O. Box 648  
Sundance, WY 82729  
(307) 283-1710  
Fax: (307) 283-1712

*Services Provided:*  
Supportive Services, Congregate and  
Home Delivered Meals, Health Promotion,  
Community Based In-Home Services, and  
Family Caregiver Support Program

**FREMONT COUNTY**

High Country Senior Citizens  
P.O. Box 918  
Dubois, WY 82513  
(307) 455-2990  
Fax: (307) 455-2927

*Services Provided:*  
Supportive Services, Congregate  
and Home Delivered Meals, and  
Health Promotion

Lander Senior Citizens Center  
205 South 10<sup>th</sup>  
Lander, WY 82520  
(307) 332-2746  
Fax: (307) 332-0322

*Services Provided:*  
Supportive Services, Congregate  
and Home Delivered Meals, and  
Health Promotion

Northern Arapaho Tribe  
P.O. Box 8156  
Ethete, WY 82520  
(307) 332-7152  
Fax: (307) 332-7543

*Services Provided:*  
Supportive Services, Congregate  
and Home Delivered Meals

Eastern Shoshone Tribe  
P.O. Box 538  
Ft. Washakie, WY 82514  
(307) 332-8130  
Fax: (307) 332-3055

*Services Provided:*  
Congregate Meals

Shoshoni Senior Center  
P.O. Box 27  
Shoshoni, WY 82649  
(307) 876-2703  
Fax: (307) 876-2685

*Services Provided:*  
Supportive Services, Congregate  
and Home Delivered Meals, and  
Health Promotion

Riverton Senior Citizens Center  
303 East Lincoln  
Riverton, WY 82501  
(307) 856-6332  
Fax: (307) 856-0700

Services Provided:  
Supportive Services, Congregate  
Meals, Home Delivered Meals, and  
Health Promotion

**GOSHEN COUNTY**

Senior Friendship Center  
P.O. Box 517  
Torrington, WY 82240  
(307) 532-2796  
Fax: (307) 532-8789

Services Provided:  
Supportive Services, Congregate  
and Home Delivered Meals,  
Health Promotion, Community Based  
In-Home Services, and Family  
Caregiver Support Program

**HOT SPRINGS COUNTY**

Hot Springs Senior Citizens  
206 Senior Avenue  
Thermopolis, WY 82443  
(307) 864-2151  
Fax: (307) 864-5104

Services Provided:  
Supportive Services, Congregate  
and Home Delivered Meals,  
Health Promotion, and Community  
Based In-Home Services

**JOHNSON COUNTY**

Buffalo Senior Center Inc.  
P.O. Box 941  
Buffalo, WY 82834  
(307) 684-9551 or 684-9552  
Fax: (307) 684-9665

Services Provided:  
Supportive Services, Congregate  
and Home Delivered Meals,  
Health Promotion, Community Based  
In-Home Services, and Family Caregiver  
Support Program

**LARAMIE COUNTY**

Laramie County Senior Citizens  
3304 Sheridan Avenue  
Cheyenne, WY 82009  
(307) 635-2435  
Fax: (307) 637-4663

Services Provided:  
Supportive Services, Congregate  
Meals, Health Promotion, Family  
Caregiver Support Program

Meals on Wheels of Cheyenne  
2015 S. Greeley Highway  
Cheyenne, WY 82007  
(307) 635-5542  
Fax: (307) 778-8843

Services Provided:  
Home Delivered Meals

Pine Bluffs Senior Center  
309 Elm Street  
Pine Bluffs, WY 82082  
(307) 245-3816  
Fax: (307) 245-3587

Services Provided

Supportive Services, Congregate and Home Delivered meals

City of Cheyenne Transit  
2022 Capitol  
Cheyenne, WY 82001  
(307) 637-6383  
Fax: (307) 637-6550

Services Provided:

Supportive Services

**LINCOLN COUNTY**

Cokeville Senior Citizens  
P.O. Box 355  
Cokeville, WY 83114  
(307) 279-3226  
Fax: (307) 279-3216

Services Provided:

Supportive Services, Congregate and Home Delivered Meals, and Health Promotion

Kemmerer Senior Citizens  
P.O. Box 669  
Kemmerer, WY 83101  
(307) 877-3806 or 877-2204  
Fax: (307) 877-9313

Services Provided:

Supportive Services, Congregate and Home Delivered Meals, Health Promotion, Community Based In-Home Services, and Family Caregiver Support Program

Star Valley Senior Citizens  
P.O. Box 883  
Afton, WY 83110  
(307) 885-3780  
Fax: (307) 885-1111

Services Provided:

Supportive Services, Congregate and Home Delivered Meals, and Health Promotion

Thayne Senior Center  
P.O. Box 298  
Thayne, WY 83127  
(307) 883-2668  
Fax: (307) 883-2680

Services Provided:

Supportive Services, Congregate Meals, Home Delivered Meals, and Health Promotion

**NATRONA COUNTY**

Natrona County Meals on Wheels  
1760 East 12<sup>th</sup> Street  
Casper, WY 82601  
(307) 265-8659  
Fax: (307) 234-1872

Services Provided:

Home Delivered Meals



Central Wyoming Senior Services, Inc.  
1831 East 4<sup>th</sup>  
Casper, WY 82601  
(307) 265-4678  
Fax: (307) 265-2481

Services Provided:  
Supportive Services, Congregate  
Meals, Community  
Based In-Home Services, and Family  
Caregiver Support Program

**NIORARA COUNTY**

Niobrara Senior Center  
P.O. Box 928  
Lusk, WY 82225  
(307) 334-2561  
Fax: (307) 334-2619

Services Provided:  
Supportive Services, Congregate  
and Home Delivered Meals,  
Health Promotion, Community Based  
In-Home Services, and Family Caregiver  
Support Program

**PARK COUNTY**

Cody Council on Aging  
613 16th Street  
Cody, WY 82414  
(307) 587-6221  
Fax: (307) 587-9254

Services Provided:  
Supportive Services, Congregate  
Meals, Home Delivered Meals,  
Health Promotion, and Family  
Caregiver Support Program

Meeteetse Senior Citizens  
P.O. Box 461  
Meeteetse, WY 82433  
(307) 868-2337

Services Provided:  
Supportive Services

Powell Senior Citizens A Go-Go  
P.O. Box 1156  
Powell, WY 82435  
(307) 754-4223  
Fax: (307) 754-2711

Services Provided:  
Supportive Services, Congregate  
Meals, Home Delivered Meals,  
Health Promotion, and Community  
Based In-Home Services

**PLATTE COUNTY**

Services for Seniors, Inc.  
P.O. Box 283  
Wheatland, WY 82201  
(307) 322-3424  
Fax: (307) 322-4625

Services Provided:  
Supportive Services, Congregate  
and Home Delivered Meals,  
Health Promotion, Community Based  
In-Home Services, and Family Caregiver  
Support Program

**SHERIDAN COUNTY**

Senior Citizens Council  
211 Smith Street  
Sheridan, WY 82801  
(307) 674-9343 or 672-2240  
Fax: (307) 674-9866

Services Provided:  
Supportive Services, Congregate  
and Home Delivered Meals,  
Health Promotion, Community Based  
In-Home Services, and Family Caregiver  
Support Program

**SUBLETTE COUNTY**

Southwest Sublette County Pioneers  
P.O. Box 33  
Big Piney, WY 83113  
(307) 276-3249  
Fax: (307) 276-3249

Services Provided:  
Supportive Services, and Health  
Promotion

Sublette Hi-country Senior Center  
P.O. Box 804  
Pinedale, WY 82941  
(307) 367-2881  
Fax: (307) 367-6769

Services Provided:  
Supportive Services, Congregate  
and Home Delivered Meals, Health  
Promotion, and Community Based In-  
Home Services

### **SWEETWATER COUNTY**

Golden Hour Senior Center  
115 E. Flaming Gorge Way  
Green River, WY 82935  
(307) 872-3223  
Fax: (307) 872-3225

Services Provided:  
Supportive Services, and Health Promotion

Young at Heart Senior Citizens  
538 Pilot Butte Avenue  
Rock Springs, WY 82901  
(307) 352-6737 or 352-6738  
Fax: (307) 352-6735

Services Provided:  
Supportive Services, Health  
Promotion, Community Based In-Home  
Services, Family Caregiver  
Support Program and Home Delivered  
Meals

### **TETON COUNTY**

Senior Center of Jackson Hole  
P.O. Box 4677  
Jackson, WY 83001  
(307) 733-7300  
Fax: (307) 733-2254

Services Provided:  
Supportive Services, Congregate  
and Home Delivered Meals,  
Health Promotion, Community Based  
In-Home Services, and Family Caregiver  
Support Program

### **UINTA COUNTY**

Uinta Senior Citizens, Inc  
Box 728  
Evanston, WY 82931  
(307) 789-3553  
Fax: (307) 789-3555

Services Provided:  
Supportive Services, Congregate  
and Home Delivered Meals,  
Health Promotion, Community Based  
In-Home Services, and Family Caregiver  
Support Program

**WASHAKIE COUNTY**

Washakie County Senior Citizens  
P.O. Box 317  
Worland, WY 82401  
(307) 347-3208  
Fax: (307) 347-6752

*Services Provided:*  
Supportive Services, Congregate  
and Home Delivered Meals,  
Health Promotion, Community Based  
In-Home Services, and Family Caregiver  
Support Program

Ten Sleep Senior Citizens  
Box 319  
Ten Sleep, WY 82442  
(307) 366-2210  
Fax: (307) 366-2210

*Services Provided:*  
Supportive Services, Congregate and  
Home Delivered Meals, and Health  
Promotion

**WESTON COUNTY**

Michaels Weston Senior Center  
121 West Main  
Newcastle, WY 82701  
(307) 746-4903  
Fax: (307) 746-4873

*Services Provided:*  
Supportive Services, Congregate and  
Home Delivered Meals, and Health  
Promotion

**The following providers offer:**

**CARBON COUNTY**

Memorial Hospital of Carbon County  
Home Health Care Department  
2221 Elm Street  
Rawlins, WY 82301  
(307) 324-8375  
Fax: (307) 324-8287

*Services Provided:*  
Community Based In-Home Services  
and Family Caregiver Support  
Program

**FREMONT COUNTY**

Lander/Riverton Home Care  
804 W Main Street  
Riverton, WY 82501  
(307) 332-2393  
Fax: (307) 856-4129

*Services Provided:*  
Community Based In-Home Services  
and Family Caregiver Support  
Program

**LARAMIE COUNTY**

Laramie Co. Board of Health  
100 Central Avenue  
Cheyenne, WY 82001  
(307) 633-4054  
Fax: (307) 633-4066

*Services Provided:*  
Community Based In-Home Services

**WESTON COUNTY**

Weston County Hospital  
1124 Washington Boulevard  
Newcastle, WY 82701  
(307) 746-4491  
Fax: (307) 746-2803

Services Provided:  
Community Based In-Home Services  
and Family Caregiver Support  
Program

## *Wyoming Senior Citizens, Inc.*

*Wyoming Senior Citizens, Inc. (WSCI)* provides a variety of services statewide. The programs include: Employment Programs, Senior Companion Program, Wyoming Long-Term Care Ombudsman Program, Wyoming Senior Health Insurance Information Program, Senior Medicare/Medicaid Fraud, Waste and Abuse Grant, and Family Caregiver Support Program.

*Head Office:* P.O. Box BD  
Riverton, WY 82501  
(307) 856-6880  
Fax: (307) 856-4466

*District Offices:* 413 West 18<sup>th</sup> Street  
Cheyenne, WY 82001  
(307) 634-1010  
Fax: (307) 634-0903

951 Werner Court, Suite 295  
Casper, WY 82601  
(307) 235-5959  
Fax: (307) 235-5960

P.O. Box 94  
Wheatland, WY 82201  
(307) 322-5553  
Fax: (307) 322-3283

## **Legal Assistance Developer Program**

The Legal Assistance Developer program provides, on a statewide basis, the protection of rights of vulnerable older adults. Legal information, advice, brief services, and referrals are available for individuals age 60 and over, and also those working on their behalf. In addition, the program provides outreach, training, and community education, both to older individuals and to service providers.

Wyoming Legal Services Developer  
Wyoming Legal Services, Inc.  
P.O. Box 1160  
Lander, WY 82520  
(800) 442-6170  
Fax: (307) 332-5736

Wyoming Legal Services/Cheyenne Office  
1603 Capitol Avenue, Suite 405  
Cheyenne, WY 82001  
(888) 634-1566  
(307) 634-1566

Wyoming Legal Services/Casper Office  
441 South Center, Suite 200  
Casper, WY 82601  
(888) 737-5266  
(307) 237-5266

*(Taken from Outlook 2001: Economic Forecast to 2009 from the State of Wyoming,  
Department of Administration & Information, Division of Economic Analysis)*

Wyoming is a sparsely populated, geographically diverse state. The 2000 population estimates of Wyoming as documented by the U.S. Department of Commerce, Bureau of the Census, was 493,782. The surface area of Wyoming is approximately 97,914 square miles. It is geographically diverse with mountain regions, high plains, river valleys, and desert, demarcating unique environmental regions. Wyoming is an extremely rural state with a population density of fewer people per square mile. The state's population is centered around smaller communities with the largest being around 50,000 persons. Human services are thinly spread, and often not available in individual communities. This presents challenges when human services are needed.

- , The population ages 45-64 includes the early post World War II baby boom. From 1990 to 1998 this group was the most rapidly growing age group. Nationally and in Wyoming, the average age has been increasing for sometime with growth of both the 45-64 age cohort and the 65 and over age cohort. Rapid growth for the 65 and over cohort is projected to continue.
- , Wyoming should continue to experience growth of near 1.0 percent annually in population.
- , Increases in life expectancy contributed to the growth of the older population, especially those at the oldest ages. Those aged 65 and over at the end of the forecast will be better educated, expect to live longer, and be healthier.
- , A more numerous older population will greatly impact many areas of our economy, from the labor supply to demand for health and social services.
- , If the unemployment rate in Wyoming remains moderately low as forecasted, this combined with slow population growth should result in increased employment opportunities for experienced people in the older age group as employers look for qualified workers.

Wyoming's economy has out paced the rest of the country and has steadily accelerated and gathered strength. Through the 1990s, Wyoming's economy added 34,000 jobs, for an annual growth rate of 1.8 percent. Growth was strong in the early part of the decade, slowed in 1995 and 1996, then accelerated at the end of the decade. For 2000, the fastest growing sectors in the economy were the Mining sector, which grew by an astonishing 7.9 percent and the Service sector, which grew by 2.9 percent. The relationship between Wyoming's economy and the national economy is quite weak. In fact, the Wyoming economy differs most from any state and from the national economy.

- , Labor force is expected to increase 8.0 percent during the ten-year forecast period.
- , The number of persons employed in Wyoming is forecast to increase by 6.8 percent over the next ten years.

, The number of unemployed persons in Wyoming is expected to increase to 14,390 in 2009. The unemployment rate is expected to rise slowly from the exceptionally low level of 3.9 percent in 2000 to 5.0 percent in 2009.

, Even though the unemployment rate rises to 5.0 percent over the forecast, this is still a historically low rate of unemployment in Wyoming and represents a fully employed economy.

, Direct impacts on the Wyoming economy from the national economy occur through things such as interest rates, financial markets, migration and tourism. For instance, during the national recession of the early 1990s, a large number of people migrated from California and around the country to Wyoming, which boosted the state's population growth rate considerably.

, During the mid-1990s, as the national economy recovered, migration turned negative which in turn hurt the growth rate of Wyoming's economy.

, The Service sector adds the largest number of jobs and is also the fastest growing sector within the Wyoming economy over the forecast.

, The Retail Trade sector is the second largest job producing sector and the Service and Retail Trade sectors are predicted to create three out four new jobs in the next eight years.

, Real dollar total personal income grew by roughly 2.3 percent annually since Total Personal Income (TPI) grew by 5.0 percent annually, while inflation averaged 2.7 percent annually.

, If commodity prices for mining or agricultural goods are high, the Wyoming economy benefits while the national economy suffers. Conversely, low commodity prices hurt the Wyoming economy while they benefit the national economy.



**Section 307 (a) (15) (A)(B)**

**METHODS USED TO SATISFY THE SERVICE NEEDS OF  
LOW-INCOME MINORITY OLDER INDIVIDUALS**

I. According to the U.S. Bureau of Census, Population Estimates Branch, the elderly population (age 60 and above) of Wyoming is as follows:

AGE	TOTAL	
	Male	Female
60-64	9,871	9,784
65-69	8,009	8,589
70-74	7,010	7,735
75-79	5,252	6,583
80-84	3,116	4,691
85+	2,017	4,718
<b>TOTAL</b>	<b>35,248</b>	<b>42,100</b>

**MINORITY OLDER INDIVIDUALS**

AGE	BLACK		AM INDIAN		ASIAN		HISPANIC*	
	Male	Female	Male	Female	Male	Female	Male	Female
60-64	44	42	146	168	41	62	380	377
65-69	33	43	95	108	22	50	292	316
70-74	37	30	70	65	17	41	237	245
75-79	18	22	45	56	22	25	148	210
80-84	14	20	20	25	6	25	148	201
85+	10	15	9	32	4	2	64	106
<b>TOTAL</b>	<b>156</b>	<b>172</b>	<b>385</b>	<b>454</b>	<b>112</b>	<b>189</b>	<b>1,207</b>	<b>1,357</b>

\*HISPANIC may be of any race

Source: U.S. Bureau of Census, Population Estimates Branch

The 2000 census revealed that 4,853 people in Wyoming, or 8.9% of the individuals 65 years of age or older, fell below the poverty level. The population of Wyoming is, like most of the country, growing older. For the next 40 years the number of elderly persons will continue to grow more rapidly than any other segment of the population. According to the United States Census Bureau’s projections, the elderly population will more than double between now and the year 2050. Currently, by the year 2050, as many as one in five Americans could be elderly. Also, by the year 2050 individuals aged 85 and over will number 19 million. This would make up 24 percent of the elderly and five percent of the entire population compared to the current one percent of the population.

The U.S. Census Bureau predicts that the proportion of Wyoming’s population 60 years of age or older will increase by .9% a year.

<b>July 1, 1995</b>	<b>July 1, 2000</b>	<b>July 1, 2005</b>	<b>July 1, 2015</b>	<b>July 1, 2025</b>
<b>54,000</b>	<b>77,348</b>	<b>80,465</b>	<b>87,707</b>	<b>95,601</b>

II. Method to Address Service Needs

The largest population of elderly minority in Wyoming are Hispanics, followed by American Indian, Black and Asian.

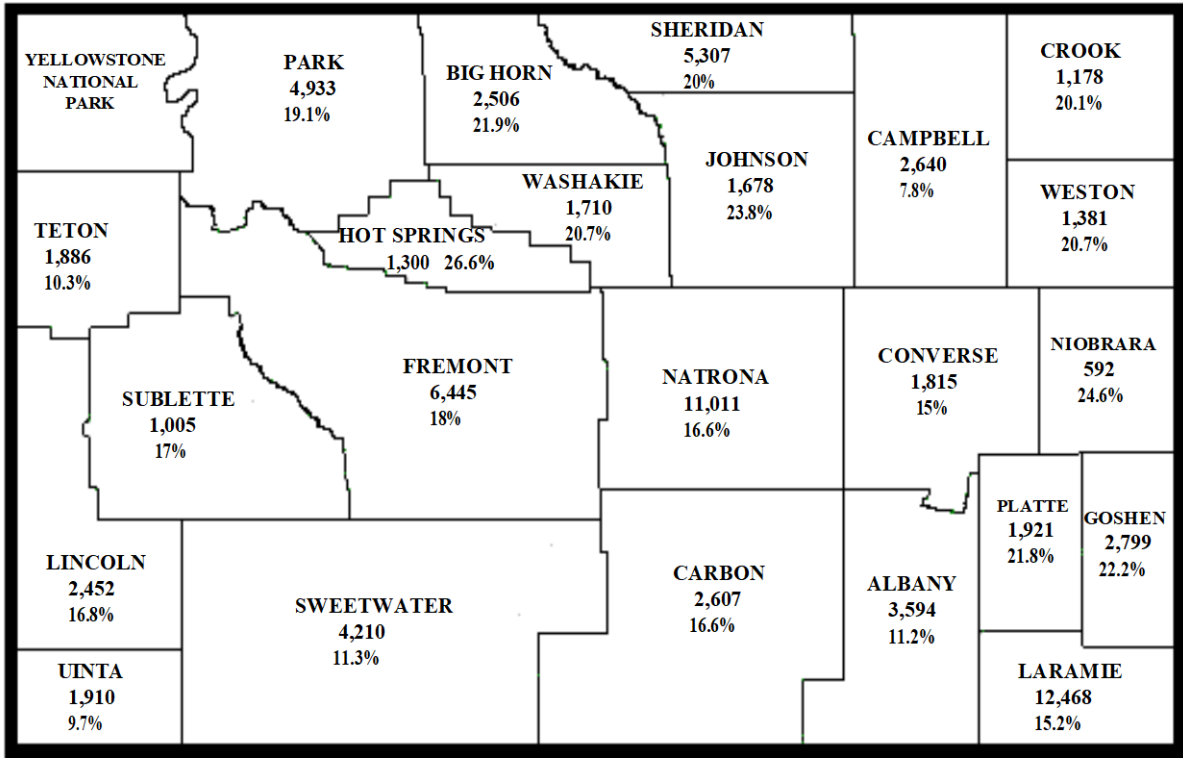
At this time, services such as nutrition, supportive services, family caregiver support programs, preventive health services, and in-home services are available throughout the state. Grantees are required, as part of their application process, to identify how they will target services to low income rural minorities.

The Aging Division will do the following to assure compliance:

- a. The State Agency will continue to recruit minority representation for the Wyoming State Advisory Council on Aging.
- b. The State Agency conducted a needs assessment throughout the state. The agency utilized the “Identifying Our Needs: A Survey of Elders” which was developed by the University of North Dakota from a grant provided by the Administration on Aging, Department of Health and Human Services. The State Agency will utilize the survey results to determine if there is a need to expand or improve services on the Wind River Reservation and to other areas of the state where there is a large low-income minority population.
- c. The State Agency will continue to require its grantees to identify its outreach and targeting efforts to low income minorities.
- d. The State Agency will coordinate with the Wyoming Department of Health’s Minority Health Program to enhance efforts of identifying and targeting low income rural minorities.
- e. The State Agency will work with the Wyoming Statistical Analysis Center (SAC) and the project directors to update the current funding formulas for Title III B and the Community Based In-Home Services Program. In determining the formula, the SAC will take into consideration those individuals with the greatest social and economic need, with particular attention to low-income minority individuals.

Profile of General Demographic Characteristics: 2000 has not been totally completed as of yet to give more detailed information on those 60 years of age and over in Wyoming.

## Wyoming's Senior Population Age 60 or Older



**State Senior Population :**  
77,348 15.7%

**Number of Seniors in County Population**  
**Percent of Seniors in County Population**

Source: 2000 Census



## NEW PROGRAM

### National Family Caregiver Support Program

The Aging Division implemented the National Family Caregiver Support Program (NFCSP) statewide on July 1, 2001. There are 22 county Family Caregiver grantees across the state. Overall, these grantees are the same providers that are responsible for the Community Based In-Home Service program. The majority of these grantees are senior centers across the state, which are the focal points of the senior services in Wyoming.

The NFCSP is integrated into Wyoming's existing comprehensive system of services for older adults as part of the continuum of care that the Wyoming Senior Citizen Center network provides. The aging network has developed significantly in Wyoming over the years. The programs continually change in an attempt to respond to ever increasing demands for services. The programs relate to nutrition, supportive services, in-home services, preventive health, transportation, and elder rights. The following section called **Program Focus** will discuss the integration of services provided by Wyoming's focal points which are designed to enrich the lives of individuals aged 60 and above, as well as those individuals over the age of 18 who are at risk of institutionalization.

The clientele that is served in the Wyoming NFCSP are family caregivers of older adults and grandparents who are 60 years of age and older, and relative caregivers of children not more than 18 years of age.

This on-going program has five components or basic services which are being provided by the NFCSP in the state. The first component of the program is **Information Services** to caregivers. The providers are assisting families with information about resources to help them in their caregiver roles. This service is being provided through health fairs, public education, outreach, and group education.

The second component of the program is **Assistance Services** to caregivers. The providers are assisting caregiver in locating and arranging for services from a variety of private and voluntary agencies. This **one-to-one** contact links the caregiver to opportunities and services available in the community.

To assist the grantee in providing this service the Aging Division contracts with the University of Wyoming, Wyoming Institute for Disabilities (WIND), for the utilization of the **Pathways Plus, Connect Wyoming**. This is a comprehensive, searchable database of human service providers operating in the state of Wyoming and is updated weekly on the WIND website and each grantee receives an updated disk on a quarterly basis.

Another service under this component is **Care or Case Management**. This includes the assessing of the needs of the caregiver and the care receiver, developing care plans, authorizing services, arranging for the services, coordinating the provision of services among providers, follow-up and reassessment. The Aging Division has developed the Caregiver Assessment Tool (CAT) to be used to assess the caregiver. The care receiver assessment form is either the Aging Division's Aging Needs Evaluation Summary (AGNES), the Social Assistant Management System (SAMS) Independent Living Assessment, or any

other Home Health assessment form.

Care plans are developed for the caregiver and the care receiver and reassessment of status is reviewed every 6 months.

The third component of the program is **Caregiver counseling, training, and peer support**. The Aging Division has encouraged each of the NFCSP grantee to purchase the National Caregiver Training Programs. These are educational curriculums that train families, community volunteers, and paid care providers. The program's classes are presented by the grantees in formats of six weeks, three weeks or three days, whichever accommodates the needs of the various audiences. The Aging Division also purchased for each provider the "Educated Caregiver" video series. These three videos help the caregiver with coping skills, hand-on skills and essential knowledge.

The fourth component of the program is **Respite Services**. This temporary, short-term, intermittent service can be conducted in the home, adult day care centers, or infrequently, an overnight stay in a residential setting, such as a weekend in a nursing home or residential community care facility, such as an assisted living facility.

The Aging Division has initiated an innovative program of Respite Services. One of the providers of this service is the Senior Companion Program. Senior Companions are assisting caregivers with 4 hours a day of respite service.

The fifth component of the program is **Supplemental Services**. These services complement the care provided by the caregiver. The Aging Division chose the following services for this category: assistive technology, home modification with a \$300.00 per person/per year limit, and loan closet equipment and supplies.

Sixty hundred fifty-four thousand dollars (\$654,000) of NFCSP funding has been allocated to all 22 grantees to be expended in all five categories of services. Grantees will determine the amount of funds to be expended in each category based on local resources and need. The program is expected to serve 500 caregivers during the first year.

## ***Program Focus***

The Aging Division provides funding for a variety of programs. These are designed to enrich the lives of those individuals aged 60 and above, as well as those individuals over the age of 18 who are at risk of institutionalization. The programs relate to nutrition, supportive services, in-homes services, disease prevention and health promotion, caregiver support, transportation, and elder rights. The information contained in the following section outlines the services funded by the Division with state general funds as well as funds authorized by the Older Americans Act (OAA).

### **OAA TITLE III** **(Administration)**

The purpose of administration is designed to identify critical areas of concerns regarding the elderly and develop guidelines to address those concerns. The Aging Division also assists in and analyzes the service delivery system, resources available and program needs. The Aging Division funds, monitors, and assesses grants authorized under the Older Americans Act. It also adopts rules and regulations regarding these grants.

### **OAA TITLE III B** **(Supportive Services)**

Senior Centers throughout the state are awarded III-B grants to provide services that include transportation, outreach, telephone reassurance, friendly visiting, counseling, shopping assistance, in-home services, nutrition education, chore services, and other services that assist older citizens to remain independent and enjoy a healthier lifestyle.

### **OAA TITLE III C1 AND C2** **(Congregate Nutrition and Home Delivered Nutrition Services)**

Organizations throughout the state are awarded OAA funds to provide nutritious meals meeting the one-third of the Recommended Dietary Allowance and the Dietary Guidelines for Americans. These meals are designed for persons aged 60 or above and their spouses with notable exceptions. A voluntary contribution is requested for meals for those aged 60 or above, and a set fee for everybody else (with exceptions). These meals are available at community focal points (usually Senior Centers), or they are delivered to an individual's home if they are unable to attend a congregate meal site due to illness, incapacitation or disability, or the spouse of an eligible home delivered meal recipient.

### **OAA TITLE III B (In-Home Services) and** **Community Based In-Home Services Program**

The Title III B In-Home Services program is funded through the Older Americans Act. The Community Based In-Home Services program is funded through state general funds. The purpose of these programs is to provide services to those elderly individuals (Title III) or those individuals aged 18 and over

(Community Based) who are at risk of premature institutionalization. These services are designed to keep people in the least restrictive environment (usually their own homes) for as long as possible, therefore, fostering independence. The services available include case management, personal care with home health aides, chore services, homemaker services, respite care, personal emergency response system, adult day care and hospice.

**OAA TITLE III D**  
**(Disease Prevention and Health Promotion Services)**

This program encourages providers to develop special preventive health programs. Services under this part may not include services eligible for reimbursement under Medicare. It includes health risk assessments, routine health screening, fitness activities, nutritional counseling and educational services for individuals, health promotion programs, alcohol and substance abuse reduction, screening for prevention of depression, medication management, informational programs concerning the benefits available under Title XVIII of the Social Security Act, and informational programs regarding age-related diseases.

**OAA TITLE III E**  
**(Family Caregiver Support Program)**

This program is to provide assistance to family caregivers caring for functionally dependent or cognitively impaired older adults. Grandparents who are caregivers of grandchildren and are the primary caregiver of the child because the biological or adoptive parents are unable or unwilling to serve as the primary caregiver of a child/children 18 years of age or younger can receive services. The core services include assessment of the care receiver, caregiver, and the caregiving environment; the development of a care plan responsive to caregiver's needs and burdens; ongoing casework services as needs arise, counseling, development of support groups; caregiver education and training; respite care; supplemental services; information about services; and assistance with access to services.

**OAA TITLE VII**  
**(Allotments for Vulnerable Elder Rights Protection Activities)**

The primary purpose of the Long-Term Care Ombudsman programs is to advocate on behalf of older persons, residing in institutions or receiving long-term care in-home services, and their families. The Long-Term Care Ombudsman assists and ensures seniors the opportunity to exercise their civil rights and resident's rights within an institutional and homebound setting while monitoring their quality of care and quality of life issues. The Ombudsman program develops education and in-service training regarding prevention of abuse, neglect and exploitation for vulnerable adults.

The Legal Assistance Developer program provides, on a statewide basis, the protection of rights of vulnerable older adults. Legal information, advice, brief services, and referrals are available for individuals age 60 and over, and also those working on their behalf. In addition, the program provides outreach, training, and community education, both to older individuals and to service providers.



## 1998 - 2002 Accomplishments

During the last four year state planning cycle, the Division provided services under the Older Americans Act and the State Community Based In-Home Services Program. The Division focused on responding to the ever increasing demand for services, maintaining quality, avoiding duplication of services, and utilizing available funding in the most cost effective manner.

Accomplishments during this time period are as follows:

To increase service delivery and enhance services and programs, the annual State funding for Title III services and the Community Based In-Home Services Program was increased by approximately \$600,000.00. In addition, the Ombudsman funding was increased by \$100,000.00 and the Senior Companion Program received an annual increase of \$160,000.00. The Division also received an increase of approximately \$600,000.00 for Older Americans Act supportive, nutrition, and disease prevention and health promotion services, as well as an additional \$26,000.00 for ombudsman and elder rights.

In July 2001, the Division implemented the National Family Caregiver Support Program. The program's goal is to reduce caregiver stress and burden through benefits and resource counseling, training in caregiver skills and knowledge, creative options for respite care, and providing supplemental services on a limited basis. The FY02 allocation for this program for 22 providers was \$654,000.00

The Division was awarded a Centers for Medicare Medicaid Services grant titled, "Nursing Facility Transitions." The purpose of this \$600,000.00 grant is to help eligible individuals make the transition from nursing facilities into the communities. The grant will be utilized to implement the Division's Olmstead Plan which was developed and approved by the Office of Civil Rights.

The Division was also awarded a Centers for Disease Control and Prevention grant, "Reducing the Impact of Arthritis and other Rheumatic Conditions." This grant is utilized to improve the quality of life of Wyomingites suffering from arthritis.

The Division was awarded funding for the Senior Patrol Project which monitors waste, fraud, and abuse in the Medicare and Medicaid programs. The project is being administered by Wyoming Senior Citizens, Inc.

The Long Term Care Ombudman Program was expanded with an additional Ombudsman position.

The Aging Division, along with its sub-grantee, Wyoming Senior Citizen's, Inc., placed first in the Nation in 1999 and 2000 for unsubsidized placements.

The Division implemented several new statewide educational opportunities for consumers and/or providers:

- The Division's Mental Wellness Coordination Program developed and provided presentations on "Facts about Alzheimer's Disease, "Dementia and Behavioral Disturbances

in Relation to Alzheimer's Disease," "Mental Wellness for Everyone," and "Depression In Older Adults: It's Not a part of Aging." A "Gatekeeper Train-the-Trainer Program" was also developed and assists communities to work as a team to identify older adults in need of assistance.

- Ë A Sensitivity Training was developed to allow participants of the workshop the opportunity to experience the effects of aging.
- Ë The Division contracted with the University of Wyoming School of Pharmacy to provide medication management programs to older adults in 38 senior centers. The program focuses on medication management, screening, and education to prevent incorrect medication and adverse drug reactions.
- Ë The Division implemented a new orientation program for new project directors.
- Ë The Division developed and implemented a training for Board of Directors.
- Ë The Division was host to a Tri-State Elderly Nutrition Conference. The State Units on Aging in Colorado, South Dakota and Wyoming coordinated the training in to assist nutrition providers to think of innovative ways to rejuvenate and improve the Elderly Nutrition Program for current and future participants.
- Ë In conjunction with the Department of Family Services, the Aging Division co-sponsored the "Community Response to Vulnerable Adult Abuse Conference." This conference focused on several areas to assist professionals in assuring the safety and well-being of Wyoming's vulnerable adult population.

In May 1999 and in May 2001, the Division sponsored the Governor's Conference on Aging. Current gerontological topics of interest were presented to professionals and consumers and approximately 300 individuals participated in each conference. The Division also sponsored the annual Medicaid Long-Term Care/Home and Community Based Waiver Case Managers' Conference with more than 100 individuals participating. In 2000, the Division helped organize and support the Silver Haired Legislature, in which approximately 50 individuals participated. The Division was also a sponsor of the annual Wyoming Senior Olympics.

The Aging Division was represented on a task force to develop policies and procedures necessary to launch an alternative financing program to allow disabled individuals with low to moderate incomes the ability to obtain long term loans with no interest, for the purchase or repair of adaptive equipment.

The Long-Term Care/Home and Community Based Waiver program published a monthly newsletter to keep providers abreast of relevant topics and program information.

The Division established a Web Site which offers a continuum of information to individuals, caregivers, and professionals. Services, events, topics and links to sites off interest tailored to older adults, along with information about the Division. The Division also implemented a quarterly newsletter which keeps providers informed of current aging issues and activities within the Division.

To assist providers in service delivery, program planning and evaluation, the Division developed an Outreach Manual, a Disaster Preparedness Manual, a Food Handling Checklist, and updated the 1998 NAPIS reporting requirements booklet.

The Aging Division began utilizing the Social Assistance Management System (SAMS) for the required NAPIS data reporting to the Administration on Aging. The Division has provided several training sessions on the SAMS program and initiated a quarterly review of data submitted.

The Division developed and implemented a grant evaluation process used on all grants received by the Division.

The Wyoming Retirement Center, the Veterans' Home of Wyoming, and the Wyoming Pioneer Home were incorporated into the Division.

The Division administered an umbrella of coordinated community-based programs through the transfer of the following medicaid programs to the Aging Division: Long-Term Care/Home and Community Based Waiver, Home Health, Hospice, Nursing Home, State Licensed Shelter Care, and the LT101prescreening tool for long-term care.

The Division assumed the responsibilities for the program administration rules for Nursing Facilities, Assisted Living, Board and Care, Adult Day Care, Hospice, and Home Health.

Effective July 1, 2001, the Division increased the number of individuals who can participate in the Long/Term Care Home and Community-Based Waiver from 850 to 1,000. The Division also implemented a Medicaid Waiver pilot project for individuals in assisted living facilities. This is a first in Wyoming that fills a gap in Wyoming's continuum of long-term care.

The rules for the Community Based In-Home Services Program were updated to include new requirements for personnel background checks to protect clients from abuse, neglect, and exploitation. The Assisted Living Facility Program Administration rules were updated to insure appropriate utilization of services and to facilitate the Division's philosophy of aging-in-place.

The FY 2001 Administration on Aging profile is not available at this time. The total number of meals served during this period through 36 projects was 1,246,716. These meals were served to 27,296 eligible seniors. A breakdown of services provided is 768,824 congregate meals to 20,331 clients, and 477,892 home-delivered meals to 6965 clients. Supportive services were provided to 31,453 clients and 9,695 clients received Disease Prevention and Health Promotion services. Community Based In-Home services were provided to 3,339 clients at risk of institutionalization.

The charts on the following pages reflect the services and expenditures attributed to the Aging Division and its grantees. Information compiled by the U.S. Department of Health and Human Services, Administration on Aging.





## The New Plan

The Aging Division began its current planning process by first taking a look at what had occurred in the service delivery system during the last planning cycle as well as comments that had been received from the Advisory Council on Aging, service providers, consumers, and other agencies. Then, the Division utilized a statewide needs assessment. The needs assessment *Identifying Our Needs: A Survey of Elders*, (a copy of which is in Appendix A along with the results of the survey) allowed the Division to conform to Section 305 (a)(1)(C) and 307 (a)(3)(B)(iii) of the Older Americans Act. These assurances state the Division will conduct periodic evaluations and take into account the views of the recipient of services. The needs assessment was not only a compliance tool, but a mechanism to identify potential issues that may affect older adults and those individuals at risk of institutionalization.

*Identifying Our Needs: A Survey of Elders*, is a survey developed by the Center for Rural Health, University of North Dakota School of Medicine and Health Science in Grand Forks, North Dakota from a grant provided by the Administration on Aging, Department of Health and Human Services.

There were 750 surveys utilized throughout the network, to Senior Centers, Meals on Wheels participants and drivers, AARP chapters, and Golden Circle K groups. The Community Based In-Home Service Providers were asked to take 10 surveys of homebound clients to afford them the opportunity to participate. The response rate was very good with 84% of the surveys returned (633). The survey asked questions in areas such as health status, activities of daily living, instrumental activities of daily living, exercise, socialization, housing, living arrangements, current services received, income, marital status, employment, and education. Some of the demographic characteristics of the respondents were as follows:

Sex:	Male- 33.7%
	Female- 66.3 %
Age:	55 to 64 years - 12.6%
	65 - 74 years - 36.7%
	75 - 84 years - 37.2%
	85 and over - 13.5%
Personal Annual Income:	Under \$5,000- 6.4%
	\$5,000 - \$6,999- 8.3%
	\$7,000 - \$14,999- 32.6%
	\$15,000 - \$19,999- 11.9%
	\$20,000 - \$24,999- 13.3%
	\$25,000- \$49,999 - 20.0%
	\$50,000 or more - 7.6%
Race:	Caucasian- 83.9%
	Native American- 6.8%
	Hispanic-3.2%
	African American-4.6%
	Asian-1.6%

Various sections of the survey results were compared with national surveys and revealed some notable variations between the Wyoming sample and the Nation. For example, overall the Wyoming sample was more independent in activities of daily living and instrumental activities of daily living. In general, the Wyoming respondents participated in a higher number of exercise activities and belonged to and participated in more clubs, organizations, etc. The sample also included fewer smokers and a higher percentage of individuals who had never had an alcoholic drink in their life.

The survey also showed a higher percentage of Wyoming respondents who had stayed in the hospital more than three (3) nights during the last 12 months and over half (51.9%) of the respondents lived alone. In addition, the Wyoming sample had a higher percentage of respondents over the age of 75 years, and a higher percentage of individuals whose annual income was more than \$20,000.00.

The survey also identified some areas for further evaluation and possible service needs that could be improved or enhanced. For example, the Wyoming sample reported a higher percentage of arthritis, congestive heart failure, stroke, asthma, cataracts, breast cancer, prostate cancer, diabetes, blindness, and vision and hearing problems. There was also a higher percentage of respondents who, based on their Body Mass Index, were considered obese, and a higher percentage of individuals who had changed what they eat during the past 12 months because of a medical reason or a health condition.

The issues discovered through the needs assessment were utilized in developing the Division's goals and objectives for the upcoming plan.

In addition, a 45 day public comment period for the draft plan was advertised in Wyoming's statewide newspaper. The advertisement announced the video teleconference public hearing, which will be in 19 sites throughout Wyoming, and outlined how the public could obtain a copy of the draft plan and submit written comments. Copies of the draft plan were sent to the members of the Advisory Council on Aging as well as the Aging Division's providers of community-based services. Appendix B contains a copy of the public comments.

The following tables reflect the goals and objectives the Wyoming Aging Division will use to direct its activity over the next four-year cycle. The plan objectives are intended to promote the quality of life for older adults and those at risk of institutionalization. Public comments will be incorporated, as indicated, into the final plan.

The following are definitions of concepts as used throughout the following table:

- , A "Priority Area" represents a broadly defined classification of need.
- , A "Goal" constitutes a general statement of purpose or desired outcome within a priority area.
- , An "Objective" is a statement of results or accomplishments to be achieved within a given time frame.

## ADVOCACY

### The Goals, Objectives and Strategies for 2002-2006

# G

**Goal #1:** Wyoming adults will have access to a continuum of quality services which ensures and improves responsiveness to the needs and concerns of older adults.

**Objective 1.1:** *Enhance the statewide advocacy system to identify and promote the needs of Wyoming's adult population through efforts of empowerment and education.*

#### **Major Strategies to Achieve the Objective:**

- A. Expand and enhance the network of senior citizen groups, community leaders and service providers to plan and carry out advocacy activities relating to elderly issues.
- B. Strengthen the role of the aging network in shaping the growth and direction of the continuum of quality services by using public awareness on services and resources available, and develop strategies to access the resources necessary to meet the needs of older adults..
- C. Aging Division's Advisory Council will continue to play a vital role in the planning process required under the Older Americans Act.
- D. Promote training and education to older adults, care givers, senior advocates, ministers, city, county, tribal officials, and health care professionals about the current services available and the needs of older adults which are not being met. This will be accomplished through avenues such as the Governor's Conference on Aging, and the Aging Division's newsletter, web page, and Wyoming Resource Guide for Older Citizens.
- E. Provide opportunities for older adults and those at risk to inform the Aging Division of their perspective on the effectiveness of the aging network.
- F. The Aging Division will conduct a comprehensive needs assessment to address the current and future needs for people over the age of 60 as well as those ages 18-59 who are at risk of premature institutionalization.
- G. Continue to coordinate with the Wyoming Association of Senior Project Directors to continue the Silver Haired Legislature, and to ensure training and experience for older adults on the legislative process.

## ADVOCACY

### The Goals, Objectives and Strategies for 2002-2006



# G

**Goal #1:** Wyoming adults will have access to a continuum of quality services which ensures and improves responsiveness to the needs and concerns of older adults.

**Objective 1.1:** *Enhance the statewide advocacy system to identify and promote the needs of Wyoming's adult population through efforts of empowerment and education.*

## **Major Strategies to Achieve the Objective (cont):**

- H. Develop recommendations for aging policy coordination at the national, state and local levels.
- I. Promote services to low income, isolated, rural Native Americans, and target these individuals by working with organizations such as the Shoshone and Arapaho Joint Tribal Business Council.
- J. Coordinate with the Wyoming Department of Health's Minority Health Program to increase minority participation in aging programs and design program changes in order to overcome unique barriers encountered by aged minority.
- K. Coordinate planning, identification, assessment of needs, and provision of services for older individuals with disabilities, especially those individuals with severe disabilities. The Aging Division will continue to have representation on the Governor's Planning Council on Developmental Disabilities.
- L. The Aging Division's Information and Referral Program will continue to assist older adults, families, and professionals in identifying available services and supports for older adults. The Pathway Plus/Connect Wyoming information database, as well as the Wyoming Resource Guide for Older Adults, will contribute to the effectiveness of this program.
- M. Continue to contract with Wyoming Senior Citizens, Inc., to administer the Senior Patrol Project to protect older adults from fraud and abuse. The program educates older adults and professionals of how to properly review Medicare statements and report suspicious or erroneous information on them.
- N. The Aging Division will promote the services of the Wyoming State Health Insurance Information Program administered by Wyoming Senior Citizens, Inc. The program assists beneficiaries with problems and questions.

## **ADVOCACY**

### **The Goals, Objectives and Strategies for 2002-2004**

# G

**Goal #1:** Wyoming adults will have access to a continuum of quality services which ensures and improves responsiveness to the needs and concerns of older adults.

*Objective 1.2: To advocate for services which will address mental health issues of older persons in Wyoming.*

**Major Strategies to Achieve the Objective:**

A. Improve mental health services for Wyoming older adults through the Aging Division’s Mental Health Coordinator who focuses on mental health issues and the older adult. The Mental Health Coordinator will:

- , Keep current on mental health issues and services and the older adult and disseminate this information utilizing the aging network.
- , Be a source of information and referral on issues of mental health and mental wellness.
- , Provide education and assistance to individuals, families, communities, agencies and organizations in order to advocate mental wellness among older adults.
- , Coordinate with the Mental Health and Substance Abuse Divisions on issues that affect older adults.

*Objective 1.3: Promote a statewide system that addresses elder rights.*

**Major Strategies to Achieve the Objective:**

A. Contract with Wyoming Legal Services Corporation, Inc., for the Legal Assistance Developer program, to advocate for older adults legal rights.

B. Target low-income, rural, minority persons, and those isolated by reason of geography or disability with the Legal Assistance Developer program, while meeting the needs of a larger eligible population.

C. The Aging Division will contract with Wyoming Senior Citizens Inc., to administer the Long Term Care Ombudsman program which will enable elderly persons and those at risk to protect their own rights.

D. The Aging Division will monitor the Long Term Care Ombudsman program to ensure training, technical assistance, and resources to the recipients of services, their families, and staff of long term care programs is provided.

E. Continue to expand the scope of the Long Term Care Ombudsman to be able to advocate on behalf of adults in any long term care facility on mental health and substance abuse issues.

## ADVOCACY

## The Goals, Objectives and Strategies for 2002-2004

# G

**Goal #1:** Wyoming adults will have access to a continuum of quality services which ensures and improves responsiveness to the needs and concerns of older adults.

**Objective 1.3:** *Promote a statewide system that addresses elder rights.*

### **Major Strategies to Achieve the Objective (cont):**

F. To prevent premature institutionalization, the Aging Division's Olmstead efforts will include educating consumers and professionals of available community services and supports. A Centers for Medicare Medicaid Services grant titled, Nursing Facility Transitions, will assist individuals in transferring back into the community, provided services are available to meet their needs.

G. Continue to collaborate with the Department of Family Services, the Medicaid Fraud Control Unit, Wyoming Guardianship Corporation, and numerous other agencies to protect the rights of vulnerable older adults.

## ADVOCACY

### The Goals, Objectives and Strategies for 2002-2006

# G

**Goal #1:** Wyoming adults will have access to a continuum of quality services which ensures and improves responsiveness to the needs and concerns of older adults.

**Objective 1.4:** *To advocate on behalf of family caregivers who are caring for functionally dependent older adults or grandparents to children 18 years of age or younger by providing a multifaceted system of support services.*

**Major Strategies to Achieve the Objective:**

- A. To enhance the well-being of caregivers, the Aging Division implemented a statewide Family Caregiver Support program
- B. To enhance the caregiver's knowledge of the availability of support services information about resources will be provided through health fairs, group services which include public education and outreach.
- C. To improve assistance to caregivers in locating and arranging for services, providers will utilize the Wyoming Pathways Plus database of human service providers to assist on a one-to-one basis with the caregiver. Case management will be provided to caregivers to coordinate their provision of services among providers.
- D. Disseminate information to educate caregivers through support groups and counseling to help them cope with the emotional and physical stress of dealing with the disabling effects of a family member's chronic condition. Caregiver providers will utilize the "Educated Caregiver" video series and the National Caregiver Training Program to provide essential knowledge to the caregiver.
- E. To relieve the burden of stress on the caregiver provide short-term relief with respite services in the home, adult day care centers, or, infrequently, an overnight stay in a residential setting for the care receiver.
- F. To enhance and complement the care provided by the caregiver, assist the caregiver with supplemental services, such as assistive technology, home modifications, and loan closet items for equipment and supplies.

# **ADVOCACY**

## **The Goals, Objectives and Strategies for 2002-2006**

# G

**Goal #1:** Wyoming adults will have access to a continuum of quality services which ensures and improves responsiveness to the needs and concerns of older adults.

**Objective 1.5:** *Increase respect and understanding between generations.*

**Major Strategies to Achieve Objective:**

- A. Increase public awareness of the interdependence of the generations and essential contributions of older adults.
- B. Identify the "commonalities" of the problems facing the younger and older generations.
- C. Increase understanding, respect and compassion for older adults by providing Sensitivity Training Workshops to professionals and consumers.
- D. Promote opportunities for children to participate in volunteer programs which promote intergenerational opportunities.

**Objective 1.6:** *Establish, maintain, and promote the development of a comprehensive range of quality services and supports throughout Wyoming which stress independence, dignity, and security.*

**Major Strategies to Achieve the Objective:**

- A. Promote access and availability to a statewide system of community based services such as, case management, homemaking, personal care, adult day care, respite, nutrition, and transportation services.
- B. Promote support and education for families and other caregivers.
- C. Promote the development of a comprehensive adult protection services manual that outlines the coordination of services.
- D. The Aging Division will continue to have a staff member serve as an ex-officio board member of the Wyoming Public Transportation Association (WYTRANS) to address transportation issues that impact the independence of Wyoming's older adults, especially in rural communities.
- E. The Legal Assistance Developer Program will partner with the Center for Social Gerontology, Inc. to strengthen approaches of legal services provided to elders. A new reporting form and assessment tool will be developed to increase the identification of legal needs throughout the state and better serve Wyoming's older adults.
- F. The Aging Division will continue to advocate for adequate resources to meet the needs of older adults and those at risk of premature institutionalization.

# **COMMUNITY-BASED SERVICES**

**The Goals, Objectives and Strategies for 2002-2006**

# G

**Goal #2:** Older adults in Wyoming, and those at risk of premature institutionalization, have access to a choice of coordinated services that enhance their lives, foster self sufficiency, and maintain them in the least restrictive, and cost effective environment.

**Objective 2.1:** *The Aging Division will continue to coordinate a comprehensive, culturally sensitive, statewide community-based care system to meet the needs of the elderly and those adults at risk of premature institutionalization.*

## **Major Strategies to Achieve the Objective:**

- A. Provide an umbrella of coordinated community-based services by overseeing: Long-term Care/Home and Community Based Waiver, the Assisted Living Waiver, Home Health, Hospice, and the pre-screening tool (LT101) for long term care, Board and Care and Assisted Living Facilities, and Adult Day Care centers.
- B. Monitor Adult Day Care centers ongoing basis to assure quality and safe services.
- C. Continue to meet the health and social needs of Wyoming's elderly and at risk population by providing nutritionally balanced congregate and home-delivered meals and, if needed, assist communities to receive these services.
- D. Continue to partner with the WYTRANS to evaluate the current transportation systems, identify changing service delivery methods, and assist communities in developing coordinated transportation systems.
- E. The Aging Division will monitor grantees for continuation of the provision of Community-Based In Home Services, case management, outreach services, caregiver, preventive health, transportation, and nutrition services for the elderly, targeting minorities, especially those in rural areas, and those with the greatest economic and social needs.
- F. Promote Olmstead efforts by developing system changes in communities that would enable the Aging Division to transition Medicaid eligible older adults in nursing facilities to reside in the community.
- G. Enhance the coordination of statewide health promotion and disease prevention activities within the Department of Health, the University of Wyoming School of Pharmacy, local providers, and other agencies, to enable older adults to reduce the risk of chronic disease and maintain a healthy, active, and independent lifestyle.
- H. Continue to provide senior projects with current written preventive health information that can be shared with program participants.

## **COMMUNITY-BASED SERVICES**

### **The Goals, Objectives and Strategies for 2002-2006**



# G

**Goal #2:** Older adults in Wyoming, and those at risk of premature institutionalization, have access to a choice of coordinated services that enhance their lives, foster self sufficiency, and maintain them in the least restrictive, and cost effective environment.

**Objective 2.1:** *The Aging Division will continue to coordinate a comprehensive, culturally sensitive, statewide community-based care system to meet the needs of the older adult and those adults at risk of premature institutionalization.*

## **Major Strategies to Achieve the Objective (cont.):**

- I. Continue to identify and improve the nutritional status of the at-risk elderly by utilizing the Aging Division nutrition screening checklist, "Suggestions for Those at Nutritional Risk," and follow-up interventions by cooperative extension staff, local health, and/or social service professionals.
- J. Assess the effectiveness of the nutrition screening process and follow-up interventions for those older adults at nutritional risk and make changes if needed.
- K. Provide nutrition sites with technical assistance for developing local menus that meet state and federal guidelines and provide flexibility in designing meals appealing to program participants.
- L. The Division will disseminate materials that may be utilized by providers to develop and implement comprehensive, coordinated, and culturally relevant community wellness programs.
- M. The Division will update and distribute Wyoming's Resource Guide for Older Adults to consumers and professionals.

## COMMUNITY-BASED SERVICES

### The Goals, Objectives and Strategies for 2002-2006

# G

**Goal #2:** Older adults in Wyoming, and those at risk of premature institutionalization, have access to a choice of coordinated services that enhance their lives, foster self sufficiency, and maintain them in the least restrictive, and cost effective environment.

*Objective 2.2: Identify, develop, and coordinate, new community-based programs and initiatives.*

**Major strategies to Achieve the Objective:**

- A. Promote the use of community facilities for multiple purposes and activities and as focal points which encourage independence and foster intergenerational opportunities.
- B. Promote the Family Caregiver Support Program which identifies and targets the needs of caregivers. This includes identifying needs of caregivers through the Caregiver Assessment Tool (CAT).
- C. Promote consumer awareness in the area of medication management through statewide educational programs provided by the University of Wyoming School of Pharmacy.
- D. The Division will educate professionals and consumers of the Olmstead Supreme Court decision and its implications to their communities.
- E. Evaluate and review the services provided on the continuum of care on an ongoing basis and re-define and develop new programs as needed.
- F. The Aging Division will coordinate with federal, state, local, tribal, and private programs and services for the elderly and physically disabled to reduce fragmentation and facilitate access to needed services from a single point of entry into the long term care system in an attempt to utilize standard intake and assessment data.
- G. Promote improved mental health services for the older adult by utilizing the senior center network, telemedicine, and coordinating with the Mental Health Division.
- H. Promote the scope of the LTC Ombudsman to advocate on behalf of adults in any long term care program/facility on mental health and substance abuse issues.
- I. Develop new health initiatives with multiple agencies to promote programs for older adults that will reduce the risk of chronic diseases such as diabetes, cancer, cardiovascular disease, arthritis, and cataracts.

## COMMUNITY-BASED SERVICES

### The Goals, Objectives and Strategies for 2002-2006

# G

**Goal #2:** Older adults in Wyoming, and those at risk of premature institutionalization, have access to a choice of coordinated services that enhance their lives, foster self sufficiency, and maintain them in the least restrictive, and cost effective environment.

**Objective 2.3:** *Coordinate with other agencies and organizations to maximize services and avoid duplication.*

**Major strategies to Achieve the Objective:**

- A. Coordinate with the Corporation for National Service programs (RSVP, Senior Companion, Foster Grandparents), Senior Projects, AARP and other organizations to provide meaningful volunteer opportunities and services.
- B. Coordinate Title III and Title VI services with the Eastern Shoshone and Northern Arapaho Tribes, Indian Health Services, and the Bureau of Indian Affairs to improve services for American Indian Elders.
- C. Promote and coordinate health promotion activities with local providers, the University of Wyoming School of Pharmacy, and the Wyoming Department of Health.
- D. Facilitate coordination between the Aging Division, the Wyoming Community Development Authority, the Housing and Urban Development office, and the Rural Development Program to enhance public awareness of housing needs of older persons.
- E. Continue to develop and enhance cooperative partnerships between the Aging Division, Cooperative Extension, Wyoming Dietetic Association, Wyoming Dietary Managers' Association, Wyoming Food Safety Coalition, Department of Agriculture, and local health departments to maintain or improve the quality of nutrition services and safe food handling by nutrition projects.
- F. Continue to coordinate with Independent Living Centers, Vocational Rehabilitation, AARP, Alzheimer's Association, Wyoming Office of the Blind and Visually Impaired and the WYNOT Resource Center, to identify the need for assistive devices for older adults or adults at-risk.
- G. Coordinate with in-home service providers including Home Health Agencies.
- H. Continue to coordinate with the Wyoming Emergency Management Agency (WEMA) and disseminate updated disaster preparedness information that can be utilized in the case of a natural or man-made disaster.
- I. The Aging Division will have a representative on the Wyoming Rural Development Council's Resource Team in order to assist rural communities to develop and implement local strategies to meet the needs of their community.
- J. Coordinate with other agencies and organizations to address the pharmaceutical needs and issues facing older adults and those at risk of premature institutionalization.

## COMMUNITY-BASED SERVICES

### The Goals, Objectives and Strategies for 2002-2006

# G

**Goal #2:** Older adults in Wyoming, and those at risk of premature institutionalization, have access to a choice of coordinated services that enhance their lives, foster self sufficiency, and maintain them in the least restrictive, and cost effective environment.

**Objective 2.4:** *Promote and ensure access to community-based services.*

#### Major Strategies to Achieve Objective:

- A. Ensure access by older persons and their caregivers to programs in the community through information and referral services.

Aging Division Information and Referral Specialist will continue to provide consumers and professionals with updated information on services and providers by utilizing the University of Wyoming's Pathways Plus computerized database.

Distribute brochures and information regarding the Aging Division and other community services.

Assist in the development and distribution of resource directories, brochures, and information regarding community services for adults, for caregivers, aging service providers and businesses.

Promote coordinated community-based services through Aging Division speaking engagements and media opportunities.

- B. Assist Nutrition projects to continue to provide and enhance outreach activities to ensure the maximum number of eligible individuals have an opportunity to receive services.
- C. Promote nationwide Eldercare Locator Program.
- D. Continue to enhance the Aging Division's web page through the Internet.

## PROGRAM MANAGEMENT

### The Goals, Objectives and Strategies for 2002-2006

# G

**Goal #3:** The Wyoming State Unit on Aging program, a single planning and service area, is efficient, effective, and accountable for the funding of support services and activities which results in values-based outcomes consistent with consumer choice and identified needs.

**Objective 3.1:** *The Aging Division will ensure that services are coordinated in a way that, minimizes administrative cost, eliminates unnecessary complex organization, minimizes program and service duplication, and maximizes the use of financial resources while meeting the needs of Wyoming older adults and those at risk of premature institutionalization.*

**Major Strategies to Achieve Objective:**

- A. The Aging Division will design, implement, and monitor an accountable and equitable funding process to increase the aging network's capacity and flexibility to address individual needs.
- B. The Aging Division will enhance its managerial efficiency through the utilization of comprehensive information/management systems.
  - , Continue implementation of the National Aging Program Information System (NAPIS). The Social Assistant Management System (SAMS) program utilized by the Division will be renovated to be more user friendly and to achieve integration of data across multiple programs, with comprehensive care planning.
  - , Provide technical assistance in regard to Title III and other program data collection and reporting, site visits, and assistance on computerization.
- C. Work with the University of Wyoming Statistical Analysis Center and the project directors to update the current funding formulas for Title III-B and Community Based In-Home Services.

**Objective 3.2** *Assure effective and efficient program and fiscal management at all levels of the service delivery system.*

**Major Strategies to Achieve Objective:**

- A. Conduct on-site visits and assessments of providers.
- B. Analyze monthly budget reports to monitor the financial condition of provider services.
- C. Continue to refine the guidelines in the grant application process by updating the Aging Division Grants and Contracts Manual and provide ongoing technical assistance to applicants.
- D. Revise, maintain, and apply necessary policies and procedures that help improve management at all levels.

## PROGRAM MANAGEMENT

### The Goals, Objectives and Strategies for 2002-2006

# G

**Goal #3:** The Wyoming State Unit on Aging program, a single planning and service area, is efficient, effective, and accountable for the funding of support services and activities which results in values-based outcomes consistent with consumer choice and identified needs.

**Objective 3.3:** *Provide training opportunities for Aging Division staff and providers.*

#### Major Strategies to Achieve Objective:

- A. Continue an orientation program for new Project Directors and Case Managers that will enhance their skills.
- B. Identify and request training needed to improve Aging Division staff skills.
- C. Aging Division staff will provide technical assistance to the staff of nutrition, transportation, caregiver services, adult day care, and in-home service programs, fiscal management, and other service providers as needed, as well as coordinate training between Title III and Title VI.
- D. Explore the use of new technology for alternative training methods to coordinate education and training programs with private, public, governmental and educational organizations and institutions.
- E. Continue to increase the level of expertise of project staff members who are directly involved with food preparation and serving.

, Continue to promote the statewide training program for ServSafe certification.

, Promote the enrollment and completion of a Certified Dietary Managers' Correspondence Course.

, Coordinate annual Aging Division training for nutrition project staff members.

- F. Increase the level of safe food handling expertise of Aging Division Community Program Specialists through ServSafe certification.
- G. Develop a Nutrition Services manual that will be utilized by the Aging Division and project staff.
- H. Continue to keep providers informed of relevant aging issues and activities through the distribution of Aging Division's quarterly newsletter and the web page. Provide gerontological training topics during the Governor's Conference on Aging and ongoing training in areas including outreach, case management, fiscal management, nutrition, disaster preparedness, health promotion, and elder rights and protection.

## PROGRAM MANAGEMENT

### The Goals, Objectives and Strategies for 2002-2006

# G

*Goal #3: The Wyoming State Unit on Aging program, a single planning and service area, is efficient, effective, and accountable for the funding of support services and activities which results in values-based outcomes consistent with consumer choice and identified needs.*

*Objective 3.4: Provide an avenue for recipients of service to express views and ideas for delivery of services.*

#### **Major Strategies to Achieve Objective:**

- A. In terms of identifying gaps in services and specific areas that can be improved or enhanced, providers will conduct annual client satisfaction surveys of services provided.
- B. Aging Division staff will interview older adults during on-site assessments to determine satisfaction with services and any unmet needs.
- C. Members of the Aging Division Advisory Council and any special aging task forces will include elderly consumers. In addition, the members of the Advisory Council will continue to seek input from consumers and providers in their districts in regard to the quality of services and any unmet needs.
- D. The Aging Division will conduct a comprehensive needs assessment to address the current and future needs for people over the age of 60 as well as those ages 18-59 who are at risk of institutionalization.
- E. The Aging Division will solicit the views of older adults, providers, and other stakeholders in the implementation of cost-sharing of allowable services.

## 2003 Projected Allocation

<i>ACTIVITY FUNDED</i>	<i>FEDERAL FUNDS</i>	<i>STATE FUNDS</i>	<i>TOTAL ALLOCATION</i>
<b>Administration</b>			
<i>Title III-B</i>	\$ 140,500	\$46,833	
<i>Title III-C</i>	\$ 200,000	\$66,667	
<i>Title III-D</i>	\$4,500	\$1,500	
<i>Title III-E</i>	\$30,000	\$10,000	
			\$ 500,000
<b>Supportive Services</b>			
<i>Supportive Services</i>	\$1,553,717	\$236,451	
<i>Ombudsman/Elder Abuse</i>	\$ 87,521	\$130,310	
<i>Preventive Health/Mental Wellness</i>	\$ 100,059	\$35,374	
<i>Family Caregiver Support</i>	\$609,540	\$60,000	
<i>Legal Assistance Developer</i>		\$42,000	
			\$2,854,972
<b>Nutrition Services</b>			
<i>C-1 Congregate Meals</i>	\$ 1,570,499	\$230,674	
<i>C-2 Home Delivered Meals</i>	\$ 1,032,616	\$112,673	
<i>USDA Cash-in-Lieu</i>	\$ 740,436		
			\$ 3,686,898
<b>Community Based</b>			
<i>Title III-B</i>	\$ 48,815		
<i>State General Funds</i>		\$1,901,155	
			\$1,949,970
<b>Employment</b>			
<i>Senior Companion Program</i>		\$195,000	
<i>RSVP/Foster Grandparents</i>		\$ 18,000	
			\$ 213,000
<b>GRAND TOTALS</b>	<b>\$6,118,203</b>	<b>\$3,086,637</b>	<b>\$9,204,840</b>



## *Assurances Required by the Older Americans Act*

The State of Wyoming, through the Department of Health, Aging Division as the designated state agency, hereby commits to perform according to all assurances required by the Older Americans Act, as amended 2000; and by regulations issued pursuant to the Act. The state agency will satisfy each of the requirements specified in the Act. Specifically, the State agrees that:

**Requirement:** OAA 301 (2) (d) (1)

**Assurance:** The State Agency assures that the remainder of such allotment shall be available to such State only for paying such percentage as the State Agency determines, but not more than 85 percent of the cost of supportive services, senior centers, disease prevention and health promotion services, and nutrition services under this Title and not more than 75 percent of the cost of family caregiver support program provided in the State as part of a comprehensive and coordinated system in planning and service areas for which there is an area plan approved by the State Agency.

**Requirement:** OAA 304 (E) c)

**Assurance:** The State Agency assures that the non-Federal share shall be in cash or in kind. In determining the amount of the non-Federal share, the Assistant Secretary may attribute fair market value to services and facilities contributed from non-Federal sources.

**Requirement:** OAA 305 (a) (1)(A)(B)(C)

**Assurance:** The State Agency assures that it is, and has been, designated as the State agency to (1) develop the State Plan submitted to the Assistant Secretary under Section 307; (2) administer the State Plan within Wyoming; and (3) is primarily responsible for the planning, policy development, administration, coordination, priority setting, and evaluation of all State activities related to the objectives of the Older Americans Act.

**Requirement:** OAA 305 (a) (1) (D)

**Assurance:** The State Agency assures that it will serve as the effective and visible advocate for older individuals by reviewing and commenting upon all State plans, budgets, and policies which affect older individuals and providing technical assistance to any agency, organization, association, or individual representing the needs of older individuals.

**Requirement:** OAA 305 (a) (1) (E)

**Assurance:** The State Agency assures that it is designated as the single planning and service area for the entire State in accordance with the guidelines issued by the Assistant Secretary after consideration of the factors noted in this Section.

**Requirement:** OAA 305 (a) (2) (A)

**Assurance:** The State Agency assures as per (b)(5)(A) that it is designated as the single planning and service area for the entire State in accordance with the guidelines issued by the Assistant Secretary and such will develop and submit to the Assistant Secretary the Wyoming State Plan.

**Requirement:** OAA 305 (a) (2) (B)

**Assurance:** The State Agency assures that it will take into account, in connection with matters of general policy arising in the development and administration of the State Plan for any fiscal year, the views of recipients of supportive services or nutrition services, or individuals using multipurpose senior centers.

**Requirement:** OAA 305 (a) (2) (E)

**Assurance:** The State Agency assures preference will be given to providing services to older individuals with the greatest economic or social needs, with particular attention to low income minority individuals and individuals residing in rural areas.

**Requirement:** OAA 305 (a) (2) (F)

**Assurance:** The State Agency assures it will use outreach efforts, which will identify individuals eligible for assistance under the Older Americans Act, with special emphasis on older individuals with the greatest economic or social needs, with particular emphasis to low-income minority individuals and older individuals residing in rural areas.

**Requirement:** OAA 305 (a) (2) (G) (H)

**Assurance:** The State Agency assures that it will undertake specific program development, advocacy, and outreach efforts focused on the needs of low-income minority older individuals and older individuals residing in rural areas by including factors within the funding plan targeting monies to low income and minorities.

**Requirement:** OAA 305 (c) (5)

**Assurance:** The State Agency as the single planning and services area for the state has the ability to develop the state and area plan and to carry out such plan, directly or through contractual arrangements for the entire planning and service area.

**Requirement:** OAA 306 (a) (2) (A)(B)(C)

**Assurance:** The State Agency assures an adequate proportion, as required under the Older Americans Act, Section 307 (a) (2), of the amount allotted for part B to the planning and service area will be expended for the delivery of the following services:

**Access Services** - Transportation, outreach, information and referral, and case management services.

**In-Home Services** - Homemaker, home health aide, visiting, and telephone reassurance and chore maintenance and supportive services for families of elderly victims of Alzheimer's Disease and related disorders with neurological and organic brain dysfunction.

**Legal Assistance** - services provided by the Legal Assistance Developer Program.

The State Plan shall specify a minimum percentage of Part B funds that will be expended, as follows, for the categories of service specified in Section 307 (a) (2): access services; legal assistance; and in-home care. The minimum percentage of Title III B funds to be expended are as follows: Access 23%; In-Home 12%; and, Legal 1%.

The State Agency assures that it and its contracted providers will report annually in detail the amount of funds expended for each such category during the fiscal year most recently concluded.

**Requirement:** OAA 306 (a) (3) (A)

**Assurance:** The State Agency assures the designation of a focal point for comprehensive service delivery in each community by giving special consideration to multipurpose senior centers as these focal points.

**Requirement:** OAA 306 (a) (4) (A) (i)

**Assurance:** The State Agency assures it and service providers utilizing Older Americans Act funds will set specific objectives for providing services to older persons with the greatest economic or social need, with particular attention to low-income minority individuals and older individuals residing in rural areas. Specific objectives to provide services to low-income minority individuals and older individuals residing in rural areas and the proposed methods of carrying out the preference in the State Plan will be addressed in the “Goals, Objectives and Strategies” section.

**Requirement:** OAA 306 (a) (4) (A) (ii)

**Assurance:** The State Agency, a single state planning unit, assures all provider agreements or subagreements will include specifications as to how a provider intends to satisfy the service needs of low-income minority individuals and older individuals residing in rural areas served by the provider, and to serve these individuals in accordance with their need for such services throughout the planning and service area by meeting the specific objectives established by the State Agency in the State Plan.

**Requirement:** OAA 306 (a) (4) (A) (iii)

**Assurance:** The State Agency assures that utilizing the guidelines of the NAPIS program, it will continue efforts to identify the number of low-income minority older individuals and those residing in rural areas in the planning and service area with special emphasis on outreach, intake and assessment forms, and needs surveys to identify the service needs of such minority older individuals.

**Requirement:** OAA 306 (a) (4) (B) (i) (ii)

**Assurance:** The State Agency assures outreach efforts will be made to identify individuals eligible for assistance provided by the Older Americans Act, with special emphasis on Wyoming's rural elderly, older individuals who have greatest economic need or social need (with particular attention to low-income minority individuals and older individuals residing in rural areas), older individuals with severe disabilities, older individuals with limited English speaking ability, and older individuals with Alzheimer's disease or related disorders with neurological and organic brain dysfunction and the caretakers of such individuals. The State Agency will inform persons identified by the outreach effort, of the available services and assistance.

**Requirement:** OAA 306 (a) (4) (C)

**Assurance:** The State Agency assures that each activity undertaken by the State Agency, including planning, advocacy, and systems development, will include a focus on the needs of low-income minority older individuals and older individuals residing in rural areas.

**Requirement:** OAA 306 (a) (5)

**Assurance:** The State Agency assures coordination in planning, identification, assessment of needs, and provision of services for older individuals with disabilities, with particular attention to individuals with severe disabilities, with agencies that develop or provide services for individuals with disabilities.

**Requirement:** OAA 306 (a) (6) (A) (B) (C)(i)(ii)

**Assurance:** The State Agency assures that the views of recipients of services will be included in the development and administration of the Plan; will serve as the advocate and focal point for older individuals within the community by monitoring, evaluating, and commenting on all policies, programs, hearings, levies, and community actions which will affect older individuals; and where possible, enter into arrangements with organizations providing day care services for children, assistance to older individuals caring for relatives who are children, and respite for families, so as to provide opportunities for older individuals to aid or assist on a voluntary basis in the delivery of such services to children, adults, and families. The State Agency assures that it will enter into arrangements and coordinate with organizations that have a proven record of providing services to older individuals.

**Requirement:** OAA 306 (a) (6) (D)

**Assurance:** The State Agency assures that the Wyoming State Advisory Council on Aging, consists of older individuals which include minority individuals and older individuals residing in rural areas that are also participants in programs assisted under the OAA. And which continuously advise the State Agency on all matters relating to the development of the State Plan, the administration of the Plan and operations conducted under the Plan. (See Section One of this Plan, "The Organization", page 2, for a description.)

**Requirement:** OAA 306 (a) (6) (E)

**Assurance:** The State Agency assures that it will establish effective and efficient procedures for coordination of entities conducting programs that receive assistance under the OAA within the planning and services area, and entities conducting other Federal programs for older individuals at the local level, with particular emphasis on entities conducting programs described in section 203(b), within the state.

**Requirement:** OAA 306 (a) (6) (F)

**Assurance:** The State Agency assures that it will coordinate any mental health services provided with funds expended for part B with the mental health services provided by community health centers and by other public agencies and private nonprofit organizations.

**Requirement:** OAA 306 (a) (6) (G)

**Assurance:** The State Agency assures that it will conduct outreach activities to identify a significant population of older individuals who are Native Americans in the planning and service

area and inform such individuals of the availability of assistance and services.

**Requirement:** OAA 306 (a) (7) (A) (B) (C)

**Assurance:** The State Agency assures it will facilitate the coordination of community-based, long-term care services designed to enable older individuals to remain in their homes, by developing case management services as a component of the long-term care services, by involving of long-term care providers in the coordination of such services, and by increasing the community awareness of and involvement in addressing the needs of residents of long-term care facilities.

**Requirement:** OAA 306 (a) (8) (A) (B) (C)(i) (ii)

**Assurance:** The State Agency assures that case management provided under the Older Americans Act will not duplicate case management services provided through other Federal and State program, it will be coordinated with other services and be provided by a public agency or a nonprofit private agency that gives each older individual seeking services a list of agencies that provide similar services within the planning and service area. The State Agency also assures that each older individual receives a statement specifying that the individual has a right to make an independent choice of service providers and this choice is documented and that case managers act as agents for the individual receiving services and not as promoters for the agency providing such services.

**Requirement:** OAA 306 (a) (9)

**Assurance:** The State Agency assures that in carrying out the State Long Term Care Ombudsman program under Section 307 (a) (9), it will not expend less than the total amount of funds appropriated under this Act and expended by the State Agency in Fiscal Year 2000 in carrying out such a program under this Title.

**Requirement:** OAA 306 (a) (10)

**Assurance:** The State Agency assures through the agencies rules and regulations that it will provide a grievance procedure for older individuals who are dissatisfied with or denied services under the Older Americans Act.

**Requirement:** OAA 306 (a) (11)(A)(B)(C)

**Assurance:** The State Agency assures that it will provide information and assurances concerning services to older individuals who are Native Americans including an assurance that the State Agency will pursue activities, including outreach, to increase access of those older Native Americans to programs and benefits provided under the Older Americans Act; the State Agency will assure that it will coordinate the services the agency provides under this title with services provided under Title VI; the State Agency assures that it will make services under the Plan available to older Native Americans. The State Agency assures, to the maximum extent feasible, it will coordinate Title III and Title VI services.

**Requirement:** OAA 306 (a) (13)(A)(B)(C)(D)(E)

**Assurance:** The State Agency assures that it will: maintain the integrity and public purpose of services; disclose to the Assistant Secretary the identity of each nongovernmental entity with which it has a contract or commercial relationship and the nature of the contract or relationship; demonstrate that no loss in the quantity and quality of the Older American Act services provided will result from the nongovernmental contracts or commercial relationships; demonstrate that the quantity or quality of services under this State Plan will be enhanced as a result of the contract or relationship; and, on request of the Assistant Secretary, disclose all sources and expenditures of funds such as the agency receives or expends to provide services to older individuals.

**Requirement:** OAA 306 (a) (14)

**Assurance:** The State Agency assures that funds received under this Title will not be used to pay any part of a cost (including an administrative cost) incurred by the State Agency to carry out a contract or commercial relationship that is not carried out to implement this Title.

**Requirement:** OAA 306 (a) (15)

**Assurance:** The State Agency assures that preferences in receiving services under this Title will not be given by the State Agency to particular older individuals as a result of a contract or commercial relationship that is not carried out to implement this Title.

**Requirement:** OAA 306 (a) (16)

**Assurance:** The State Agency assures that it will not give preference in receiving services to particular older individuals as a result of a contract or commercial relationship that is not carried out to implement this title; assure that all activities of the area agency on aging, whether funded by public or private funds demonstrate that services being furnished are sufficient to meet the need for such services in the state and that a public hearing has been conducted in a timely manner; and provide assurances that the activities conform with the responsibilities of the area agency on aging, as set forth in this subsection; and if there is no designated agency to furnish the needed services, the State Agency, may enter into agreement with agencies administering programs under the Rehabilitation Act of 1973, and titles XIX and XX of the Social Security Act for purposes of developing and implementing plans for meeting the common need for transportation services of individuals.

**Requirement:** OAA 307 (a)(1)(A)

**Assurance:** The State Agency assures it will submit to the Assistant Secretary a State Plan for Services for Wyoming's Elders for a four year period with such annual revisions as are necessary.

**Requirement:** OAA 307 (a) (2) (A)(B)(C)

**Assurance:** The State Agency will evaluate the need for supportive services (including legal assistance and transportation services), nutrition services, and multipurpose service centers within Wyoming and determine the extent to which existing public or private programs and resources (including volunteers and programs and services of voluntary organizations) meet the need, while assuring that a minimum proportion of the funds received by the State to carry out part B will be expended on each of these services. The State Plan shall specify a minimum percentage of Part B funds that will be expended, as follows, for the categories of service

specified in Section 307 (a) (2): access services; legal assistance; and in-home care. The minimum percentage of Title III B funds to be expended are as follows: Access 23%; In-Home 12%; and, Legal 1%.

**Requirement:** OAA 307 (a) (3) (B)(i)

**Assurance:** The State Agency assures Title III expenditures for each fiscal year covered by this State Plan for services to older individuals residing in Wyoming's Rural Areas will be equal to the amount expended in fiscal year 2000.

**Requirement:** OAA 307 (a) (3) (B)(ii)

**Assurance:** The State Agency assures that the State Plan identifies, for each fiscal year, the actual and projected costs of services in Wyoming rural areas. By AoA standards, the entire State of Wyoming is considered rural. The State Agency assures Title III projected expenditures for each fiscal year covered by this State Plan for services to older individuals residing in Wyoming's Rural Areas will be equal to the amount expended in the previous fiscal year.

**Requirement:** OAA 307 (a) (3) (B)(iii)

**Assurance:** The State Agency has met the needs for services to older individuals residing in rural areas in the fiscal year preceding the first year to which this plan applies by letting out formulated allocations for services in the form of contracts to senior projects across Wyoming (which are located in every county in the state). The State Agency requires senior projects to develop grants with plans of actions, which includes goals and objectives, which demonstrate services to meet the needs of the older individuals in their rural areas. The State Agency completed a statewide Needs survey to ascertain the needs of the older rural individuals of the state. The results of the needs survey will be reflected in the State Agency's program development. Need surveys conducted by the local senior projects determine how best to meet the needs of the rural older individuals in their area. Once these service needs are demonstrated, the State Agency assures that the senior projects throughout the state are provided with the necessary technical and fiscal assistance, based on available resources, to ascertain that these needs are met.

**Requirement:** OAA 307 (a) (4)

**Assurance:** The State Agency will conduct periodic evaluations of, and hearings on, activities under the State Plan, and including an evaluation of effectiveness of the State Agency in reaching older persons with the greatest economic or social needs, or disabilities, with particular attention to low-income minority individuals, and older individuals residing in rural areas. In conducting such evaluations and public hearings, the State Agency shall solicit the views and experience of not only entities that are knowledgeable concerning the needs and concerns of low-income minority older individuals, but also low-income minority older individuals and older individuals residing in rural areas themselves.

**Requirement:** OAA 307 (a) (5)

**Assurance:** The State Agency assures it will afford an opportunity for a hearing upon request to any agency on aging submitting a plan under this Title, to any provider of service under such a plan, or to any applicant to provide a service under such a plan. The State Agency shall establish guidelines applicable to grievance procedures and publish procedures for requesting

and conducting public hearings, and afford an opportunity for a public hearing, upon request, by any provider of services, or by any recipient of services under this title regarding any waiver request.

**Requirement:** OAA 307 (a) (6)

**Assurance:** The State Agency assures it will make such reports, in such form and containing such information, as the Assistant Secretary may require, and comply with such requirements as the Assistant Secretary may impose to ensure the correctness of such reports.

**Requirement:** OAA 307 (a) (7) (A)

**Assurance:** The State Agency assures fiscal control and fund accounting procedures have been adopted to assure the proper disbursement of, and accounting for, Federal funds, received by the State from the Older Americans Act including funds paid for the recipients of a grant or contract.

**Requirement:** OAA 307 (a) (7) (B)

**Assurance:** The State Agency assures that no individual (appointed or otherwise) or employee, officer or other representative of the State Agency involved in the State Agency is subject to a conflict of interest and that mechanisms are in place to identify and remove conflicts of interest.

**Requirement:** OAA 307 (a) (8)(A)

**Assurance:** The State Agency assures that no supportive services, nutrition services or in-home services will be directly provided by the State Agency, except where, in the judgment of the State Agency, provision of such services by the State Agency is necessary to assure services, or where such services are directly related to such administrative functions of the State Agency, or where such services of comparable quality can be provided more economically by the State Agency.

**Requirement:** OAA 307 (a) (8)(B)

**Assurance:** The State Agency assures that any case management services provided with this title will be coordinated, and no duplicate services will be provided through other Federal and State Programs. These services will be provided by a public agency or a non profit agency.

**Requirement:** OAA 307 (a) (8)(C)

**Assurance:** The State Agency assures that sufficient numbers of Information and Assistance services and outreach services will be established and maintained to assure that all older individuals in the State have reasonably convenient access to these services. Older individuals in Wyoming who are not furnished adequate Information and Assistance services will have reasonably convenient access to such services. The State Agency supports and provides each of its providers with a statewide Information and Referral computerized system called "Pathways Plus". This system developed by the University of Wyoming contains over 2800 Wyoming resources.

**Requirement:** OAA 307 (a) (9)

**Assurance:** The State Agency assures it will carry out, through the Office, a State Long Term Care Ombudsman program in accordance with Section 712 and this Title, and will expend an amount that is not less than an amount expended by the State Agency with funds received under



the Title for fiscal year 2000, and an amount that is not less than the amount expended by the State Agency with funds received under Title VII for fiscal year 2000.

**Requirement:** OAA 307 (a) (9); Section 712 (a)

**Assurance:** The State Agency assures it will establish and operate an Office of the State Long Term Care Ombudsman in which individuals on a full time basis will identify, investigate, and resolve complaints made by or on behalf of residents of long term care. State Ombudsmen will provide for the training of staff and volunteers to encourage participation in the Ombudsman program and will carry out other activities as deemed appropriate.

**Requirement:** OAA 307 (a) (9); Section 712 (b)

**Assurance:** The State Agency assures it will establish procedures for appropriate access by the Ombudsman to long term care facilities and patient records. That representatives of the Office of Long Term Care Ombudsman will have access to long term care facilities and their residents and with permission to the resident's medical and social records.

**Requirement:** OAA 307 (a) (9); Section 712 (c)

**Assurance:** The State Agency assures it will establish a statewide uniform reporting system to collect and analyze data relating to complaints and conditions in long term-care facilities with the purpose of identifying and resolving significant problems.

**Requirement:** OAA 307 (a) (9); Section 712 (d)

**Assurance:** The State Agency assures it will establish procedures to assure that any files maintained by the Ombudsman Program will be disclosed only at the discretion of the Ombudsman having authority over the disposition of the file. The identity of the complainant or resident of the long term care facility shall not be disclosed unless consent is given in writing by the individual or such disclosure is required by court order.

**Requirement:** OAA 307 (a) (9); Section 712 (e)

**Assurance:** The State Agency assures that in planning and operating the Ombudsman program, the views of older individuals and providers of long term care will be considered.

**Requirement:** OAA 307 (a) (9); Section 712 (f)

**Assurance:** The State Agency assures that no individual involved in the designation of the Long Term Care Ombudsman or the head of any subdivision of that office or no officer, employee or other representative are subject to a conflict of interest. A mechanism will be in place to identify and remedy any such or other similar conflicts.

**Requirement:** OAA 307 (a) (9) Section 712 (g)

**Assurance:** The State Agency assures that adequate legal counsel is available to the Office of Long Term Care Ombudsman for advice and consultation and representation should such or other legal action be brought in connection with performance of official duties. The State Agency assures it has the ability to pursue administrative, legal and other appropriate remedies on behalf of residents of long term care facilities.

**Requirement:** OAA 307 (a) (9); Section 712 (h)

**Assurance:** The State Agency assures it will require the Office of Long Term Care Ombudsman to:

- (1) Prepare an annual report on types of problems experienced, complaints received, and recommendation to resolve complaints;
- (2) Analyze and monitor the laws, regulations and policies with respect to long term care facilities and recommend changes deemed to be appropriate.
- (3) Provide information to public agencies, state legislators and others regarding problems, concerns and recommendations of older individuals residing in long term care facilities.
- (4) Provide for the training of staff in regulations, laws and policies, investigative techniques and other appropriate matters with respect to long term care facilities.
- (5) The State Agency also assures that it will prohibit any officer, employee or other representative of the Office of Long Term Care Ombudsman to investigate any complaint filed unless the individual has received appropriate training.
- (6) Coordinate ombudsman services with protection and advocacy systems for individuals with developmental disabilities and mental illness.
- (7) Coordinate Ombudsman services with State and local law enforcement agencies and courts of competent jurisdiction.
- (8) The State Agency assures that it will permit any local Ombudsman to carry out their duties and responsibilities of their office.

**Requirement:** OAA 307 (a) (9); Section 712 (i)

**Assurance:** The State Agency assures no representative of the Office of Long Term Care Ombudsman will be liable under State law for the good faith performance of official duties.

**Requirement:** OAA 307 (a) (12); Section 712 (j)

**Assurance:** The State Agency assures:

- (1) That willful interference with the Ombudsman in the performance of their official duties will be unlawful;
- (2) That retaliation and reprisals by long term care facility or other entity against an employee or residents for filing a complaint will be prohibited;
- (3) Appropriate sanctions will be provided with respect to interference, retaliation and reprisals.

**Requirement:** OAA 307 (a) (10)

**Assurance:** The State Agency will require outreach to identify individuals, eligible for assistance under Title III, with special emphasis on low-income minority individuals, older individuals with the greatest economic and social need, older individuals who reside in rural areas of Wyoming, older individuals with severe disabilities, older individuals with limited English-speaking abilities and older individuals with Alzheimer's disease or related disorders with neurological or organic brain dysfunction (and caretakers of such individuals); and inform such individuals and caretakers of the availability of such assistance to meet their needs. The State Agency assures that it will target services to older individuals living in Wyoming rural areas by: creating an opportunity for rural counties to expand services by providing the funding formula with a factor which takes into consideration the rural aspect of a service area; targeting of services to older rural individuals by coordinating outreach with other rural service providers. The State Agency currently includes a portion of the allocated funds as a "rural" factor in the

funding.

**Requirement:** OAA 307 (a) (11) (A)

**Assurance:** The State Agency assures it will enter into contracts with providers of legal assistance who have demonstrated the experience and capacity to deliver legal assistance, included in any such contracts provisions to assure that any recipient of funds will be subject to specific contract restrictions and regulations promulgated under the Legal Services Corporation Act (other than restrictions and regulations governing eligibility for legal assistance under such Act and governing membership of local governing boards) as determined appropriate by the Assistant Secretary; and including groups within the private bar furnishing legal assistance services to older individuals on a pro bono and reduced fee basis.

**Requirement:** OAA 307 (a) (11) (B)

**Assurance:** The State Agency assures no legal assistance will be furnished unless the grantee administers a program designed to provide legal assistance to older individuals with social or economic need and has agreed to coordinate its services with the existing Legal Services Corporation. At the present time, the State Agency contracts with the Legal Services Corporation to provide the Legal Services Developer Program. The Legal Services Corporation concentrates the use of the Title III funds on individuals with the greatest needs.

**Requirement:** OAA 307 (a) (11) (C)

**Assurance:** The State Agency will provide for the coordination of the furnishing of legal assistance to older individuals within the State, and provide advice and technical assistance in the provision of legal assistance to older individuals within the State and support the furnishing of training and technical assistance for legal assistance for older individuals.

**Requirement:** OAA 307 (a) (11) (D)

**Assurance:** The State Agency assures, to the extent practicable, legal assistance furnished under this plan will be in addition to any legal assistance for older individuals being furnished with funds from other sources other than this Act and reasonable efforts will be made to maintain existing levels of legal assistance for older individuals.

**Requirement:** OAA 307 (a) (11) (E)

**Assurance:** The State Agency assures that priority will be given to legal assistance related to income, health care, long term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect, and age discrimination.

**Requirement:** OAA 307 (a) (12) (A)

**Assurance:** The State Agency assures it will conduct a program consistent with relevant state laws and coordinate with existing state/county adult protective service activities for public education to identify and prevent abuse of older individuals, receipt of reports of elder abuse, active participation of older individuals through outreach, conferences and referral to other social service agencies, referral of complaints to law enforcement or appropriate protective services agency.

**Requirement:** OAA 307 (a) (12) (B) (C)

**Assurance:** The State Agency will not permit involuntary or coerced participation in the

program or services described in this paragraph by alleged victims, abusers, or their households; and all information gathered in the course of receiving reports and making referrals shall remain confidential unless all parties to the complaint consent in writing to the release of such information, except that such information may be released to a law enforcement or public protective service agency.

**Requirement:** OAA 307 (a) (13)

**Assurance:** The State Agency assures that it will contract with the Wyoming Legal Services Corporation, to conduct the Legal Assistance Developer Program for older individuals throughout the State of Wyoming.

**Requirement:** OAA 307 (a) (14) (A)(B)

**Assurance:** The State Agency will require, if a substantial number of older persons in a Public Service Area are limited English-speaking, that the provider agencies will utilize in the delivery of outreach services under section 306(a)(2)(A), the services of outreach workers fluent in the language spoken and to designate an individual employed on a full-time basis who will be responsible for counseling assistance to older individuals who are of limited English-speaking ability and provide guidance to individuals engaged in the delivery of supportive services to be aware of cultural sensitivity and to take into account effectively linguistic and cultural differences.

**Requirement:** OAA 307 (a) (16)(A)(B)

**Assurance:** The State Agency assures outreach efforts will be made to identify individuals eligible for assistance provided by the Older Americans Act, with special emphasis on Wyoming's rural elderly, older individuals who have greatest economic need or social need (with particular attention to low-income minority individuals and older individuals residing in rural areas), older individuals with severe disabilities, older individuals with limited English speaking ability, and older individuals with Alzheimer's disease or related disorders with neurological and organic brain dysfunction and the caretakers of such individuals. The State Agency will inform persons identified by the outreach effort and their caretakers of the available services.

**Requirement:** OAA 307 (a) (17)

**Assurance:** The State Agency assures it will coordinate with the designated State planning agency for disabled persons for the planning, identification, needs assessments, and service for older individuals with disabilities with particular attention to individuals with severe disability to enhance develop collaborative programs where appropriate to meet the needs of older individuals with disabilities.

**Requirement:** OAA 307 (a) (18)

**Assurance:** The State Agency assures it will conduct efforts to facilitate the coordination of community-based, long term care services pursuant to section 306(a)(7) for older individuals who reside at home and are at risk of institutionalization because of limitations on their ability to function independently; patients placed in a hospital and at risk of prolonged institutionalization; or in long term care facilities, but who can return to their homes if community-based services are provided to them.

**Requirement:** OAA 307 (a) (19)

**Assurance:** The State Agency assures the State Plan will include the assurances and descriptions required by Section 705 (a).

**Requirement:** OAA 307 (a) (20)

**Assurance:** The State Agency assures that this plan provides assurance that special efforts will be made to provide technical assistance to minority service providers.

**Requirement:** OAA 307 (a) (21)(A)

**Assurance:** The State Agency assures that it will coordinate programs under Title III and Title VI.

**Requirement:** OAA 307 (a) (21)(B)

**Assurance:** The State Agency assures that it will pursue activities to increase the access of older Native Americans to aging programs and benefits. This will be done by the coordination of Older Americans Act programs and services throughout areas of older rural Native American population centers, statewide outreach efforts, and state funded activities where appropriate.

**Requirement:** OAA 307 (a) (22)

**Assurance:** The State Agency assures that the state agency will ensure compliance with the requirements specified in section 306 (a) (8).

**Requirement:** OAA 307 (a) (23)

**Assurance:** The State Agency assures that demonstrable efforts will be made to coordinate Older Americans Act services with other state services and to provide multi generational activities, such as opportunities for older individuals to serve as mentors or advisors in child care, youth day care, educational assistance, at risk youth intervention, juvenile delinquency treatment, and family support programs.

**Requirement:** OAA 307 (a) (24)

**Assurance:** The State Agency assures that it will coordinate public services to assist older individuals to obtain transportation access to services under Title III, Title VI, comprehensive counseling services, and legal assistance.

**Requirement:** OAA 307 (a) (25)

**Assurance:** The State Agency assures that it has in effect a mechanism to provide for the quality of in-home services under Title III.

**Requirement:** OAA 307 (a) (26)

**Assurance:** The State Agency assures that funds received under Title III will not be used to pay any part of a cost (including administration) incurred by the state to carry out a contract or commercial relationship that is not carried out to implement Title III.

**Requirement:** OAA 308 (a) (1)

**Assurance:** The State Agency assures that it will use its allotment for State Plan administration to pay not more than 75 percent of the costs of administering the State Plan.

**Requirement:** OAA 308 (b) (2) (A)

**Assurance:** The State Agency assures, that it will utilize the greater of \$500,000 or five percent of the allotment for administration.

**Requirement:** OAA 308 (b) (3) (E)

**Assurance:** The State Agency assures that no amounts received by the State under the Older Americans Act will be used to hire any individual to fill a job opening created by the action of the State in laying off or terminating the employment of any regular employee not supported under the Act in anticipation of filling the vacancy so created by hiring an employee to be supported through use of amounts received under this Act.

**Requirement:** OAA 705 (a) (1)

**Assurance:** The State Agency assures that, in carrying out any chapter of Title VII in which it receives funding under Title VII, it will establish programs in accordance with the requirements of Title VII. The State Agency will carry out Title VII in the following manner, which will include but is not limited to:

- (1) provide for public education and outreach to identify and prevent elder abuse, neglect, and exploitation;
- (2) provide legal assistance to older individuals through a contract with Wyoming Legal Services, Inc.;
- (3) promote Wyoming Guardianship Corporation services to those elderly individuals in need of such services;
- (4) participate in statewide Adult Protection Services conference;
- (5) promote the development of a comprehensive adult protection services manual that outlines the coordination of services (Goal 1, Objective 1.6-C);
- (6) coordinate with a statewide health insurance counseling program - WSHIP (Wyoming Senior Health Insurance Program);
- (7) coordinate education and training on elder abuse with the Long-Term Care Ombudsman and Legal Services Coordinator;
- (8) hold meetings with the attorney general's office Medicaid Fraud Control Unit to coordinate education and training, and also stay mutually apprized of issues affecting the older adults;
- (9) coordinate activities of the Long-Term Care Ombudsman, the Office of Health Quality, and Medicaid Fraud Control Unit that will be providing training and education on residents' rights, Board and Care Homes, Assisted Living facilities, Adult Day Care and Nursing Homes;
- (10) coordinate program efforts with the Protection and Advocacy program, Victim

Assistance programs, and consumer protection and local law enforcement programs that identify and assist vulnerable older individuals, and services provided by agencies and courts of competent jurisdiction;

- (11) conduct activities to promote the Wyoming Senior Patrol Project to monitor waste, fraud, and abuse in the Medicare and Medicaid programs.

**Requirement:** OAA 705 (a) (2)

**Assurance:** The State Agency assures that it will hold public hearings to obtain the views of older individuals and other interested parties regarding programs carried out under Title VII.

**Requirement:** OAA 705 (a) (3)

**Assurance:** The State Agency assures that it will identify and prioritize statewide activities aimed at ensuring that older individuals have access to, and assistance in securing and maintaining benefits and rights.

**Requirement:** OAA 705 (a) (4)

**Assurance:** The State Agency assures that it will use funds made available under Title VII for activities in addition to, and will not supplant, any funds that are expended under any Federal or State law in existence on the day before the date of the enactment of this Title, to carry out the elder rights activities described in Title VII.

**Requirement:** OAA 705 (a) (5)

**Assurance:** The State Agency assures that it will place no restrictions, other than the requirements referred to in clauses (i) through (iv) of section 712 (a) (5) (C), on the eligibility of entities for designation of local ombudsman entities.

**Requirement:** OAA 705 (a) (6)

**Assurance:** The State Agency assures that, with respect to programs of Title VII for the prevention of elder abuse, neglect, and exploitation under chapter 3:

- (1) it will conduct a program of services consistent with relevant State law and coordinated with existing State adult protective service activities for:
  - (a) public education to identify and prevent elder abuse;
  - (b) receipt of reports of elder abuse;
  - (c) active participation of older individuals participating in programs under this Act through outreach, conferences, and referral of such individuals to other social service agencies or sources of assistance; and
  - (d) referral of complaints to law enforcement or public protective service agencies if appropriate;
- (2) it will not permit involuntary or coerced participation in the program or services described in subparagraph by alleged victims, abusers, or their households; and
- (3) all information gathered in the course of receiving reports and making referrals shall remain confidential except:
  - (a) if all parties to such complaint consent in writing to the release of such information;
  - (b) if the release of such information is to a law enforcement agency, public protective services agency, licensing or certification agency, ombudsman

- (c) program, or protection or advocacy system; or  
upon court order.

**Requirement:** OAA 721 (a)

**Assurance:** The State Agency will carry out Title VII in the following manner, which will include but is not limited to:

- (1) provide for public education and outreach to identify and prevent elder abuse, neglect, and exploitation;
- (2) provide legal assistance to older individuals through contact with Legal Services Corporations;
- (3) promote Wyoming Guardianship Corporation services to those elderly individuals in need of such services;
- (4) participate in statewide Adult Protection Services conference;
- (5) promote the development of a comprehensive adult protection services manual that outlines the coordination of services (Goal 1, Objective 1.6-C);
- (6) coordinate with a statewide health insurance counseling program - WSHIP (Wyoming Senior Health Insurance Program) in cooperation with AARP, RSVP, and Wyoming Cooperative Extension Service;
- (7) coordinate education and training on elder abuse with the Long-Term Care Ombudsman and Legal Services Coordinator;
- (8) hold meetings with the attorney general's office Medicaid Fraud Control Unit to coordinate education and training, and also stay mutually apprized of issues affecting the older adults;
- (9) coordinate activities of the Long-Term Care Ombudsman and Medicaid Fraud Control Unit that will be providing training and education on residents' rights, Board and Care Homes, Assisted Living facilities, Adult Day Care and Nursing Homes;
- (10) coordinate program efforts with the Protection and Advocacy program, Victim Assistance programs, and consumer protection and local law enforcement programs that identify and assist vulnerable older individuals, and services provided by agencies and courts of competent jurisdiction;
- (11) conduct activities to promote the Wyoming Senior Patrol Project to monitor waste, fraud, and abuse in the Medicare and Medicaid programs.

**Requirement:** 45 CFR, Part 1321.17 (f)

**Assurance:** The State Agency assures it/that:

- (1) will engage only in activities which are consistent with its statutory mission as prescribed in the Act and as specified in State policies/statutes.
- (2) will give preference to older persons in the greatest social or economic need in the provision of services under this Plan.
- (3) has sufficient procedures in place to ensure that all services under this part are provided without the use of any means test.
- (4) has sufficient procedures in place to ensure that the services provided under Title III meet the existing health and safety requirements for the provision of those services.
- (5) has procedures in place providing the opportunity for older persons to voluntarily contribute to the cost of services.



- (6) has submitted a report detailing the amount of funds expended for each priority service during the past fiscal year.
- (7) shall develop policies governing all aspects of programs operated under this Part.
- (8) will arrange for outreach at the community level. Outreach efforts shall place special emphasis on reaching older individuals with the greatest economic or social needs with particular attention to low-income minority individuals, including outreach to identify older Native Americans and inform them of the availability of services.
- (9) shall have and employ appropriate procedures for data collection to permit the State to complete and transmit timely and accurate statewide data as requested by the Assistant Secretary.
- (10) will use the funds received under Sec. 303(f) for services set forth in Sec. 361.
- (11) shall, with the assistance of the WY Department of Education, the University and Community College System of WY, compile available information, with necessary supplementation, on courses of post-secondary education to older individuals. The Division will make a summary of the information available to older individuals at multipurpose senior centers, congregate nutrition sites, and in other appropriate places.
- (12) congregate meals are provided to individuals with disabilities who reside in a noninstitutional household and accompany an eligible participant.
- (13) will coordinate with Title VI providers of the Older Americans Act as appropriate.
- (14)(i) will not fund program development and coordinated activities as a cost of supportive services for the administration of area plans until it has first spent ten percent (10%) of the total of its combined allotment under Title III on the administration of the Plan;
- (14) (ii) will submit the details of proposals to pay for program development and coordination as a cost of supportive services, to the general public for review and comment; and
- (14) (iii) certifies that any such expenditure will have a direct and positive impact on the enhancement of services for older persons.
- (15) outreach will be provided where there is a significant population of older Native Americans.

**Requirement:** Equal Employment Opportunity and Civil Rights

**Assurance:** The State Agency assures that:

- (1) it has an equal opportunity policy, implemented through an affirmative action plan for all aspects of personnel administration as specified in 45 CFR, Part 84.
- (2) all recipients of funds from the State Agency are required to operate each program activity so that, when viewed in its entirety, the program or activity is readily accessible to and useable by handicapped persons. Where structural changes are required, these changes shall be made as quickly as possible, in keeping with 45 CFR, Part 84.
- (3) it has developed and is implementing a system to ensure that benefits and services available under this State Plan are provided in a non-discriminatory manner as required by Title VI of the Civil Rights Act of 1964 as amended.

**Requirement:** OAA 102 (19)

**Assurance:** The State Agency assures that the term “in-home services” includes:

- (A) services of homemakers and home health aides;
- (B) visiting and telephone reassurance;
- (C) chore maintenance;
- (D) in-home respite care for families, and adult day care as respite service for families;
- (E) minor modifications of homes that is necessary to facilitate the ability of older individuals to remain at home that is not available under another program (other than a program carried out under this Act);
- (F) personal care services; and
- (G) other in-home services as defined by the state which includes-
  - (i) hospice which is a program for the terminally ill and their families given in a home or health facility which provides medical, palliative, psychological, spiritual, and supportive care and treatment;
  - (ii) personal emergency response system which is an electronic device worn by the client to summon emergency help.

# ***APPENDIX A***

## **IDENTIFYING OUR NEEDS: A SURVEY OF ELDERS**

The Wyoming Department of Health, Aging Division began work on its state plan for 2002 - 2006 this year. The state plan is designed to address the current and future needs in Wyoming for people over the age of 60, as well as those ages 18-59 who are risk of premature institutionalization. The plan will outline the activities which the Aging Division will engage in to enhance the lives of the elderly, promote independence, and allow individuals to reside where they choose for as long as possible. In order to identify those needs the Aging Division conducted a needs survey that focused on three major goals: identifying important issues for Wyoming communities; locating options for responding to the issues; and assessing the options and charting action plans.

It is intention of the Aging Division to complete a thorough assessment of community needs and the fit between those needs and the services that are now offered. This procedure can help to identify new issues for communities and assist them in planning to address then as well as in seeking financial support.

The survey "Identifying Our Needs: A Survey of Elders" which was developed by the University of North Dakota School of Medicine & Health Science, the Center for Rural Health through a grant by the U.S. Department of Health and Human Services, Administration on Aging was utilized by the Aging Division to assist in ascertaining the needs and issues for the older adults in Wyoming. A copy of the survey is attached to the State Plan along with the statistical results.

# ***APPENDIX B***