<table>
<thead>
<tr>
<th>Authorized Food</th>
<th>Description</th>
<th>Size</th>
<th>Minimum Stock</th>
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</thead>
</table>
| **Breakfast Cereal** | 4 different types  
• Two must be whole grain  
(refer to WIC Food Shopping Guide) | 9 to 36 ounce | 12 Boxes Total  
18 Boxes Total |
| **Beans / Peas** | 2 dried varieties | 1 pound | 4 packages  
8 packages |
| **Cheese** | 2 different flavors: block, shredded or sliced | 8 or 16 ounces | 4 packages  
8 packages |
| **Eggs** | White or Brown; large A or AA | 1 dozen | 4 dozen  
8 dozen |
| **Fish** | Must carry both water-packed Tuna and Salmon  
2.5, 3, 5, or 6 ounce cans or pouches | pounds | 5 Pounds Total  
10 Pounds Total |
| **Fresh Fruits & Vegetables** | Individual, bulk, packaged, whole, or cut up  
• Regular or organic | 16 ounces | |
| **Juice** | 2 different flavors each:  
1. 11.5 – 12 ounce frozen  
2. 64 ounce shelf stable | | |
| **Milk** | 2 types of fat content:  
1. Whole  
2. Low-fat or nonfat (Skim) | | |
| **Yogurt** | Regular or Greek  
2 types of fat content:  
1. Whole  
2. Low-fat or nonfat | Quart | Whole  
2 quarts  
Low-fat / Nonfat  
2 quarts |
| **Peanut Butter** | Creamy or Crunchy  
2 different types  
1. 100% Whole Wheat Bread  
2. Other-Brown Rice, Corn, Whole Wheat Tortillas or Whole Wheat Pasta | 16 ounces | 100% Whole Wheat Bread  
4 loaves of 16 ounce bread  
Other Whole Grain  
4 packages |
| **Whole Grains** | 2 different types  
1. 100% Whole Wheat Bread  
2. Other-Brown Rice, Corn, Whole Wheat Tortillas or Whole Wheat Pasta | 20 containers total | |
| **INFANT FOODS** | **Infant Cereal** | 8 or 16 ounces | 2 boxes total  
6 boxes total |
| **Infant Fruits & Vegetables** | 3 different varieties  
• Single or mixed ingredient  
• Regular, natural or organic  
• 1st, 2nd, 3rd (crawler) foods  
• Each item in multipack is counted individually | 2 to 10 ounces | 20 containers total  
64 containers total |
| **Infant Meats** | Regular or organic  
• Single meat with broth or gravy | 2.5 ounces | 10 containers total  
20 containers total  
3 different types |
| **Contract Infant Formula: Milk Based** | Powdered | Size may vary | 6 cans  
12 cans |
| **Contract Infant Formula: Soy Based** | Powdered | Size may vary | Not required to carry for a small store  
6 cans |

**Note:** Quarts of milk may be waived for a small grocery store (SG) if they adequately stock quarts of whole fat and low-fat/nonfat yogurt.

**Note:** Quarts of yogurt may be waived for a small grocery store (SG) if they adequately stock quarts of whole fat and low-fat/nonfat milk.