

Authorized Food	Description	Size	Minimum Stock	
			Small (SG)	Large (LG)
<b>Breakfast Cereal</b>	4 different types <ul style="list-style-type: none"> <li>Two must be whole grain (refer to WIC Food Shopping Guide)</li> </ul>	9 to 36 ounce	12 Boxes Total	18 Boxes Total
<b>Beans / Peas</b>	2 dried varieties	1 pound	4 packages	8 packages
<b>Cheese</b>	2 different flavors: block, shredded or sliced	8 or 16 ounces	4 packages	8 packages
<b>Eggs</b>	White or Brown; large A or AA	1 dozen	4 dozen	8 dozen
<b>Fish</b>	Must carry both water-packed Tuna and Salmon	2.5, 3, 5, or 6 ounce cans or pouches	Tuna <ul style="list-style-type: none"> <li>4 cans/pouches</li> </ul> Salmon <ul style="list-style-type: none"> <li>4 cans/pouches</li> </ul>	Tuna <ul style="list-style-type: none"> <li>8 cans/pouches</li> </ul> Salmon <ul style="list-style-type: none"> <li>8 cans/pouches</li> </ul>
<b>Fresh Fruits &amp; Vegetables</b>	<ul style="list-style-type: none"> <li>Individual, bulk, packaged, whole, or cut up</li> <li>Regular or organic</li> </ul>	pounds	5 Pounds Total Fruits <ul style="list-style-type: none"> <li>2 different types</li> </ul> Vegetables <ul style="list-style-type: none"> <li>2 different types</li> </ul>	10 Pounds Total Fruits <ul style="list-style-type: none"> <li>4 different types</li> </ul> Vegetables <ul style="list-style-type: none"> <li>4 different types</li> </ul>
<b>Juice</b>	2 different flavors each: <ol style="list-style-type: none"> <li>11.5 – 12 ounce frozen</li> <li>64 ounce shelf stable</li> </ol>	Frozen <ul style="list-style-type: none"> <li>11.5 - 12 ounces</li> </ul> Shelf Stable <ul style="list-style-type: none"> <li>64 ounces</li> </ul>	Frozen <ul style="list-style-type: none"> <li>4 cans</li> </ul> Shelf Stable <ul style="list-style-type: none"> <li>4 bottles</li> </ul>	Frozen <ul style="list-style-type: none"> <li>8 cans</li> </ul> Shelf Stable <ul style="list-style-type: none"> <li>8 bottles</li> </ul>
<b>Milk</b>	2 types of fat content: <ol style="list-style-type: none"> <li>Whole</li> <li>Low-fat or nonfat (Skim)</li> </ol>	Gallon and Quarts	Whole <ul style="list-style-type: none"> <li>4 gallons</li> <li>2 quarts</li> </ul> 1% / Nonfat (Skim) <ul style="list-style-type: none"> <li>4 gallons</li> <li>2 quarts</li> </ul>	Whole <ul style="list-style-type: none"> <li>8 gallons</li> <li>4 quarts</li> </ul> 1% / Nonfat (Skim) <ul style="list-style-type: none"> <li>8 gallons</li> <li>4 quarts</li> </ul>
<i>Note: Quarts of milk may be waived for a small grocery store (SG) if they adequately stock quarts of whole fat and low-fat/nonfat yogurt.</i>				
<b>Yogurt</b>	Regular or Greek 2 types of fat content: <ol style="list-style-type: none"> <li>Whole</li> <li>Low-fat or nonfat</li> </ol>	Quart	Whole <ul style="list-style-type: none"> <li>2 quarts</li> </ul> Low-fat / Nonfat <ul style="list-style-type: none"> <li>2 quarts</li> </ul>	Whole <ul style="list-style-type: none"> <li>4 quarts</li> </ul> Low-fat / Nonfat <ul style="list-style-type: none"> <li>4 quarts</li> </ul>
<i>Note: Quarts of yogurt may be waived for a small grocery store (SG) if they adequately stock quarts of whole fat and low-fat/nonfat milk.</i>				
<b>Peanut Butter</b>	Creamy or Crunchy	16 – 18 ounces	3 jars	6 jars
<b>Whole Grains</b>	2 different types <ol style="list-style-type: none"> <li>100% Whole Wheat Bread</li> <li>Other-Brown Rice, Corn, Whole Wheat Tortillas or Whole Wheat Pasta</li> </ol>	16 ounces	100% Whole Wheat Bread <ul style="list-style-type: none"> <li>4 loaves of 16 ounce bread</li> </ul> Other Whole Grain <ul style="list-style-type: none"> <li>4 packages</li> </ul>	100% Whole Wheat Bread <ul style="list-style-type: none"> <li>8 loaves of 16 ounce bread</li> </ul> Other Whole Grain <ul style="list-style-type: none"> <li>8 packages</li> </ul>
<b>INFANT FOODS</b>				
<b>Infant Cereal</b>	2 types (plain, no fruit added) <ul style="list-style-type: none"> <li>Dry</li> <li>Regular or organic</li> </ul>	8 or 16 ounces	2 boxes total	6 boxes total
<b>Infant Fruits &amp; Vegetables</b>	3 different varieties <ul style="list-style-type: none"> <li>Single or mixed ingredient</li> <li>Regular, natural or organic</li> <li>1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> (crawler) foods</li> <li>Each item in multipack is counted individually</li> </ul>	2 to 10 ounces	20 containers total	64 containers total
<b>Infant Meats</b>	<ul style="list-style-type: none"> <li>Regular or organic</li> <li>Single meat with broth or gravy</li> </ul>	2.5 ounces	10 containers total <ul style="list-style-type: none"> <li>2 different types</li> </ul>	20 containers total <ul style="list-style-type: none"> <li>3 different types</li> </ul>
<b>Contract Infant Formula: Milk Based</b>	Powdered	Size may vary	6 cans	12 cans
<b>Contract Infant Formula: Soy Based</b>	Powdered	Size may vary	Not required to carry for a small store	6 cans