

Title III-E Program Overview

New Directors Training 2020

Day 4 - Session 1 (7/8) - November 6th

Aging Division Community Living Section



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Title III-E National Family Caregiver Support Program



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Title III-E National Family Caregiver Support Program Summary

The Caregiver Program is designed to help Caregivers, 18 years of age and older, get relief from giving care to their loved one. Caregivers of older adults who are 60 and older and loved ones who have dementia and/or alzheimer's at any age. The Caregiver cannot be receiving payment for taking care of a loved one.

The Older Relative Caregiver (ORC) Program is designed to assist ORCs, 55 years and older, who are supporting children 17 years and younger under and adults 18 to 59 who are disabled get relief from giving care to the children and disabled adults.

- Parents of an adult child, 18 to 59, who is disabled are also eligible for this program.**



Title III-E National Family Caregiver Support Program Summary

Funding for this program is given to community organizations who are assisting Caregivers and Older Relative Caregiver in many ways across Wyoming. (senior centers, home health agency, WSCI)

Program providers may provide caregivers with supplemental services to compliment the caregivers' activities such as; providing caregivers with information and assistance about available services for older adults, providing individual counseling and training to assist caregivers in decision making, offering respite care to provide temporary relief to caregivers of their responsibilities.



Title III-E Eligibility

Who is Eligible?

- A person who is 18 years of age or older who is taking care of a person 60 years old or older
- A person who is 18 years of age or older who is taking care of a person with Alzheimer's disease or a related dementia at any age
- An Older Relative Caregiver, not a parent, who is at least 55 years old and taking care of a child 17 years old or younger
- An Older Relative Caregiver and/or Parent who is at least 55 years old and taking care of an adult child between the ages of 19-59 living with a disability



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National Family Caregiver Support Program - Statistics

Approximately 34.2 million Americans provided unpaid care to an adult age 50 or older in the last 12 months, while 43.5 million provided unpaid care to an adult or child during the same 12-month period. Estimated value of this care \$470 billion.

Source: (2015 National Alliance for Caregiving & AARP survey)



National Family Caregiver Support Program - Services

- **Information:** Public education, brochures, posters, general information relative to the program and to resources to support caregivers and their families.
- **Assistance:** One-to-one contact. This service may include assistance to the caregiver in locating and arranging for services from a variety of agencies. Also addressed is the Care Coordination ~ assessment of the needs of the caregiver. Included is the development of service plans, assessment and reassessment.
- **Counseling/Training/Support Groups:** Training is implemented to provide advice, guidance, and education, etc., to caregivers in individual or group settings. Support Groups for Caregivers to share their Caregiving experiences and talk. Counseling may only be done by a licensed counselor to be billed to the program.



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National Family Caregiver Support Program - Services

Service Category	E – National Family Caregiver Support Program (NFSP) – Service Plans						
	Service	Sub-Service	Sub-Service	Sub-Service	Sub-Service	Sub-Service	Sub-Service
Information	Information Services (1 unit for X consumers)	Group Education	Newsletters	Public Education to Families	Health Fairs		
	Outreach (One to one contact)						
Assistance	Assistance	Information on Services to the Caregiver (Not on the program – unit type is per contact)	One to One/Face to Face contact with a Caregiver (Not on the program – unit type is per contact)				
Case Management	Case Management (Care Coordination – Hourly)	Evaluation Initial Caregiver	Evaluation Initial – Care Receiver	Follow-up of Evaluation – Caregiver	Quarterly Evaluation – Caregiver	Re-evaluation Renewal of Caregiver	Re-evaluation Renewal of Care Receiver
Individual Counseling, Support Groups, and Caregiver Training	Individual Counseling, Support Groups, and Caregiver Training (Session)	Individual Counseling	Counseling Caregivers (max 15 sessions)	Peer Support	Support Group	Training of Caregivers	
Respite	Respite (Hourly or per day)	There will be changes in 11/2020	In-Home (Hourly)	Adult Day Care (Hourly)	Assisted Living	Institutional (Daily)	ORC Support Groups
Supplement	Supplement	Loan closet (Per unit)	Volunteers (Hourly)				
	Personal Emergency Response System (PERS)	Installation Fee (One time)	Monthly Service Fee				
	Assisted Transportation (One way – Caregiver)						
	Assistive Devices (\$400 max per year - Caregiver)						
	Chore (Hourly)						
	Meals (Either Caregiver or Care Receiver)						
	Homemaking (Hourly)						
	Incontinence Supplies						
	Minor Home Modifications (\$400 max per year - Caregiver)						
	Personal Care (Hourly)						



National Family Caregiver Support Program - Services

- **Respite:** Child day care, In-home services, adult day care, or if need be, an overnight stay in a residential setting which might be a nursing home or assisted living. This service is defined as “intermittent” and is intended to be limited.
 - Please do not enter Respite for November 2020 because ACL is changing the services so we will need to change too.
- **Supplemental Services:** Supplemental services include adaptive equipment (handrails, ramps, lighting, etc.), loan closet items, or meals and transportation for the caregiver. Also included are car repairs, smoke detectors, homemaker and chore services, personal care, **or other services approved by the Division.** The \$400 limit per year, per client for home modifications and durable medical equipment (DME) can be increased with Division approval.



Older Relative Caregiver Program - Services

Service Category	E – Older Relative Caregiver Program (ORCP) – Service Plans						
	Service	Sub-Service	Sub-Service	Sub-Service	Sub-Service	Sub-Service	Sub-Service
GRG Information	Information Services (1 unit for X consumers)	Group Education	Newsletters	Public Education to Families	Health Fairs		
	Outreach (One to one contact)						
GRG Assistance	Assistance	Information on Services to the Grandparent (Not on the program – unit type is per contract)	One to One/Face to Face contact with Grandparents (Not on the program – unit type is per contract)				
GRG Case Management	Case Management (Care Coordination – Hourly)	Evaluation Initial – Grandparent	Evaluation Initial – Grandchildren	Follow-up of Evaluation – Grandparent	Quarterly Evaluation – Grandparent	Re-evaluation Renewal of Grandparent	Re-evaluation Renewal of Grandchildren
GRG Individual Counseling, Support Groups, and Caregiver Training	Individual Counseling, Support Groups, and Caregiver Training (Session)	Individual Counseling	Counseling Grandparents (max 15 sessions)	Peer Support	Support Group	Training of Grandparents	
GRG Respite ~ changes for 11/2020	Respite (Hourly or per day)	Respite Support Group (Hourly)	In-Home Respite (Hourly)				
Supplement	Supplement						
	Personal Emergency Response System (PERS)	Installation Fee (One time)	Monthly Service Fee				
	Assisted Transportation (One way – Caregiver)						
	Assistive Devices (\$400 max per year - Caregiver)						
	Chore (Hourly)						
	Meals (Either Grandparents or Grandchildren)						
	Homemaking (Hourly)						
	Incontinence Supplies						
	Minor Home Modifications (\$400 max per year - Caregiver)						
	Personal Care (Hourly)						

National Family Caregiver Forms

National Family Caregiver Support Program Required Documents:

- ✓ Caregiver/ORC Service Plan- Quarterly and Annually or Change of Status
- ✓ Caregiver/ORC Services Evaluation- Annually or Change of Status
- ✓ Caregiver/ORC Information- Annually or Change of Status
- ✓ Caregiver/ORC Evaluation Form- Semi-annually or Change of Status
- ✓ Caregiver Task Sheet- Document provided services

Additional Documentation:

- ✓ Approval form for Specialized Services or for services over a specific \$\$ amount



National Family Caregiver Forms And Assessment Tools

- Aging Needs Evaluation Summary (AGNES) needs to be done for Care Receivers (loved ones), annually and quarterly, whose Caregiver has asked for Respite and Supplemental Services.
- Service Plan needs to be done for all Caregivers, noting services needed. This plan needs to be signed by the Caregiver (client) and the Access Care Coordinator.
 - Caregiver is taking care of two loved ones. ACC needs to do two Service Plans.
- A nursing assessment is required if the ACC determines, via the AGNES, a need for personal care. This assessment is required to be done by a licensed nurse, and if a LPN did the assessment, a RN or physician must also sign. Access Care Coordinators who are not licensed nurses are not qualified to do this assessment.



Title II-E Top Services

FFY2019

- Respite: 168
Eligible Participants
- Homemaker: 138
Eligible Participants
- Support Group: 99
Eligible Participants

FFY2020

- Homemaker: 175
Eligible Participants
- Respite: 160
Eligible Participants
- Support Group: 76
Eligible Participants



Caregiver and Older Relative Caregiver (ORC) Providers

- Buffalo Senior Center – Johnson County - Caregiver & ORC
- Campbell County Senior Center – Campbell County
- Central Wyoming Senior Services – Natrona County
- Cheyenne Senior Center – Laramie County
- Community Action of Laramie County – Laramie County - ORC
- Crook County Senior Center – Crook County
- Fremont In-Home Services – Fremont County
- Rock Springs Young at Heart – Sweetwater County
- Senior Center of Jackson Hole – Teton County
- The Hub on Smith – Sheridan County – Caregiver & ORC
- Uinta Senior Citizens Inc. – Lincoln & Uinta Counties
- Wyoming Senior Citizens Inc. – Big Horn, Carbon, Converse, Fremont, Goshen, Hot Springs, Laramie, Natrona Counties



Counties Not Served

- Albany
- Niobrara
- Park
- Platte
- Sublette
- Washakie
- Weston

Why:

- **Money for the match**
- **Service Staff**
- **Not enough interest by Caregivers - We can take care of our own**
- **Providers feel program has too many requirements**

Title III-E Caregiver Program

“There are only four kinds of people in the world:

*Those who have been Caregivers
Those who currently are Caregivers
Those who will be Caregivers
Those who will need Caregivers.”*

Roselyn Carter



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