Monthly Activity REPORT

|Name: Donald Duck |Month: November | Region: 1

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| Date | **DESCRIPTION OF TASKS, ACTIVITIES, AND EVENTS**  (Fill out this Monthly Activity Report to track daily tasks, activities, and events. This report should accompany the monthly invoice submitted to the WCP.) | **TOPIC**  (Outline what workplan topic the task, activity, or event relates to) |
| 11/1 | Discuss support for cancer survivor group. Would like to get them a guest speaker or  Nutritionist to talk to the folks coming to that group. | Survivorship |
| 11/3 | Attended cancer professional’s luncheon. | Partnership Building |
| 11/6 | Continue working with CRMC regarding screening event in the spring. Would like to do one in  April, maybe? Will be putting together a little gift package for all attendees including stress  reduction items and self-exam cards. | Breast |
| 11/8 | Reached out to Healthworks on possible client reminder project for breast screenings they are interested and would like to know more. I will be scheduling and hosting a lunch and learn. | Health Systems |
| 11/9 | Researched potential partners in Goshen and Albany County identified 3 potential clinics-need to make contact and develop relationship with staff- assess needs and attitudes toward HPV vaccination, referring for screenings, etc. | HPV |
| 11/12 | Posted on FB about the dangers on radon on your home | Radon |
| 11/13 | Working with Peak Wellness in Torrington to plan a Health Fair | Partnership Building, Breast, Cervical, Radon, Colorectal, Skin |
| 11/15 | Contacted PHN to see about partnering on HPV project | HPV |
| 11/20 | Planning ladies night out event, Met with CRMC partners who will help sponsor the event to discuss WBCI and other event info. | Breast |
| 11/21 | Reached out to potential employers for FIT Kit project. No specific interest yet. I will reach out to the hospitality industry next. | Colorectal |
| 11/22 | Executed successful lunch and learn with HW to discuss reminder system and how to implement it in their clinic. | Health Systems |
| 11/23 | Provided mini grant for exercise equipment for cancer survivors at CRMC | Survivorship |
| 11/28 | Ran newspaper ad for Radon awareness | Radon |
| 3/29 | Connected cancer survivors with CRMC Yoga studio where they will be able to attend regular exercise classes. | Survivorship |
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| **RESOURCES PROVIDED TO SURVIVORS**  (Report the number of wigs, scarves, breast prosthesis, cancer care plans, pampering bags/kits, etc. that were provided to clients during this month. How many and what funding source) | Funding Source |
| 5 Wigs | CRMC |
| 2 Scarves | CRMC |
| 1 Care Package | WCRS |
| 1 prosthesis | WCRS |

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| **ADDITIONAL RESOURCES** | | |
| Total completed screenings  (Does not include FIT kits, or WCP clients) | Total dollar amount of gas cards distributed for treatment appointments | Total dollar amount of gas cards distributed for screening appointments |
| 11 | 200 | 50 |

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| **MEDIA EVALUATION** | |
| This section is to be completed after the completion of the event or media campaign. Outline each media campaign individually if multiple campaigns completed within the month. | |
| What media campaign topic are you reporting on? | |
| Ladies Night Out Event | |
| Please explain successes of event or media campaign: | |
| I think my campaign was very successful.I had 20 more ladies at my event than last year | |
| Please explain areas of improvement for event or campaign: | |
| I think next time I will try to get my advertisment out to a wider audience. Maybe use a larger newspaper or radio station or a combination or both. | |
| **Event specific:** | |
| Number of attendees: | 45 |
| **Advertising specific:** | |
| Media outlet used: | Newspaper |
| Dates ad ran: | September 1-October 15 |
| Number of times ad ran: | Every week in the newspaper once a week |
| Was the media campaign | ☐ Free or donated X Paid for with WCRS funds |
| Total cost of paid campaign (Radon campaigns are reported in the radon section only): | |
| Total estimated cost of free/donated campaign (Radon campaigns are reported in the radon section only): | |

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| **CANCER PLAN EFFORTS**  (Fill out this section with relevant information on efforts and activities happening in your region related to the cancer plan. These do not have to be activities you're directly involved in.) |
| CRMC is hosting chair massages for cancer survivors as well as support groups for men and women. |

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| **RADON INFORMATION**  (The following information will assist in reporting for the Wyoming State Indoor Radon Grant. Please note that public presentations and presentations to realtors are counted separately. This information should SPECIFICALLY be radon events and activities only. This information is required by the EPA grant for radon funding.) | |
| Number of events and presentations to the public where radon materials were provided (WCRS as exhibitors): | 2 |
| Where were the events located (city/town): | Cheyenne, Laramie |
| Number of attendees at each event: | 50,100 |
| Number of individuals educated on an personal level (how to test, the importance of testing, etc.): | 5 |
| The price of any vendor booth space, swag, materials, etc. for radon events or presentations. (If booth was free, estimate what it could have cost): | $200 |
| The number of hours spent at vendor booth or event | 2 hours |
| Number of free press/media ads provided (newspaper, radio, television) that focused on radon education: | 1 newspaper ad |
| Estimated value of free advertisements (if you would have had to pay, how much would it have cost): | $100 |
| Number of social media posts you created that focused on radon education: | 1 Facebook ad |
| Number of social media posts were created or shared by partners that focused on radon education: | 0 |
| Estimate the time spent (in hours) on preparing or creating radon presentations or information. | 2 hours |
| Number of radon presentations given to realtors, brokers, mortgage lenders, and/or building contractors: | 3 |
| Length of presentations given to realtors, brokers, mortgage lenders, and/or building contractors: | 30 minutes |
| Number of realtors, brokers, mortgage lenders, and/or building contractors in attendance: | 10 |
| Number of radon presentations given to medical providers/provider staff: | 1 |
| Length of presentations given to medical providers/provider staff: | 30 minutes |
| Number of medical providers/provider staff in attendance: | 3 |
| Number of individuals who received verbal instructions when receiving or requesting a radon testing kit (outside of events- such as calls or walk in’s at an office setting): | 2 |
| Estimate the time spent (in hours) discussing radon and radon testing instructions with any clients (outside of events- such as calls or walk in’s at an office setting):: | 2 hours |
| Estimate the time spent (in hours) attending presentations or webinars where radon information was discussed (WCRS as attendees): | 0 |
| Any other events or information relating to radon: |  |