

# Wyoming Suicide Prevention Symposium

September  
2020



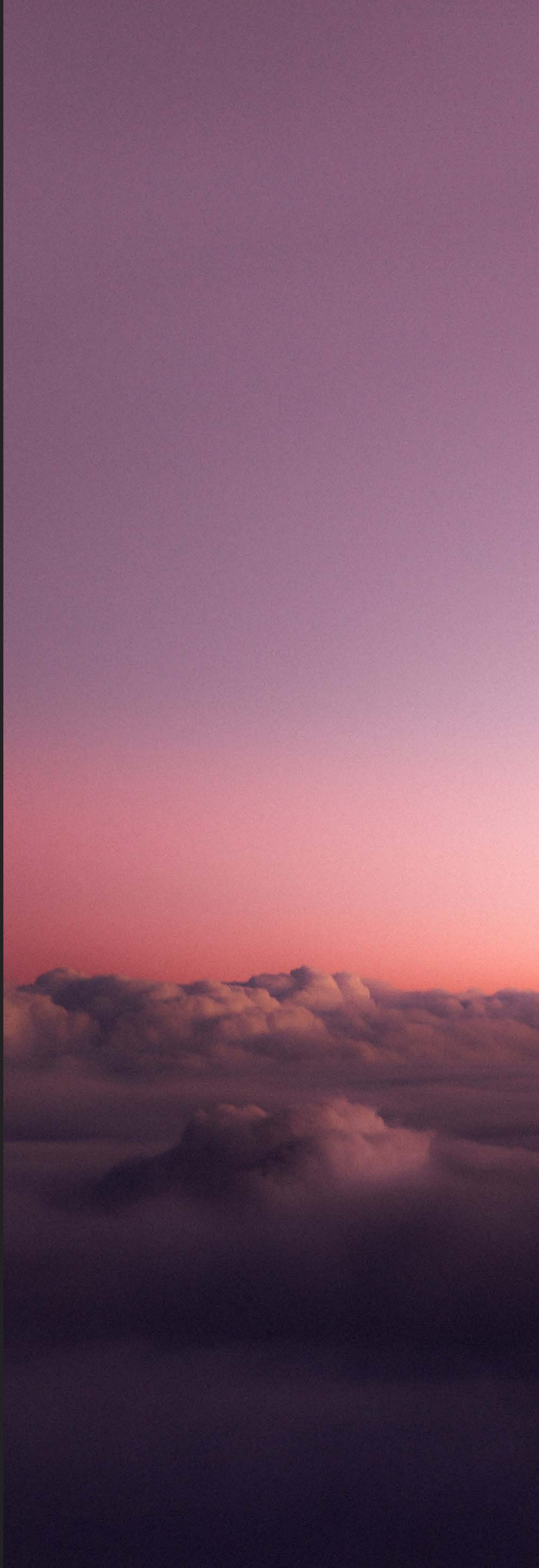
**September  
4th, 2020**

**12:00 PM -  
1:00 PM**

**CALM (Conversations on  
Access to Lethal Means)  
Training**

**Kathleen Ellison, MA, MS, NCC**  
Safer Homes Collaborative -  
Project Director  
Missouri Institute of Mental  
Health – University of Missouri -  
St. Louis

Ms. Ellison, a Wyoming native from Gillette will facilitate CALM, an adapted one-hour training that teaches participants how to have conversations with gun owners about firearm safety, engage with them in suicide prevention efforts, and the intersection of the most lethal means in the U.S. and suicide.





# September 4th, 2020

## 1:00 PM - 2:00 PM

### **The Intersection of Firearms and Suicide**

**Dakota Jablon, MHS**  
Director of Federal Affairs

Coalition to Stop Gun Violence  
Educational Fund to Stop Gun  
Violence

Suicide is a public health crisis. Firearms are the most lethal and most commonly used suicide method in the United States. A multilevel approach for suicide prevention that addresses firearm safety can save lives. There are effective, evidence-based interventions for firearm suicide prevention. Our approach organizes these interventions by applying the social ecological model.



**#keepgoing**  
**#bethere**  
**#suicideprevention**  
**#stigmafree**  
**#spm20**  
**#notalone**



# September 11th, 2020

## 12:00 PM - 2:00 PM

### **Sources of Strength**

**Tauna Groomsmith** -  
Fremont County Community  
Prevention Specialist

**Kristi L. Lipp** -  
Weston County Community  
Prevention Specialist

**Ann M. Perkins, Ph.D.** -  
Sheridan County Community  
Prevention Specialist

Sources of Strength is an evidence-based youth suicide prevention program designed to harness the power of peer social networks to change unhealthy norms and culture, ultimately preventing suicide, bullying, and substance abuse. In this session, we will see how Sources of Strength is being implemented in three Wyoming counties.







**September  
18th, 2020**

**12:00 PM -  
1:00 PM**

**Risk and Protective  
Factors for Young Adults**

**Arianna Prescher -  
Council Member**

**Avery Frankhouser -  
Council Member**

The Wyoming Youth and Young Adult Council's purpose is to offer young people's voices, wisdom, lived experiences, and talents to contribute to youth and young adult health and well-being in Wyoming. Through fostering protective factors, especially connectedness to services, caring adults, and information, we will address many issues to promote youth health, resilience, and self-efficacy.



# September 18th, 2020

## 1:00 PM - 2:00 PM

### **Suicide Prevention in the Time of COVID-19**

**Lindsay Martin -**

Program Manager - Wyoming  
Department of Health (WDH)

**Shari Sinwelski -**

Deputy Director - National  
Suicide Prevention Lifeline  
(NSPL)

**Richard McKeon -**

Branch Chief for Suicide  
Prevention - Substance Abuse  
and Mental Health Services  
Administration (SAMHSA)

This presentation will start with an overview of current Wyoming suicide data and the new Wyoming Lifeline call centers by WDH. SAMHSA and the NSPL will then dive into the impacts of COVID-19 on suicide prevention efforts, what to expect with the rollout of 988, and will wrap up with a question and answer period with the WDH, SAMHSA, and NSPL.





**September  
24th, 2020**

**12:00 PM -  
1:00 PM**

**School-Based Suicide  
Prevention Interventions  
for K-12 Population**

**Aaron Fischer, PhD -  
Mountain Plains Prevention  
Technology Transfer Center  
(PTTC)**

Participants will learn about the youth suicide prevalence nationally and the implications to schools. They will also be able to familiarize themselves with multi-tiered systems of positive behavior and social-emotional learning. In addition, how multi-tiered systems support the prevention of suicide. Finally, the presentation will discuss ways to build the capacity and sustainability of these services in K-12 schools.







**September  
24th, 2020**

**1:00 PM -  
2:00 PM**

**Suicide Prevention in the  
LGBTQIA+ Community**

**Ralph Nieder-Westermann -  
The Henne Group**

Suicide is the seventh leading cause of death for males in the United States. Gay and bisexual men are at even greater risk for suicide attempts, especially before the age of 25. A study of youth in grades 7-12 found that lesbian, gay, and bisexual youth were more than twice as likely to have attempted suicide as their heterosexual peers. Some risk factors are linked to being gay or bisexual in a hostile environment and the effects that this has on mental health.





Wyoming  
Department  
of Health

Wyoming   
Injury & Violence Prevention Program