

WY Office of Rural Health Newsletter



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ORH News



November was a busy month for the Office of Rural Health! Our Medicare Rural Hospital Flexibility (FLEX) Program Manager conducted critical access hospital site visits in Afton, Thermopolis, and Lusk. These visits provided an opportunity for program staff to engage with critical access hospital staff and to share information regarding funding opportunities, training opportunities, and to discuss community and facility successes and challenges.

ORH Staff participated in several out of state training opportunities, including participating in the State Offices of Rural Health Orientation at HRSA headquarters in Rockville, MD. The orientation allowed for new staff to learn more about support available from federal partners, learned the ins and outs of various funding opportunities, and networked with SORH staff from other states in order to learn how to serve Wyoming residents better.

Finally, the Wyoming ORH celebrated National Rural Health Day on November 21st alongside national partners, state partners, and SORHs across the country. Program staff hosted a film screening of "The Providers" at the library and had

a chance to share the film and engage in conversation with community partners. WY-ORH also hosted its annual National Rural Health Day Photo Contest--winners to be announced soon! Thank you to everyone who participated in WY-ORH sponsored events, to those who helped get the word out about National Rural Health Day, and to those who continue to work tirelessly to increase access to quality health care in rural communities across Wyoming.

Funding and Technical Assistance Opportunities

Empowering Communities to Reduce Falls and Falls Risk

This funding opportunity from the Administration for Community Living aims to reduce falls and/or fall risks among older adults and adults with disabilities by providing funding for communities to implement evidence-based falls prevention program. To see full funding details, visit the program [website](#).

- **Maximum Award:** \$300,000.00
- **Eligible Applicants:** Domestic public or private entities including state and local governments, hospitals, community-based organization, and more.
- **Application Deadline:** January 31, 2020
- **Application:** Click [here](#) to visit the program website

Rural Sexual Assault, Domestic Violence, Dating Violence, and Stalking Assistance Program

Sponsored by the Office on Violence Against Women, U.S. Department of Defense, this program aims to support collaborative projects that address and prevent sexual assault, domestic violence, dating violence, and stalking in rural communities. To learn more about the program, view the full funding announcement [here](#).

- **Maximum Award:** \$750,000.00
- **Eligible Applicants:** To see a full list, click [here](#).
- **Application Deadline:** January 27, 2020
- **Application:** Click [here](#) to visit the program website

Automated External Defibrillator (AED) Grant Program



CPR Savers provides grants to eligible organizations to cover all or part of the costs associated with purchasing an automated external defibrillator (AED).

- **Eligible Applicants:** Community-based organizations that can demonstrate need for an AED
- **Application Deadline:** Applications accepted on an ongoing basis
- **Application:** Click [here](#) to visit the program website

Strategies to Improve Health Outcomes and to Reduce Disparities in Rural Populations

This NIH funded opportunity encourages research to promote a greater understanding of the challenges faced by rural population groups, for the development (or adoption/adaptation) of evidence-based interventions that can reduce health risks faced by rural Americans. Both prevention and treatment interventions are needed to address rural health issues. Prevention strategies should address and measure reductions in risk factors and enhancement of protective factors, while treatment approaches would

- **Maximum Award:** \$350,000/yr
- **Eligible Applicants:** Higher Education Institutions, Nonprofits, For Profit Organizations, Governments, and other. For full eligibility information visit the [NIH website](#).
- **Application Deadline:** December 13, 2019
- **Application** to be released on November 13, 2019.

seek to measure and address amelioration of health in individuals living with existing conditions. To accomplish these goals, the research community will be encouraged to use a wide range of culturally appropriate methodological approaches that can enhance access to and acceptability of interventions in rural settings, such as telehealth and community-based prevention research, where appropriate. It is our hope that research supported under this RFA will contribute to our knowledge of the sustainability of health promotion and disease prevention strategies in rural settings. Visit [here](#) for the full RFA announcement.

Research and Explore Awesome Careers in Healthcare (REACH)



The
Research
and
Explore
Awesome
Careers in

Healthcare (REACH) Program is an exciting program supported by the WY-ORH focusing on rural students in grades 5-10. The purpose of the program is to increase students' awareness, interest, and understanding of healthcare careers available in rural Wyoming. Grant award recipients host day camps in a healthcare setting where students are introduced to rural healthcare careers through a variety of innovative activities.

Learn more about the REACH Program and access the grant application on our [website](#).

- **Maximum Award:** \$1,490
- **Eligible Applicants:** rural healthcare organizations, rural schools or school districts, non profit organizations, and other organizations per ORH approval.
- **Project Period:** August 2019-June 2020
- **Application Deadline:** January 31, 2020 or until all awards are distributed

Technical assistance is available to interested applicants through the Wyoming Office of Rural Health.

Events and Training Opportunities



WYCOA Training Opportunities

Visit the [WYCOA Website](#) to learn more about the following opportunities.

- Care Coordination Certificates
- Geriatric Healthcare Internet Series
- UW ECHO in Geriatrics (returning in January 2020)

2020 Transforming Health Summit in Colorado



Hosted by Denver Health's LGBTQ Center of Excellence and Denver Public Health, the 3rd annual Transforming Health Summit is the first in Colorado to bridge clinical care, behavioral health, and public health to better serve transgender and gender diverse communities.

Students Encouraged to Enter Radon Poster Contest



The Wyoming Department of Health (WDH) encourages Wyoming students in grades 3-9 to enter a poster contest aimed at increasing awareness about radon and radon testing. "We know there is a lot of creativity out there among Wyoming youth. We want them to use their ideas and skills to help tell the story of radon and its risks," said Star Jones, outreach and education supervisor with the WDH Wyoming Cancer Program. Radon is an invisible, odorless, tasteless radioactive gas found in the soil that can sometimes reach dangerous levels in homes. The U.S. Surgeon General lists radon exposure as the second leading cause of lung cancer in the nation. "The only way to detect the amount of radon present in a home or other building is to test," Jones said. Entries will be divided into groups for grades 3-6 and grades 7-9. The top two winners from each group will receive gift certificates: \$200 for first place; \$100 for second. Winning posters will be used in local advertisements. Teachers of winning students will each receive \$100 toward classroom supplies. Students must choose from the following five topics for their posters:

1. What is radon?
2. Where does radon come from?
3. How does radon get into our homes?
4. Radon can cause lung cancer.
5. Test your home for radon.

The contest deadline is December 20.

More contest information, important artwork details and the required Artwork Submission Form is available at www.wyomingradon.org. Please mail submissions to Radon Poster Contest, Attn: Aaron Foxen, Wyoming Cancer Program, 6101 Yellowstone Road, Suite 510, Cheyenne, WY 82002.

Attn: RHC practice managers and providers

A free webinar series developed specifically for RHC practice managers and providers!

The attached [FLYER](#) outlines a free webinar series developed specifically for RHC practice managers and providers. The topics focus on financial and operational improvement strategies. The 30-minute free monthly webinars will be hosted by Lilypad and other subject matter experts in partnership with the National Organization of State Offices of Rural Health (NOSORH) -- and they are available at no cost to your organization.

*Use the [FLYER](#) to register today!
All webinars will begin 3:00 PM Eastern.*

Telehealth Updates

Telehealth 20/20: New Perspectives, Innovation Insights and Expanded Vision of Care Delivery



The Northwest Regional Telehealth Resource Center and its partner, the Telehealth Alliance of Oregon (TAO), invite you to participate in the NRTRC annual conference in Portland April 15-17, 2020 to discover innovations, build connections, learn from experts and more!

Participate in mapping Wyoming's broadband coverage

Broadband coverage is critical to the implementation and utilization of telehealth in Wyoming's

rural communities. The Wyoming Business Council and its Wyoming State Broadband Program is working to map broadband coverage in Wyoming, and you can help! The Broadband Program is asking Wyoming residents to take the broadband speed test in order to contribute as many data points as possible to Wyoming's innovative [broadband map](#).

Take the Broadband Test today! Click [Here](#).

Jobs and Service Opportunities

ORH Seeking Americorp VISTA

The WY-ORH is seeking an Americorp Vista to join our team! If you, or someone you know, is interested in applying or learning more about this opportunity to serve rural Wyoming, please follow this [link](#) to the position application.

Resources

New Report: Rural-Urban Disparities in Health Care in Medicare

Review this new report issued by Centers for Medicare and Medicaid Services [here](#).

Dissemination of Rural Health Research: A Toolkit

Produced by the Rural Health Research Gateway, this toolkit is designed to assist researchers develop appropriate, timely, accessible, and applicable products as well as social media campaigns to get the word out about their work. The toolkit provides descriptions for multiple modes of dissemination, including: policy briefs, fact sheets, infographics, journal publications, poster presentations, chartbooks, PowerPoint presentations, working papers and reports, and promotional products. The toolkit, which is free and downloadable, also includes a brief discussion on the purpose of each product, which product is appropriate given the topic and intended audience, and how to format and design each product

[Text Link](#)

Sign up to receive news from the [Mountain Plains Mental Health Technology Transfer Center \(MHTCC\)](#)

Here is why you should consider [Joining the Listserv](#):

- Be the first to get information about free trainings and webinars
- Learn about new products developed for working with rural populations
- Access trainings and videos on: ACES, First Episode Psychosis, School Mental Health, Suicide Prevention, and more
- Find out when new MP-MHTTC curriculum infusion packets, podcasts, and videos are released

Rural Health Information Hub



About RHIHub: "The Rural Health Information Hub, formerly the Rural Assistance Center, is funded by the Federal Office of Rural Health Policy to be a national clearinghouse on rural health issues."-- RHIHub Website

RHIHub is a valuable resource for a large variety of rural relevant topics including funding opportunities, rural relevant research, and rural best practices.

Click on the logo to visit the RHIHub website.

Rural Health Research Gateway

Rural Health Research Gateway is a federally-funded Rural Health Research Center. Visit their [website](#) to learn more.

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