



WY Office of Rural Health Newsletter



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In This Issue

- National Rural Health Day
- Funding and Technical Assistance Opportunities
- Events and Training Opportunities
- Telehealth Updates
- Jobs and Service Opportunities
- Resources

National Rural Health Day is November 21

The Office of Rural Health will be celebrating National Rural Health Day (NRHD), and we invite you to celebrate with us. NRHD is an opportunity to engage in a conversation and a movement that recognizes the challenges faced by rural health providers and partners, as well as the resilience and innovation found in our rural communities and our rural

health care facilities. To learn more about National Rural Health Day and the Power of Rural movement, visit powerofrural.org.

How can you get involved?

1. **Participate in the WY National Rural Health Day Photo Contest.** The annual National Rural Health Day photo contest hosted by WY-ORH is now open for submissions. The deadline to submit a photo is November 20, 2019. For full contest details, visit our [website](#).
2. **Join us for a screening of "The Providers"**, an award-winning documentary film following three rural providers as they navigate the challenges of rural health care in northern New Mexico. The screening will be held at 12pm on November 21 at the Laramie County Library in Cheyenne, WY. Lunch will be provided. Please RSVP by November 19. To RSVP for the event, click [here](#). Can't join us for the screening? Watch "The Providers" on your own by registering [here](#).
3. **Take the pledge** to communicate, collaborate, educate, and innovate in your area of rural health. To date, only three Wyoming organizations have taken the pledge demonstrating their commitment to rural health. *Will you join us this year?*
4. **Share your bright idea to celebrate NRHD.** Are you planning on sharing NRHD messaging in your clinic? Highlight NRHD at a staff meeting? Host a discussion about rural health in your community? We want to hear about it and recognize our partners who are celebrating NRHD with us! *Share your plans with the Office of Rural Health at wyo.ruralhealth@wyo.gov.*
5. **Social media minded? Use #powerofrural** on National Rural Health Day on November 21, 2019, and share what rural means to you!



Funding and Technical Assistance Opportunities

Instructor Training Grants for Physical Activity Programs

The National Recreation and Park Association provides grants for local park and recreation agencies to train instructors in specific [evidence-based physical activity programs](#) that are designed to positively impact chronic disease management, increase physical activity engagement, help seniors age in place, and improve quality of life.

Links to [application instructions](#) and the [online application](#) are available on the [program website](#).

[Applicant webinar](#)
(Registration required)
November 5, 2019
2:00 - 3:00 p.m. Eastern

- **Eligible Applicants:** Eligible Applicants: Wyoming organizations that are in good standing with the Wyoming Secretary of State and registered on SAM.gov. Organizations must not currently have a CDC-recognized DPP.
- **Application Deadline:** November 26, 2019

Diabetes Prevention Grant

This exciting funding opportunity is offered by the Wyoming Department of Health, and will assist Wyoming organizations with the implementation of a sustainable Diabetes

- **Maximum Award:** \$15,000
- **Eligible Applicants:** Wyoming organizations that are in good standing with the Wyoming Secretary of State and

Prevention Program (DPP). Organizations who are awarded the grant will be required to plan and implement a DPP and apply for CDC recognition of their program.

registered on SAM.gov. Organizations must not currently have a CDC-recognized DPP.

- **Application Deadline:** November 25, 2019
- **Apply** [here](#)

Automated External Defibrillator (AED) Grant Program



CPR Savers provides grants to eligible organizations to cover all or part of the costs associated with purchasing an automated external defibrillator (AED).

- **Eligible Applicants:** Community-based organizations that can demonstrate need for an AED
- **Application Deadline:** Applications accepted on an ongoing basis
- **Application:** Click [here](#) to visit the program website

Strategies to Improve Health Outcomes and to Reduce Disparities in Rural Populations

This NIH funded opportunity encourages research to promote a greater understanding of the challenges faced by rural population groups, for the development (or adoption/adaptation) of evidence-based interventions that can reduce health risks faced by rural Americans. Both prevention and treatment interventions are needed to address rural health issues. Prevention strategies should address and measure reductions in risk factors and enhancement of protective factors, while treatment approaches would seek to measure and address amelioration of health in individuals living with existing conditions. To accomplish these goals, the research community will be encouraged to use a wide range of culturally appropriate methodological approaches that can enhance access to and acceptability of interventions in rural settings, such as telehealth and community-based prevention research, where appropriate. It is our hope that research supported under this RFA will contribute to our knowledge of the sustainability of health promotion and disease prevention strategies in rural settings. **Visit [here](#) for the full RFA announcement.**

- **Maximum Award:** \$350,000/yr
- **Eligible Applicants:** Higher Education Institutions, Nonprofits, For Profit Organizations, Governments, and other. For full eligibility information visit the [NIH website](#).
- **Application Deadline:** December 13, 2019
- **Application** to be released on November 13, 2019.

Rural Health Network Development Planning Program

This funding opportunity is offered by the Health Resources and Services Administration (HRSA) and supports funding for a one year planning period for healthcare organizations who wish to

- **Maximum Award:** \$100,000
- **Eligible Applicants:** rural nonprofit organizations, public entities, federally recognized tribes (an applicant must represent a consortium of three or more

form a healthcare network in order to deliver better, more efficient care to their communities. Follow this [link](#) for more details regarding an applicant technical assistance webinar and application instructions.

- collaboration organizations).
- **Project Period:** 1 Year
- **Application Deadline:** November 29, 2019

Technical assistance is available to interested applicants through the Wyoming Office of Rural Health.

Research and Explore Awesome Careers in Healthcare (REACH)



The
Research
and
Explore
Awesome
Careers in

Healthcare (REACH) Program is an exciting program supported by the WY-ORH focusing on rural students in grades 5-10. The purpose of the program is to increase students' awareness, interest, and understanding of healthcare careers available in rural Wyoming. Grant award recipients host day camps in a healthcare setting where students are introduced to rural healthcare careers through a variety of innovative activities.

Learn more about the REACH Program and access the grant application on our [website](#).

- **Maximum Award:** \$1,490
- **Eligible Applicants:** rural healthcare organizations, rural schools or school districts, non profit organizations, and other other organizations per ORH approval.
- **Project Period:** August 2019- June 2020
- **Application Deadline:** January 31, 2020 or until all awards are distributed

Technical assistance is available to interested applicants through the Wyoming Office of Rural Health.

Helmsley Charitable Trust Grant Opportunity

Some critical access hospitals may be eligible for grant funding to implement eCARE Pharmacy and/or eCARE Emergency through the Helmsley Charitable Trust. To discover opportunities for potential funding, contact Stacey Tait-Goodale at Stacey.taitgoodale@avera.org or 605-595-5591. For more information on Avera eCARE, visit AveraeCARE.org.

Events and Training Opportunities

Students Encouraged to Enter Radon Poster Contest



The Wyoming Department of Health (WDH) encourages Wyoming students in grades 3-9 to enter a poster contest aimed at increasing awareness about radon and radon testing. "We know there is a lot of creativity out there among Wyoming youth. We want them to use their ideas and skills to help tell the story of radon and its risks," said Star Jones, outreach and education supervisor with the WDH Wyoming Cancer Program. Radon is an invisible, odorless, tasteless radioactive gas found in the soil that can sometimes reach dangerous levels in homes. The U.S. Surgeon General lists radon exposure as the second leading cause of lung cancer in the nation. "The only way to detect the amount of radon present in a home or other building is to test," Jones said. Entries will be divided into groups for grades 3-6 and grades 7-9. The top two winners from each group will receive gift

certificates: \$200 for first place; \$100 for second. Winning posters will be used in local advertisements. Teachers of winning students will each receive \$100 toward classroom supplies. Students must choose from the following five topics for their posters:

1. What is radon?
2. Where does radon come from?
3. How does radon get into our homes?
4. Radon can cause lung cancer.
5. Test your home for radon.

The contest deadline is December 20.

More contest information, important artwork details and the required Artwork Submission Form is available at www.wyomingradon.org. Please mail submissions to Radon Poster Contest, Attn: Aaron Foxen, Wyoming Cancer Program, 6101 Yellowstone Road, Suite 510, Cheyenne, WY 82002.

Wyoming FLEX/CAH Round-Up

All Critical Access Hospitals are encouraged to have staff participate at one of the following sites:

- November 12: Star Valley Health, Afton
- November 13: Hot Springs Memorial Hospital, Thermopolis
- November 15: Niobrara Community Hospital, Lusk

Flex program staff will be on-site to discuss funding opportunities, programs, services and CAH needs. Please join us!

Attn: RHC practice managers and providers

A free webinar series developed specifically for RHC practice managers and providers!

The attached [FLYER](#) outlines a free webinar series developed specifically for RHC practice managers and providers. The topics focus on financial and operational improvement strategies. The 30-minute free monthly webinars will be hosted by LilyPad and other subject matter experts in partnership with the National Organization of State Offices of Rural Health (NOSORH) -- and they are available at no cost to your organization.

*Use the [FLYER](#) to register today!
All webinars will begin 3:00 PM Eastern.*

Rural Health Clinical Congress to Offer Free, Virtual Education to Rural Providers on November 23

The National Organization of State Offices of Rural Health (NOSORH) is excited to partner with RME Collaborative to offer the 2019 Rural Health Clinical Congress (RHCC) in conjunction with National Rural Health Day! The RHCC is designed to take the distance out of learning, providing high-level, practical education for rural healthcare professionals through a virtual learning environment. This free, multi-topic CME/CE event is specifically for primary care clinicians and registered nurses who care for patients in rural and underserved areas. The RHCC will take place on Saturday, November 23, and feature a comprehensive curriculum covering clinical, practice management, and patient-centric topics, including diabetes, heart failure, asthma, teledermatology, and dyslipidemia. The program will be delivered by rural and clinical experts through an interactive, engaging virtual platform. [Click here to learn more and register](#) for this unique continuing education event!



Rural Health™
CLINICAL CONGRESS
TAKING THE DISTANCE OUT OF LEARNING

Saturday, November 23, 2019
Live Virtual Conference
Broadcast Starts at 8:00 AM CT

REGISTER BELOW

WDH Listening Session set for Cheyenne on November 19

The Wyoming Department of Health (WDH) is inviting local clients, providers and



residents to share thoughts and ideas on health-related issues and needs during a structured listening session planned for Cheyenne. The event will be **November 19 from 1:30-3:30 p.m.** in the **Cottonwood Room at the Laramie County Library**, which is located at 2200 Pioneer Avenue. "These sessions are opportunities for us to hear from our department's clients, local healthcare providers and community members about health-related issues," said Michael Ceballos, WDH director. "We want to know what's working and what could be improved. A better understanding of local perspectives helps us make the most of our available resources," he said.

Local residents who may be especially interested in attending include:

- Clients of various WDH programs
- Local area healthcare providers
- Community coalition members
- Anyone interested in Wyoming healthcare issues

For residents not able to attend a listening session, an online opportunity for comment is available at: healthcommunityvisits.wyo.gov. More information about WDH and its programs can be found at <https://health.wyo.gov>.

Crucial Conversations Training in Powell, WY

*Powell Valley Healthcare is pleased to offer
A One-Day Crucial Conversations Conference
for Healthcare Organizations*

*"Tools for Talking When the Stakes are High"
Presented by Vital Smarts*

Northwest College Yellowstone Building in Powell, WY
Thursday, November 7, 2019, 8:00 a.m.-5:00 p.m.
\$100 per participant includes breakfast, lunch and materials

For more information and registration contact Tami Lineback, Staff Educator at Powell Valley Healthcare at tami.lineback@pvhc.org or 307.754.1133. For scholarship information contact Kyle Cameron, Program Manager at kyle.cameron@wyo.gov or 307.777.8902.

Telehealth Updates

Upcoming WyTN Webinar

November Session:

**A Virtual Telemedicine Clinic Tour and
Demo
Presenter: TBA
Wednesday, November 27, 2019
12:00 pm to 1:00 pm MST**



[*Click Here to pre-register for this session*](#)

*Recordings of Previous Webinar sessions can be
found on the Wyoming Telehealth Network
[Website](#)*

Participate in mapping Wyoming's broadband coverage

Broadband coverage is critical to the implementation and utilization of telehealth in Wyoming's rural communities. The Wyoming Business Council and its Wyoming State Broadband

Program is working to map broadband coverage in Wyoming, and you can help! The Broadband Program is asking Wyoming residents to take the broadband speed test in order to contribute as many data points as possible to Wyoming's innovative [broadband map](#).

Take the Broadband Test today! Click [Here](#).

Jobs and Service Opportunities

ORH Seeking Americorp VISTA

The WY-ORH is seeking an Americorp Vista to join our team! If you, or someone you know, is interested in applying or learning more about this opportunity to serve rural Wyoming, please follow this [link](#) to the position application.

CEMS now available at Casper College



Community EMS Courses Offered this Fall.

The Casper College School of Health Science Paramedic Technology Department will offer a number of Community EMS courses during the Fall 2019 semester. The courses are designed for currently practicing EMTs and paramedics who are interested in expanding their skill set in order to serve their community in new ways such as assisting patients in navigating healthcare challenges, and providing non-traditional EMS services such as preventive care.

Click here to learn more about the CEMS Program!

Resources

Sign up to receive news from the [Mountain Plains Mental Health Technology Transfer Center \(MHTCC\)](#)

Here is why you should consider [Joining the Listserv](#):

- Be the first to get information about free trainings and webinars
- Learn about new products developed for working with rural populations
- Access trainings and videos on: ACES, First Episode Psychosis, School Mental Health, Suicide Prevention, and more
- Find out when new MP-MHTTC curriculum infusion packets, podcasts, and videos are released

Rural Health Information Hub



About RHIHub: "The Rural Health Information Hub, formerly the Rural Assistance Center, is funded by the Federal Office of Rural Health Policy to be a national clearinghouse on rural health issues."--
RHIHub Website

RHIHub is a valuable resource for a large variety of rural relevant topics including funding opportunities, rural relevant research, and rural best practices.

Click on the logo to visit the RHIHub website.

Rural Health Research Gateway

Rural Health Research Gateway is a federally-funded Rural Health Research Center. Visit their [website](#) to learn more.

Join our mailing list!