



## Wyoming Maternal and Child Health Unit Quarterly Newsletter - January 2020

Dear Partners,

Happy New Year! Please find below a handful of announcements and updates from the Maternal and Child Health (MCH) Unit at the Wyoming Department of Health. As always, please let us know how we can improve our communication and partnership with you. And please feel free to share this newsletter with your broader networks.

We look forward to continuing to partner with you in 2020 to achieve our mission of improving the health of Wyoming families and communities.

Danielle Marks  
MCH Unit Manager

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### Announcements

#### Staff Update

Please join us in welcoming Sapphire Heien, MCH Grants and Contracts Specialist and Title V Block Grant Coordinator. Sapphire holds a B.A. in English and Professional Writing and a Graduate Certificate in Publishing. She has worked for the Wyoming Department of Health for two-and-a-half years and is excited to use her skills to impact the health of families in MCH. Sapphire also moonlights as a freelance writer and editor, is a super nerd into cosplaying and Dungeons & Dragons, and also enjoys reading, crafts, and hiking. Sapphire can be contacted at [sapphire.heien1@wyo.gov](mailto:sapphire.heien1@wyo.gov) or 307-777-6921.



#### Save the Date: MCH Needs Assessment Update Webinar

The MCH Unit continues to work on the State's 2021-2025 MCH Needs Assessment. We have narrowed potential priority topic areas through review of data, discussions with partners, and research on available strategies. Please join us virtually on Monday, February 10, 2020 to learn more about our 2021-2025 draft priorities and how you can be involved in our next phase of strategic planning. To register for this virtual webinar, please visit: <https://zoom.us/meeting/register/uZwpde-hpjsuLh5kms2lsHotdgiyt1iGhw>.

For future needs assessment updates, please visit

## **MCH Quarterly Highlight: Wyoming Receives CDC Funding to Establish a Cross-State (Utah/Wyoming) Maternal Mortality Review Committee**

The Wyoming Department of Health, MCH Unit, in partnership with the Utah Department of Health, was awarded a five-year CDC grant to establish a cross-state Maternal Mortality Review Committee. This funding comes through the Enhancing Reviews and Surveillance of Maternal Mortality (ERASE MM) Program, which was authorized by the Preventing Maternal Deaths Act of 2018. The MCH Unit is honored by the opportunity to strengthen our cross-state partnerships to improve the health of women and mothers in Wyoming. Our application was successful in large part due to the support of partners like you. Thank you to all those who expressed interest in this project and pledged support during the application process!

The MCH Unit is working with the Utah Department of Health to establish a process for a biannual review of Wyoming maternal deaths as part of Utah’s existing Perinatal Mortality Review Committee. The goal is to review 2017-2019 maternal deaths within the first year of funding. A contract is underway for a Wyoming abstractor.

To stay connected on our progress and learn about upcoming partnership opportunities, please consider joining our quarterly Wyoming Perinatal Quality Collaborative meetings and signing up for the Maternal Mortality Subcommittee. For more information, please contact Eighmey Zeeck, Women and Infant Health Program Manager, at [eighmey.zeeck@wyo.gov](mailto:eighmey.zeeck@wyo.gov).

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## **MCH Program Updates**

### **Women and Infant Health Program**

The Wyoming Perinatal Quality Collaborative elected its first Chair, Erin McKinney. Erin is the current Clinical Director of Women & Children's Services at Cheyenne Regional Medical Center in Cheyenne. Erin began her role as Chair on January 1, 2020. If you would like to learn more about the Wyoming Perinatal Quality Collaborative, please contact Eighmey Zeeck at [eighmey.zeeck@wyo.gov](mailto:eighmey.zeeck@wyo.gov).

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### **Child Health Program**

In January 2020, the MCH Unit will convene providers, stakeholders, and consumers to assess interest in establishing a statewide Bright Futures Implementation Task Force. Bright Futures Guidelines, created by the American Academy of Pediatrics (AAP), provide a comprehensive, age-appropriate standard of care that all child-serving providers can follow. The Task Force will work on improving implementation of these standards, as well as well visit rates. If you are interested in learning more, please contact Jamin Johnson at [jamin.johnson1@wyo.gov](mailto:jamin.johnson1@wyo.gov) and J.D. Dillon at [jd.dillon@wyo.gov](mailto:jd.dillon@wyo.gov).

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### **Youth and Young Adult Health Program**

In 2020, the Youth and Young Adult Health Program will support the development of a statewide youth council to bring youth voices and experience together with health programs promoting success, increased engagement, and quality improvement. In addition, the program continues to work with the University of Michigan, Adolescent

Health Initiative and selected clinics to implement strategies focused on increasing adolescent well visits, with work set to begin in February 2020. If you are interested in learning more about these projects, please contact Rachel Barber at [rachel.barber@wyo.gov](mailto:rachel.barber@wyo.gov).

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#### Children's Special Health Program

Vicky Garcia, Children's Special Health Benefits & Eligibility Specialist, retired in December 2019 after serving children and youth with special healthcare needs and their families for forty years. Vicky passionately and tirelessly supported children and their families as they navigated complex healthcare systems. She set a lasting example for the MCH team and her partners to follow. Vicky will be dearly missed. News about Vicky's replacement will be shared in the next quarterly newsletter. Please contact Jamin Johnson at [jamin.johnson1@wyo.gov](mailto:jamin.johnson1@wyo.gov) with any questions/concerns during this transition.

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#### Newborn Screening Program

The Wyoming Newborn Screening Advisory Committee recently voted to add spinal muscular atrophy (SMA) to the Wyoming Newborn Screening Panel. SMA is a rare genetic condition affecting one in 10,000 live births. Early identification, diagnosis, and treatment improves motor outcomes and lowers the risk of death or needing a ventilator in people with SMA. Emergency rules adding SMA to the panel were signed on December 31, 2019 and testing began on January 1, 2020. For more information, please visit [wynewbornscreening.org](http://wynewbornscreening.org) or contact Carleigh Soule, Newborn Screening and Genetics Coordinator, at [carleigh.soule@wyo.gov](mailto:carleigh.soule@wyo.gov).

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#### Wyoming Pregnancy Risk Assessment Monitoring System (PRAMS) Program

Wyoming PRAMS recently published an updated Infant Safety Fact Sheet, which examines infant sleep environments in Wyoming from 2016 to 2018, as well as provider practices in educating mothers about safe sleep practices and environments. It was found that Wyoming exceeds the National Healthy People 2020 goal, with 85.5% of infants being put to sleep on their backs. To learn more about Wyoming PRAMS and keep up-to-date on Wyoming PRAMS data, visit our website: <https://health.wyo.gov/publichealth/chronic-disease-and-maternal-child-health-epidemiology-unit/mch-epi/>

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### Training Opportunities

A Long-Acting Reversible Contraception Provider Training offered by the National Clinical Training Center for Family Planning will be held in Casper, WY on January 30-31, 2020. To register, click [here](#).

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**THIS WEEK!** A Child Passenger Safety Class will be held in Casper, WY on January 14-17, 2020. For more information, please contact Stephanie Heitsch at [heitschs@gmail.com](mailto:heitschs@gmail.com).

### Child Passenger Safety (CPS) Training?

Unintentional injuries are the leading cause of death and injury to our children under the age of 16. The number one killer of our youth is motor vehicle crashes. Effective child passenger safety training is very important – not only in terms of providing technical information, but also in raising the awareness of the importance of proper occupant restraint usage by our youngest and most precious travelers. Wyoming has a misuse rate of car seats from 86% - 93%.

The course will expand your existing skills and increase your confidence, enabling you to better provide this valuable, lifesaving service to your community. Documented CPS training and experience also can help reduce employer and practitioner liability.

Upon completion of the NHTSA (National Highway Traffic Safety Administration) standardized course, which has both written and hands-on components of testing, you will be certified as a Child Passenger Safety Technician.

### Who Should Attend?

Anyone involved in child passenger safety education that wishes to teach accurate information to parents or the general public. Continuing education contact hours (CECH) are available for law enforcement.

### Limited Registrations

Only 25 applications will be accepted for this course. Your rapid registration is important if you are planning to attend. The deadline is Dec 30th, 2019. You will be notified of your acceptance to this class and provided with hotel and additional information through email. Substitution information, if needed, will be included in additional information. Please provide your e-mail.

E-mail: \_\_\_\_\_

### When

We require students to attend ALL FOUR classroom sessions AND the Check-Up Event. Please do not register if you cannot attend the entire training.

**Tuesday-Thursday, Jan 14-16, 2020**  
8:00 am-5:30 pm Lecture, Hands-On, & Testing

**Friday, Jan 17th, 2020**  
8:00 am-2:00 pm Class & Check-Up Event  
(12:00-2:00) (Fire Station)

**Breakfast, lunch (break during class) and dinner will be on your own!**

### Student Registration

To register follow link to: <http://cert.safekids.org/>

- Find a Course "Upper right corner"
- Add in: Course ID of WY201910041050 / Wyoming / Type is Certification / January 14-17 / Submit
- Select Course
- "Click Here" for Eligibility
- New Signup "Click Here"/Follow to register
- The national course fee is \$95
- Any questions on registration, email [heitschs@gmail.com](mailto:heitschs@gmail.com)

### Lodging Information

After you have received confirmation of registration from SKWW, send lodging information below to [heitschs@gmail.com](mailto:heitschs@gmail.com)

Students more than 50 miles from the training:

Name: \_\_\_\_\_

Roommate name: \_\_\_\_\_  
(We strongly encourage a roommate to lower the costs of the class)

Nights of lodging will be booked for Jan 13, 14, 15, 16  
Lodging will be booked for you and paid for each attendee through the WYDOT CPS Program.

### Certified Child Passenger Safety Technician Training

**Jan 14, 15, 16, 17, 2020**  
*Application deadline: Dec 30th, 2019*

Emergency Operations Center in  
The Nerd Gas Company Building  
441 Landmark Drive  
Casper, WY 82609



### Supporting Agencies

**SAFE  
KIDS**  
WORLDWIDE®

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## Resources

Please encourage your partners and clients to download the My 307 Wellness smartphone app by texting "Family" to 307-317-0819. My 307 Wellness is an interactive app with reliable, credible health information for individuals and families. You can track health milestones and immunizations, and find information about important screenings and resources available in your community.

## Thank you for your partnership!

### Maternal and Child Health



Visit our Website

For general questions or comments, please contact Sapphire Heien at [sapphire.heien1@wyo.gov](mailto:sapphire.heien1@wyo.gov) and she will direct you to the appropriate MCH staff person.

Wyoming MCH

Wyoming MCH envisions a Wyoming where all families and communities are healthy and thriving.

Data driven - Engagement - Population Health -  
Health Equity -

Life Course Perspective - Sustainability