For Youth and Families

Your teen is a legal adult at 18 with full responsibility for their care. Parents can no longer access medical information unless the young adult agrees (handout).

- Keep encouraging your teen to make doctor’s appointments, refill medications, and ask questions to the doctor.
- Work with your teen’s doctor to prepare a medical summary handout.
- Before your teen turns 18 and becomes a legal adult, figure out if they will need help with making health decisions. If so, ask your Wyoming Family to Family Health Information Center for local resources.
- Talk with your teen about the age they want to transfer to a new doctor for adult care.

Many changes happen at age 18. Learn about:
- Health insurance
- Supplemental Security Income
- Special education

Wyoming Department of Health 11/2019
Public Health Division, Maternal and Child Health Unit
Children’s Special Health
307-777-6921 or 800-438-5795
https://health.wyo.gov/publichealth/mch/index-4/MCH

Want to know more?
Visit: http://www.uwyo.edu/wind/f2f/transition.html#Q1