



# DSMES

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PAST, PRESENT AND FUTURE

# Brad Bellingrath, Executive Producer - Founder

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- Cape Cod – Massachusetts
- Attended school in Florida
- Online learning since 1990
- Audio Visual 1998 – 2008
- Webcasting 2006 – Present
- E-Learning Patient Education 2010 - Present



# Diabetes Patient Education Background

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- Need for greater DSMES accessibility
- Need for reduction of Patient ed cost
- Need for reduction of educator burden
- Anytime, anywhere
- Great for review and for involving caretakers



# Approved Curriculum

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- Based on the AADE 7 – Self-Care Behaviors for Managing Diabetes Effectively
- At this point – Standard Curriculum
- Can be used for CE for health coaches
- Great for programs who are seeking accreditation



# The Curriculum

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- So little is currently available
- 10 modules or sessions, each about ½ hour in length - video, quiz, evaluation and self-study elements
- All sessions are embedded in an LMS
- A branded portal is provisioned containing the DSMES course and LMS features



**More to  
Come...**

<https://www.dmlc.info>



# Application and Solution

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- Departments of Health seeking to meet strategic goals
- Content is provisioned to “Partners” who then extend it to patients
- CDC is willing to partner with Departments of Health to achieve goals, prove concepts
- Much of our work including some case studies is described on our website

[www.dmeetings.com](http://www.dmeetings.com) in the Media/Press area



# Where From Here?

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- The future is bright
- Programs are looking for creative and cost-efficient solutions
- Rules, policies and guidelines are being relaxed to accommodate online patient education
- DSMES in Spanish
- Heart Health



# Questions?

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- Clinical Patient Education Applications
- Learning Management System
- Reimbursement



# Thank You!

BRAD BELLINGRATH - EXECUTIVE PRODUCER, FOUNDER

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To schedule a meeting:

<https://hlcmehya.pages.infusionsoft.net/>