DSMES
PAST, PRESENT AND FUTURE
Brad Bellingrath, Executive Producer - Founder

- Cape Cod – Massachusetts
- Attended school in Florida
- Online learning since 1990
- Webcasting 2006 – Present
- E-Learning Patient Education 2010 - Present
Diabetes Patient Education Background

- Need for greater DSMES accessibility
- Need for reduction of Patient ed cost
- Need for reduction of educator burden
- Anytime, anywhere
- Great for review and for involving caretakers
Approved Curriculum

• Based on the AADE 7 – Self-Care Behaviors for Managing Diabetes Effectively
• At this point – Standard Curriculum
• Can be used for CE for health coaches
• Great for programs who are seeking accreditation
The Curriculum

- So little is currently available
- 10 modules or sessions, each about ½ hour in length - video, quiz, evaluation and self-study elements
- All sessions are embedded in an LMS
- A branded portal is provisioned containing the DSMES course and LMS features
Reimbursement Considerations

• Currently – Standard curriculum for brick and mortar patients

• Current Medicare/Medicaid guidelines indicate the education must be delivered at the clinical location of the accredited program

• Private payers Health Plans, Employers and Self Insured reimburse, situationally
  ◦ Telemedicine codes can now be used for Medicare/Medicaid reimbursement
Application and Solution

- Departments of Health seeking to meet strategic goals
- Content is provisioned to “Partners” who then extend it to patients
- CDC is willing to partner with Departments of Health to achieve goals, prove concepts
- Much of our work including some case studies is described on our website [www.dmeetings.com](http://www.dmeetings.com) in the Media/Press area
Where From Here?

• The future is bright
• Programs are looking for creative and cost-efficient solutions
• Rules, policies and guidelines are being relaxed to accommodate online patient education
• DSMES in Spanish
• Heart Health
Questions?

• Clinical Patient Education Applications
• Learning Management System
• Reimbursement
Thank You!

BRAD BELLINGRATH - EXECUTIVE PRODUCER, FOUNDER

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To schedule a meeting:
https://hlcmehya.pages.infusionsoft.net/