## FALLS PREVENTION COACH TRAINING

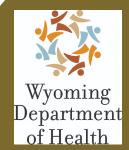
Are you in interested in reducing older adult falls in your community?

Attend one of our 2019 trainings and become a falls prevention coach!

Tai Chi for Arthritis for Fall Prevention Coach Training:

May 14-15: Lander, WY May 16-17: Casper, WY

August 28-29: Sheridan, WY September 26-27: Cody, WY



**Matter of Balance Coach Training:** 

April 15-16: Lander, WY

May 21-22: Jackson, WY August 27-28: Sheridan, WY

October 8-9 Cheyenne, WY \*\* Rescheduled\*\*

For more information, contact:

Jeff Grant, at 307-777-2424 or at jeff.grant@wyo.gov.