Edward (Ed) Chase is an active volunteer for the Natrona County Meals on Wheels (MOW) organization located in Casper, WY. He has been volunteering at MOW for 25 years and plans to continue serving older adults for many more. Ed used to work for the Farmers Home Administration with the Department of Agriculture in Torrington, WY.

While retired, he read in the paper that MOW was in need of volunteer drivers. Since then, he has been delivering meals about 5 days each week. When asked what he likes most about delivering meals, Ed said “I really enjoy it because I like being able to deliver food to the elderly and make sure that they are doing well. It makes me feel good knowing that they are doing well”. He gave numerous other reasons as to why he enjoys volunteering, including that he has developed great relationships with the older adult participants because he drives the same routes each day. Ed also says that there is great satisfaction in being able to see improvements in the participants and the difference one meal can make.

Aside from volunteering as a driver, Ed is also a Board of Directors member for the organization. He has previously served as the President on the Board and has continued to stay involved for several years. Ed was also nominated for the Jefferson Award and was the runner-up for Wyoming. He volunteers for several other organizations in Casper.
in addition to MOW.

I asked Ed what advice he would give to someone who was thinking of volunteering with MOW. He responded that he always tries to bring it up to his retired friends and get them involved. “It only takes an hour or so a day and I try to encourage people to try it once” he says. The volunteers often gather for lunch after delivering their routes and spend time with each other at the organization. “It is a fun atmosphere to come in and visit with each other”.

Thank you, Ed, for your time and commitment to serving the older adults in Wyoming!