

# 2019 FALLS PREVENTION COACH TRAINING

Are you interested in reducing older adult falls in your community?

Attend one of our 2019 trainings and become a falls prevention coach!

## Tai Chi for Arthritis for Fall Prevention Coach Training:

May 14-15: Lander, WY

May 16-17: Casper, WY

August 28-29: Sheridan, WY

September 26-27: Cody, WY

## Matter of Balance Coach Training:

April 15-16: Lander, WY

June 6-7: Cheyenne, WY\*\* Rescheduled\*\*

May 21-22: Jackson, WY

August 27-28: Sheridan, WY



For more information, contact:  
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