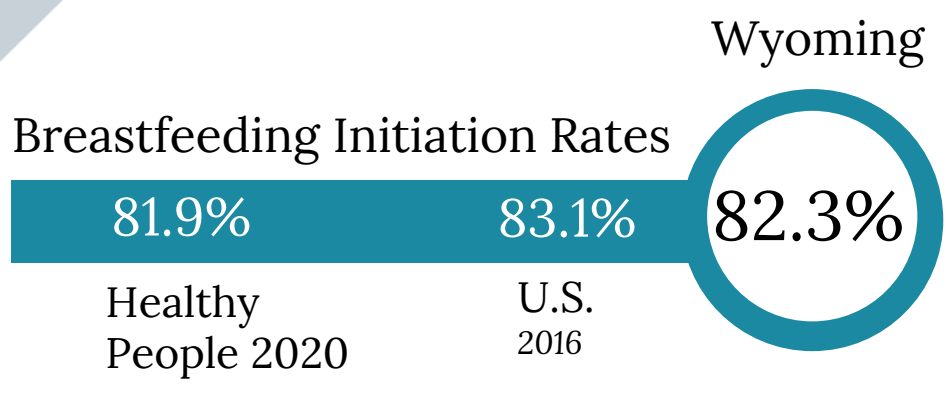


Breastfeeding in Wyoming Hospitals

Opportunities and Successes

Breastfeeding supports healthier moms and babies. Mom's first breastfeeding experience is in the hospital.



The Wyoming 5-Steps to Breastfeeding Success outlines areas of **opportunity** for hospitals to contribute to **breastfeeding success**.

Mom is informed about benefits and management of breastfeeding. **1**



13% of hospitals report staff receive appropriate **breastfeeding education**.

93%

of moms said WY hospital staff gave them **information on breastfeeding**.

Infant receives no food/drink in the hospital other than breast milk. (unless medically indicated) **2**

35% of hospitals report supplemental feedings to infants are rare.



"The **greatest bond** is the ability to feed/nurse my baby! I recommend breastfeeding for all mothers."
-WY PRAMS mom

Infant stays in same room with mom in the hospital. **3**



97%

of moms stayed in **the same room with their baby** in WY hospitals.

Infant does not use a pacifier in the hospital. **4**

1 in **4** hospitals **rarely provide pacifiers** to breastfeeding infants.

100% of Wyoming 5-Steps grantees **implemented policies** related to restricted pacifier use.



Mom is given a telephone number to call for help with breastfeeding. (after discharge) **5**

79% of moms got a phone number from WY hospitals for **breastfeeding help**.



"The lactation consultant was **amazing!** If it wasn't for her, I wouldn't be breastfeeding..."
-WY PRAMS mom

The Wyoming Department of Health is committed to supporting work that sustains breastfeeding success in Wyoming hospitals. If your facility is interested in getting assistance with implementing the **Wyoming 5-Steps to Breastfeeding Success** program, we can help!



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For more information on the data provided, please visit: health.wyo.gov/publichealth/mch/womenandinfanthealth/breastfeeding-5-steps/