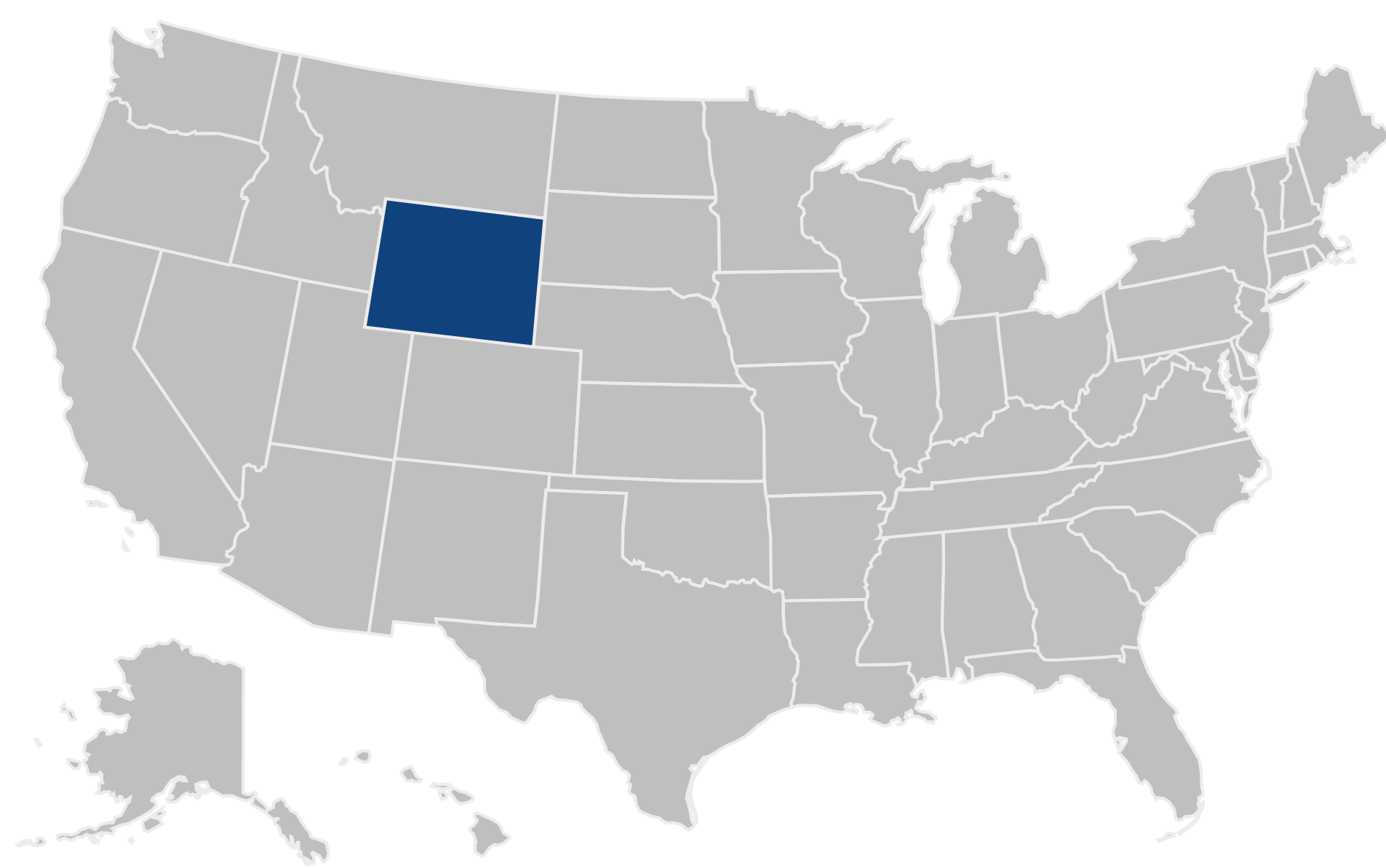


SUICIDE IN WYOMING

WYOMING INJURY & VIOLENCE PREVENTION

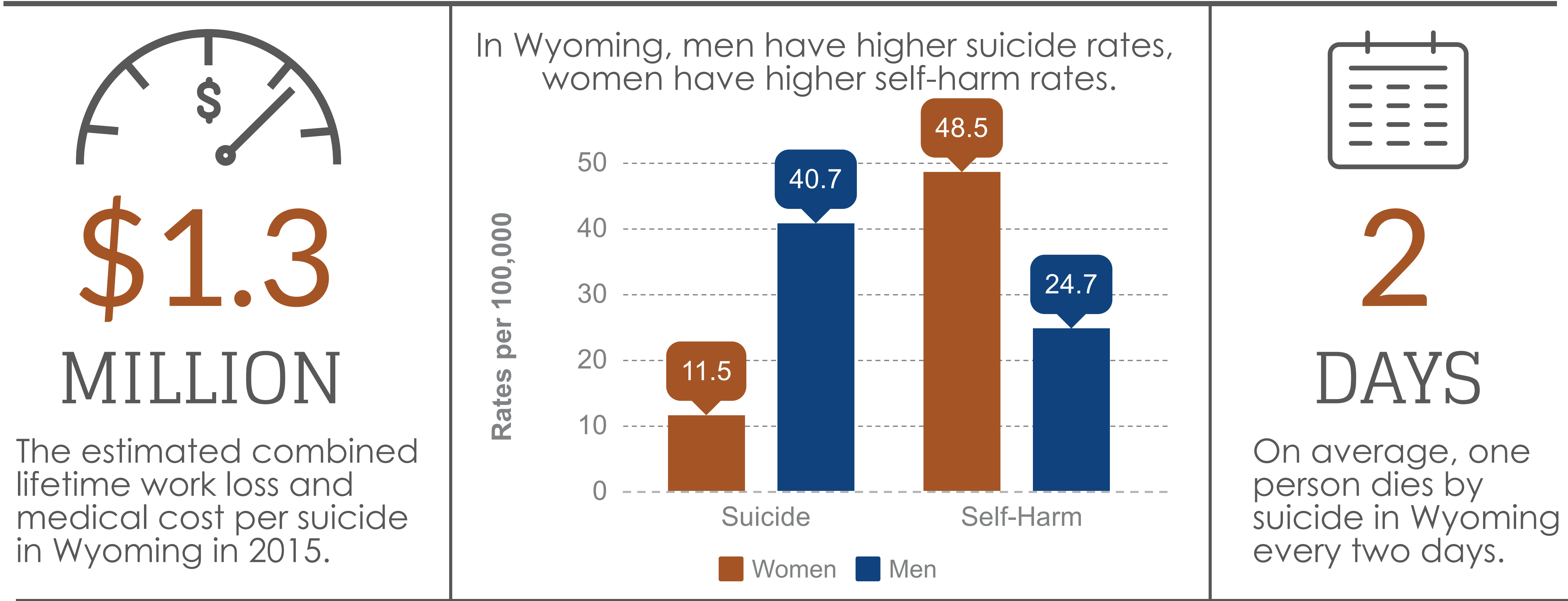
2018

Suicide rates in Wyoming are consistently higher than the US rates.

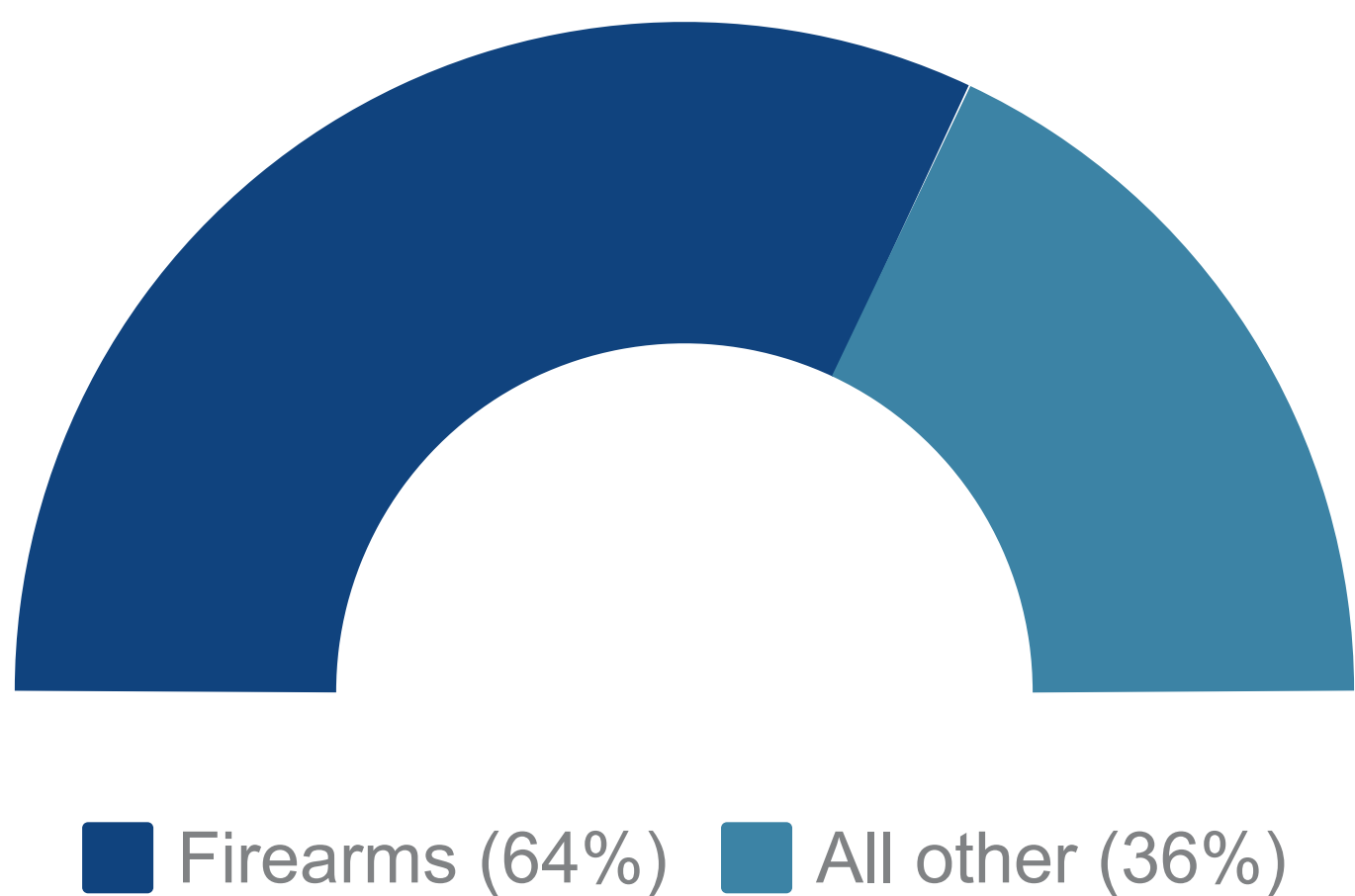


Suicide rates are increasing.

The Wyoming suicide rate has significantly increased from 17 deaths per 100,000 in 2004 to 24 deaths per 100,000 in 2016.



From 2004 to 2016, 64% of suicides in Wyoming were completed with firearms.



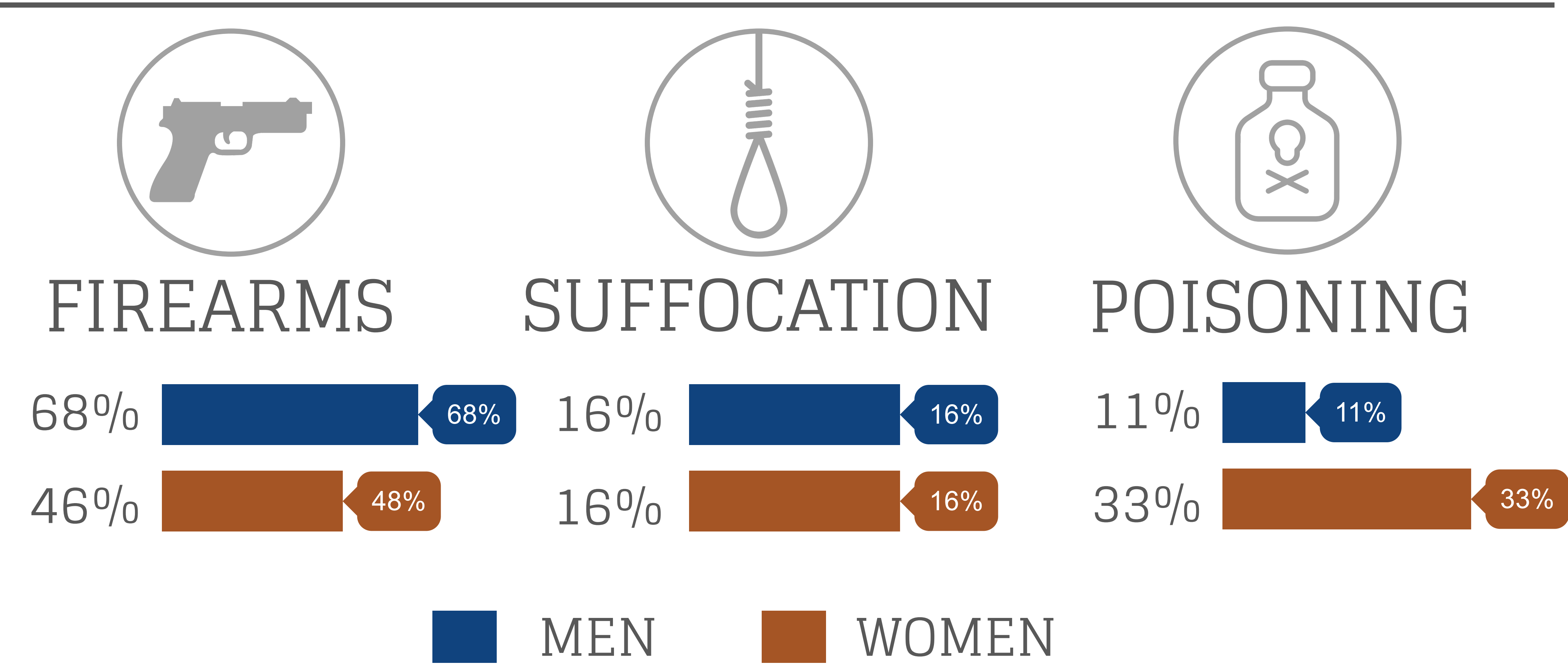
Suicide Prevention

The Wyoming Injury and Violence Prevention Program continues to lead collaborative efforts on suicide prevention throughout the state by hosting suicide prevention gatekeeper training and providing technical assistance to local communities.



Methods of suicide vary by gender.

Men are more likely to use violent methods of suicide than women.



The Warning Signs of Suicide

The more warning signs a person shows, the higher the risk of suicide. Some warning signs can include:



If you have any question about suicide prevention in Wyoming, please contact Sarah Spafford at 307-777-2923 or sarah.spafford@wyo.gov.
<https://health.wyo.gov/publichealth/prevention/wipp/suicide-prevention/>



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