**FREQUENT MENTAL DISTRESS**

**Definition:** The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and problems with emotions) was not good for 14 or more of the past 30 days.

**Wyoming Counties**

**Frequent Mental Distress Quartiles**

- No Data
- 1st Quartile: 5.7 - 7.8
- 2nd Quartile: 7.9 - 8.9
- 3rd Quartile: 9.0 - 10.0
- 4th Quartile: 10.1 - 11.5

Data Source: Behavioral Risk Factor Surveillance System, 2005-2009

**ACTIVITY LIMITATION**

**Definition:** The percentage of Wyoming adults reporting activity limitations due to mental or emotional problems.

**Wyoming Counties**

**Activity Limitation Quartiles**

- No Data
- 1st Quartile: 0.0 - 4.6
- 2nd Quartile: 4.7 - 7.2
- 3rd Quartile: 7.3 - 9.6
- 4th Quartile: 9.7 - 10.9

**Limited Emotional Support**

**Definition:** The percentage of Wyoming adults reporting they rarely or never get the social or emotional support they need.

![Wyoming Counties Limited Emotional Support Quartiles](image)

**Wyoming Counties Limited Emotional Support Quartiles**
- No Data
- 1st Quartile: 3.7 - 4.7
- 2nd Quartile: 4.8 - 5.6
- 3rd Quartile: 5.7 - 6.3
- 4th Quartile: 6.3 - 8.6

Data Source: Behavioral Risk Factor Surveillance System, 2005-2009

**Currently Receiving Mental Health Treatment**

**Definition:** The percentage of Wyoming adults who report currently taking medicine or receiving treatment from a doctor or other health professional for a mental health condition or emotional problem.

![Wyoming Counties Reception of Treatment Quartiles](image)

**Wyoming Counties Reception of Treatment Quartiles**
- No Data
- 1st Quartile: 0.0 - 8.3
- 2nd Quartile: 8.4 - 10.0
- 3rd Quartile: 10.1 - 12.0
- 4th Quartile: 12.1 - 16.7

Data Source: Behavioral Risk Factor Surveillance System, 2005-2009