**Activity Limitation**

**Definition:** The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and problems with emotions) was not good for 14 or more of the past 30 days.

For the 2007 and 2009 combined year average, Carbon County ranked third lowest in the state for the percentage of Wyoming adults with reporting activity limitation due to mental or emotional problems (4% vs. 8% statewide).

Since 2000, the suicide rate in Wyoming has been nearly two times the national average (22 vs. 12 in 2010).

**Frequent Mental Distress**

**Definition:** The percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions.

Data Source: Behavioral Risk Factor Surveillance System, 2007-2011

<table>
<thead>
<tr>
<th>Wyoming</th>
<th>Carbon County</th>
</tr>
</thead>
<tbody>
<tr>
<td>10%</td>
<td>8%</td>
</tr>
</tbody>
</table>

**Serious Psychological Distress**

**Definition:** The percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions.

<table>
<thead>
<tr>
<th>Wyoming</th>
<th>Carbon County</th>
</tr>
</thead>
<tbody>
<tr>
<td>3%</td>
<td>2%</td>
</tr>
</tbody>
</table>


1For more information about Wyoming data at the county level, please refer to WYSAC Technical Report CHES-1427.

For more information about Wyoming data at the state level, please refer to WYSAC Technical Report CHES-1426.
**Definition:** The percentage of Wyoming adults who report currently taking medicine or receiving treatment from a doctor or other health professional for a mental health condition or emotional problem.

**Limited Emotional Support**

- **Wyoming:** 6%
- **Carbon County:** 8%

Data Source: Behavioral Risk Factor Surveillance System, 2007-2010

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**Currently Receiving Mental Health Treatment**

- **Wyoming:** 12%
- **Carbon County:** 8%