**Activity Limitation**

**Definition:** The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and problems with emotions) was not good for 14 or more of the past 30 days.

Data Source: Behavioral Risk Factor Surveillance System, 2007-2011

**Frequent Mental Distress**

**Definition:** The percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions designed to measure serious mental illness (6% vs. 3% statewide).


**Serious Psychological Distress**

**Definition:** The percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions.


**Activity Limitation**

**Definition:** The percentage of Wyoming adults reporting activity limitations due to mental or emotional problems.


- For the 2007 and 2009 combined year average, Campbell County ranked highest in the state for the percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions designed to measure serious mental illness (6% vs. 3% statewide).

- Since 2000, the suicide rate in Wyoming has been nearly two times the national average (22 vs. 12 in 2010).

†For more information about Wyoming data at the county level, please refer to WYSAC Technical Report CHES-1427.

‡For more information about Wyoming data at the state level, please refer to WYSAC Technical Report CHES-1426.
**Limited Emotional Support**

**Definition:** The percentage of Wyoming adults reporting they rarely or never get the social or emotional support they need.

**Currently Receiving Mental Health Treatment**

**Definition:** The percentage of Wyoming adults who report currently taking medicine or receiving treatment from a doctor or other health professional for a mental health condition or emotional problem.

Data Source: Behavioral Risk Factor Surveillance System, 2007-2010

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