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PROFILE OF CAREGIVERS IN AMERICA

- 82% care for 1 adult
- 15% care for 2 adults
- 3% care for 3+ adults

On average, caregivers help with 4.2 Instrumental Activities of Daily Living

Caregivers by Race:

- 16.9% White
- 19.7% Asian American
- 20.3% African American
- 21% Hispanic

\$28+ billion in lost productivity for full/part-time employed caregivers

49% felt they had no choice in taking on this role

8.4 million provide care to an adult with an emotional or mental health issue

17.9 billion hours of unpaid care for people with Alzheimer's & related dementias

600,000-700,000 families have an adult with I/DD living with aging family members with no future planning

85% provide care to a relative

28% of caregivers have a child or grandchild living with them



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SOURCES:

WHO THEY ARE

- *Caregiving in the U.S.*, National Alliance for Caregiving and AARP Public Policy Institute, June 2015.
- *Family Caregiving: The Facts*, Centers for Disease Control and Prevention, Sept 2011.

WHAT AND WHERE

- *Caregiving in the U.S.*, National Alliance for Caregiving and AARP Public Policy Institute, June 2015.
- Reinhard, Susan C., Levine, Carol and Sarah Samis, *Home Alone: Family Caregiving Providing Complex Chronic Care*, AARP Public Policy Institute and United Hospital Fund, October 2012.

STRESSORS

- Reinhard, Susan C., Feinberg, Lynn Friss, Choula, Rita and Ari Houser, *Valuing the Invaluable: 2015 Update*, AARP Public Policy Institute, July 2015, data from the American Psychological Association, 2012.
- *Caregiving in the U.S.*, National Alliance for Caregiving and AARP Public Policy Institute, June 2015.
- Gordon, Fay and Vanessa Barrington, *Advocacy Starts at Home: Strengthening Supports for Low-Income Older Adults and Family Caregivers*, Justice in Aging, February 2016.
- Reinhard, Susan C., et al., *Valuing the Invaluable: 2015 Update*, AARP Public Policy Institute, July 2015, data from Employee Benefits Research Institute, Apr 2015.

- *The MetLife Study of Caregiving Costs to Working Caregivers: Double Jeopardy for Baby Boomers Caring for Their Parents*, The MetLife Mature Market Institute in partnership with the National Alliance for Caregiving and the Center for Long-Term Care Research and Policy at New York Medical College, June 2011.

LIMITED SUPPORT

- *Aging Integrated Database*, Administration on Aging, 2013.
- *Caregiving in the U.S.*, National Alliance for Caregiving and AARP Public Policy Institute, June 2015.

GROWING VALUE

- *Lifespan Respite Care Reauthorization Act of 2015*, 114th Congress, House of Representatives, October 2015.

BACK PANEL

- *Caregiving in the U.S.*, National Alliance for Caregiving and AARP Public Policy Institute, June 2015.
- *On Pins and Needles: Caregivers of Adults with Mental Illness*, National Alliance for Caregiving, Mental Health America and National Alliance on Mental Illness, February 2016.
- *2015 Alzheimer's Disease Facts and Figures*, Alzheimer's Association, 2015.
- Reinhard, Susan C., et al., *Valuing the Invaluable: 2015 Update*, AARP Public Policy Institute, July 2015, data from Gallup Healthways Well-Being Index, MetLife Mature Institute, National Alliance for Caregiving, University of Pittsburgh, 2011 and Feb 2010.
- Shaffert, Robin and Jennifer Sladen, *Future Planning*, The ARC, Aug 2015 webinar for NASUAD's I&R Support Center.

CAREGIVERS IN AMERICA

Growing Contributions
with Little Support



CAREGIVERS: WHO THEY ARE

Prevalence

39.8 MILLION ARE CAREGIVERS

6 IN 10 ARE EMPLOYED



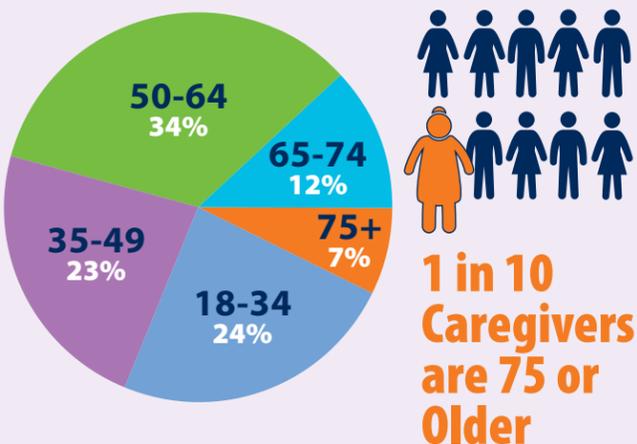
Compensation

90% of all caregivers who provide long-term services and supports are **UNPAID**

Gender

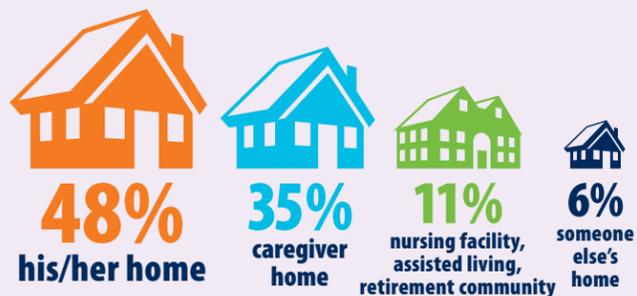
60% FEMALE **40% MALE**

Age



CAREGIVERS: WHAT & WHERE

Where Care Recipients Live



Hours of Caregiving



Caregiver Tasks



CAREGIVERS: THE STRESSORS

Emotional



Health



Financial



CAREGIVERS: LIMITED SUPPORT

Services for Caregivers

The National Family Caregiver Support Program*

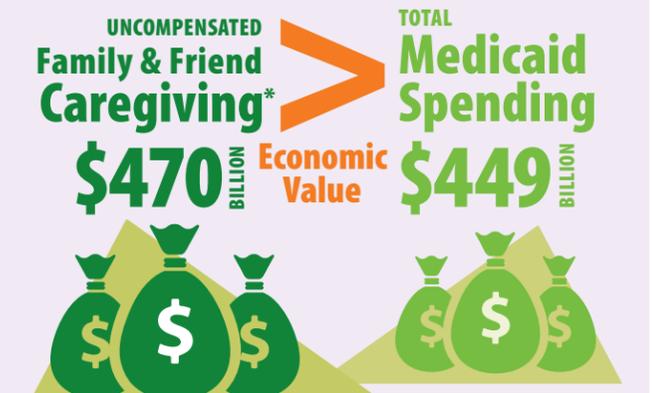


*CAREGIVERS SERVED IN 2013

Services Unable to Meet Demand



The Growing Value of Caregiving



*CAREGIVERS IN 2013