



*Behavioral Health Advisory Council Minutes
September 16, 2016
Casper, Wyoming*

September 16, 2016 - Called to Order at 9:00 am

- ✓ Attendance: Rob Johnston, Martin Kury, Kim Hair, Jessi Westling, Angela Mason, Sam Borbely, Dania Parent, Paul Demple, Sue Wilson, Brenda Stout, Jeff Wasserburger, Aurie Garcia
- ✓ The minutes from the June meeting were approved.
- ✓ Aurie's Update
 - Update on Mental Health Block Grant application. Was approved by Council based upon no changes/recommendations from members to Aurie. Rob wrote and submitted a letter of concurrence.
 - Aurie also distributed some notes from the Block Grant meeting held in early August, and she suggested that we contact our counterparts in Colorado as a way of strengthening our Council.
 - Aurie also reported on the Medication Assistance training that was held in Cheyenne. Southwest Counseling and Central Wyoming Counseling Center are recipients of a MAT grant which allows them to offer Medication Assistance for opioid dependence; both agencies can work with clients from other centers. The grant is for 3 years.
- ✓ Dania's Update & Impact of Budget Cuts
 - Dania reviewed some of the impacts of recent budget cuts to the mental health and substance use treatment facilities and the impact of Title 25 decisions. There was a long discussion related to these topics. The state has allocated \$4 million dollars to address a \$25 million dollar problem. Paul Demple and Sam Borbely also spoke about how the cuts have affected services at Northern Wyoming Mental Health and the Department of Corrections. The Department of Corrections lost over 4.7 million dollars. What this means is that 650 people will be released back into the community without having received any substance abuse treatment services while incarcerated.
- ✓ Ted Johnson Presentation
 - Ted provided an overview of the role of Mental Health/Substance Use Councils. He also discussed some items from the Federal Block Grant meeting & encouraged the Council to continue to ask for technical assistance.
- ✓ Reviewed Proposed By-Law Revision
 - Rob and Aurie reviewed the current membership list, updated contact information, and reviewed membership gaps that need filled.
 - Council members reviewed the recommended changes for a future vote on the revised by-laws.
 - Rob mentioned that he has been in contact with a physician who would like to be a member of the Council, but we need to see if we can change the by-laws to include that position.
 - We were unclear as to whether membership is defined by federal or state regulations/statutes—Rob will seek clarification on this issue prior to the next Council meeting.
- ✓ Other discussion topics



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- Martin discussed his concerns related to the implications for clients who are penalized for drug testing results that may be invalid. His research indicates that as many as 25% of tests administered are false positives.
 - Medicaid rate reductions may be forthcoming. We will put this on the agenda to review at our winter meeting.
 - Paul discussed the Zero Suicide initiative that is being implemented at Northern Wyoming Mental Health; and, Rob mentioned that there will be a Zero Suicide Academy in the spring in Casper.
 - Jessi asked for some time on the agenda for the November meeting to discuss the Chris S. settlement.
- ✓ Meeting Schedule
- The Council voted to have our meetings on Fridays on the following dates:
 - November 4
 - March 10
 - August 11
 - November 3
 - The meetings will be held from 8:30 a.m. to 3:00 p.m. in Cheyenne.
 - We will try using the Go to Meeting format beginning with the November 4th meeting.
- ✓ There was no Public Comment at this time.
- ✓ Meeting adjourned around 3 p.m.



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- ✓ Dania went over the Payment Reform
 - Went over Priority Populations and how money is being fairly distributed throughout the states for centers.
 - Rough model that is still being worked on.
 - Went over different work groups that are working on the Payment Reform.
 - There are barriers that need to be crossed before we can work on them (i.e. funding, housing)
 - Dania asked if anyone was interested in being a part of one of the groups

- ✓ Integration mental health and behavioral services with primary care – Presentation
 - Handout distributed - IMPACT
 - Talked about depression – need for collaborative treatment
 - Went over team members and what they do – Everyone they come in contact with are part of the patient’s care.
 - Goal to serve 550 patients, they are very successful in treating depression at the Community Health Center with IMPACT.
 - Not about quick fix, it is about teaching them skills
 - Patients have positive feedback about IMPACT

- ✓ Revision of bylaws reviewed
 - Suggested adding “substance abuse related addicted disorders”
 - Requested “substance use and addictive disorders”
 - Sam volunteered to work with Aurie & SAMHSA for exact wording.
 - Handout on strategic plan
 - Next agenda review the block grant application draft

- ✓ Questions
 - Caller (who would not identify herself) asked what is being done to recruit psychiatrists to the state of Wyoming and increasing number of psychiatric (in patient) beds. Caller suggested looking at number of beds that are designated for those with acute psychiatric needs as opposed to mental health beds that are available

- ✓ Next meeting to be held August 11-12

- ✓ Meeting adjourned