

Array of Services and the New Continuum



Behavioral
Health
Division

New Comprehensive and Supports Waiver PART 1

April 17, 2014

Jessica

Welcome to the training on the Array of Services and the New Continuum for the Comprehensive and Supports Waivers.

This is Jessica Fancher, Training Coordinator for the Division

Here with me is Ragen Latham and Sheila Thomalla, Participant Support Specialists.

Training Agenda

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- The New continuum
- Why the focus needs to change
- New array of services
- Living Options and the possibilities for increasing outcomes and independence



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This training will be broken up into three, separate videos for the convenience of case managers. The longest running time for a video is 22 minutes.

In part 1 of this training we will discuss the new continuum of services, the reason for the change, and the vision for the new waivers.

What is a Continuum of Services?

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- Range of services available
- More integrated care along a continuum that offers a combination of better quality services and more efficient ways of providing services.
- New ways of coordinating and linking resources
- Flexibility to change services and move toward more independent settings

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Jessica

A continuum of services is a concept involving an integrated system of care that guides and tracks participants over time....through a comprehensive array of services spanning all levels of need.

A participant receives better quality of services in a continuum and providers have more efficient ways of supporting participants.

The purpose of this training is to define the services, offer a vision, provide a basis to guide development of individualized plans of care and day-to-day decision-making, and provide a concept that will encourage providers.

Providers should coordinate and link resources to avoid duplication in order to provide a seamless movement for the participant to move across settings to the least restrictive setting possible.

The Behavioral Health Division wants to illustrate the possibilities of the continuum of services concept by providing a framework for delivery of optimum supports and services to participants.

What Does a Continuum of Services Look Like?

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Active Participation



Time with Friends



Healthy Choices



Learning



Working



Supported Living

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Ragen

The state made changes to the waiver system so people may have a continuum of service options to meet their various levels of support needs..... from intensive 24 hour round the clock care to in home supports that help a person live independently and work successfully in the community.

Our waiver providers support participants in a variety of ways along the continuum.

Some waiver participants live in provider-operated group homes, provider-operated supported living units, and intensive 24-hour apartment settings.

We also have participants living in their own apartments, some married and buying a home, and others finding a roommate and renting an apartment.

What Does a Continuum of Services Look Like?

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Family Support



Preferred Activities



Self-Sufficiency



Building Relationships



Independence



Active Participation



Community Membership

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Ragen

Many participants who used to live in those more restrictive residential programs are now moving into more independent settings..... such as smaller host homes, shared living arrangements, and apartments in the community where the participant has more authority to choose the providers, services, supports, and setting location.

Many participants on the waiver continue to live in their family home through adulthood and receive some supportive services inside or outside of the home by providers.

Outside of the home, participants have more options on the new waivers to pursue employment through a number of new employment service options.

Other service options provide opportunities to become more involved in the community and getting to and from places without having a provider come along when one is not needed.

Our hope is that with these waiver changes... each person served will live a rich, fulfilling life in the community of his or her choice..... doing all of the things that matter to them.



Why the focus of services needs to change

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Sheila

Now we will review why the focus of services needs to change

Legislative Requirement



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Wyoming Legislature Passed Senate Enrolled Act 82 in 2013

It also required “Replacement where possible of higher cost residential and day habilitation services with lower cost, more integrated services.”

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Sheila

Here is where the change began:

In March 2013, the Wyoming Legislature passed Senate Enrolled Act 82, a law requiring the Wyoming Department of Health, Behavioral Health Division (BHD) to develop two new waivers – a capped Supports Waiver and a Comprehensive Waiver.

The new law required BHD to “optimize the services provided to current clients and to extend appropriate services to persons currently on a waiting list for waiver services within the current budget.”

It also required replacement where possible of higher cost residential and day habilitation services with lower cost, more integrated services.

The bottom line – we cannot continue to sustain all people who need waiver services now and in the future without making these changes.

More Reasons for the Changes

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- Growing waiting list for services
- Growing costs per person on the waiver
- Requirement to be more efficient to serve more people



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Sheila

The high cost of waiver services is not the only reason for change

Let's look at some additional problems that have been affecting the Developmental Disabilities & Acquired Brain Injury waiver services.

There is a growing waiting list for services

We have a very high cost per person being served on the current DD waivers, and;

The law requires us to be more efficient and serve more people

Wyoming Waiver Reality

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Unfortunately, the grim reality for people with developmental disabilities and their families in Wyoming, is the lack of adequate funding for high cost community-based services.

The current dependency on residential and day habilitation services has created a system that cannot sustain itself.

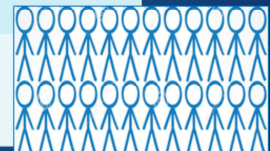
The legislature passed the law because the waiver system must change its approach to funding participants in order to serve more citizens with disabilities.

They want more innovative options through other types of services and supports in order to create positive, workable solutions for each citizen with a developmental disability living in Wyoming.

Serving More People, Long Term and Costs

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Type of Service	Cost per Person	20 yrs. Cost	30 yrs. Cost
ICF/MR Institution	\$238,500	\$4,770,000	\$7,155,000
HCBS 24 hr. staffed Residential	\$150,000	\$3,000,000	\$4,500,000
Shared Living	\$50,000	\$1,000,000	\$1,500,000
Support in Own or Family Home	\$25,000	\$500,000	\$750,000



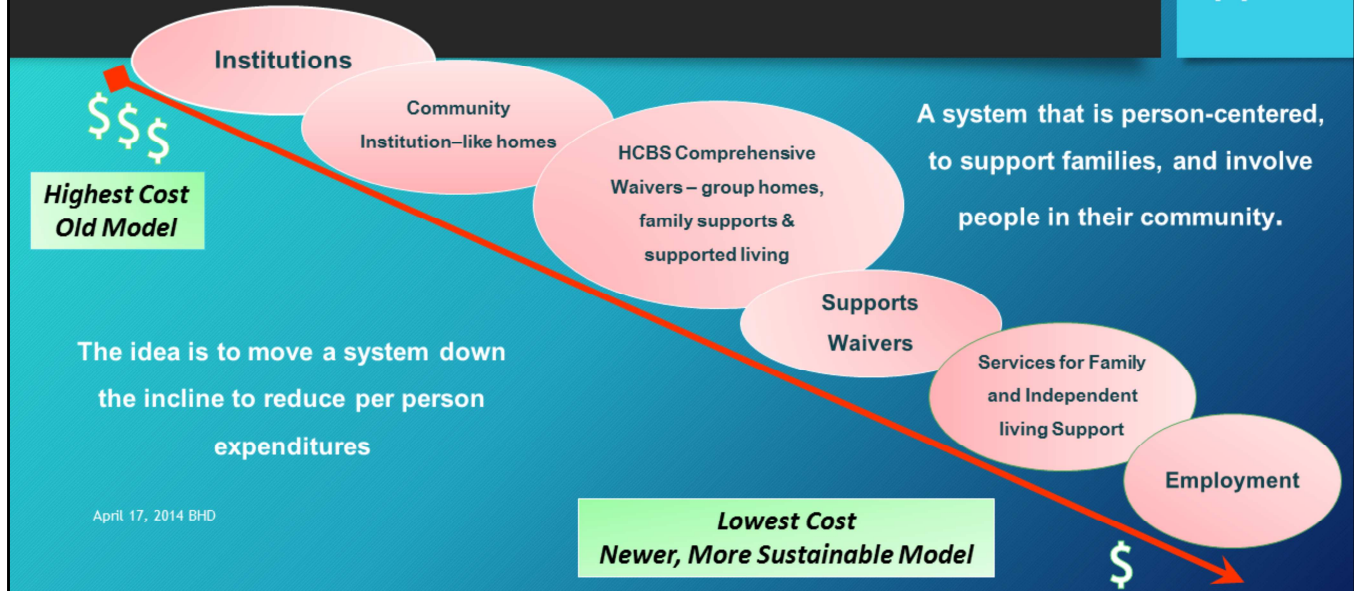
Jessica

- Wyoming can't afford out-of-home 24-hour staffed models of support for every participant; only 42% of adult participants on the waiver live with family. The rest live in residential habilitation.
- Providing supports to someone in their own home or the family home are more affordable and less restrictive. They are also more appropriate than having paid staff support around the clock.
- Family members, friends, neighbors and other natural supports who want to help the person reach their full potential and become independent and who know the person well..... should be the focus on designing a circle of support.
- Waiver services should fill in where there are gaps in those supports.
- Services may also help those family members and friends have a break or be reimbursed for some of the services their loved one needs.

This is the direction that we need to pursue not only for sustainability reasons, but it is the direction people want!

Reducing Per Person Expenditures, Serving More People

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Ragen

We are not alone in making these changes. This slide illustrates what other states are doing to develop a more sustainable waiver system for people with developmental disabilities and represents where Wyoming needs to shift its system of care.

The goal is to move the system down the incline based on a person's individually tailored needs and incorporate services in a more natural environment. (CLICK)

Due to the increasing number of people we need to serve, we need to decrease the costs per person.

This means we need to move away from the more costly residential and day habilitation model of services.

The system of the future is more person-centered and focused on supporting the family better so a person can live in the most independent setting possible.....make friends, maintain relationships, and work.

Long Term Costs and Employment

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Type of Service	1 yr. Cost	3 yr. Cost	10 yr. Cost
Sheltered Work/Day Habilitation	\$20,000	\$60,000	\$200,000
Supported Employment Services	\$20,000	\$50,000 • \$20,000 yr. 1 • \$20,000 yr. 2 • \$10,000 yr. 3	\$85,000 • \$50,000 1-3 yrs. • \$35,000 4-10 yrs.

Estimated figures from NASDDDS 3/13

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Ragen

Let's look a little closer at the need for an employment first focus. This slide demonstrates the costs for sheltered work or day habilitation vs. supported employment services.

At the 10 year mark, there is a significant decrease in cost.

The cost of serving adults in a large facility and sheltering people instead of getting them jobs is expensive. We can look at the costs and benefits two ways:

- Cost to the tax payer → A person who receives higher cost service in a congregate facility costs tax payers more money overtime and does not lead to better outcomes for the people served.
- Cost to the person with a disability → The person has not achieved an outcome that leads to self-sufficiency, independence, or community involvement. They have stayed sheltered and in many cases, have few opportunities to live a life as a person does who is not on the waiver.
- Benefit to the taxpayer when a person works → When a participant finds and maintains a job, they become a taxpayer and usually need less paid supports over time. If the job is a good fit for the person, co-workers and management begin providing most of the support for the person, not the waiver.
- Benefit to the person → Working in the community helps someone meet new people, build relationships, and earn more money than just government benefits. Having a regular paycheck, friends and co-workers around you on a regular basis builds a better life.

So in our array of new services, we are excited to tell you about more employment opportunities.

Employment benefits everyone!

It costs the state less over time and the person working is happier. They have money to do more activities and buy things..... and they are more responsible and self-sufficient.

They can live according to their own choices and preferences easier when they have more money than just social security disability and are less dependent on a provider.



Sheila

Now that we see why a change is needed.... let's look at the vision for the new waiver system.

Vision for the new waivers

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Sheila

After many months of getting input on the waiver redesign and meeting with a stakeholder group.....we developed a shared vision of the supports and services that participants want to receive.

The waiver should:

- Be truly person-centered
- Be focused on fostering independence with less restrictions
- Help build relationships
- Be better than previous options
- Offer more employment supports; and
- Be outcomes-based

A Vision That People Will.....

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- Be healthy, happy and safe
- Have family and friends in their lives
- Go to school and be fully involved
- Work at a good paying job
- Make decisions about their life – both major and minor
- Be contributing citizens of their community
- Have dreams that come true



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Sheila

What the vision really means is that people will:

- Be healthy, happy and safe
- Have family and friends in their lives
- Go to school and be fully involved
- Work at a good paying job
- Make decisions about their life – both major and minor
- Be contributing citizens of their community
- Have dreams that come true

How Do You Make this Vision a Reality?

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- **Supports and services chosen by the participant**
- **Services that fit the needs and goals of the of the participant**
- **Services that are least restrictive**
- **Services that promote independence and self-sufficiency**

Jessica

How Do You Make this Vision a Reality?

Well first, supports and services must be chosen by the participant.....after they have reviewed and seen their options first hand.

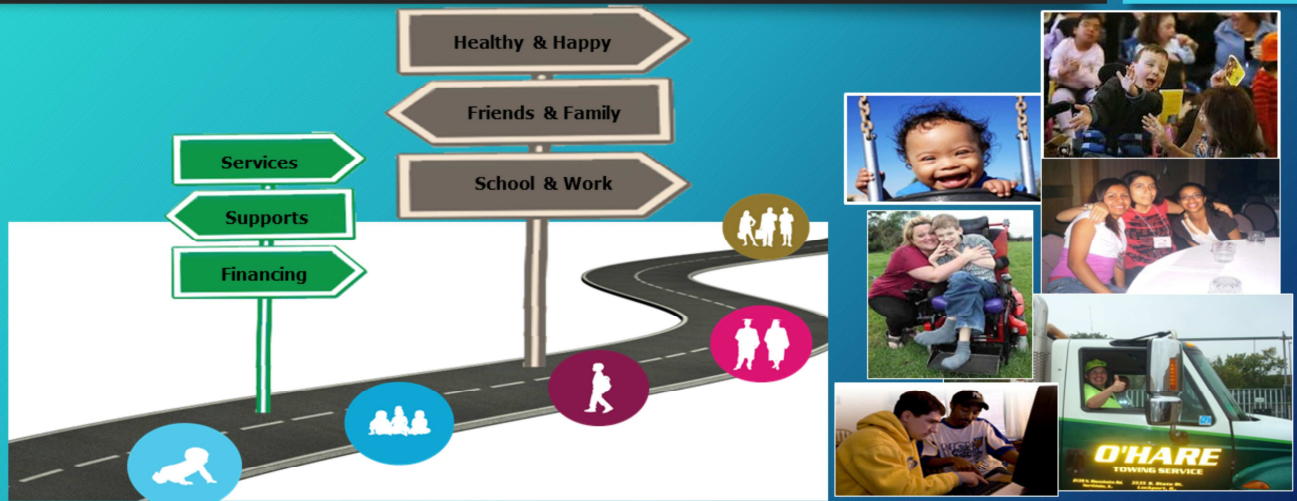
Services need to fit the needs and goals of the participant.....are they getting the services that will help them reach their goals OR are we providing what is convenient?

Services that are least restrictive.....are the house rules in the provider setting restricting a person from living a more self-determined life? Do they need all of the structure they currently have or can they live according to their own choices, schedule, routine and preferences?

Services that promote independence and self-sufficiency..... are they really working on a way to live independently... or with a roommate and some in home supports? Are they trying to find a job and getting help finding a job? Have they spent time mentoring or visiting business to see the options available?

It is About The Full Course of Life

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Ragen

What is the real purpose of a waiver?

A “HOME AND COMMUNITY BASED” waiver provides supports and services for children and adults with disabilities, so they can be afforded the same options and opportunities to live, work and play as people who do not have disabilities.

Sheila

We want people to have a better understanding of all of the services available and demonstrate the possibilities of how the services might fit together to provide a more active, inclusive, quality of life.

Jessica

Thank you for watching Part 1 of this training video.
Part 2 is available now to watch and will cover the array of services available.

Array of Services and the New Continuum



Behavioral
Health
Division

New Comprehensive and Supports Waiver PART 2

April 17, 2014

Jessica

Welcome to Part 2 of the Array of Services and the New Continuum for the Comprehensive and Supports Waivers.

In part 2 of this training we will discuss the new array of services available

This is Jessica Fancher, Training Coordinator for the Division

Here with me is Ragen Latham and Sheila Thomalla, Participant Support Specialists.

New Services Available



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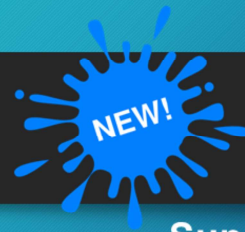
Behavioral Support Services	Employment Discovery & Customization	Community Integration
Supported Employment Follow Along	Transportation	Adult Day Services
Prevocational	Res Hab Shared Living (added to Self-direction)	Homemaker (added to Self-direction)

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Sheila

Here are the new services in the continuum that have been added to the comprehensive and supports waivers.

Array of Employment Services



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Employment Discovery and Customization

- 1:1 support service
- Limited time frame of 12 months –additional 12 months can be added upon review of progress
- Employment developed through job carving, self-employment, or other job restructuring strategies

Prevocational Services

- Designed to create a path to integrated employment
- Enable a participant to attain the highest level of work in the most integrated setting
- Tiered service

Supported Employment Follow Along

- Provided for or on behalf of the participant
- Intermittent and occasional job support, communicating with the participants supervisor
- Support phone calls between support staff and managerial staff

Sheila

First we will cover the array of employment services available. The 3 services listed on the slide are new services and are available on both the comprehensive and supports waivers.

Employment discovery and customization service is designed to result in job responsibilities being customized and individually negotiated to fit the needs of the participant

This service is limited to 12 months, but an additional 12 months can be added upon review of progress.

The annual cap is 400 units. Initially 100 units will be authorized to complete a personal profile of the employment pathway planning packet and develop a plan.

An additional 300 units may be approved to implement the employment plan and explore various types of job customization and self employment options.

Employment is developed through job carving, self employment and other restructuring strategies.

Prevocational services are available to a participant age 21 or older and are designed to create a path to integrated community-based employment in a job matched to the individual's interests, strengths, priorities, abilities, and capabilities. Services should provide learning and work experiences, including volunteer work, where the individual can develop general, non-job-task-specific strengths and skills that contribute to employability in paid employment in integrated community settings.

Services should be furnished in a variety of locations in the community and are not limited to provider facilities. Prevocational services may be provided at a volunteer worksite or mentorship locations for the purpose of teaching job preparedness for a specific type of work.

Participants in prevocational services may be compensated in accordance with applicable federal laws and regulations if the focus of the activity is not independent employment but a means to encourage acquisition, retention, or improvement of skills.

Waiver reimbursement is not available for the provision of vocational services delivered in facility-based or sheltered work settings, where individuals are supervised for the primary purpose of producing goods or performing services.

Prevocational services are time-limited and should not exceed 12 consecutive months.

An additional 12 months may be approved by the Division in subsequent years with submission of an approved employment plan and upon review of active progress made the prior year on finding employment opportunities, increasing work skills, time on tasks, or other job preparedness objectives.

If there is no progress on prevocational objectives and/or the employment plan....the Division may not approve the service in subsequent years and other waiver services may be accessed to the meet supervision and support needs of the participant.

This is a tiered service.

The Division requires documentation (third party liability) that the service is not available through other agencies like DVR or schools.

Supported employment follow along enables a participant who is paid at or above the federal minimum wage to maintain employment in an integrated community employment setting.

It includes intermittent or occasional job support and communication with the participants supervisor or manager. It could involve support phone calls between support staff and managerial staff with the purpose of providing the necessary support required for the participant to continue meaningful and gainful employment in the community.

Array of Employment Services

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Individual Supported Employment

- May be self-directed
- 1:1 support
- Can be provided in a variety of settings
- Supervision and training

Small Group Supported Employment

- Groups ranging from 2-9 persons
- Can be provided in a variety of settings
- Intensive ongoing support

Ragen

The services listed on this slide are also available on both the comprehensive and supports waivers.

Individual supported employment can be self-directed.

It is designed to provide 1 to 1 support in order for a participant to obtain or maintain a job in competitive employment, customized employment, or self employment in an integrated work setting in the general workforce.

A participant is compensated at or above the minimum wage and not less than the customary wage and level of benefits paid by the employer for the same or similar work that is performed by an individual without a disability.

The goal is to lessen the need for job coaching over time as the participant becomes more independent and skilled in the job.

Supervision and training will not be reimbursed if the supervisory activity is rendered as a normal part of the business setting.

Small group supported employment may be provided at a group rate.

Groups larger than 9 people will not be reimbursed by the waiver.

This service provides intensive ongoing support that enables a participant to perform in a regular work setting at or above minimum wage for which this would not be possible without supports.

When services are provided at a work site, payment is only made for the adaptations.

Transportation

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- Gap service
- Non-medical transportation only
- Participant should use other resources that are free of charge whenever possible
- Capped at \$2000 per year

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Ragen

This is a new service and is considered a gap service to enable the participant to gain access to employment location, community services, activities, and resources as specified by the plan of care when a service provider is not needed at the event.

It CANNOT be used in conjunction with or to access other waiver services that have transportation included in that services rate, such as Adult Day services

Other transportation resources that are free of charge should be used whenever possible.

It is for non medical transportation only. There is a cap of \$2000 per year on this service.

This service is available on both the comprehensive and supports waivers.

Array of In Home Support Services

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Companion

- May be self-directed
- Relative providers may provide (excluding parents/stepparents)
- Safety in the home and community

Respite

- May be self-directed
- Provide caregiver relief
- Can be provided in the caregivers home, provider's home, or in the community

Personal Care

- May be self-directed
- Hands on or cuing to perform tasks
- ADL's
 - Bathing, Dressing
 - Toileting
 - Transferring
 - Light housework
 - Laundry
 - Meal prep

Jessica

Now lets take a look at the services available for people living at home with family..... or in an independent or semi-independent setting.

Companion services include non-medical care, supervision, socialization, and assisting a waiver participant in maintaining safety in the home and community as well as enhancing independence.

Companions may assist or supervise the individual with such tasks as meal preparation, laundry, and shopping, but do not perform these activities as discrete services.

Light housekeeping tasks that are incidental to care and supervision of the participant may also be performed.

This service includes informal training goals in areas specified in the individual plan of care.

Respite services are intended to be utilized on a short term, temporary basis for an unpaid caregiver or a non-CARF residential habilitation provider to provide relief from the daily burdens of providing care.

This service includes assistance with activities of daily living, medication assistance, and supervision if needed.

Personal care provides a range of assistance to enable waiver participants to accomplish tasks that they would normally do for themselves if they did not have a disability.

Assistance may be hands on (actually performing the task) or cuing to prompt the participant to perform the task.

This service may be provided on an episodic or continuing basis. This service includes a variety of tasks, such as bathing, dressing, toileting, transferring, maintaining continence, personal hygiene, meal preparation, laundry, light housework, using the telephone, and money management.

All of the services on this slide are available on both the comprehensive and supports waivers.

Homemaker

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- Can be self-directed
- General household activities
- Comprehensive Waiver - Capped 3 hours per week per household or 624 units
- No cap on Supports Waiver
- Not available to participants who receive residential habilitation or special family habilitation home on the waiver

Jessica

Another new service for adults!

This service consists of basic household activities such as meal preparation and routine household care for a participant who is unable to manage the home and care for themselves.....or when the person who usually does these things is unavailable.

This service is available on both the comprehensive and supports waivers and can be self directed.

Adult Day Services

NEW!

- Tiered service
- Maximize skills
- Keep participants engaged in their environment and community
- Provided in a congregate setting



- ❖ Basic Level of Care
- ❖ Intermediate Level of Care
- ❖ High Level of Care

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Sheila

- For adults ages 21 and older who are not working yet, retired, or not working every day, but need some supervision, we have two new services available:
- Adult Day Services and Community Integration Services.
- Day Habilitation is not on these new waivers.
- **The adult day service** is available on both the comprehensive and supports waivers.
- Adult day services are intended to provide structured activities and services that keep participants engaged. This service serves to encourage, develop, and help the participant maintain personal skills.
- Participants have the opportunity to explore new leisure pursuits, establish new relationships, improve or maintain flexibility, mobility, strength, and build on previously learned skills.
- This service is designed to foster independence and is person centered to the maximum extent possible.
- This is a tiered service and is approved based on the participants need.
- **Basic level of care** - Levels 1 and 2 on the Level of Service Need grid will generally be in this tier. This service tier requires limited staff supports and personal attention to a participant daily due to a moderately high level of independence and functioning. Behavioral needs, if any, can be met with medication or informal direction by staff. The person may have periods of time with indirect staff supervision where staff are onsite and available within hearing distance of a request.
- **Intermediate level of care** – Levels 3 and 4 of the level of service need grid will generally be in this tier. This service tier requires full time supervision with staff available on site within line of sight due to significant functional limitations, medical and/or behavioral needs.
- Behavioral and medical supports are not generally intense and can be provided in a shared staff setting. Regular personal attention is given throughout the day for personal care, reinforcement, community or social activities.
- **High level of care** – Levels 5 and 6 on the Level of Service Need grid will generally be in this tier. This service tier requires full time supervision with staff available on site within absolute line of sight and frequent staff interaction and personal attention for significant functional limitations, medical and/or behavioral needs.
- Support and supervision needs are moderately intense, but can still generally be provided in a shared setting unless otherwise specified in the plan of care. Frequent personal attention given throughout the day for reinforcement, positive behavior support, personal care, and community or social activities.

NEXT PAGE

- Transportation services can only be used with this service if a person in Adult day services wants to go to an activity outside their normal schedule and the provider is not a part of the activity, otherwise the rate

for adult day services includes the cost of routine transportation.

Community Integration

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NEW!

- May be self-directed
- Greater independence
- Making connections with the community
- Tiered service

- ❖ Basic Level of Care
- ❖ Intermediate Level of Care
- ❖ High Level of Care

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Ragen

- Community Integration Services are available for participants ages 21 and as a fifteen (15) minute unit.
- Services offer assistance with acquisition, retention, or improvement in self-help, socialization and adaptive skills and activities and environments are designed to foster the acquisition of new skills, appropriate behavior, greater independence, community networking, and personal choice.
- Making connections with community members is a strong component of this service provision.
- Services must take place in a non-residential setting, separate from the participant's private residence or other residential living arrangement.
- Services are intended to be furnished in a variety of settings in the community and must not be limited to fixed-site facilities.
- Services must include options and opportunities for community integration, relationship-building, an increased presence in one's community, and adult educational supports.
- Services require a mixture of staff time helping a participant plan, access, participate, and interact with community members, businesses, volunteer activities, libraries, cultural, religious, or art centers, and build and maintain social connections at least 50% of the time each week during the provision of services.
- This service must be delivered and documented differently from Adult Day Services.
- Individuals in this service may not be paid for work activities performed during this service.

Tiered service rates must be based upon level of service need:

Basic Level of Care for participants between a level 1 or 2.9 Level of Service Need score

Intermediate Level of Care for participants between a level 3 or 4.9 Level of Service Need score

High Level of Care for participants between a level 5 and 6 Level of Service Need score

Residential Habilitation Services

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Ragen

Now let's take a look at the traditional Residential Habilitation service.

Residential Habilitation Services

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- Ongoing 24-hour support and supervision
- Daily rate based on tiered Level of Service Need
- Requiring at least 8 hours of support per daily unit billed

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Ragen

Residential Habilitation Services are only available on the Comprehensive and Acquired Brain Injury Waivers.

The service is provided in many ways, including group homes, host homes, intensive 24 apartment services and now in shared living arrangements.

Large group homes with five or more participants are generally discouraged by the Division.

Nationwide, the federal government and advocacy groups are calling for smaller home sizes and more creative shared living arrangements.

The larger the group home size, and the less number of staff available for supports, the less individualized are the supports.

Remember that residential habilitation services are not options for all participants. These services are still limited for new people based on the targeting criteria.

We used to have four tiers for residential services based on ICAP scores, but now we have new Residential Habilitation Tiers based on Level of Service need.

Let's look at each new tier description.

Level Of Service Tiers - Level 1

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- High level of independence and functioning with no significant behavioral or medical needs.
- Supports require staff on site (within the home or apartment) meeting periodically with the participant to provide monitoring, training, and on-call support.
- At least 8 hours of direct support and supervision is required for billing.

Jessica

We now have 6 tiers in the level of service.

Level 1 consists of:

High level of independence and functioning with no significant behavioral or medical needs.

Supports require staff on site (within the home or apartment) meeting periodically with the participant to provide monitoring, training, and on-call support.

At least 8 hours of direct support and supervision is required for billing.

Level Of Service Tiers - Level 2

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- Similar to Level 1 but requires support for some behavioral or medical needs.
- Staff must be available on site (within the home or apartment) and with close proximity and on-call support to the residence when not directly involved in immediate support.

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Level is similar to Level 1 but requires support for some behavioral or medical needs.

Staff must be available on site (within the home or apartment) and with close proximity and on-call support to the residence when not directly involved in immediate support.

Level Of Service Tiers - Level 3

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- Requires staff support due to moderate functional limitations in activities of daily living and/or behavioral support needs.
- Requires staff available on-site (within the home or apartment) for a minimum of eight (8) hours per day, and within hearing distance or readily available for ongoing personal care, behavioral support, training, and supervision.

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Sheila

Level 3 requires staff support due to moderate functional limitations in activities of daily living and/or behavioral support needs.

Staff must be available on-site (within the home or apartment) for a minimum of eight (8) hours per day, and within hearing distance or readily available for ongoing personal care, behavioral support, training, and supervision.

Level Of Service Tiers - Level 4

32

- Requires consistent, ongoing, full-time staff support on site (within the home or apartment) with staff present throughout the night.
- Direct support and supervision is provided for regular and consistent personal care needs, behavioral and medical support not generally intense, and can be provided in a shared staffing setting.

Sheila

Level 4 requires consistent, ongoing, full-time staff support on site (within the home or apartment) with staff present throughout the night.

In this tier, direct support and supervision is provided for regular and consistent personal care needs, behavioral and medical support not generally intense, and can be provided in a shared staffing setting.

Level Of Service Tiers - Level 5

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- Provides supervision and supports due to significant and intensive functional limitations, medical and/or behavioral support needs.
- Requires one or more staff members on site or in line of sight during awake hours, providing frequent personal care and attention.

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In Level 5 supervision and supports are provided due to significant and intensive functional limitations, medical and/or behavioral support needs.

This tier requires one or more staff members on site or in line of sight during awake hours, providing frequent personal care and attention.

Level Of Service Tiers - Level 6

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- Provides frequent personal support and supervision with full-time staff on site.
- Requires full attention of one (1) staff member on site during awake hours and hours of sleep depending on the scope and frequency of supports needed during the night.

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Ragen

In Level 6 frequent personal support and supervision is provided with full-time staff on site.

This tier requires full attention of one (1) staff member on site during awake hours and hours of sleep depending on the scope and frequency of supports needed during the night.

Residential Habilitation services are only available on the comprehensive waiver.

Residential Host Home

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- More personalized
- Less restrictive
- Only one or two participants
- Build relationships

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Jessica

There are different ways residential habilitation can be delivered.

Residential Host Home situations follow a similar tier level of support, supervision structure, and expectations.

A residential host home is where one or two participants live in the personal home of a provider and receive residential habilitation services.

Host homes are often preferred because services and supports are generally tailored more to the individual in a family-like setting.

Positive and enduring relationships are encouraged to enhance the individual's quality of life.

Residential Shared Living

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- May be self-directed
- Promotes community inclusion
- Assist with acquisition, retention, and improvement in skills related to living in the community.
- Individually tailored supports
- Tiered service

Sheila

So far, the residential situations discussed previously are homes or apartments that providers own and control and assign staff to provide supports.

The provider controls who comes and goes, what activities are allowed or not allowed in and around the home, and dictates the rules of day to day living.

There are other options.

Residential shared living is only available on the comprehensive waiver and may be self-directed to provide more authority and autonomy.

Residential Shared Living is a residential setting where one, two, or three individuals join together and rent or lease a home or apartment, and hire a provider to provide supports and services.

Shared Living is designed to provide a stable, and inclusive home for a participant.

- It is a housing support option that provides a family type home for the participant by providing supports in a natural, family environment and is an alternative to a group home setting. The focus is on fostering relationships and promoting community inclusion.
- For residential habilitation delivered through self-direction as Shared Living, the service may only be self-directed for an individual in a shared living setting, where the participant or participants own or lease the residence from an entity that is NOT a certified waiver provider.
- The employee hired through self direction may serve up to 3 people in a shared living situation, but cannot serve any other people in a residential habilitation setting.
- Ideally, the provider will share the living space with the individuals full-time to provide individually tailored supports, but this does not need to be the case, as long as the provider supports only the one household.
- This is also a tiered service.

- May be self-directed
- In a home or apartment leased by the participant or guardian
- Can be in family home
- Individually tailored supports

April 17, 2014 BHD

Ragen

For those who live independently, semi independently, or with family, the Supported Living service may be useful.

Supported living services provide the participant with individually tailored supports to assist with the acquisition, retention, or improvement in skills related to living successfully in the community.

They are based on need and include assisting with common use of the community's transportation system, teaching the use of police, fire, and emergency assistance, performing routine household activities to maintain a clean and safe home, assistance with health issues, medication, medical services, managing personal financial affairs, building and maintaining interpersonal relationships, participating in community life, and 24 on call support.

Supported Living includes personal care services, therefore; personal care services cannot be added as a separate service on the plan of care

A relative, excluding parents, step parents, or legal authorized representative, may provide this service to the participant while residing in the same residence as the participant.

A relative who is a parent or step parent AND a certified provider or an employee of a certified provider, may provide this service as defined, but shall not live or reside in the same residence as the participant.

Providers will need to read the service definitions to learn about the scope and limitations for all of the services mentioned in this training.

Jessica

Thank you for watching Part 2 of this training video.

Part 3 is available now to watch and will cover the array of services and living options.