

Array of Services and the New Continuum



Behavioral
Health
Division

New Comprehensive and Supports Waiver PART 3

April 17, 2014

Jessica

Welcome to Part 3 of the Array of Services and the New Continuum for the Comprehensive and Supports Waivers.

In part 3 of this training we will continue discussing the array of services and living options and how these services can lead to new possibilities to provide improved services, increase outcomes, and lead to more freedom and independence in the life of the participants we serve.

This is Jessica Fancher, Training Coordinator for the Division

Here with me is Ragen Latham and Sheila Thomalla, Participant Support Specialists.

Living Options

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Residential Habilitation

- Requires the highest amount of funding
- Least Independent setting
- Needs 24 hour paid supports - more than a participant living with family or in supported living

With Family

- Requires less paid supports than residential habilitation
- Participants live with family members
- Not as independent as Supported Living

Independent or Semi-Independent

- Requires less paid supports than residential habilitation
- Participant lives in an apartment or home
- A more active and independent setting

Jessica

Now that we have covered the array of services, lets talk about the options.

Here is an example of living options for people on the waiver.

These options range from more restrictive to least restrictive.

By using a mix of services from the new array of services, a person has many possibilities on how to live their life.

Later in the presentation we will demonstrate the options of services that can be used in different settings.

Living Options

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- Family
- Extended Family
- Friends
- Shared Living
- Independently or with a friend

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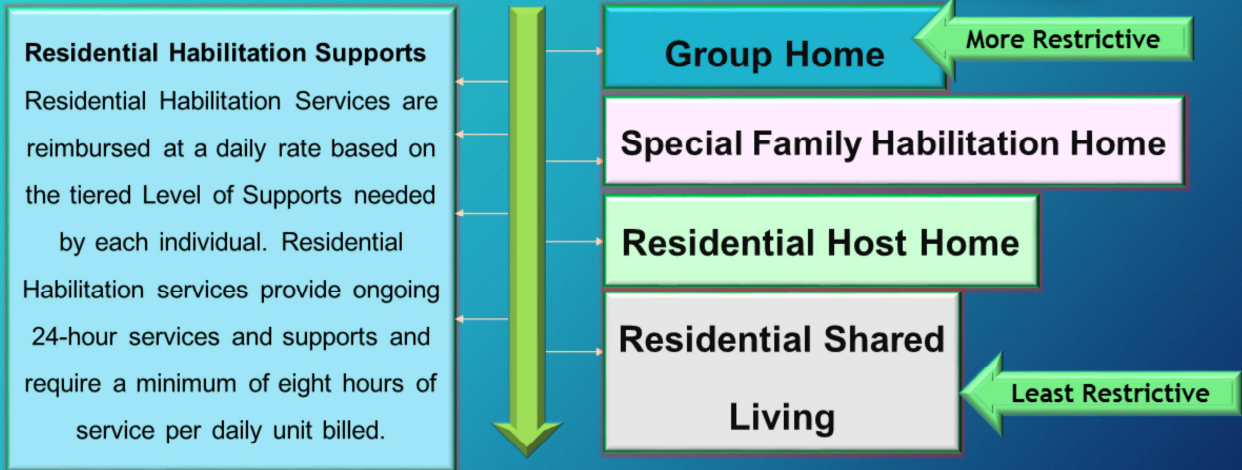
Sheila

We have to maximize the extent to which as many people as possible can live great lives without 24 hours of paid supports using relationship based options. These options include living with:

- Family
- Extended family
- Friends
- Shared living
- Independently or with a friend

Least Restrictive Settings

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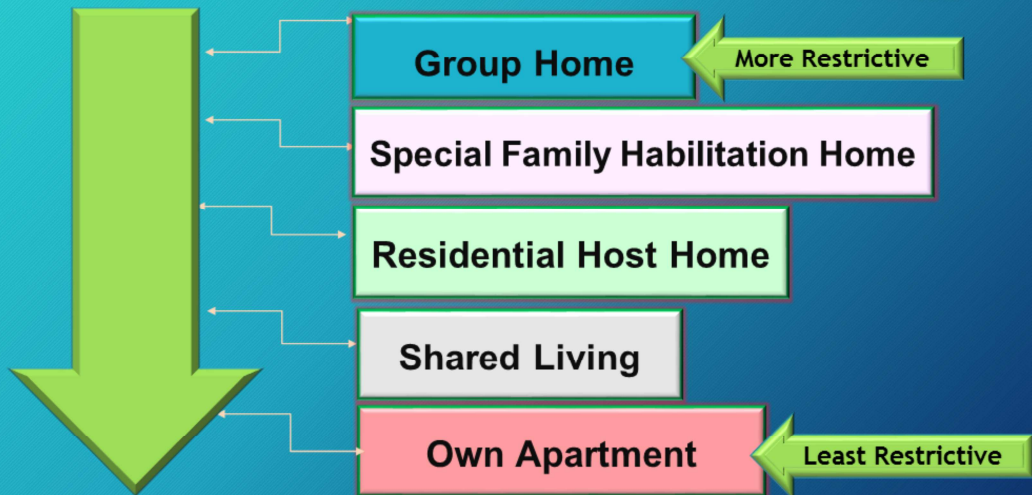
Ragen

To recap our array of residential habilitation services, the waiver offers choices from the most restrictive setting to the least restrictive.

As you can see on the slide, the most restrictive setting is in a group home and the least restrictive is in a shared living arrangement.

Least Restrictive Settings

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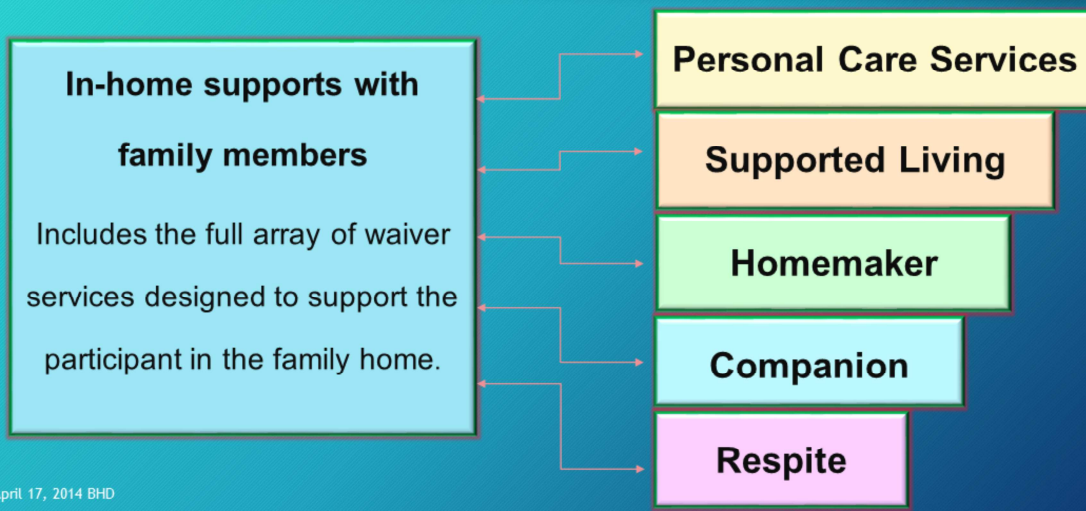


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Jessica

Even less restrictive, if delivered correctly.....is living in your own home or apartment.

By using supported living along the new continuum, we encourage people to move to greater freedom and independence.



Sheila

For many people, living at home with family is ideal.

We want to encourage this setting arrangement.

The waiver provides many great services along the new continuum to help support the family and assist the participant with the areas of daily living that the family cannot assist with.

Services include:

- Personal Care
- Supported Living
- Homemaker
- Companion
- Respite

Here is an example:

Susie is 28 years old and living with Mom and Dad.

During a regular week, Susie may have a companion providing supervision and help her run errands and maintain relationships in the community with friends.

Susie and her parents may also hire a homemaker to clean their house once a week so it is safer and easier for Susie to live there.

Mom and Dad can receive respite when then need a break from providing care for Susie.

Supported living services assist a participant to live in a home or apartment receiving individually tailored supports to assist with the acquisition, retention, or improvement in skills related to living successfully in the community.

Own Home/Apartment

With Family

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When people live on their own, they don't have to do everything on their own.

The waiver offers services to help!

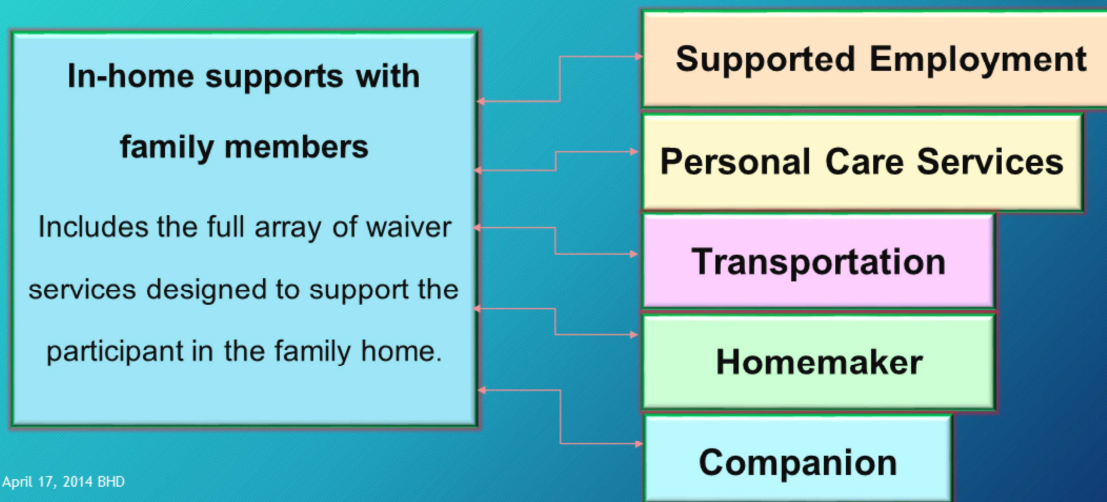
Supported living offers individually tailored supports to assist with the acquisition, retention, or improvement in skills related to living successfully in the community.

This service is available to a participant living on their own or with family.

Array of Services

Own Home or Apartment

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Ragen

Other services are available to people living on their own like:

- Supported employment
- Personal care
- Transportation
- Homemaker
- Companion

Mixing the services on a person's plan will help them achieve their goals and help them to live a full, busy, exciting life.

Array of Services

Own Home or Apartment

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Supported Employment

Transportation

Homemaker

Companion

Ragen

Here is an example:

Susie moves out on her own.

She found a job and uses supported employment to keep learning new tasks. She and her job coach, Annie, are trying to decrease the amount of job coaching she will need over time by working with co-workers to support Susie when she needs it, instead of Annie.

Susie may use transportation to get to bowling on Thursdays and to meet her friend for coffee.

She needs help with chores, her parents can only help her a few hours a week. She can receive homemaker services because bending over to clean is too difficult for her.

She can also receive companion services to get help with errands and to build new relationships.

The job pays Susie enough money to bowl and go on dates with her boyfriend. The in home services keep Susie organized and safe, which is a relief to her parents.

Creating a New Service Paradigm that is Built on Relationships

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- Sustainability depends
- on how well we support families, promote independence
- and get people jobs.



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Jessica

We are excited about the array of services and the new continuum.

Creating a new service paradigm that is built on relationships.

Person centered, least restrictive, and quality services.

A new way to look at services with a focus on independence.

Sustainability depends on how well we support families, promote independence and get people jobs.

Recognize the Possibilities



Sheila

- We want the citizens of Wyoming that we serve on the waivers, now and in the future, to recognize the possibilities.
- We are building a stronger future with the new waiver system.
- The new continuum allows for a shift in our thinking to a more person centered and outcome focused program that provides services and supports for participants who want flexible and accessible options while creating opportunities for maximum independence through every service offered.
- Fulfilling this mission depends on a continuing vision and a pursuit of quality service by providers and the Division who use their energies and collective talents to make a difference every day.
- To provide a "possibility for every person" with an ever-evolving approach to care, each service or support provided must rely upon someone utilizing their own talents, resources, energies and ideas for improvement.
- A never-ending pursuit of quality and individuals who never doubt that thoughtful, committed people can change lives for the better.

Belong to
their
community

Have valued
roles in their
family and
community

Have control
of their lives

Have a variety
of personal
relationships

Receive support
in a manner that
creates a
positive image

Have freedom
and
independence

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Ragen

Providing services based on the participants choice using person-centered planning, results in positive outcomes for people!

If our vision is accomplished, we want participants to...

- feel like they belong to their community.
- have a variety of personal relationships.
- have valued roles.
- receive support in a manner consistent with creating a positive image.
- have freedom and independence.; and
- have control over their lives.

Questions



If you have questions regarding the training topic that was covered, please join us for the conference call to discuss this training topic on:

May 6, 1:00 – 2:00 p.m.

Call in number is 1-877-278-8686 Code 252484



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Jessica

This training provides an example of the possibilities and array of services to think about when developing a participant's individualized plan of care.

Use person centered planning to determine what supports and services fit the participant's choices, needs, interests, and goals.

We understand that many of you may have questions about the array of services and the new continuum.

We will be holding a conference call on May 6 from 1:00-2:00 p.m. to answer your questions on this training topic, so mark your calendars.

The call in number and access information is listed on the slide.

<http://health.wyo.gov/ddd/CompandSupptraining.html>

The PowerPoint for this training can be found on our website under “Recorded Trainings and Supplemental Materials.”

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If you would like a copy of the PowerPoint for this training, please go to the website listed on this slide.

There will also be a survey monkey link posted on our website after the training that case managers will need to take. This will serve as proof that you completed the required training.

You can find all training materials for the new waivers under the **“Recorded Trainings and Supplemental Materials”** tab or on the website listed on this slide.

We hope you have enjoyed today's training and appreciate you taking the time to watch these videos.

Thank you from the Behavioral Health Division and have a wonderful day.