Pregnancy Risk Assessment Monitoring System

Wyoming PRAMS Phone Survey Phase 8

English Version

April 2016

INTERVIEWER: Please indicate the number that corresponds to the respondent's answer.

First, I would like to ask a few questions about you.

1. How tall are *you* without shoes?

(PROBE: About how tall?)

(Don't Read)

- 1 Feet _____
- 2 Inches ______ OR

[Range: 4-6 feet/0-11 inches]

- 3 Centimeters _____
- [Range: 120-210 centimeters]

- 8 Refused
- 9 Don't know/ don't remember

2. Just before you got pregnant with your new baby, how much did you weigh?

(PROBE: About how much?)

(Don't Read)

- 1 Number of pounds ______ OR
- 2 Number of kilos _____
- 8 Refused
- 9 Don't know/ don't remember

3. What is *your* date of birth?

- 1 Month _____
- 2 Day _____
- 3 Year _____

(Don't Read)

- 8 Refused
- 9 Don't know/ don't remember

[Range: 10-55 years of age]

[Range: 36-400 pounds/kilos]

The next questions are about the time <u>before</u> you got pregnant with your new baby.

4. I'm going to read a list of health conditions. For each one, please tell me if you had it during the **3** *months before* you got pregnant with your new baby. Did you have_____?

(PROBE: During the *3 months before* you got pregnant with your new baby, did you have _____?)

(Don't Read)

				L -	,
	Condition	No	Yes	Refused	Don't know
		(1)	(2)	(8)	(9)
a.	Type 1 or Type 2 diabetes. This				
	is not the same as gestational				
	diabetes or diabetes that				
	starts during pregnancy.				
b.	High blood pressure or				
	hypertension				
c.	Depression				

5. During the *month before* you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin? Please tell me which of the following best describes you.

(**PROBE:** About how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?)

- 1 You didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the *month before* you got pregnant
- 2 1 to 3 times a week
- 3 4 to 6 times a week
- 4 Every day of the week

(Don't Read)

- 8 Refused
- 9 Don't know
- 6. In the **12** months before you got pregnant with your new baby, did you have any health care visits with a doctor, nurse, or other health care worker, including a dental or mental health worker?

- 1 No \Rightarrow GO TO Question 9
- 2 Yes
- 8 Refused \Rightarrow GO TO Question 9
- 9 Don't Know \Rightarrow **GO TO Question 9**

7. I'm going to read a list of types of health care visits. For each one, please tell me if you had that kind of visit in the **12 months before you got pregnant** with your new baby. Did you have _____?

(**PROBE:** What type of health care visit did you have in the **12** months before you got pregnant with your new baby? Did you have _____)

		(Don't Read)				
	Type of visit	No	Yes	Refused	Don't know	
		(1)	(2)	(8)	(9)	
a.	A regular checkup at your					
	family doctor's office					
b.	A regular checkup at your					
	OB/GYN's office					
с.	A visit for an illness or chronic					
	condition					
d.	A visit for an injury					
e.	A visit for family planning or					
	birth control					
f.	A visit for depression or					
	anxiety					
g.	A visit to have your teeth					
	cleaned by a dentist or dental					
	hygienist					
h.	Some other type of visit					
i.	IF YES, ASK: What was that?					

8. During any of your health care visits in the <u>12 months before</u> you got pregnant, did a doctor, nurse, or other health care worker <u>do</u> any of the following things?

(PROBE: Did a doctor, nurse, or other health care worker _____?)

	Activity	No	Yes	Refused	Don't know
		(1)	(2)	(8)	(9)
a.	Tell you to take a vitamin with				
	folic acid				
b.	Talk to you about maintaining a				
	healthy weight				
с.	Talk to you about controlling				
	any medical conditions such as				
	diabetes or high blood				
	pressure				
d.	Talk to you about your desire to				
	have or not have children				
e.	Talk to you about using birth				
	control to prevent pregnancy				
f.	Talk to you about how you				
	could improve your health				
	before a pregnancy				
g.	Talk to you about sexually				
	transmitted infections such as				
	chlamydia, gonorrhea, or				
	syphilis				
h.	Ask you if you were smoking				
	cigarettes				
i.	Ask you if someone was hurting				
	you emotionally or physically				
j.	, , , ,				
	down or depressed				
k.	Ask you about the kind of work				
	you do				
١.	Test you for HIV (the virus that				
	causes AIDS)				

The next questions are about your health insurance coverage before, during, and after your pregnancy with your new baby.

9. I'm going to read a list of different types of health insurance. For each one, please tell me if you had this kind of health insurance during the <u>month before</u> you got pregnant with your new baby. Did you have _____?

(PROBE: What kind of health insurance did you have during the *month before* you got pregnant with your new baby?)
(Don't Read)

		(Don't Read)				
	Type of health insurance	No	Yes	Refused	Don't know	
		(1)	(2)	(8)	(9)	
a.	Private health insurance from					
	your job or the job of your					
	husband or partner					
b.	Private health insurance from					
	your parents					
c.	Private health insurance from					
	the Health Insurance					
	Marketplace or					
	HealthCare.gov					
d.	Medicaid or Equality Care					
e.	Kid Care (CHIP)					
f.	TRICARE or other military					
	health care					
g.	Indian Health Service (IHS)					
h.	Did you have some other health					
	insurance during the month					
	<i>before</i> you got pregnant?					
i.	IF YES, ASK: What was that?					
	INTERVIEWER: Go to Question 10) if the mother	answered YES t	o any of the ins	urance options	
	listed above.					
j.	Would you say that you did not					
	have any health insurance					
	during the <i>month before</i> you					
	got pregnant?					
	(Interviewer: If the mother					
	answered that she did not have					
	any health insurance, check					
	YES.)					
	,		1	L	1	

10. What kind of health insurance did you have <u>during your most recent pregnancy</u> for your prenatal care? I'm going to read the list of options again. For each one, please tell me if you had this kind of health insurance for your prenatal care. First, let me ask: (READ item a)

(**PROBE:** What kind of health insurance did you have <u>during your most recent pregnancy</u> for your prenatal care?

			(Don't Read)	
	Type of insurance	No	Yes	Refused	Don't know
		(1)	(2)	(8)	(9)
a.	Did you have prenatal care?				
	(INTERVIEWER: If the mother did				
	NOT have prenatal care, mark NO				
	and go to Question 11.)				
b.	Private health insurance from your				
	job or the job of your husband or				
	partner				
c.	Private health insurance from your				
	parents				
d.	Private health insurance from the				
	Health Insurance Marketplace or				
	HealthCare.gov				
e.	Medicaid or Equality Care				
f.	Kid Care (CHIP)				
g.	TRICARE or other military health				
	care				
	Indian Health Service (IHS)				
i.	Did you have some other health				
	insurance for your prenatal care?				
j.	IF YES, ASK: What was that?				
	INTERVIEWER: Go to Question 11 if	the mother and	swered YES to a	ny of the insur	ance options
	listed above.			,	
k.	Would you say that you did not				
	have any health insurance for your				
	prenatal care?				
	(Interviewer: If the mother				
	answered that she did not have				
	any health insurance, check YES.)				
	any nearth insurance, theth ils.)				

11. What kind of health insurance do you have <u>now</u>? I'm going to read the list of types of health insurance one last time. For each one, please tell me if you have this kind of health insurance <u>now</u>. Do you have _____?

(PROBE: What kind of health insurance do you have <u>now</u>?)

			(1	Don't Read)	
	Type of insurance	No	Yes	Refused	Don't know
		(1)	(2)	(8)	(9)
a.	Private health insurance				
	from your job or the job of				
	your husband or partner				
b.	Private health insurance				
	from your parents				
с.	Private health insurance				
	from the Health Insurance				
	Marketplace or				
	HealthCare.gov				
d.	Medicaid or Equality Care				
e.	Kid Care (CHIP)				
f.	TRICARE or other military				
	health care				
g.	Indian Health Service (IHS)				
h.	Do you have some other				
	health insurance?				
i.	IF YES, ASK: What is that?				
	INTERVIEWER: Go to Question	n 12 if the	mother answe	red YES to any o	of the
	insurance options listed above				
j.	Would you say that you do	_			
,	not have any health				
	insurance <i>now</i> ?				
	(INTERVIEWER: If the				
	mother answered that she				
	does not have any health				
	insurance, check YES.)				

12. Thinking back to *just before* you got pregnant with your new baby, how did you feel about becoming pregnant? I'm going to read a list of options. Please choose the one that best describes how you felt.

(**PROBE**: *Just before* you got pregnant with your new baby, how did you feel about becoming pregnant?)

- 1 You wanted to be pregnant later
- 2 You wanted to be pregnant sooner
- 3 You wanted to be pregnant then
- 4 You didn't want to be pregnant then or at any time in the future
- 5 You weren't sure what you wanted

(Don't Read)

- 8 Refused
- 9 Don't Know

The next questions are about the prenatal care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care worker before your baby was born to get checkups and advice about pregnancy. It may help to look at the calendar when you answer these questions.

13. How many weeks *or* months pregnant were you when you had your first visit for prenatal care?

(PROBE: How many weeks or months pregnant were you?)

(Don't Read)

1 Number of weeks _____

[Range: 1-40 weeks]

2 Number of months _____

[Range: 1-9 months]

3 You didn't go for prenatal care \Rightarrow **GO TO Question 15**

or

- 8 Refused \Rightarrow *GO TO* Question 15
- 9 Don't Know \Rightarrow *GO TO* Question 15

14. *During any of your prenatal care visits*, did a doctor, nurse, or other health care worker ask you any of the following things?

(PROBE: During your prenatal care visits, did a doctor, nurse, or other health care worker ask you _____?)

	(Don't Read)				
	Subject	No	Yes	Refused	Don't know
		(1)	(2)	(8)	(9)
a.	If you knew how much weight you				
	should gain during pregnancy				
b.	If you were taking any prescription				
	medication				
с.	If you were smoking cigarettes				
d.	If you were drinking alcohol				
e.	If someone was hurting you				
	emotionally or physically				
f.	If you were feeling down or				
	depressed				
g.	If you were using drugs, such as				
	marijuana, cocaine, crack or meth				
h.	If you wanted to be tested for HIV				
	(the virus that causes AIDS)				
i.	If you planned to breastfeed your				
	new baby				
j.	If you planned to use birth control				
	after your baby was born				

15. During the 12 months *before the <u>delivery</u>* of your new baby, did a doctor, nurse, or other health care worker *offer* you a flu shot or *tell* you to get one?

- 1 No
- 2 Yes
- 8 Refused
- 9 Don't know

- **16.** During the 12 months *before the <u>delivery</u>* of your new baby, did you *get* a flu shot? I'm going to read you three options. Please tell me which one applies to you.
 - 1 No
 - 2 Yes, before your pregnancy
 - 3 Yes, during your pregnancy

(Don't Read)

- 8 Refused
- 9 Don't Know
- **17.** During *your most recent pregnancy*, did you have your teeth cleaned by a dentist or dental hygienist?

(Don't Read)

- 1 No
- 2 Yes
- 8 Refused
- 9 Don't Know
- **18.** During *your most recent* pregnancy, did a home visitor come to your home to help you prepare for your new baby? A home visitor is a nurse, a health care worker, a social worker, or other person who works for a program that helps pregnant women.

(Don't Read)

- 1 No
- 2 Yes
- 8 Refused
- 9 Don't know
- **19.** During *your most recent* pregnancy, what did you think about breastfeeding your new baby? I'm going to read a list of option. Please tell me which best describes you.

(PROBE: Repeat the question as necessary.)

- 1 You knew you wanted to breastfeed
- 2 You thought you might breastfeed
- 3 You knew you would *not* breastfeed
- 4 You didn't know what to do about breastfeeding

- 8 Refused
- 9 Don't know

20. I'm going to read a list of health conditions. For each one, please tell me if you had it during *your most recent* pregnancy. Did you have_____?

(PROBE: During your most recent pregnancy, did you have _____?)

(Don't	Read)
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	Condition	No	Yes	Refused	Don't know
		(1)	(2)	(8)	(9)
	Gestational diabetes or diabetes				
	that <u>started</u> during <i>this</i>				
a.	pregnancy				
	High blood pressure that started				
	during this pregnancy, pre-				
b.	eclampsia, or eclampsia				
c.	Depression				

The next questions are about smoking cigarettes before, during, and after pregnancy.

21. Have you smoked any cigarettes in the *past 2 years*?

(Don't Read)

- 1 No \Rightarrow GO TO Question 25
- 2 Yes
- 8 Refused \Rightarrow *GO TO* Question 25
- 9 Don't Know \Rightarrow **GO TO** Question 25
- 22. In the *3 months <u>before</u>* you got pregnant, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes. Did you smoke _____?

(**PROBE**: In the *3 months <u>before</u>* you got pregnant, about how many cigarettes did you smoke on an average day?)

- 1 41 cigarettes or more a day
- 2 21 to 40 cigarettes
- 3 11 to 20 cigarettes
- 4 6 to 10 cigarettes
- 5 1 to 5 cigarettes
- 6 Less than 1 cigarette
- 7 You didn't smoke then

- 8 Refused
- 9 Don't know

23. In the *last 3 months* of your pregnancy, how many cigarettes did you smoke on an average day? Did you smoke _____?

(**PROBE**: In the *last 3 months* of your pregnancy, about how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.)

- 1 41 cigarettes or more a day
- 2 21 to 40 cigarettes
- 3 11 to 20 cigarettes
- 4 6 to 10 cigarettes
- 5 1 to 5 cigarettes
- 6 Less than 1 cigarette
- 7 You didn't smoke then

(Don't Read)

- 8 Refused
- 9 Don't know
- 24. How many cigarettes do you smoke on an average day *now*? Do you smoke_____?

(PROBE: About how many cigarettes do you smoke on an average day? A pack has 20 cigarettes.)

- 1 41 cigarettes or more a day
- 2 21 to 40 cigarettes
- 3 11 to 20 cigarettes
- 4 6 to 10 cigarettes
- 5 1 to 5 cigarettes
- 6 Less than 1 cigarette
- 7 You don't smoke now

- 8 Refused
- 9 Don't Know

The next questions are about using other tobacco products around the time of pregnancy.

25. I am going to read a list of products. For each one, please tell me if you used it at any time in the *past 2 years*? Have you used _____?

(PROBE: In the *past 2 years*, have you used _____?)

			(Don't Re	ad)	
	Product	No	Yes	Refused	Don't know
		(1)	(2)	(8)	(9)
a.	E-cigarettes or other electronic nicotine products				
	(PROBE: E-cigarettes or electronic cigarettes and other electronic nicotine products such as vape pens, e-hookahs, hookah pens, e- cigars, and e-pipes are battery-powered devices that use nicotine liquid rather than tobacco leaves, and produce vapor instead of smoke.)				
b.	Hookah				
	(PROBE: A hookah is a water pipe used to smoke tobacco. It is not the same as an e- hookah or hookah pen.)				
с.	Chewing tobacco, snuff, snus, or dip				

INTERVIEWER: If the respondent did <u>NOT</u> use e-cigarettes or other electronic nicotine products in the *past 2 years*, go to Question 28.

- **26.** During the *3 months <u>before</u>* you got pregnant, on average, how often did you use e-cigarettes or other electronic nicotine products? Did you use them_____?
 - 1 More than once a day
 - 2 Once a day
 - 3 2-6 days a week
 - 4 1 day a week or less
 - 5 You did not use e-cigarettes or other electronic nicotine products then

- 8 Refused
- 9 Don't know

- **27.** During the *last 3 months* of your pregnancy, on average, how often did you use e-cigarettes or other electronic nicotine products? Did you use them _____?
 - 1 More than once a day
 - 2 Once a day
 - 3 2-6 days a week
 - 4 1 day a week or less
 - 5 You did not use e-cigarettes or other electronic nicotine products then

(Don't Read)

- 8 Refused
- 9 Don't know

The next questions are about drinking alcohol around the time of pregnancy.

28. Have you had any alcoholic drinks in the *past 2 years*? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.

(Don't Read)

- 1 No \Rightarrow GO TO Question 31
- 2 Yes
- 8 Refused \Rightarrow **GO TO Question 31**
- 9 Don't know ⇒ GO TO Question 31
- **29.** During the *3 months <u>before</u>* you got pregnant, how many alcoholic drinks did you have in an average week? Did you have_____?

(**PROBE:** During the *3 months <u>before</u>* you got pregnant, about how many alcoholic drinks did you have in an average week?)

- 1 14 drinks or more a week
- 2 8 to 13 drinks a week
- 3 4 to 7 drinks a week
- 4 1 to 3 drinks a week
- 5 Less than 1 drink a week
- 6 You didn't drink then

- 8 Refused
- 9 Don't know

30. During the *last 3 months* of your pregnancy, how many alcoholic drinks did you have in an average week?

(**PROBE**: During the *last 3 months* of your pregnancy, about how many alcoholic drinks did you have in an average week?)

- 1 14 drinks or more a week
- 2 8 to 13 drinks a week
- 3 4 to 7 drinks a week
- 4 1 to 3 drinks a week
- 5 Less than 1 drink a week
- 6 You didn't drink then

(Don't Read)

- 8 Refused
- 9 Don't know

Pregnancy can be a difficult time. The next questions are about things that may have happened before and during your most recent pregnancy.

31. I'm going to read a list of things that may have happened during the *12 months before* your new baby was born. For each one, please tell me if it happened to you. It may help to look at the calendar.

(PROBE: During the 12 months before your new baby was born, _____?)

	(Don't Kead)				
	Thing	No	Yes	Refused	Don't know
		(1)	(2)	(8)	(9)
a.	Did a close family member get very sick				
	and have to go into the hospital?				
b.	Did you get separated or divorced from				
	your husband or partner?				
с.	Did you move to a new address?				
d.	Were you homeless or did you have to				
	sleep outside, in a car, or in a shelter?				
e.	Did your husband or partner lose their				
	job?				
f.	Did you lose your job even though you				
	wanted to go on working?				
g.	Did you or your husband or partner				
	have a cut in work hours or pay?				
h.	Were you apart from your husband or				
	partner due to military deployment or				
	extended work-related travel?				
i.	Did you argue with your husband or				
	partner more than usual?				
j.	Did your husband or partner say they				
	didn't want you to be pregnant?				
k.	Did you have problems paying the rent,				
	mortgage, or other bills?				
١.	Did your husband, partner or you go to				
	jail?				
m.	Did someone very close to you have a				
	problem with drinking or drugs?				
n.	Did someone very close to you die?				

(Don't Read)

32. During the *12 months before* your new baby was born, did you ever eat less than you felt you should because there wasn't enough money to buy food?

- 1 No
- 2 Yes
- 8 Refused
- 9 Don't know

33. During the **12** months before your new baby was born, did you feel emotionally upset, for example angry, sad, or frustrated, as a result of how you were treated based on your race?

(Don't Read)

- 1 No
- 2 Yes
- 8 Refused
- Don't know 9

INTERVIEWER: If the respondent is less than 18 years of age, skip Question 34 and Question 35.

34. In the 12 months before you got pregnant with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way?

	Person	No	Yes	Refused	Don't know	
		(1)	(2)	(8)	(9)	
	Your husband or					
a.	partner					
	Your ex-husband or ex-					
b.	partner					
c.	Another family member					
d.	Someone else					

35. During your most recent pregnancy, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way?

		(Don't Read)				
	Person	No	Yes	Refused	Don't know	
		(1)	(2)	(8)	(9)	
	Your husband or					
a.	partner					
	Your ex-husband or ex-					
b.	partner					
c.	Another family member					
d.	Someone else					

The next questions are about the time since your new baby was born.

36. On what date was your new baby born? (**PROBE:** When was your new baby born?)

- 1 Month _____ [Range: Month 1-12;Day 1-31; Year = Surveillance year]
- 2 Day _____
- 3 Year _____
- 8 Refused
- 9 Don't know/ don't remember
- **37.** Did your doctor, nurse, or other health care worker try to induce your labor or start your contractions using medicine?
 - 1 No \Rightarrow GO TO Question 39
 - 2 Yes
 - 8 Refused \Rightarrow GO TO Question 39
 - 9 Don't know \Rightarrow *GO TO* Question 39

38. I'm going to read a list of reasons why a doctor, nurse, or other health care worker might try to induce labor, or start your contractions using medicine. For each one, please tell me if it was a reason for you. Was it because _____?

(**PROBE:** Was your doctor, nurse, or other health care worker trying to induce your labor because _____?)

		(Don't read)			
	Reason	No (1)	Yes (2)	Refused (8)	Don't know (9)
a.	Your water broke and there was a fear of infection		. ,		. ,
b.	You were past your due date				
C.	Your health care provider worried about the size of the baby				
d.	Your baby was not doing well and needed to be born				
e.	You had a complication in your pregnancy such as low amniotic fluid or pre-eclampsia				
f.	You wanted to schedule your delivery				
g.	You wanted to give birth with a specific health care provider				
h.	Was there any other reason?				
i.	IF YES, ASK: What was the reason?				

39. Please tell me which one of the following statements best describes how your new baby was delivered.

(PROBE: How was your new baby delivered?)

- 1 You delivered vaginally \Rightarrow *GO TO* Question 41
- 2 You had a cesarean delivery or c-section

- 8 Refused \Rightarrow *GO TO* Question 41
- 9 Don't know⇒ GO TO Question 41

40. I'm going to read a list of reasons why some babies are born by cesarean delivery or c-section. For each one, please tell me if it was a reason that your new baby was born by cesarean delivery or c-section. Was it because _____?

(PROBE: Was your *new* baby born by cesarean delivery because _____?)

			(Dui t Ke	auj	
	Reason	No	Yes	Refused	Don't know
		(1)	(2)	(8)	(9)
	You had a previous cesarean				
a.	delivery or c-section				
	Your baby was in the wrong				
b.	position, such as breech				
c.	You were past your due date				
	Your health care provider				
	worried that your baby was				
d.	0				
	You had a medical condition				
	that made labor dangerous for				
	you, such as a heart condition				
e.	or physical disability				
	You had a complication in your				
	pregnancy, such as pre-				
	eclampsia, placental				
	problems, infection or				
f.					
	Your health care provider tried				
	to induce your labor, but it				
g.	didn't work				
h.	Labor was taking too long				
	The fetal monitor showed that				
	your baby was having				
	problems before or during				
i.					
	You wanted to schedule your				
j.					
	You didn't want to have your				
k.					
١.	Was there any other reason?				
	IF YES, ASK: What was the				
	reason?				
m.					

41. After your baby was delivered, how long did he or she stay in the hospital?

(PROBE: Did he or she stay in the hospital for _____?)

- 1 Less than 24 hours, or less than 1 day
- 2 24 to 48 hours, or 1 to 2 days
- 3 3 to 5 days
- 4 6 to 14 days
- 5 More than 14 days

(Don't Read)

- 6 Your baby was not born in a hospital
- 7 Your baby is still in the hospital \Rightarrow *GO TO* Question 44
- 8 Refused
- 9 Don't know
- **42.** Is your baby alive now?

- 1 No We are very sorry for your loss. \Rightarrow **GO TO** Question 56
- 2 Yes
- 8 Refused \Rightarrow *GO TO* Question 56
- 9 Don't know ⇒ *GO TO* Question 56
- 43. Is your baby living with you now? (Don't Read)
 - 1 No \Rightarrow GO TO Question 55
 - 2 Yes
 - 8 Refused \Rightarrow *GO TO* Question 55
 - 9 Don't know ⇒ *GO TO* Question 55

44. I'm going to read a list of sources of information on breastfeeding. For each one, please tell me if you received information from that source *before or after your new baby was born.* Did you receive information about breastfeeding your baby from _____?

(PROBE: *Before or after* your new baby was born, did you receive information about breastfeeding from _____?)

	·/	(Don't Read)				
	Sources	No	Yes	Refused	Don't know	
		(1)	(2)	(8)	(9)	
a.	Your doctor					
b.	A nurse, midwife, or doula					
	A breastfeeding or lactation					
с.	specialist					
	Your baby's doctor or health					
d.	care provider					
e.	A breastfeeding support group					
	A breastfeeding hotline or toll-					
f.	free number					
g.	Family or friends					
h.	Some other source					
	IF YES ASK: What source was					
	that?					
i.						

45. Did you ever breastfeed or pump breast milk to feed your new baby, even for a short period of time?

- 1 No \Rightarrow GO TO Question 50
- 2 Yes
- 8 Refused \Rightarrow *GO TO* Question 50
- 9 Don't know \Rightarrow *GO TO* Question 50

46. Are you currently breastfeeding or feeding pumped milk to your new baby?

(Don't Read)

- 1 No
- 2 Yes \Rightarrow GO TO Question 49
- 8 Refused \Rightarrow *GO TO* Question 49
- 9 Don't know \Rightarrow *GO TO* Question 49
- 47. How many weeks or months did you breastfeed or pump milk to feed your baby?

(PROBE: About how many weeks or months?)

Less than 1 week	
Number of weeks	[Range:1 - 40 weeks]
OR	
Number of months	[Range:1 - 9 months]
Refused	
Don't know	

48. I'm going to read a list of reasons why some women stop breastfeeding. For each one, please tell me if it was a reason for you. Was it because_____?

		(Don't Read)				
	Reason	No	Yes	Refused	Don't know	
		(1)	(2)	(8)	(9)	
	Your baby had difficulty latching or					
a.	nursing					
	Breast milk alone did not satisfy					
b.	your baby					
	You thought your baby wasn't					
с.	gaining enough weight					
	Your nipples were sore, cracked, or					
d.	bleeding, or it was too painful					
	You thought you weren't producing					
e.	enough milk or your milk dried up					
	You had too many other household					
f.	duties					
	You felt it was the right time to stop					
g.	breastfeeding					
	You got sick or you had to stop for					
h.	medical reasons					
i.	You went back to work					
j.	You went back to school					
	Your partner did not support					
k.	breastfeeding					
	Your baby was jaundiced, which is					
	yellowing of the skin or whites of					
١.	the eyes					
	Was there any other reason you					
	stopped breastfeeding your new					
m.	baby?					
	IF YES, ASK: What was that?					
n.						

(PROBE: Was this a reason you stopped breastfeeding your new baby?)

Interviewer: If the baby was not born in the hospital, go to Question 50.

49. I'm going to read a list of things that may have happened at the hospital where your new baby was born. For each one, please tell me whether or not it happened.

(PROBE: Did this happen at the hospital where your new baby was born?)

			-		
	Events at Hospital	No	Yes	Refused	Don't know
		(1)	(2)	(8)	(9)
	Did hospital staff give you				
a.	information about breastfeeding?				
	Did your baby stay in the same room				
b.	with you at the hospital?				
	Did you breastfeed your baby in the				
с.	hospital?				
	Did hospital staff help you learn how				
d.	to breastfeed?				
	Did you breastfeed in the first hour				
e.	after your baby was born?				
	Was your baby placed in skin-to-skin				
f.	contact within the first hour of life?				
	Was your baby fed only breast milk at				
g.	the hospital?				
	Did hospital staff tell you to				
	breastfeed whenever your baby				
h.	wanted?				
	Did the hospital give you a breast				
i.	pump to use?				
	Did the hospital give you a gift pack				
j.	with formula?				
	Did the hospital give you a telephone				
	number to call for help with				
k.	breastfeeding?				
	Did hospital staff give your baby a				
١.	pacifier?				

(Don't Read)

INTERVIEWER: If the baby is still in the hospital, go to Question 55.

50. In which *one* position do you *most often* lay your baby down to sleep now? Is it_____?

(PROBE: Which way do you lay him or her down *most* of the time?)

- 1 On his or her side
- 2 On his or her back
- 3 On his or her stomach

(Don't Read)

- 4 On side and back
- 5 On side and stomach
- 6 On back and stomach
- 7 On side, back, and stomach
- 8 Refused
- 9 Don't know
- **51.** In the *past 2 weeks*, how often has your new baby slept alone in his or her own crib or bed? Would you say it has been always, often, sometimes, rarely, or never?

(PROBE: How often does your new baby sleep alone in his or her own crib or bed?)

(Don't Read)

- 1 Always
- 2 Often
- 3 Sometimes
- 4 Rarely
- 5 Never \Rightarrow *GO TO* Question 53
- 8 Refused \Rightarrow *GO TO* Question 53
- 9 Don't know \Rightarrow *GO TO* Question 53

52. When your new baby sleeps alone, is his or her crib or bed in the same room where **you** sleep?

- 1 No
- 2 Yes
- 8 Refused
- 9 Don't know

53. I'm going to read a list of ways some babies sleep. For each item, please tell me if it is how your new baby *usually* slept during the *past 2 weeks*. Did your new baby *usually* sleep _____?

(PROBE: In the *past 2 weeks*, would you say that your new baby slept _____?)

			(= • • • • • • •		
	Description	No	Yes	Refused	Don't know
		(1)	(2)	(8)	(9)
a.	In a crib, bassinet, or pack and				
	play				
b.	On a twin or larger mattress or				
	bed				
c.	On a couch, sofa, or armchair				
d.	In an infant car seat or swing				
e.	In a sleeping sack or wearable				
	blanket				
f.	With a blanket				
g.	With toys, cushions, or pillows,				
	including nursing pillows				
h.	With crib bumper pads, mesh or				
	non-mesh				

· · · · · · · · -

(Don't Read)

54. Did a doctor, nurse, or other health care worker tell you any of the following things? I am going to read a short list.

(**PROBE:** Did a doctor, nurse, or other health care worker tell you _____?)

	Description	No	Yes	Refused	Don't know
		(1)	(2)	(8)	(9)
	To place your baby on his or				
a.	her back to sleep				
	To place your baby to sleep				
	in a crib, bassinet, or pack				
b.	and play				
	To place your baby's crib or				
c.	bed in your room				
	What things should and				
	should not go in bed with				
d.	your baby				

55. *Since your new baby was born*, has a home visitor come to your home to help you learn how to take care of yourself or your new baby? A home visitor is a nurse, a health care worker, a social worker, or other person who works for a program that helps mothers of newborns.

(Don't Read)

- 1 No
- 2 Yes
- 8 Refused
- 9 Don't know
- **56.** Are you or your husband or partner doing anything *now* to keep from getting pregnant? Some things people do to keep from getting pregnant include having their tubes tied, using birth control pills, condoms, withdrawal, or natural family planning.

- 1 No
- 2 Yes \Rightarrow GO TO Question 58
- 8 Refused ⇒ GO TO Question 59
- 9 Don't know \Rightarrow **GO TO Question 59**

57. I'm going to read a list of reasons some women or their husbands or partners have for not doing anything to keep from getting pregnant. For each one, please tell me if it is one of the reasons for you or your husband or partner **now**. Is it because_____?

(**PROBE**: Is one of the reasons you aren't doing anything to keep from getting pregnant *now* because_____?)

	(Don't Read)			
Reason	No	Yes	Refused	Don't know
	(1)	(2)	(8)	(9)
You want to get pregnant				
You are pregnant now				
You had your tubes tied or blocked				
You don't want to use birth control				
You are worried about the side effects from birth control				
You are not having sex				
Your husband or partner doesn't want to use anything				
You have problems paying for birth control				
Is there any other reason you're not doing anything to keep from getting pregnant now?				
IF YES, ASK: What is the reason?				

INTERVIEWER: If the respondent or her husband or partner is <u>not doing</u> anything to keep from getting pregnant *now*, go to Question 59.

58. I'm going to read a list of birth control methods. For each one, please tell me if you or your husband or partner is using this method *now*.

(PROBE: What are you or your husband or partner using *now* to keep from getting pregnant?)

Method	No	Yes	Refused	Don't know
	(1)	(2)	(8)	(9)
Tubes tied or blocked, female				
sterilization, or Essure®				
Vasectomy or male sterilization				
Birth control pills				
Condoms				
Shots, injections or Depo- Provera®				
Contraceptive patch or OrthoEvra [®] or vaginal ring or NuvaRing [®]				
IUD, including Mirena [®] or				
ParaGard [®] , Liletta [®] , or Skyla [®]				
Contraceptive implant in the arm, including Nexplanon [®] or Implanon [®]				
Natural family planning including rhythm method				
Withdrawal or pulling out				
Not having sex or abstinence				
Are you or your husband or partner using anything else to				
keep from getting pregnant now?				
IF YES, ASK: What are you using? 				
	Tubes tied or blocked, female sterilization, or Essure®Vasectomy or male sterilizationBirth control pillsCondomsShots, injections or Depo- Provera®Contraceptive patch or OrthoEvra® or vaginal ring or NuvaRing®IUD, including Mirena® or ParaGard®, Liletta®, or Skyla®Contraceptive implant in the arm, including Nexplanon® or Implanon®Natural family planning including rhythm methodWithdrawal or pulling out Not having sex or abstinenceAre you or your husband or partner using anything else to keep from getting pregnant now?IF YES, ASK: What are you	(1)Tubes tied or blocked, female sterilization, or Essure®Vasectomy or male sterilizationBirth control pillsCondomsShots, injections or Depo- Provera®Contraceptive patch or OrthoEvra® or vaginal ring or NuvaRing®IUD, including Mirena® or ParaGard®, Liletta®, or Skyla®Contraceptive implant in the arm, including Nexplanon® or Implanon®Natural family planning including rhythm methodWithdrawal or pulling out Not having sex or abstinenceAre you or your husband or partner using anything else to keep from getting pregnant now?IF YES, ASK: What are you	(1)(2)Tubes tied or blocked, female sterilization, or Essure®Vasectomy or male sterilizationBirth control pillsCondomsShots, injections or Depo- Provera®Provera®Contraceptive patch or OrthoEvra® or vaginal ring or NuvaRing®IUD, including Mirena® or ParaGard®, Liletta®, or Skyla®Contraceptive implant in the arm, including Nexplanon® or Implanon®Natural family planning including rhythm methodWithdrawal or pulling out Not having sex or abstinenceAre you or your husband or partner using anything else to keep from getting pregnant now?IF YES, ASK: What are you	(1)(2)(8)Tubes tied or blocked, female sterilization, or Essure®Vasectomy or male sterilizationBirth control pillsCondomsShots, injections or Depo- Provera®Provera®Contraceptive patch or OrthoEvra® or vaginal ring or NuvaRing®IUD, including Mirena® or ParaGard®, Liletta®, or Skyla®Contraceptive implant in the arm, including Nexplanon® or Implanon®Natural family planning including rhythm methodWithdrawal or pulling outNot having sex or abstinenceAre you or your husband or partner using anything else to keep from getting pregnant now?IF YES, ASK: What are you

59. *Since your new baby was born*, have you had a postpartum checkup for yourself? A postpartum checkup is the regular checkup a woman has about 4-6 weeks after she gives birth.

- 1 No \Rightarrow GO TO Question 61
- 2 Yes
- 8 Refused \Rightarrow GO TO Question 61
- 9 Don't know \Rightarrow **GO TO Question 61**

60. *During your postpartum checkup*, did your doctor, nurse, or other health care worker <u>do</u> any of the following things? I am going to read a list of things. Did they _____?

(PROBE: Did a doctor, nurse, or other health care worker _____?)

		(bon t head)				
	Subject	No	Yes	Refused	Don't know	
		(1)	(2)	(8)	(9)	
a.	Tell you to take a vitamin with					
	folic acid					
b.	Talk to you about healthy					
	eating, exercise, and losing					
	weight gained during					
	pregnancy					
c.	Talk to you about how long to					
	wait before getting pregnant					
	again					
d.	Talk to you about birth control					
	methods you can use after					
	giving birth					
e.	Give or prescribe you a					
	contraceptive method such as					
	the pill, patch, shot or Depo-					
	Provera [®] , NuvaRing [®] , or					
	condoms					
f.	Insert an IUD such as Mirena [®] ,					
	ParaGard [®] , Liletta [®] , or Skyla [®]					
	or a contraceptive implant					
	such as Nexplanon [®] or					
	Implanon®					
g.	Ask you if you were smoking					
	cigarettes					
h.	Ask you if someone was hurting					
	you emotionally or physically					
i.	Ask you if you were feeling					
	down or depressed					
j.	Test you for diabetes	l				

61. *Since your new baby was born*, how often have you felt down, depressed, or hopeless? Would you say that it's been always, often, sometimes, rarely, or never?

(Don't Read)

- 1 Always
- 2 Often
- 3 Sometimes
- 4 Rarely
- 5 Never
- 8 Refused
- 9 Don't know
- **62.** *Since your new baby was born*, how often have you had little interest or little pleasure in doing things you usually enjoyed? Would you say that it's been always, often, sometimes, rarely, or never?

(Don't Read)

- 1 Always
- 2 Often
- 3 Sometimes
- 4 Rarely
- 5 Never
- 8 Refused
- 9 Don't know

The next questions are on a variety of topics.

63. During any of the following time periods, did your husband or partner threaten you, limit your activities against your will, or make you feel unsafe in any other way? For each time period, please tell me if this has happened to you.

(**PROBE:** Did your husband or partner threaten you, limit your activities against your will, or you make you feel unsafe in any way_____?)

	Time Period	No	Yes	Refused	Don't know		
		(1)	(2)	(8)	(9)		
a.	During the 12 months before you						
	got pregnant						
b.	During your most recent						
	pregnancy						
с.	Since your new baby was born						

64. During the *month before* you got pregnant, did you take or use any of the following drugs for any reason? I'm going to read a list of options. For each one, please tell me if you took or used it during the month before you got pregnant. Your answers are strictly confidential. Did you take or use _____?

		'	(Don't Read)				
	Drug	No	Yes	Refused	Don't know		
		(1)	(2)	(8)	(9)		
a.	Over-the-counter pain						
	relievers such as aspirin,						
	Tylenol [®] , Advil [®] , or Aleve [®]						
b.	Prescription pain relievers						
	such as hydrocodone or						
	Vicodin [®] , oxycodone or						
	Percocet [®] , or codeine						
c.	Adderall [®] , Ritalin [®] , or another						
	stimulant						
d.	Marijuana or hash						
e.	Synthetic marijuana, K2 or						
	Spice						
f.	Methadone, naloxone,						
	subutex, or Suboxone®						
g.	Heroin, also known as smack,						
	junk, Black Tar or Chiva						
h.	Amphetamines, also known as						
	uppers, speed, crystal meth,						
	crank, ice, or agua						
i.	Cocaine, also known as crack,						
	rock, coke, blow, snow, or						
	nieve						
j.	Tranquilizers or downers or						
	ludes						
k.	Hallucinogens, such as						
	LSD/acid, PCP/angel dust,						
	Ecstasy, Molly, mushrooms,						
	or bath salts						
١.	Sniffing gasoline, glue, aerosol						
	spray cans, or paint to get						
	high also known as huffing						

(PROBE: During the month before you got pregnant, did you take or use

?

65. I'm going to read a list of people who might live in the same house with you now. For each one, please tell me is they live with you **now**.

(Don't Read)							
	Person	No	Yes	Refused	Don't know		
		(1)	(2)	(8)	(9)		
a.	Your husband or partner						
b.	Children less than 12 months old						
	IF YES, ASK: How many?						
	(Range: 0-20)						
с.	Children 1 year to 5 years old						
	IF YES, ASK: How many?						
	(Range: 0-20)						
d.	Children 6 years old and over						
	IF YES, ASK: How many?						
	(Range: 0-20)						
e.							
f.	Your father						
-	Your husband's or partner's parents						
h.	A friend or roommate						
i.							
-	Does anyone else live with you now?						
k.	IF YES, ASK: Who is that?						
١.	IF NONE OF ABOVE IS 'YES', ASK: Do						
	you live alone?						

(PROBE: Does _____ live in the same house with you now?) (Don't Read)

66. Are you a member of an American Indian tribe?

- 1 No \Rightarrow GO TO Question 68
- 2 Yes
- 8 Refused ⇒ GO TO Question 68
- 9 Don't know⇒ GO TO Question 68

- 67. What is your tribal enrolment or your tribal affiliation?
 - 1 Eastern Shoshone
 - 2 Northern Arapahoe
 - 3 Sioux
 - 4 Crow
 - 5 Northern Cheyenne
 - 6 Shoshone Bannock
 - 7 Is there a different affiliation?IF YES, ASK: What is it?
 - 8 Refused
 - 9 Don't know

The last questions are about the time during the 12 months before your new baby was born.

68. During the **12** *months before* your new baby was born, what was your yearly total household income before taxes? Include your income, your husband's or partner's income, and any other income you may have received. *All information will be kept private* and will not affect any services you are now getting. I'm going to read you a list of options. You can stop me when I read your household income level. Was your yearly household income from _____?

(**PROBE**: During the **12** *months before* your new baby was born, what was your yearly total household income before taxes?)

\$0 to \$16,000 \$16,001 to \$20,000 \$20,001 to \$24,000 \$24,001 to \$28,000 \$28,001 to \$32,000 \$32,001 to \$40,000 \$40,001 to \$40,000 \$48,001 to \$57,000 \$57,001 to \$60,000 \$60,001 to \$73,000 \$73,001 to \$85,000 \$85,001 or more

(Don't Read)

Refused Don't know **69.** During the **12** *months before* your new baby was born, how many people, *including yourself*, depended on this income?

(Don't Read)

____People (RANGE: 1-30 people)

Refused Don't know This finishes the interview. Is there anything you would like to say about your experiences around the time of your pregnancy or the health of mothers and babies in Wyoming?

INTERVIEWER: Record respondent's verbatim comments below.

Thanks for answering our questions. Your answers will help us work to make Wyoming mothers and babies healthier. Goodbye.

INTERVIEWER: 70. Fill in today's date. ______ / _____ / 20_____ Month Day Year