

2013

Wyoming Behavioral Risk Factor Surveillance System Questionnaire

November 13, 2012

Samptype = 1 = land Samptype = 2 = cell



Behavioral Risk Factor Surveillance System 2013 Questionnaire

Table of Contents

Table of Contents	2
Landline Interviewer's Script	3
Cell Phone Interviewer's Intro	
Core Sections	14
Section 1: Health Status	
Section 2: Healthy Days — Health-Related Quality of Life	14
Section 3: Health Care Access	15
Section 4: Inadequate Sleep	16
Section 5: Hypertension Awareness	17
Section 6: Cholesterol Awareness	
Section 7: Chronic Health Conditions	18
Section 8: Demographics	21
Language Indicator (land and cell)	34
Section 9: Tobacco Use	
Section 10: Alcohol Consumption	35
Section 11: Fruits and Vegetables	
Section 12: Exercise (Physical Activity)	40
Section 13: Arthritis Burden	
Section 14: Seatbelt Use	47
Section 15: Immunization	47
Section 16: HIV/AIDS	48



Landline Interviewer's Script

//answering machine message to be left on the 1st, 4th, and 9th attempts that result in an answering machine disposition (intro1=02, 03)//

Answering Machine message text: Hello, my name is I am calling on behalf of the <u>Wyoming Department of Health</u> to conduct an important study on the health of <u>Wyoming</u> residents. We will call again in the next few days to conduct the interview. If you have any questions, please call us at 1-877-305-1145 at
your convenience. Thanks."
Hola, mi nombre es Llamo en representación del Departamento de Salud de Wyoming para realizar un importante estudio sobre la salud de los residentes de Wyoming. Vamos a llamar otra vez en los próximos días para realizar la entrevista. Si usted tiene alguna pregunta, por favor llámenos al 1-877-385-6204 cuando le sea conveniente. Gracias."
//privacy manager to be prompted on the 1 st , 4 th , and 9 th attempts that result in a privacy manager//
Privacy Manager : "We are calling on behalf of the Wyoming Department of Health." "(NAME) llamo de parte del Departamento de Servicios de Salud de Wyoming
Intro1 //ask of all samptype=1//
HELLO, I am calling for the <u>Wyoming Department of Health</u> . My name is <u>(name)</u> . We are gathering information about the health of <u>Wyoming</u> residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. This call may be monitored and recorded for quality control.
Is this(phone number)?
01 Correct Number (Proceed to next question) 02 Termination Screen 05 Selected on the line 14 Continue in Spanish
Intro1 HOLA, llamo de parte del _Departamento de Salud de Wyoming. Mi nombre es _(name) Estamos recopilando informacion acerca de la salud de los residentes de _Wyoming. Este proyecto lo lleva a cabo el departamento de salud con la asistencia de los Centros para el Control y la Prevencion de Enfermedades. Su numero de telefono fue seleccionado al azar para esta encuesta, por lo que deseo hacerle algunas preguntas sobre salud y sus practicas de salud. Esta llamada pueden ser monitoriadas y grabadas con el propósito de control de calidad

//ask if intro1=1 and samptype = 1//

Estoy hablando al (numero de telefono) ?

HS1 Is this a private residence?



READ ONLY IF NECESSARY: "By private residence, we mean someplace like a house or apartment."

1 Yes [Go to state of residence]
2 No [Go to college housing]

3 No, business phone only

HS1. Es este un domicilio particular en Wyoming?

//if HS1=3//

BUS Thank you very much but we are only interviewing persons on residential phones lines at this time.

1. continue

BUS. Muchas gracias, pero por el momento solo estamos haciendo esta encuesta en domicilios particulares en Wyoming.

//if HS1=2//

COLLEGE Do you live in college housing?

READ ONLY IF NECESSARY: "By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university." [INTERVEIWER: IF NO, PROBE TO FIND OUT IF BUSINESS OR GROUP HOME]

- 1 YES **[Go to STRES]**
- 2 NO Business
- 3 NO Group home
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

COLLEGE. ¿Vive en una vivienda universitaria?

([Read only if necessary]: "Por residencia universitaria queremos decir dormitorio, vivienda para estudiantes graduados o profesores visitantes, u otro tipo de arreglos de alojamiento provistos por la universidad.")

//if college = 2,3, 7,9 //

X2 Thank you very much, but we are only interviewing persons who live in a private residence or college housing at this time. **STOP**

//if college = 2,3,7,9 assign dispo 26 Not a Private Residence//

1. continue

//ask of all if samptype = 1// State of Residence

STRES	Do y	Do you reside in Wyoming?		
	1	Yes	[Go to HS2]	
	2	No		
	7	Don't Know		
	9	Refused		



//if stres = 2,7,9//

X3 Thank you very much, but we are only interviewing persons who live in the state of Wyoming at this time. STOP //dispo 40//

//ask if HS1=1 or college = 1//

HS2 Is this a cellular telephone?

Interviewer Note: Telephone service over the internet counts as landline service (includes Vonage, Magic Jack and other home-based phone services).

Read only if necessary: "By cellular (or cell) telephone we mean a telephone that is mobile and usable outside of your neighborhood."

- 1 No Not a Cellular Telephone
- 2 Yes

//if HS2=2// HS2X Thank you very much, but we are only interviewing by land line telephones and for private residences or college housing. **STOP** //assign dispo 28 cell phone//

//ask of college=1 and hs2=1//

ADULT Are you 18 years of age or older?

- 21 Yes and the respondent is Male
- Yes and the respondent is Female
- 03 No

//if adult=3//

XX3 Thank you very much, but we are only interviewing persons aged 18 or older at this time. **STOP**

1. continue

//if adult=3 assign dispo 27//

//ask if HS1=1 and hs2=1// // ADULTS

I need to randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

___ Number of adults [RANGE 0-18]

//if ADULTS = 0 //

ADULTO. You are saying there are NO adults 18 or over in your household. Is that correct?

- 1 Yes, correct: NO adults 18 or over in household
- 2 No. incorrect



//if ADULTS = 0 //

X3 I'm sorry we are only interviewing adult residents who are 18 years of age or older.

Thank you."

// if adults=0 assign dispo 27//

//ask if ADULTS = 1//

ONEADULT Are you the adult?

- 21 Yes and the respondent is Male
- Yes and the respondent is Female
- 03 No

If "yes,"

Then you are the person I need to speak with.

//if ONEADULT=03//

ASKGENDR Is the adult a man or a woman?

21 Male

22 Female

//if ONEADULT=03//

GETADULT May I speak with [fill in (him/her) from previous question]?

*** INTERVIEWER: IF NOT AVAILABLE - TYPE SUSPEND ***

1 Yes, Adult coming to the phone.[GO TO NEWADULT]

//ASK IF ADULTS>1//

MEN How many of these adults are men

___ Number of men [RANGE 0-18]

//ASK IF ADULTS>1//

WOMEN ... and how many are women?

__ Number of women [RANGE 0-18]

//if samptype=1//

RANDOMLY SELECT ADULT; Assign selected value:

- 01 Oldest Female
- 02 2nd Oldest Female
- 03 3rd Oldest Female
- 04 4th Oldest Female
- 05 5th Oldest Female
- 06 6th Oldest Female
- 07 7th Oldest Female
- 08 8th Oldest Female
- 09 9th Oldest Female
- 11 Oldest Male



- 12 2nd Oldest Male
- 13 3rd Oldest Male
- 14 4th Oldest Male
- 15 5th Oldest Male
- 16 6th Oldest Male
- 17 7th Oldest Male
- 18 8th Oldest Male
- 19 9th Oldest Male
- 20 No respondent selected
- 21 One person HH Male
- 22 One person HH Female

//ASK IF ADULTS > 1//

ASFKOR The person in your household that I need to speak with is the [INSERT SELECTED]

Are you the person?

- 1 Yes
- 2 No

//if ASKFOR = 2//

GETNEWAD May I speak with him or her?

*** INTERVIEWER: IF RESPONDENT NOT AVAILABLE/REFUSE - TYPE SUSPEND ***

- 1 Yes, Adult coming to the phone.[GO TO NEWADULT]
- Go back to Adults question. Warning: A new respondent may be selected. \n& (You need Supervisor's permission to use this option.)

To the correct respondent:

//if getnewad=1 or getadult = 1//

NEWADULT

HELLO, I am calling for the <u>Wyoming Department of Health</u>. My name is <u>(name)</u>. We are gathering information about the health of <u>Wyoming</u> residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. This call may be monitored and recorded for quality assurance purposes.

1. Continue

//ask if samptype=1// YOURTHE1

I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions about the survey, please call 1-877-305-1145.

IF REQUEST CALLBACK OR REFUSE - TYPE SUSPEND ***



[INTERVIEWER: IF NEEDED: The interview takes on average 15-20 minutes depending on your answers.]

001 Person Interested, continue.

OO2 Go back to Adults question. WARNING: A NEW RESPONDENT WILL BE SELECTED AND YOU NEED A SUPERVISOR'S PASSWORD TO CONTINUE

Cell Phone Interviewer's Intro

//answering machine message to be left on the 1^{st} , and 4^{th} attempts that result in an answering machine disposition (intro1=02, 03)//

Answering Machine message text:

"Hello, the Wyoming Department of Healthand the Centers for Disease Control and Prevention are conducting a study about the health of Wyoming residents. We will call again in the next few days to conduct the interview. If you have any questions, please call us, toll-free, at 1-877-305-1145. For most people, the study will be very brief and we would be glad to answer any questions you have. The toll free number again is 1-877-305-1145. Thank you.

//privacy manager to be prompted on the 1st, 4th, and 9th attempts that result in a privacy manager//

Privacy Manager: "We are calling on behalf of the Wyoming Department of Health."

//ask if samptype=2//

Intro1 HELLO, I am calling for the <u>Wyoming Department of Health</u>. My name is (name) . We are gathering information about the health of <u>Wyoming</u> residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. The interview may be monitored and recorded for quality control purposes. I have just a few questions to find out if you are eligible for the study.

Is this a safe time to talk with you?

INTERVIEWER NOTE: If respondent reports that they do not live in the state mentioned, tell them that they may still be eligible to participate.

- 01 Yes Continue
- 02 No Not a safe time
- 03 Respondent Says They Do Not Live in this State
- 04 Termination Screen
- 14 CONTINUE IN SPANISH

//if intro1=03//

intro 2

You may still be eligible to participate.

101 Continue to next question
107 Termination screen
109 Not a safe time/driving



//if intro1=1//

PHONE Is this (phone number) ?

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(213)

- 1 **[Go to CELLFON2]** YES
- 2 NO
- 4 **[GO TO CB]** NOT A SAFE TIME/DRIVING
- 7 [Go to CELLFON2] DON'T KNOW / NOT SURE
- 9 **[Go to CELLFON2]** REFUSED

If "no," //if PHONE=2//

XPHONE Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. **STOP TERM DISP = 23** 1. continue

//If PHONE=1,7,9 ask CELLFON2//

CELLFON2

Is this a cellular telephone?

[Read only if necessary: "By cellular telephone we mean a telephone that is mobile and usable outside of your neighborhood".

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(214)

- 1 YES [Go to CADULT]
- 2 NO
- 3 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

IF "No", //If CELLFON2=2//

Thank you very much, but we are only interviewing cell telephones at this time. **STOP** //assign dispo 25//

If "Don't Know", "Refused", //If CELLFON2=7,9//

Thank you for your time. STOP //assign dispo 26//

/if CELLFON2=1 go to CADULT/

//If CELLFON2=1 ask CADULT// CADULT

Are you 18 years of age or older?

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY. ASK GENDER IF NECESSARY.

(215)

1	YES, Male Respondent	[Go to PVTRESD2]
2	YES, Female Respondent	[Go to PVTRESD2]
3	NO	[GO TO CADULT2]
4	NOT A SAFE TIME/DRIVING	[Go to CB]

7 DON'T KNOW / NOT SURE



9 REFUSED

IF "Don't Know", "Refused", //If CADULT=7,9//
Thank you very much for your time. STOP TERM DISP = 28

IF "No", //If CADULT=3//

CADULT2

Is there an adult that also uses this cell phone?

- 1 YES [GO TO CADULT3]
- 2 NO

//if CADULT2=2// (no adult uses cell phone)

Thank you very much, but we are only interviewing persons aged 18 or older at this time. **STOP** //assign term disp = 27//

//if CADULT2=1//

CADULT3

May I speak with him or her?

- 1 SWITCHING TO RESPONDENT
- 2 RESPONDENT NOT AVAILABLE/CALLBACK

/if CADULT3=1 go to INTRO1/ /if CADULT3=2 autocode 105, callback/

//IF CADULT=1,2 ask PVTRESD2//

PVTRESD2

Do you live in a private residence?

READ ONLY IF NECESSARY: "By private residence, we mean someplace like a house or apartment."

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY. THE PERSON DOES NOT NEED TO BE PHYSICALLY LOCATED IN THEIR PRIVATE RESIDENCE.

(216)

- 1 YES [Go to CSTATE]
- 2 NO
- 3 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

//if pvtresd2=2//



COLLEGE Do you live in college housing? ([Read only if necessary]: "By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university.")

- 1 YES [Go to CSTATE]
- 2 NO business
- 3 no group home
- 4 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

//if college = 2,3 //

"Thank you very much for your time, but we are only interviewing persons who live in a private residence or college housing at this time." STOP – TERMDISP=35

IF "Don't Know", "Refused", //If PVTRESD2=7,9 or college = 7, 9//

Thank you very much for your time. **STOP TERM DISP = 29**

//If PVTRESD2=1 or college = 1 ask CSTATE//

CSTATE

Are you a resident of <u>Wyoming</u>?

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(217)

- 1 YES **[Go to LANDLINE]**
- 2 NO **[Go to STATE]**
- 3 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

IF "Don't Know", "Refused", //If CSTATE=7,9//

Thank you very much for your time. **STOP TERM DISP** = 30

//If CSTATE=2 ask RSPSTATE//

RSPSTATE In what state do you live?

[CATI: IF RSPSTATE = LSTATE RE-CODE CSTATE=1]

(218-219)

⊢ I	NTF	R S	ΙΔ	ı ⊢

is a list of the United States and its Territories in alphabetical order:

AL Alabama

AK Alaska

AZ Arizona

AR Arkansas

CA California

CO Colorado

DE Delaware

DC District of Columbia

FL Florida

GA Georgia



HI Hawaii

ID Idaho

IL Illinois

IN Indiana

IO Iowa

KS Kansas

KY Kentucky

LA Louisiana

ME Maine

MD Maryland

MA Massachusetts

MI Michigan

MN Minnesota

MSMississippi

MO Missouri

MT Montana

NE Nebraska

NV Nevada

NH New Hampshire

NJ New Jersey

NM New Mexico

NY New York

NC North Carolina

ND North Dakota

OH Ohio

OK Oklahoma

OR Oregon

PA Pennsylvania

RI Rhode Island

SC South Carolina

SD South Dakota

TN Tennessee

TX Texas

UT Utah

VT Vermont

VA Virginia

WA Washington

WV West Virginia

WI Wisconsin

WY Wyoming

99 REFUSED

If Refused:

I'm sorry, but our data is compiled by state. In order to qualify for the interview we need to know which state you live in. Thank you for your time. **STOP TERM DISP = 42**

//ask if samptype=2//

LANDLINE

Do you also have a landline telephone in your home that is used to make and receive calls?

READ ONLY IF NECESSARY: "By landline telephone, we mean a "regular" telephone in your home that is connected to outside telephone lines through a cable or cord and is



used for making or receiving calls. Please include landline phones used for both business and personal use."

NOTE: Telephone service over the internet counts as landline service. PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(220)

1 YES

- 2 NO //Go to INTRO2//
- 7 DON'T KNOW / NOT SURE//Go to TERMINATION//
- 9 REFUSED //Go to TERMINATION//

IF "No", GO TO SURVEY INTRO
IF "Don't Know" or "Refused", GO TO TERMINATION TERM DISP = 32

//If LANDLINE=1 ask PCTCELL//
//If LANDLINE=2 go to svintro//
//If LANDLINE = 7, 9 go to termination//

PCTCELL

Thinking about all the phone calls that you receive on your landline or cell phone, what percent, between 0 and 100, are received on your cell phone?

(221-223)

___ Enter Percent (1 to 100)

888 Zero

777 Don't know/Not sure

999 Refused

//If PCTCELL <90% go to termination//

TERMINATION

Thank you very much. Those are all the questions that I have for you today. If PCTCELL = 1-89, 777, 888, 999 term disp = 43

If PCTCELL = 1-89, 777, 888, 999 term dis If landline = 7, 9 term disp = 32

//ask if samptype=2//

svintro

Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions, I will provide a telephone number for you to call to get more information.

Is this a safe time to talk with you now or are you driving?

INTERVIEWER NOTE: If respondent indicates it is not safe to talk now, ask "When is a better time to try to call back?" and schedule an appointment.

- 1 SAFE TIME/NOT DRIVING
- 2 DRIVING/NOT A SAFE TIME



9 REFUSED

//if svintro = 9// Assign refusal disposition based on refusal count.

//if svintro=1 read: //

svintro2

I will not ask for your last name, address, or other personal information that can identify you. The call may be monitored or recorded for quality assurance purposes. If you have any questions about the survey, please call 1-877-305-1145.

[INTERVIEWER: IF NEEDED: The interview takes on average 15-20 minutes depending on your answers.]

1. Continue

Core Sections

Section 1: Health Status

//ask of all//

s1q1 Would you say that in general your health is—

(80)

Please read:

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair

Or

5 Poor

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Section 2: Healthy Days — Health-Related Quality of Life

//ask of all//

s2q1

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

(74 - 75)



_ _ Number of days [RANGE = 1-30]

8 8 None

7 7 Don't know / Not sure

9 9 Refused

//ask of all//

s2q2

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

(76-77)

_ _ Number of days[RANGE = 1-30]

8 8 None [If Q2.1 and Q2.2 = 88 (None), go to next section]

7 7 Don't know / Not sure

9 9 Refused

//ask if not (s2q1 = 88 AND s2q2 = 88)//

s2q3

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(78-79)

_ _ Number of days[RANGE = 1-30]

8 8 None

7 7 Don't know / Not sure

9 9 Refused

Section 3: Health Care Access

//ask of all//

S3q1

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?

(87)

1 Yes [If PPHF state go to Module 4, Question 1, else continue]

2 No

7 Don't know / Not sure

9 Refused

//ask of all//

s3q2

Do you have one person you think of as your personal doctor or health care provider?

If "No," ask: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?"

(88)

- 1 Yes, only one
- 2 More than one
- 3 No
- 7 Don't know / Not sure
- 9 Refused



//ask of all//

s3q3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

(89)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

CATI Note: If PPHF State go to Module 4, Question 3, else continue

//ask of all//

s3q4

About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

[Read if Necessary]

(90)

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago
- 7 Don't know / Not sure
- 8 Never
- 9 Refused

CATI Note: If PPHF State and Q3.1 = 1 go to Module 4, Question 4a or If PPHF State and Q3.1 = 2, 7, or 9 go to Module 4, Question 4b, or if not a PPHF State go to next section.

Section 4: Inadequate Sleep

//ask of all//

I would like to ask you about your sleep pattern.

s4q1 On average, how many hours of sleep do you get in a 24-hour period?

INTERVIEWER NOTE: Enter hours of sleep in whole numbers, rounding 30 minutes (1/2 hour) or more up to the next whole hour and dropping 29 or fewer minutes.

(91-92)

- _ _ Number of hours [01-24]
- 7 7 Don't know / Not sure
- 9 9 Refused



Section 5: Hypertension Awareness

//ask of all//

s5q1

Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure?

(93)

Read only if necessary: By "other health professional" we mean a nurse practitioner, a physician's assistant, or some other licensed health professional.

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

- 1 Yes
- Yes, but female told only during pregnancy
 No
 Told borderline high or pre-hypertensive
 Don't know / Not sure
 [Go to next section]
 [Go to next section]
 [Go to next section]
- 9 Refused [Go to next section]

//ask of s5q1=1//

s5q2

Are you currently taking medicine for your high blood pressure?

(94)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 6: Cholesterol Awareness

//ask of all//

s6q1

Blood cholesterol is a fatty substance found in the blood. Have you EVER had your blood cholesterol checked?

(95)

- 1 Yes
- 2 No [Go to next section]
 7 Don't know / Not sure [Go to next section]
- 9 Refused

[Go to next section]

//ask if s6q1 = 1//

s6q2

About how long has it been since you last had your blood cholesterol checked?

(96)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused



//ask if s6q1 = 1//

s6q3 Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high?

(97)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 7: Chronic Health Conditions

//ask of all//

S7q1t Now I would like to ask you some questions about general health conditions.

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me "Yes," "No," or you're "Not sure."

1. continue

//ask of all//

s7q1 (Ever told) you that you had a heart attack also called a myocardial infarction?

(98)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s7q2 (Ever told) you had angina or coronary heart disease?

(99)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s7q3 (Ever told) you had a stroke?

(100)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s7q4 (Ever told) you had asthma?

(101)

- 1 Yes
- 2 No

[Go to Q7.6]



7 Don't know / Not sure [Go to Q7.6] 9 Refused [Go to Q7.6]

//ask if s7q4=1//

s7q5	Do you still have asthma?		(102)
//ask of all//	1 2 7 9	Yes No Don't know / Not sure Refused	
s7q6	(Ever told) you	had skin cancer?	
	1 2 7 9	Yes No Don't know / Not sure Refused	(103)
//ask of all//			
s7q7	(Ever told) you	had any other types of cancer?	
//ask of all//	1 2 7 9	Yes No Don't know / Not sure Refused	(104)
s7q8	(Ever told) you chronic bronch	have Chronic Obstructive Pulmonary Disease or COPD, emphysemitis?	a or
	1 2 7 9	Yes No Don't know / Not sure Refused	(105)
//ask of all//			
s7q9	(Ever told) you fibromyalgia?	have some form of arthritis, rheumatoid arthritis, gout, lupus, or	(400)
	1 2 7 9	Yes No Don't know / Not sure Refused	(106)



INTERVIEWER NOTE: Arthritis diagnoses include:

- rheumatism, polymyalgia rheumatica
- osteoarthritis (not osteoporosis)
- tendonitis, bursitis, bunion, tennis elbow
- carpal tunnel syndrome, tarsal tunnel syndrome
- joint infection, Reiter's syndrome
- ankylosing spondylitis; spondylosis
- rotator cuff syndrome
- connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome
- vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa)

//ask of all//

s7q10

(Ever told) you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?

(107)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s7q11

(Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence.

INTERVIEWER NOTE: Incontinence is not being able to control urine flow.

(108)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s7q12 (Ever told) you have diabetes?

(109)

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"



If respondent says pre-diabetes or borderline diabetes, use response code 4.

- 1 Yes
- Yes, but female told only during pregnancy
- 3 No
- 4 No, pre-diabetes or borderline diabetes
- 7 Don't know / Not sure
- 9 Refused

CATI note: If Q7.12 = 1 (Yes), go to Diabetes Optional Module (if used). If any other response to Q7.12, go to Pre-Diabetes Optional Module (if used), otherwise, go to next section.

Section 8: Demographics

//ask of all//

s8q1 What is your age?

(110-111)

- Code age in years [range 18-99]
- 0 7 Don't know / Not sure
- 0 9 Refused

1. Continue

//ask of all//

s8q2

Are you Hispanic, Latino/a, or Spanish origin?

- 1 No, not of Hispanic, Latino/a, or Spanish origin
- 2 Yes
- 7 Don't Know
- 9 Refused (112-115)

//if s8q2=2//

S8q2b

Are you...

Interviewer Note: One or more categories may be selected.

READ LIST

- 2 Mexican, Mexican American, Chicano/a
- 3 Puerto Rican
- 4 Cuban
- 5 Another Hispanic, Latino/a, or Spanish origin

Do not read:

- 8 No additional choices
- 7 Don't know / Not sure
- 9 Refused



[DP note: CDC lists this as one question, s8q2, response 1 = not Hispanic, 2-5 hispanic options. Deliver based on cdc layout]

//ask of all//

s8q3

Which one or more of the following would you say is your race?

(116-143)

Interviewer Note: Select all that apply.

Interviewer Note: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.

[INTERVIEWER NOTE: Enter Caucasian response as 10-White. Enter Native American Response as 30 – American Indian or Alaska Native.]

Please read: [MUL = 5]

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
- 50 Pacific Islander

Do not read:

- 60 Other
- 77 Don't know / Not sure
- 99 Refused

//ask if s8q3=40//

S8q3a	is that	
	41	Asian Indian
	42	Chinese
	43	Filipino
	44	Japanese
	45	Korean
	46	Vietnamese
	47	Other Asian
	77	Don't Know
	99	Refused
//if s8q3 = 50		
S8q3pi	Is that	
	51	Native Hawaiian
	52	Guamanian or Chamorro
	53	Samoan
	54	Other Pacific Islander
	77	Don't Know
	99	Refused



[DP note: s8q3 is presented as one question, combine s8q3a and s8q3pi into s8q3 for delivery]

CATI note: If more than one response to Q8.3; continue. Otherwise, go to Q8.5. //ask if s8g3 = mul//

s8q4

Which one of these groups would you say best represents your race?

Interviewer Note: If 04 (Asian) or 05 (Pacific Islander) is selected read and code subcategory underneath major heading.

(144-145)

[INTERVIEWER NOTE: Enter Caucasian response as 10-White. Enter Native American Response as 30 – American Indian or Alaska Native.]

Please read:

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
- 50 Pacific Islander

Do not read:

	60	Othe	r	
	88	No ad	No additional choices	
	77	Don't	Don't know / Not sure	
	99	Refused		
//ask if s8q	4=40//			
S8q4a	ls tha	t		
•		41	Asian Indian	
		42	Chinaga	

Chinese 42 43 Filipino 44 Japanese Korean 45 Vietnamese 46 47 Other Asian 77 Don't Know Refused 99

//if s8q4 = 50

S8q4pi Is that...

- 51 Native Hawaiian
- 52 Guamanian or Chamorro
- 53 Samoan
- 54 Other Pacific Islander
- 77 Don't Know 99 Refused



//ask of all// s8q5 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War. (146)1 Yes 2 No Don't know / Not sure 9 Refused //ask of all// s8q6 Are you...? (147)Please read: Married 2 Divorced 3 Widowed 4 Separated Never married 5 Or 6 A member of an unmarried couple Do not read: 9 Refused //ask of all// How many children less than 18 years of age live in your household? s8q7 (148-149)15 = 15 or more[Interviewer: 88 = None 99 = RefusedNumber of children [range 1-15] 8 8 None 9 9 Refused //ask if s8q7=1-15// (S8Q7CHK) Just to be sure - you have ___ child under 18 living in your household. Is that correct? 1 YES 2 NO



9 REFUSED

//ask of all//

s8q8 What is the highest grade or year of school you completed?

(150)

Read only if necessary:

- Never attended school or only attended kindergarten
- 2 Grades 1 through 8 (Elementary)
- 3 Grades 9 through 11 (Some high school)
- 4 Grade 12 or GED (High school graduate)
- 5 College 1 year to 3 years (Some college or technical school)
- 6 College 4 years or more (College graduate)

Do not read:

9 Refused

//ask of all//

s8q9 Are you currently...?

(151)

Please read:

- 1 Employed for wages
- 2 Self-employed
- 3 Out of work for 1 year or more
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired

Or

8 Unable to work

Do not read:

9 Refused

//ask of all//

s8q10 Is your annual household income from all sources—

(152-153)

If respondent refuses at ANY income level, code '99' (Refused)

Read only if necessary:

S8q10A [04] Less than \$25,000 (\$20,000 to less than \$25,000)

1 Yes



- 2 No
- 7 Don't Know
- 9 Refused

[If "no," ask 05; if "yes," ask 03]

//ask if s8q10A = 1//

S8q10B [03] Less than \$20,000 (\$15,000 to less than \$20,000)

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," code 04; if "yes," ask 02]

//ask if s8q10B = 1//

S8q10C [02] Less than \$15,000 (\$10,000 to less than \$15,000)

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," code 03; if "yes," ask 01]

//ask if s8q10C=1//

S8q10D [01] Less than \$10,000

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," code 02]

//ask if s8q10A = 2//

S8q10E [05] Less than \$35,000 (\$25,000 to less than \$35,000)

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," ask 06]

//ask if s8q10E = 2//

S8q10F [06] Less than \$50,000 (\$35,000 to less than \$50,000)

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," ask 07]

//ask if s8q10F = 2//

S8q10G [07] Less than \$75,000 (\$50,000 to less than \$75,000)

1 Yes



2 No

7 Don't know

9 Refused

[If "no," code 08]

[**08**] \$75,000 or more

//ask if s8q10A-s8q10G ne 7,9//

S8q10AA Your Annual Household Income is [enter range from code in s8q10A-G]

Is This Correct?

1 No, re-ask question [GO TO S8Q10A]

2 Yes, correct as is. [CONTINUE]

//ask of all//

Ps8q11 About how much do you weigh without shoes?

ENTER "P" FOR WEIGHT GIVEN IN POUNDS ENTER "K" FOR WEIGHT GIVEN IN KILOGRAMS

P pounds

K kilograms

7 Don't Know

(117-120)

9 Refused

//ask if ps8q11 = P//

S8q11 About how much do you weigh without shoes?

NOTE: If respondent answers in metrics, put "9" in column 117.

Round fractions up

_ _ _ Weight (pounds) [Range 50-776,]

//ask if s8q11 =50-79 OR 351-776//

S8q11_A: Just to double-check, you indicated \:s8q11: pounds as your weight.

IS THIS CORRECT?

- 1. Yes
- 2. No [go back to s8q11]

//ask if ps8q11 = K//

S8q11M About how much do you weigh without shoes?

(121-124)

NOTE: If respondent answers in metrics, put "9" in column 174.



Round fractions up

_ _ _ Weight(kilograms) [Range 23-352,]

//ask if s8q11m = 23-352 and ps8q11 = "k"

S8q11am: Just to double-check, you indicated \:s8q11m: kilograms as your weight.

IS THIS CORRECT?

- 1. Yes
- 2. No, [go back to s8q11m]

//ask of all//

Ps8q12 About how tall are you without shoes?

ENTER "F" FOR HEIGHT GIVEN IN FEET ENTER "M" FOR HEIGHT GIVEN IN CENTIMETERS

F feet

M centimeters

7 Don't Know 9 Refused

//ask if ps8q12=f//

S8q12 About how tall are you without shoes?

(140-143)

NOTE: If respondent answers in metrics, put "9" in column 121.

Round fractions down
[Enter height in Feet and Inches]

[Ex: 5 feet 9 inches would be entered as 509]

__/_ Height[Range 300-311, 400-411, 500-511, 600-611, 700-711]

//ask if s8q12 = 300-407, 609-711]

S8q12a: Just to double check, you indicated you are //enter feet from s8q12// FEET //enter inches from s8q12// INCHES TALL.

IS THIS CORRECT?

- 1. Yes
- 2. No, go back to s8q12

//ask if ps8q12 = M//



S8q12M About how tall are you without shoes?

NOTE: If respondent answers in metrics, put "9" in column 126.

Round fractions down
[Enter height in centimeters]

[Ex: 2 meters 5 centimeters would be entered as 205

--- Height[Range 90-254]

//ask if s8q12m = 90-254 and ps8q12=M//

S8q12am: Just to double check, you indicated you are //s8q12m// centimeters tall.

IS THIS CORRECT?

1. Yes

2 No [go back to s8q12m]

//if samptype=2 and CSTATE = 2 AND RSPSTATE NE AR, AZ, CT, NH, RI, DC, VT, WA, WY//

cnty What county or town do you live in?

888 GAVE RESPONSE 777 DON'T KNOW/NOT SURE 999 REFUSED //if cnty =888// cntyo:

INTERVIEWER: ENTER THE COUNTY BELOW

//if cnty=888//

cntyc

I want to make sure that I got it right.

You said you live in the county of $\,$ [INSERT COUNTY FROM CNTY.

Is that correct?

1 Yes, correct as is

2 No, re-ask question

//ask if samptype=1 OR if (samptype=2 and (CSTATE = 1 AND [LSTATE = WY) OR RSPSTATE =

WY)

WYCNTY What county do you live in?

(125-127)

001 Albany003 Big Horn005 Campbell007 Carbon



009 Converse 011 Crook 013 Fremont 015 Goshen Hot Springs 017 019 **Johnson** 021 Laramie 023 Lincoln 025 **Natrona** Niobrara 027 Park 029 031 **Platte Sheridan** 033 035 Sublette 037 Sweetwater 039 Teton 041 Uinta 043 Washakie 045 Weston 056 Wyoming

_ _ _ ANSI County Code (formerly FIPS county code [RANGE = 001-056])

7 7 7 Don't know / Not sure

9 9 9 Refused

//ask if wycnty (001-056)//

Wy_chk

I want to make sure that I got it right.

You said you live in the county of [\U\B\:s7q13:]. Is that correct?

1 Yes, correct as is\n 2 No, re-ask question

//ask of all//

s8q14wy What is the ZIP Code where you live?

(165-169)

ZIP Code [RANGE = 82001-83414; cell range 00000-99999]
77777 Don't know / Not sure
9 9 9 9 9 Refused

//ask if s8q14wy ne 77777, 99999//

S8q14cwy I just want to confirm, you said your zip code is [insert s8q14wy]. Is that correct?

1. Yes, correct zip code.

2, No, incorrect zip code.

//ask if samptype=1//



s8q15 Do you have more than one telephone number in your household? Do not include

cell phones or numbers that are only used by a computer or fax machine. (170)

1 Yes

No [Go to Q8.17]
 Don't know / Not sure [Go to Q8.17]
 Refused [Go to Q8.17]

//ask if s8q15 = 1//

s8q16 How many of these telephone numbers are residential numbers?

(171)

INTERVIEWER: [6 = 6 or more]

Residential telephone numbers [range 1-6]

- 7 Don't know / Not sure
- 9 Refused

//ask if samptype = 1//

s8q17 Do you have a cell phone for personal use? Please include cell phones used for both business and personal use.

(172)

1 Yes

No [Go to Q8.19]
 Don't know / Not sure [Go to Q8.19]
 Refused [Go to Q8.19]

//ask if s8q17=1//

s8q18 Thinking about all the phone calls that you receive on your landline and cell phone, what percent, between 0 and 100, are received on your cell phone?

(173-175)

_ _ Enter percent (1 to 100)

888 Zero

777 Don't know / Not sure

999 Refused

//ask of all//

s8q19 Have you used the internet in the past 30 days? (176)

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

//ask of all//

s8q20 Do you own or rent your home?



INTERVIEWER NOTE: "Other arrangement" may include group home, staying with friends or family without paying rent.

NOTE: Home is defined as the place where you live most of the time/the majority of the year.	
	/ 4

(177)

- 1 Own
- 2 Rent
- 3 Other arrangement
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s8q21 Indicate sex of respondent. Ask only if necessary.

(178)

- 1 Male **[Go to Q8.23]**
- 2 Female [If respondent is 45 years old or older, go to Q8.23]

//ask if s8q21=2 AND s8q1<45//

s8q22 To your knowledge, are you now pregnant?

(179)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

S8q23 The following questions are about health problems or impairments you may have.

Are you limited in any way in any activities because of physical, mental, or emotional problems?

(180)

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused

//ask of all//

s8q24 Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

(181)

NOTE: Include occasional use or use in certain circumstances.

1 Yes



7 Don't know / Not Sure 9 Refused //ask of all// s8q25 Are you blind or do you have serious difficulty seeing, even when wearing glasses? (182) Yes 2 No 7 Don't know / Not Sure 9 Refused //ask of all// s8q26 Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions? (183)1 Yes 2 No 7 Don't know / Not sure Refused //ask of all// s8q27 Do you have serious difficulty walking or climbing stairs? (184)1 Yes 2 Nο 7 Don't know / Not sure 9 Refused //ask of all// s8q28 Do you have difficulty dressing or bathing? (185)1 Yes 2 No 7 Don't know / Not sure 9 Refused //ask of all// s8q29 Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping? (186)1 Yes

2

7

9

No

Refused

Don't know / Not sure

2

No



Language Indicator (land and cell)

//ask of all//

Lang1. INTERVIEWER: DO NOT ASK QUESTION:

IN WHAT LANGUAGE WAS THIS INTERVIEW COMPLETED?

01 **ENGLISH** 02 **SPANISH**

Section 9: Tobacco Use

//ask of all//

s9q1 Have you smoked at least 100 cigarettes in your entire life?

(187)

NOTE: 5 packs = 100 cigarettes

1 Yes

2 Nο [Go to Q9.5]

7 [Go to Q9.5] Don't know / Not sure Refused [Go to Q9.5]

//ask if s9q1=1//

s9q2 Do you now smoke cigarettes every day, some days, or not at all?

(188)

1 Every day

2 Some days

3 Not at all [Go to Q9.4]

7 Don't know / Not sure [Go to Q9.5] 9

Refused [Go to Q9.5]

//ask if s9q2 = 1,2//

During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

(189)

1	Yes	[Go to Q9.5]
2	No	[Go to Q9.5]
7	Don't know / Not sure	[Go to Q9.5]
9	Refused	[Go to Q9.5]

//ask if s9q2=3//

How long has it been since you last smoked a cigarette, even one or two puffs? s9q4

(190-191)

- 0 1 Within the past month (less than 1 month ago)
- 02 Within the past 3 months (1 month but less than 3 months ago)



- 0 3 Within the past 6 months (3 months but less than 6 months ago)
- 0 4 Within the past year (6 months but less than 1 year ago)
- 0 5 Within the past 5 years (1 year but less than 5 years ago)
- 0 6 Within the past 10 years (5 years but less than 10 years ago)
- 07 10 years or more
- 0 8 Never smoked regularly
- 77 Don't know / Not sure
- 9 9 Refused

//ask of all//

s9q5

Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?

Snus (rhymes with 'goose')

NOTE: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum.

(192)

- 1 Every day
- 2 Some days
- 3 Not at all
- 7 Don't know / Not sure
- 9 Refused

Section 10: Alcohol Consumption

//ask of all//

s10q1

During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

(193-195)

- 1 _ _ Days per week [range 101-107]
- 2 Days in past 30 days [range 201-230]
- 8 8 8 No drinks in past 30 days [Go to next section]
 7 7 7 Don't know / Not sure [Go to next section]
- 9 9 9 Refused [Go to next section]

//ask if s10q1 ne . , 888,777,999//

s10q2

One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

(196-197)

NOTE: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

- _ Number of drinks [range 01-76]
- 7 7 Don't know / Not sure
- 9 9 Refused

//ask if s10q1 ne . , 888,777,999//



s10q3

Considering all types of alcoholic beverages, how many times during the past 30 days did you have X [CATI X = 5 for men, X = 4 for women] or more drinks on an occasion?

(198-199)

- _ Number of times [range 01-76]
- 88 None
- 7 7 Don't know / Not sure
- 9 9 Refused

//ask if s10q1 ne . , 888,777,999//

s10q4

During the past 30 days, what is the largest number of drinks you had on any occasion? (200-201)

. _ Number of drinks [range 01-76]

- 7 7 Don't know / Not sure
- 9 9 Refused

Section 11: Fruits and Vegetables

//ask of all//

S11q1T

These next questions are about the fruits and vegetables **you** ate or drank during the past 30 days. Please think about all forms of fruits and vegetables including cooked or raw, fresh, frozen or canned. Please think about all meals, snacks, and food consumed at home and away from home.

1. continue

i. continu

S11q1t2

I will be asking how often **you** ate or drank each one: for example, once a day, twice a week, three times a month, and so forth.

INTERVIEWER NOTE: If respondent responds less than once per month, put "0" times per month. If respondent gives a number without a time frame, ask: "Was that per day, week, or month?"

1. Continue

//ask of all//

S11q1

During the past month, how many times per day, week or month did you drink 100% PURE fruit juices? Do not include fruit-flavored drinks with added sugar or fruit juice you made at home and added sugar to. Only include 100% juice.

(265-267)

INTERVIEWER NOTE: Do not include fruit drinks with added sugar or other added sweeteners like Kool-aid, Hi-C, lemonade, cranberry cocktail, Tampico, Sunny Delight, Snapple, Fruitopia, Gatorade, Power-Ade, or yogurt drinks.

Do not include fruit juice drinks that provide 100% daily vitamin C but include added sugar.

Do not include vegetable juices such as tomato and V8 if respondent provides but include in "other vegetables" question mod8_6.

DO include 100% pure juices including orange, mango, papaya, pineapple, apple, grape (white or red), or grapefruit. Only count cranberry juice if the respondent's perception is that it is 100% juice with no sugar or artificial sweetener added. 100% juice blends such as orange-pineapple,



orange-tangerine, cranberry-grape are also acceptable as are fruit-vegetable 100% blends. 100% pure juice from concentrate (i.e., reconstituted) is counted.

1 _ _ Per day [RANGE = 101-199]

2 _ _ Per week [RANGE = 201-299] 3 _ _ Per month [RANGE = 301-399]

555 Never

777 Don't know / Not sure

999 Refused

//ask of all//

S11q2t

During the past month, not counting juice, how many times per day, week, or month did you eat fruit? Count fresh, frozen, or canned fruit

(268-270)

Read only if necessary: "Your best guess is fine. Include apples, bananas, applesauce, oranges, grape fruit, fruit salad, watermelon, cantaloupe or musk melon, papaya, lychees, star fruit, pomegranates, mangos, grapes, and berries such as blueberries and strawberries."

INTERVIEWER NOTE: Do not count fruit jam, jelly, or fruit preserves.

Do not include dried fruit in ready-to-eat cereals.

Do include dried raisins, cran-raisins if respondent tells you - but due to their small serving size they are not included in the prompt.

Do include cut up fresh, frozen, or canned fruit added to yogurt, cereal, jello, and other meal items.

Include culturally and geographically appropriate fruits that are not mentioned (e.g. genip, soursop, sugar apple, figs, tamarind, bread fruit, sea grapes, carambola, longans, lychees, akee, rambutan, etc.).

1. Continue //ask of all// S11q2

1 Per day [RANGE = 101-199]

2 _ _ Per week [RANGE = 201-299]

3 Per month [RANGE = 301-399]

555 Never

777 Don't know / Not sure

999 Refused

//ask of all// S11q3t

During the past month, how many times per day, week, or month did you eat cooked or canned beans, such as refried, baked, black, garbanzo beans, beans in soup, soybeans, edamame, tofu or lentils. Do NOT include long green beans.

(271-273)

Read only if necessary: "Include round or oval beans or peas such as navy, pinto, split peas, cow peas, hummus, lentils, soy beans and tofu. Do NOT include long green beans such as string beans, broad or winged beans, or pole beans."



INTERVIEWER NOTE: Include soybeans also called edamame, TOFU (BEAN CURD MADE FROM SOYBEANS), kidney, pinto, hummus, lentils, black, black-eyed peas, cow peas, lima beans and white beans.

Include bean burgers including garden burgers and veggie burgers.

Include falafel and tempeh.

1. Continue

//ask of all// S11q3

1__ Per day [RANGE = 101-199]
2__ Per week [RANGE = 201-299]
3__ Per month [RANGE = 301-399]
5 5 5 Never
7 7 7 Don't know / Not sure

999 Refused

//ask of all//

S11q4t

During the past month, how many times per day, week, or month did you eat dark green vegetables for example broccoli or dark leafy greens including romaine, chard, collard greens or spinach?

(274-275)

INTERVIEWER NOTE: Each time a vegetable is eaten it counts as one time.

INTERVIEWER NOTE: Include all raw leafy green salads including spinach, mesclun, romaine lettuce, bok choy, dark green leafy lettuce, dandelions, komatsuna, watercress, and arugula.

Do not include iceberg (head) lettuce if specifically told type of lettuce. Include all cooked greens including kale, collard greens, choys, turnip greens, mustard greens.

1. Continue

//ask of all//

S11q4

1 __ Per day [RANGE = 101-199]
2 __ Per week [RANGE = 201-299]
3 __ Per month [RANGE = 301-399]
5 5 5 Never
7 7 7 Don't know / Not sure
9 9 9 Refused

//ask of all//

S11q5t

During the past month, how many times per day, week, or month did you eat orange-colored vegetables such as sweet potatoes, pumpkin, winter squash, or carrots?

(276-278)



Read only if needed: "Winter squash have hard, thick skins and deep yellow to orange flesh. They include acorn, buttercup, and spaghetti squash."

FOR INTERVIEWER: Include all forms of carrots including long or baby-cut.

Include carrot-slaw (e.g. shredded carrots with or without other vegetables or fruit).

Include all forms of sweet potatoes including baked, mashed, casserole, pie, or sweet potatoes fries.

Include all hard-winter squash varieties including acorn, autumn cup, banana, butternut, buttercup, delicate, hubbard, kabocha (Also known as an Ebisu, Delica, Hoka, Hokkaido, or Japanese Pumpkin; blue kuri), and spaghetti squash. Include all forms including soup.

Include pumpkin, including pumpkin soup and pie. Do not include pumpkin bars, cake, bread or other grain-based dessert-type food containing pumpkin (i.e. similar to banana bars, zucchini bars we do not include).

1. Continue

//ask of all// S11q5

- 1 _ _ Per day [RANGE = 101-199]
- 2 _ _ Per week [RANGE = 201-299]
- 3 _ Per month [RANGE = 301-399]
- 555 Never
- 777 Don't know / Not sure
- 999 Refused

//ask of all//

S11q6t

Not counting what you just told me about, during the past month, about how many times per day, week, or month did you eat OTHER vegetables? Examples of other vegetables include tomatoes, tomato juice or V-8 juice, corn, eggplant, peas, lettuce, cabbage, and white potatoes that are not fried such as baked or mashed potatoes.

(279-281)

Read only if needed: "Do not count vegetables you have already counted and do not include fried potatoes."

INTERVIEWER NOTE: Include corn, peas, tomatoes, okra, beets, cauliflower, bean sprouts, avocado, cucumber, onions, peppers (red, green, yellow, orange); all cabbage including American-style cole-slaw; mushrooms, snow peas, snap peas, broad beans, string, wax-, or polebeans.

Include any form of the vegetable (raw, cooked, canned, or frozen).

Do not include products consumed usually as condiments including ketchup, catsup, salsa, chutney, relish.

Do include tomato juice if respondent did not count in fruit juice.

Include culturally and geographically appropriate vegetables that are not mentioned (e.g. daikon, jicama, oriental cucumber, etc.).

Do not include rice or other grains.



1. Continue //ask of all//

S11q6

1 _ Per day [RANGE = 101-199]
2 _ Per week [RANGE = 201-299]
3 _ Per month [RANGE = 301-399]
5 5 5 Never
7 7 7 Don't know / Not sure
9 9 9 Refused

Section 12: Exercise (Physical Activity)

//ask of all//

S12q1t The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

INTERVIEWER INSTRUCTION: If respondent does not have a "regular job duty" or is retired, they may count the physical activity or exercise they spend the most time doing in a regular month.

1. continue

//ask of all//

s12q1

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

(220)

1 Yes 2 No 7 Don't know / No

No [Go to Q12.8] Don't know / Not sure [Go to Q12.8]

5 1 Soccer

Refused [Go to Q12.8]

//ask if s12q1=1//

s12q2. What type of physical activity or exercise did you spend the most time doing during the past month?

INTERVIEWER INSTRUCTION: If the respondent's activity is not included in the Physical Activity Coding List, choose the option listed as "Other".

(221-222)

(Specify) [See Physical Activity Coding List] 77 Don't know / Not Sure [Go to Q12.8] 99 Refused [Go to Q12.8] 0 1 Active Gaming Devices (Wii Fit, 4 1 Rugby 4 2 Scuba diving Dance Dance revolution) 4 3 Skateboarding 0 2 Aerobics video or class 0 3 Backpacking 4 4 Skating – ice or roller 0 4 Badminton 4 5 Sledding, tobogganing 0 5 Basketball 4 6 Snorkeling 0 6 Bicycling machine exercise 4 7 Snow blowing 0 7 Bicycling 4 8 Snow shoveling by hand 0 8 Boating (Canoeing, rowing, kayaking, 4 9 Snow skiing sailing for pleasure or camping) 5 0 Snowshoeing

40

0 9 Bowling



1 0 Boxing 1 1 Calisthenics 1 2 Canoeing/rowing in competition 1 3 Carpentry	5 2 Softball/Baseball5 3 Squash5 4 Stair climbing/Stair master5 5 Stream fishing in waders
 7 1 Childcare 1 4 Dancing-ballet, ballroom, Latin, hip hop, zumba, etc 1 5 Elliptical/EFX machine exercise 7 2 Farm/Ranch Work (caring for livestock, stacking hay, etc.) 	5 6 Surfing 5 7 Swimming
1 6 Fishing from river bank or boat1 7 Frisbee	5 8 Swimming in laps 5 9 Table tennis
1 8 Gardening (spading, weeding, digging, filling)1 9 Golf (with motorized cart)2 0 Golf (without motorized cart)	6 0 Tai Chi 6 1 Tennis 6 2 Touch football
2 1 Handball	7 5 Upper Body Cycle (wheelchair sports, ergometer,etc 6 3 Volleyball
2 2 Hiking – cross-country 2 3 Hockey	6 4 Walking 6 6 Waterskiing
2 4 Horseback riding 7 3 Household Activities (vacuuming, dusting, home repair, etc.)	
2 5 Hunting large game – deer, elk2 6 Hunting small game – quail	6 8 Wrestling
0.7 Inline Chating	7 6 Yard work (cutting/gathering wood, trimming hedges 6 9 Yoga
2 7 Inline Skating 2 8 Jogging 3 4 Kossto (Martial Arta)	
7 4 Karate/Martial Arts	
2 9 Lacrosse3 0 Mountain climbing3 1 Mowing lawn3 2 Paddleball	
3 3 Painting/papering house	3 4 Pilates
3 5 Racquetball 3 6 Raking lawn etc.)	etc.) 3 7 Running
3 8 Rock Climbing 3 9 Rope skipping 4 0 Rowing machine exercise	9 8 Other
//ask if s12q2 ne 77,99/// s12q2c. INTERVIEWER: YOU'VE CHOSEN	
IS THAT CORRECT?	
1 YES 2 NO - GO BACK AND CHANGE RESPONSE	
//if s12q2 = 98// S12q2o: Enter Other Activity:	



//ask if s12q2 ne 77,99 //

s12q3 How many times per week or per month did you take part in this activity during the past month?

(223-225)

- 1__ Times per week [range 101-150]
 2__ Times per month [range 201-250]
- 777 Don't know / Not sure
- 999 Refused

//ask if s12q2 ne 77,99 //

\$12q4 And when you took part in this activity, for how many minutes or hours did you usually keep at it?

(226-228)

: _ Hours and minutes [RANGE = 10-59,100-159,200-259,300-359,400-459,500-559,600-659,700-759,800-859,900-959]

- 777 Don't know / Not sure
- 999 Refused

//ask if s12q2 ne 77,99 //

s12q5

What other type of physical activity gave you the next most exercise during the past month?

INTERVIEWER INSTRUCTION: If the respondent's activity is not included in the Coding Physical Activity List, choose the option listed as "Other".

(229-230)

77	(Specify) No other activity Don't know / Not Sure Refused	[See Physical Activity Coding List] [Go to Q12.8] [Go to Q12.8] [Go to Q12.8]
0 1 Active Gaming Dev	rices (Wii Fit,	4 1 Rugby
Dance Dance i	revolution)	4 2 Scuba diving
0 2 Aerobics video or c	lass	4 3 Skateboarding
0 3 Backpacking		4 4 Skating – ice or roller
0 4 Badminton		4 5 Sledding, tobogganing
0 5 Basketball		4 6 Snorkeling
0 6 Bicycling machine	exercise	4 7 Snow blowing
0 7 Bicycling		4 8 Snow shoveling by hand
0 8 Boating (Canoeing,		4 9 Snow skiing
sailing for plea	sure or camping)	5 0 Snowshoeing
0 9 Bowling		5 1 Soccer
1 0 Boxing		5 2 Softball/Baseball
1 1 Calisthenics		5 3 Squash
1 2 Canoeing/rowing in	competition	5 4 Stair climbing/Stair master
1 3 Carpentry		5 5 Stream fishing in waders
7 1 Childcare		
	room, Latin, hip hop, zun	mba, etc 5 6 Surfing
1 5 Elliptical/EFX mach	ine exercise	5 7 Swimming
7 2 Farm/Ranch Work	(caring for livestock, stacking h	hay, etc.)



1 6 Fishing from river bank or boat1 7 Frisbee1 8 Gardening (spading, weeding, digging, filling)1 9 Golf (with motorized cart)2 0 Golf (without motorized cart)2 1 Handball	5 8 Swimming in laps 5 9 Table tennis 6 0 Tai Chi 6 1 Tennis 6 2 Touch football 7 5 Upper Body Cycle (wheelchair sports, ergometer, etc 6 3 Volleyball
 2 2 Hiking – cross-country 2 3 Hockey 2 4 Horseback riding 7 3 Household Activities (vacuuming, dusting, home repair, etc.) 2 5 Hunting large game – deer, elk 2 6 Hunting small game – quail 	6 4 Walking 6 6 Waterskiing 6 7 Weight lifting 6 8 Wrestling
2 7 Inline Skating 2 8 Jogging 7 4 Karate/Martial Arts	7 6 Yard work (cutting/gathering wood, trimming hedges 6 9 Yoga
2 9 Lacrosse 3 0 Mountain climbing 3 1 Mowing lawn 3 2 Paddleball 3 3 Painting/papering house 3 4 Pilates 3 5 Racquetball 3 6 Raking lawn 3 7 Running 3 8 Rock Climbing 3 9 Rope skipping 4 0 Rowing machine exercise 3 8 Rock Climbing 3 9 Rope skipping 4 0 Rowing machine exercise	88 No other activity 9 8 Other
//ask if s12q5 ne 77, 88, 99//	
s12q5c. INTERVIEWER: YOU'VE CHOSEN	
IS THAT CORRECT?	
1 YES 2 NO - GO BACK AND CHANGE RESPONSE	
//if s12q5 = 98// S12q5o: Enter Other Activity:	



//ask if s12q5 ne 77, 88,99 //

s12q6

How many times per week or per month did you take part in this activity during the past month?

(231-233)

- 1__ Times per week [range 101-150]
 2 Times per month [range 201-250]
- 7 7 Don't know / Not sure
- 999 Refused

//ask if s12q5 ne 77, 88,99 //

s12q7

And when you took part in this activity, for how many minutes or hours did you usually keep at it?

(234-236)

- _:_ _ Hours and minutes RANGE =10-59,100-159,200-259,300-359,400-459,500-559,600-659,700-759,800-859,900-959]
- 777 Don't know / Not sure
- 999 Refused

//ask of all// s12q8

During the past month, how many times per week or per month did you do physical activities or exercises to STRENGTHEN your muscles? Do NOT count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free weights, or elastic bands.

(237-239)

- 1 Times per week [range 101-150]
- 2__ Times per month [range 201-250]
- 888 Never
- 777 Don't know / Not sure
- 999 Refused

Section 13: Arthritis Burden

If s7q9 = 1 (yes) then continue, else go to next section.

//ask if s7q9=1//

S13q1t Next, I will ask you about your arthritis.

Arthritis can cause symptoms like pain, aching, or stiffness in or around a joint.

1. continue

//ask if s7q9=1//

s13q1

Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?



INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

(240)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask if s7q9=1//

s13q2

In this next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?

(241)

INTERVIEWER NOTE: Q13.2 should be asked of all respondents regardless of employment.

INTERVIEWER INSTRUCTION: If respondent gives an answer to each issue (whether respondent works, type of work, or amount of work), then if any issue is "yes" mark the overall response as "ves."

If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask if s7q9=1//

s13q3

During the past 30 days, to what extent has your arthritis or joint symptoms interfered with your normal social activities, such as going shopping, to the movies, or to religious or social gatherings?

(242)

INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

Please read [1-3]:

- 1 A lot
- 2 A little
- 3 Not at all

Do not read:

- 7 Don't know / Not sure
- 9 Refused



//ask if s7q9=1//

s13q4

Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken medication. DURING THE PAST 30 DAYS, how bad was your joint pain ON AVERAGE? Please answer on a scale of 0 to 10 where 0 is no pain or aching and 10 is pain or aching as bad as it can be.

INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

(243-244)

_ _ Enter number [00-10]

7 7 Don't know / Not sure

9 9 Refused



Section 14: Seatbelt Use

//ask of all//

s14q1

How often do you use seat belts when you drive or ride in a car? Would you say-

(245)

Please read:

- 1 Always
- 2 Nearly always
- 3 Sometimes
- 4 Seldom
- 5 Never

Do not read:

- 7 Don't know / Not sure
- 8 Never drive or ride in a car
- 9 Refused

Section 15: Immunization

//ask of all//

S15q1t Now I will ask you questions about the flu vaccine. There are two ways to get the flu vaccine, one is a shot in the arm and the other is a spray, mist, or drop in the nose called FluMist™. 1. continue

//ask of all//

s15q1

During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?

(246)

READ IF NECESSARY:

A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.

1 Yes

No [Go to Q15.3]
 Don't know / Not sure [Go to Q15.3]
 Refused [Go to Q15.3]

//ask if s15q1=1//

s15q2m

During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?

(247-252)

INTERVIEWER: ENTER MONTH

__ Month [RANGE 01-12]
77 Don't know / Not sure

9 9 Refused

//ask if s15q1=1//



s15q2y During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?

INTERVIEWER: ENTER YEAR

____ Year [RANGE 2012-2013] 7777 Don't know / Not sure 9999 Refused

//ask of all//

s15q3

Since 2005, have you had a tetanus shot?

(253)

If yes, ask: "Was this Tdap, the tetanus shot that also has pertussis or whooping cough vaccine?"

- 1 Yes, received Tdap
- 2 Yes, received tetanus shot, but not Tdap
- 3 Yes, received tetanus shot but not sure what type
- 4 No, did not receive any tetanus since 2005
- 7 Don't know/Not sure
- 9 Refused

//ask of all//

s15q4

A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot? (254)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 16: HIV/AIDS

//ask of all//

S16q1t The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

1. continue //ask of all//

s16q1

Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.

(255)

- 1 Yes
- 2 No [Go to optional module transition]
- 7 Don't know / Not sure **[Go to optional module transition]**



9 Refused

//ask if s16q1=1// s16q2m

Not including blood donations, in what month and year was your last HIV test?

(196)

NOTE: If response is before January 1985, code "Don't know." CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

INTERVIEWER: ENTER MONTH

__ Code month [RANGE 01-12]

7 7 Don't know / Not sure 9 9 Refused / Not sure

//ask if s16q1=1//

s16q2y

Not including blood donations, in what month and year was your last HIV test?

(196)

NOTE: If response is before January 1985, code "Don't know." CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

INTERVIEWER: ENTER YEAR

____ Code year [RANGE 1985-2013]
7 7 7 7 Don't know / Not sure
9 9 9 9 Refused / Not sure

CATI NOTE: If Core Q16.2 = within last 12 months continue, else go to optional module transition. //ask if s16q2 within last 12 months//

s16q3

Where did you have your last HIV test — at a private doctor or HMO office, at a counseling and testing site, in the **emergency room**, as an inpatient in a hospital, at a clinic, in a jail or prison, at a drug treatment facility, at home, or somewhere else?

(262-263)

- 0 1 Private doctor or HMO office
- 0 2 Counseling and testing site
- 09 Emergency room
- 0 3 Hospital inpatient
- 0 4 Clinic
- 0.5 Jail or prison (or other correctional facility)
- 0 6 Drug treatment facility
- 0.7 At home
- 08 Somewhere else
- 77 Don't know / Not sure
- 9 9 Refused

Closing Statement

Closing Statement



Closing statement //ask of all// Please read:

CLOSING

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in Wyoming. Thank you very much for your time and cooperation.

1. continue

CLOSING

Esa fue mi última pregunta. Las respuestas de todas las personas encuestadas se combinarán de modo que nos ayuden a brindar información sobre las prácticas de salud de la población de Wyoming. Muchas gracias por su tiempo y cooperación.