2013

## Wyoming Behavioral Risk Factor Surveillance System Questionnaire

November 13, 2012
Samptype = 1 = land
Samptype $=2$ = cell

## そBRFSS

## Behavioral Risk Factor Surveillance System 2013 Questionnaire

## Table of Contents

Table of Contents ..... 2
Landline Interviewer's Script ..... 3
Cell Phone Interviewer's Intro ..... 8
Core Sections ..... 14
Section 1: Health Status ..... 14
Section 2: Healthy Days - Health-Related Quality of Life ..... 14
Section 3: Health Care Access ..... 15
Section 4: Inadequate Sleep ..... 16
Section 5: Hypertension Awareness ..... 17
Section 6: Cholesterol Awareness ..... 17
Section 7: Chronic Health Conditions ..... 18
Section 8: Demographics ..... 21
Language Indicator (land and cell) ..... 34
Section 9: Tobacco Use ..... 34
Section 10: Alcohol Consumption ..... 35
Section 11: Fruits and Vegetables ..... 36
Section 12: Exercise (Physical Activity) ..... 40
Section 13: Arthritis Burden ..... 44
Section 14: Seatbelt Use ..... 47
Section 15: Immunization ..... 47
Section 16: HIV/AIDS ..... 48

## Landline Interviewer's Script

//answering machine message to be left on the $1^{\text {st }}, 4^{\text {th }}$, and $9^{\text {th }}$ attempts that result in an answering machine disposition (intro1=02, 03)//

## Answering Machine message text:

Hello, my name is $\qquad$ . I am calling on behalf of the Wyoming Department of Health to conduct an important study on the health of Wyoming residents. We will call again in the next few days to conduct the interview. If you have any questions, please call us at 1-877-305-1145 at your convenience. Thanks."

Hola, mi nombre es $\qquad$ . Llamo en representación del Departamento de Salud de Wyoming para realizar un importante estudio sobre la salud de los residentes de Wyoming. Vamos a llamar otra vez en los próximos días para realizar la entrevista. Si usted tiene alguna pregunta, por favor llámenos al 1-877-385-6204 cuando le sea conveniente. Gracias."
$/ /$ privacy manager to be prompted on the $1^{\text {st }}, 4^{\text {th }}$, and $9^{\text {th }}$ attempts that result in a privacy manager//
Privacy Manager: "We are calling on behalf of the Wyoming Department of Health."
"(NAME) llamo de parte del Departamento de Servicios de Salud de Wyoming

## Intro1 <br> //ask of all samptype=1//

HELLO, I am calling for the Wyoming Deparment of Health . My name is $\qquad$ (name) . We are gathering information about the health of Wyoming residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. This call may be monitored and recorded for quality control.

Is this (phone number) ?
01 Correct Number (Proceed to next question)
02 Termination Screen
05 Selected on the line
14 Continue in Spanish

## Intro1

HOLA, Ilamo de parte del _Departamento de Salud de Wyoming. Mi nombre es (name). Estamos recopilando informacion acerca de la salud de los residentes de Wyoming. Este proyecto lo lleva a cabo el departamento de salud con la asistencia de los Centros para el Control y la Prevencion de Enfermedades. Su numero de telefono fue seleccionado al azar para esta encuesta, por lo que deseo hacerle algunas preguntas sobre salud y sus practicas de salud. Esta llamada pueden ser monitoriadas y grabadas con el propósito de control de calidad

Estoy hablando al (numero de telefono) ?
//ask if intro1=1 and samptype $=1 / /$
HS1 Is this a private residence?

READ ONLY IF NECESSARY: "By private residence, we mean someplace like a house or apartment."

| 1 | Yes | [Go to state of residence] |
| :--- | :--- | :--- |
| 2 | No | [Go to college housing] |
| 3 | No, business phone only |  |

HS1. Es este un domicilio particular en Wyoming?

## //if HS1=3//

BUS Thank you very much but we are only interviewing persons on residential phones lines at this time.

1. continue

BUS. Muchas gracias, pero por el momento solo estamos haciendo esta encuesta en domicilios particulares en Wyoming.
//if HS1=2//
COLLEGE Do you live in college housing?
READ ONLY IF NECESSARY: "By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university." [INTERVEIWER: IF NO, PROBE TO FIND OUT IF BUSINESS OR GROUP HOME]

| 1 | YES | [Go to STRES] |
| :--- | :--- | :--- |
| 2 | NO | - Business |
| 3 | NO $-\quad$ Group home |  |
| 7 | DON'T KNOW / NOT SURE |  |
| 9 | REFUSED |  |

COLLEGE. ¿Vive en una vivienda universitaria?
([Read only if necessary]: "Por residencia universitaria queremos decir dormitorio, vivienda para estudiantes graduados o profesores visitantes, u otro tipo de arreglos de alojamiento provistos por la universidad.")

```
//if college = 2,3, 7,9 //
```

X2 Thank you very much, but we are only interviewing persons who live in a private residence or college housing at this time. STOP
//if college $=2,3,7,9$ assign dispo 26 Not a Private Residence//

1. continue
//ask of all if samptype = $1 / /$
State of Residence
STRES Do you reside in Wyoming?

| 1 | Yes | [Go to HS2] |
| :--- | :--- | :--- |
| 2 | No |  |
| 7 | Don't Know |  |
| 9 | Refused |  |

//if stres = 2,7,9//
X3 Thank you very much, but we are only interviewing persons who live in the state of Wyoming at this time. STOP //dispo 40//

## //ask if HS1=1 or college = 1//

HS2 Is this a cellular telephone?
Interviewer Note: Telephone service over the internet counts as landline service (includes Vonage, Magic Jack and other home-based phone services).

Read only if necessary: "By cellular (or cell) telephone we mean a telephone that is mobile and usable outside of your neighborhood."

## 1 No - Not a Cellular Telephone <br> 2 Yes

//if HS2=2// HS2X Thank you very much, but we are only interviewing by land line telephones and for private residences or college housing. STOP //assign dispo 28 cell phone//

```
//ask of college=1 and hs2=1//
```

ADULT Are you 18 years of age or older?
21 Yes and the respondent is Male
22 Yes and the respondent is Female
03 No
//if adult=3//
XX3 Thank you very much, but we are only interviewing persons aged 18 or older at this time. STOP

1. continue
//if adult=3 assign dispo 27//

## //ask if HS1=1 and hs2=1// // ADULTS

I need to randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?
_ $\quad$ Number of adults [RANGE 0-18]

```
//if ADULTS = 0 //
ADULTO. You are saying there are NO adults 18 or over in your household.
    Is that correct?
    1 Yes, correct: NO adults 18 or over in household
    2 No, incorrect
```

//if ADULTS = $0 / /$
X3 I'm sorry we are only interviewing adult residents who are 18 years of age or older. Thank you."
// if adults=0 assign dispo 27//
//ask if ADULTS = 1//
ONEADULT Are you the adult?
21 Yes and the respondent is Male
22 Yes and the respondent is Female
03 No
If "yes,"
Then you are the person I need to speak with.
//if ONEADULT=03//
ASKGENDR Is the adult a man or a woman?
21 Male
22 Female
//if ONEADULT=03//
GETADULT May I speak with [fill in (him/her) from previous question]?
*** INTERVIEWER: IF NOT AVAILABLE - TYPE SUSPEND ***

1 Yes, Adult coming to the phone.[GO TO NEWADULT]
//ASK IF ADULTS>1//
MEN
How many of these adults are men
_ $\quad$ Number of men [RANGE 0-18]

## //ASK IF ADULTS>1//

WOMEN ... and how many are women? _ $\quad$ Number of women [RANGE 0-18]
//if samptype=1//
RANDOMLY SELECT ADULT; Assign selected value:
01 Oldest Female
02 2nd Oldest Female
03 3rd Oldest Female
04 4th Oldest Female
05 5th Oldest Female
06 6th Oldest Female
07 7th Oldest Female
08 8th Oldest Female
09 9th Oldest Female
11 Oldest Male

12 2nd Oldest Male
13 3rd Oldest Male
14 4th Oldest Male
15 5th Oldest Male
16 6th Oldest Male
17 7th Oldest Male
18 8th Oldest Male
19 9th Oldest Male
20 No respondent selected
21 One person HH - Male
22 One person HH - Female
//ASK IF ADULTS > 1//
ASFKOR The person in your household that I need to speak with is the [INSERT SELECTED] Are you the person?
1 Yes
2 No
//if ASKFOR = 2//
GETNEWAD May I speak with him or her?
*** INTERVIEWER: IF RESPONDENT NOT AVAILABLE/REFUSE - TYPE SUSPEND ***

1 Yes, Adult coming to the phone.[GO TO NEWADULT]
3 Go back to Adults question. Warning: A new respondent may be selected. In\& (You need Supervisor's permission to use this option.)

## To the correct respondent:

//if getnewad=1 or getadult = $1 / /$

## NEWADULT

HELLO, I am calling for the Wyoming Department of Health . My name is (name). We are gathering information about the health of Wyoming residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. This call may be monitored and recorded for quality assurance purposes.

1. Continue
//ask if samptype=1//
YOURTHE1
I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions about the survey, please call 1 -877-305-1145.
IF REQUEST CALLBACK OR REFUSE - TYPE SUSPEND ***

## 002 Go back to Adults question. WARNING: A NEW RESPONDENT WILL BE SELECTED AND YOU NEED A SUPERVISOR'S PASSWORD TO CONTINUE

## Cell Phone Interviewer’s Intro

//answering machine message to be left on the $1^{\text {st }}$, and $4^{\text {th }}$ attempts that result in an answering machine disposition (intro1=02, 03)//
Answering Machine message text:
"Hello, the Wyoming Department of Healthand the Centers for Disease Control and Prevention are conducting a study about the health of Wyoming residents. . We will call again in the next few days to conduct the interview. If you have any questions, please call us, toll-free, at 1-877-305-1145. For most people, the study will be very brief and we would be glad to answer any questions you have. The toll free number again is 1-877-305-1145. Thank you.
//privacy manager to be prompted on the $1^{\text {st }}, 4^{\text {th }}$, and $9^{\text {th }}$ attempts that result in a privacy manager//
Privacy Manager: "We are calling on behalf of the Wyoming Department of Health."
//ask if samptype=2//
Intro1 HELLO, I am calling for the Wyoming Department of Health. My name is (name) . We are gathering information about the health of Wyoming residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. The interview may be monitored and recorded for quality control purposes. I have just a few questions to find out if you are eligible for the study.

Is this a safe time to talk with you?
INTERVIEWER NOTE: If respondent reports that they do not live in the state mentioned, tell them that they may still be eligible to participate.

01 Yes - Continue
02 No - Not a safe time
03 Respondent Says - They Do Not Live in this State
04 Termination Screen
14 CONTINUE IN SPANISH
//if intro1=03//
intro 2
You may still be eligible to participate.
01 Continue to next question
07 Termination screen
$09 \quad$ Not a safe time/driving

## //if intro1=1//

PHONE Is this (phone number) ?
INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

1 [Go to CELLFON2] YES
2 NO
4 [GO TO CB] NOT A SAFE TIME/DRIVING
7 [Go to CELLFON2] DON'T KNOW / NOT SURE
9 [Go to CELLFON2] REFUSED
If "no," /lif PHONE=2//
XPHONE Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. STOP TERM DISP =23

1. continue
//If PHONE=1,7,9 ask CELLFON2//

## CELLFON2

Is this a cellular telephone?
[Read only if necessary: "By cellular telephone we mean a telephone that is mobile and usable outside of your neighborhood".

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

| 1 | YES | [Go to CADULT] |
| :--- | :--- | :--- |
| 2 | NO |  |
| 3 | NOT A SAFE TIME/DRIVING |  |
| 7 | DON'T KNOW / NOT SURE |  |
| 9 | REFUSED |  |

## IF "No", //If CELLFON2=2//

Thank you very much, but we are only interviewing cell telephones at this time. STOP //assign dispo 25//
If "Don't Know", "Refused", //If CELLFON2=7,9//
Thank you for your time. STOP //assign dispo 26//

## lif CELLFON2=1 go to CADULT/

//If CELLFON2=1 ask CADULT//
CADULT
Are you 18 years of age or older?
INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY. ASK GENDER IF NECESSARY.

| 1 | YES, Male Respondent | [Go to PVTRESD2] |
| :--- | :--- | :--- |
| 2 | YES, Female Respondent | [Go to PVTRESD2] |
| 3 | NO | [GO TO CADULT2] |
| 4 | NOT A SAFE TIME/DRIVING | [Go to CB] |
| 7 | DON'T KNOW / NOT SURE |  |

IF "Don't Know", "Refused", //If CADULT=7,9//
Thank you very much for your time. STOP TERM DISP = $\mathbf{2 8}$
IF "No", //If CADULT=3//

## CADULT2

Is there an adult that also uses this cell phone?

```
1 YES [GO TO CADULT3]
2 NO
```

//if CADULT2=2// (no adult uses cell phone)
Thank you very much, but we are only interviewing persons aged 18 or older at this time. STOP //assign term disp = 27//
//if CADULT2=1//
CADULT3
May I speak with him or her?
1 SWITCHING TO RESPONDENT
2 RESPONDENT NOT AVAILABLE/CALLBACK
/if CADULT3=1 go to INTRO1/ /if CADULT3=2 autocode 105, callback/
//IF CADULT=1,2 ask PVTRESD2//

## PVTRESD2

Do you live in a private residence?
READ ONLY IF NECESSARY: "By private residence, we mean someplace like a house or apartment."
INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY. THE PERSON
DOES NOT NEED TO BE PHYSICALLY LOCATED IN THEIR PRIVATE RESIDENCE.

| 1 | YES | [Go to CSTATE] |
| :--- | :--- | :--- |
| 2 | NO |  |
| 3 | NOT A SAFE TIME/DRIVING |  |
| 7 | DON'T KNOW / NOT SURE |  |
| 9 | REFUSED |  |

//if pvtresd2=2//

COLLEGE Do you live in college housing? ([Read only if necessary]: "By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university.")
1 YES [Go to CSTATE]
$2 \quad \mathrm{NO}$ - business
3 no-group home
4 NOT A SAFE TIME/DRIVING
7 DON'T KNOW / NOT SURE
9 REFUSED
//if college = 2,3 //
"Thank you very much for your time, but we are only interviewing persons who live in a private residence or college housing at this time." STOP - TERMDISP=35

IF "Don't Know", "Refused", I/If PVTRESD2=7,9 or college = 7, 9//
Thank you very much for your time. STOP TERM DISP = 29
//If PVTRESD2=1 or college = 1 ask CSTATE//

## CSTATE

Are you a resident of Wyoming _ ?
INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

| 1 | YES | [Go to LANDLINE] |
| :--- | :--- | :--- |
| 2 | NO | [Go to STATE] |
| 3 | NOT A SAFE TIME/DRIVING |  |
| 7 | DON'T KNOW / NOT SURE |  |
| 9 | REFUSED |  |

IF "Don't Know", "Refused", I/If CSTATE=7,9//
Thank you very much for your time. STOP TERM DISP = 30
//If CSTATE=2 ask RSPSTATE//
RSPSTATE In what state do you live?
[CATI: IF RSPSTATE = LSTATE RE-CODE CSTATE=1]
$\qquad$ ENTER STATE
is a list of the United States and its Territories in alphabetical order:
AL Alabama
AK Alaska
AZ Arizona
AR Arkansas
CA California
CO Colorado
DE Delaware
DC District of Columbia
FL Florida
GA Georgia

HI Hawaii
ID Idaho
IL Illinois
IN Indiana
IO lowa
KS Kansas
KY Kentucky
LA Louisiana
ME Maine
MD Maryland
MA Massachusetts
MI Michigan
MN Minnesota
MSMississippi
MO Missouri
MT Montana
NE Nebraska
NV Nevada
NH New Hampshire
NJ New Jersey
NM New Mexico
NY New York
NC North Carolina
ND North Dakota
OH Ohio
OK Oklahoma
OR Oregon
PA Pennsylvania
RI Rhode Island
SC South Carolina
SD South Dakota
TN Tennessee
TX Texas
UT Utah
VT Vermont
VA Virginia
WA Washington
WV West Virginia
WI Wisconsin
WY Wyoming
REFUSED

## If Refused:

I'm sorry, but our data is compiled by state. In order to qualify for the interview we need to know which state you live in. Thank you for your time.STOP TERM DISP = 42
//ask if samptype=2//
LANDLINE Do you also have a landline telephone in your home that is used to make and receive calls?

READ ONLY IF NECESSARY: "By landline telephone, we mean a "regular" telephone in your home that is connected to outside telephone lines through a cable or cord and is
used for making or receiving calls. Please include landline phones used for both business and personal use."

NOTE: Telephone service over the internet counts as landline service.
PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

1 YES

```
\(2 \quad \mathrm{NO} / / \mathrm{Go}\) to INTRO2//
7 DON'T KNOW / NOT SURE//Go to TERMINATION//
9 REFUSED //Go to TERMINATION//
```

IF "No", GO TO SURVEY INTRO
IF "Don't Know" or "Refused", GO TO TERMINATION TERM DISP = 32
//If LANDLINE=1 ask PCTCELL//
//If LANDLINE=2 go to svintro//
//If LANDLINE = 7, 9 go to termination//

## PCTCELL

Thinking about all the phone calls that you receive on your landline or cell phone, what percent, between 0 and 100, are received on your cell phone?

| $\overline{8} \overline{8} \overline{8}$ | Enter Percent (1 to 100) |
| :--- | :--- |
| $7 \overline{7} 7$ | Don't know/Not sure |
| 999 | Refused |

## //If PCTCELL <90\% go to termination//

## TERMINATION

Thank you very much. Those are all the questions that I have for you today.
If PCTCELL $=1-89,777,888,999$ term disp $=43$
If landline =7, 9 term disp = 32
//ask if samptype=2//
svintro
Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions, I will provide a telephone number for you to call to get more information.

Is this a safe time to talk with you now or are you driving?
INTERVIEWER NOTE: If respondent indicates it is not safe to talk now, ask "When is a better time to try to call back?" and schedule an appointment.
$\begin{array}{ll}1 & \text { SAFE TIME/NOT DRIVING } \\ 2 & \text { DRIVING/NOT A SAFE TIME }\end{array}$

## svintro2

I will not ask for your last name, address, or other personal information that can identify you. The call may be monitored or recorded for quality assurance purposes. If you have any questions about the survey, please call 1-877-305-1145.
[INTERVIEWER: IF NEEDED: The interview takes on average 15-20 minutes depending on your answers.]

1. Continue

## Core Sections

## Section 1: Health Status

## //ask of all//

s1q1 Would you say that in general your health is-

Please read:
1 Excellent
2 Very good
3 Good
4 Fair
Or
5 Poor
Do not read:
7 Don't know / Not sure
9 Refused

## Section 2: Healthy Days - Health-Related Quality of Life

//ask of all//
s2q1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?
$\overline{\overline{8}} \quad$ Number of days [RANGE $=1-30$ ]
88 None
77 Don't know / Not sure
99 Refused
//ask of all//
s2q2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?
$\overline{8} \overline{8} \quad$ Number of days[RANGE $=1-30]$
$\overline{8} \overline{8} \quad$ None $\quad$ [If Q2.1 and Q2.2 $\mathbf{=} \mathbf{8 8}$ (None), go to next section]
77 Don't know / Not sure
99 Refused
//ask if not ( $\mathbf{s 2 q 1} \mathbf{= 8 8}$ AND $\mathbf{s 2 q 2} \mathbf{= 8 8}$ )//
s2q3 During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?
$\overline{B_{8}} \quad$ Number of days[RANGE $\left.=1-30\right]$
88 None
77 Don't know / Not sure
99 Refused

## Section 3: Health Care Access

//ask of all//
S3q1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?

| 1 | Yes | [If PPHF state go to Module 4, Question 1, else continue] |
| :--- | :--- | :--- |
| 2 | No |  |
| 7 | Don't know / Not sure |  |
| 9 | Refused |  |

//ask of all//
s3q2
Do you have one person you think of as your personal doctor or health care provider?
If "No," ask: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?"

| 1 | Yes, only one |
| :--- | :--- |
| 2 | More than one |
| 3 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

//ask of all//
s3q3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

CATI Note: If PPHF State go to Module 4, Question 3, else continue

## //ask of all//

s3q4 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.
[ Read if Necessary ]
$1 \quad$ Within the past year (anytime less than 12 months ago)
2 Within the past 2 years ( 1 year but less than 2 years ago)
3 Within the past 5 years (2 years but less than 5 years ago)
45 or more years ago
7 Don't know / Not sure
8 Never
9 Refused

CATI Note: If PPHF State and Q3.1 = 1 go to Module 4, Question 4a or If PPHF State and Q3.1 = 2, 7, or 9 go to Module 4, Question 4b, or if not a PPHF State go to next section.

## Section 4: Inadequate Sleep

//ask of all//
I would like to ask you about your sleep pattern.
s4q1 On average, how many hours of sleep do you get in a 24-hour period?

INTERVIEWER NOTE: Enter hours of sleep in whole numbers, rounding 30 minutes ( $1 / 2$ hour) or more up to the next whole hour and dropping 29 or fewer minutes.
$\overline{7} \overline{7} \quad$ Number of hours [01-24]
77 Don't know / Not sure
99 Refused

## Section 5: Hypertension Awareness

//ask of all//
s5q1
Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure?

Read only if necessary: By "other health professional" we mean a nurse practitioner, a physician's assistant, or some other licensed health professional.

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

| 1 | Yes |  |
| :--- | :--- | :--- |
| 2 | Yes, but female told only during pregnancy | [Go to next section] |
| 3 | No | [Go to next section] |
| 4 | Told borderline high or pre-hypertensive | [Go to next section] |
| 7 | Don't know / Not sure | [Go to next section] |
| 9 | Refused | [Go to next section] |

//ask of $s 5 q 1=1 / /$
s5q2 Are you currently taking medicine for your high blood pressure?

1 Yes
2 No
7 Don't know / Not sure
9 Refused

## Section 6: Cholesterol Awareness



## //ask if $\mathbf{s} 6 q 1=\mathbf{1} / /$

s6q3 Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high?

```
1 Yes
No
Don't know / Not sure
9 Refused
```


## Section 7: Chronic Health Conditions

```
//ask of all//
each, tell me "Yes," "No," or you're "Not sure."
1. continue
//ask of all//
1 Yes
No
D Don't know / Not sure
9 Refused
```

S7q1t Now I would like to ask you some questions about general health conditions.
Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For
s7q1 (Ever told) you that you had a heart attack also called a myocardial infarction?
//ask of all//
s7q2 (Ever told) you had angina or coronary heart disease?
1 Yes
2 No
7 Don't know / Not sure
9 Refused
//ask of all//
s7q3 (Ever told) you had a stroke?
1 Yes
2 No
7 Don't know / Not sure
9 Refused

| s7q3 |  |
| :--- | :--- |
|  |  |
| 1 | Yes |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

//ask of all//
s7q4 (Ever told) you had asthma?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

[Go to Q7.6]

| 7 | Don't know / Not sure | [Go to Q7.6] |
| :--- | :--- | :--- |
| 9 | Refused | [Go to Q7.6] |

//ask if $\mathbf{s 7 q 4}=\mathbf{1} / /$
s7q5 Do you still have asthma?

|  | 1 | Yes |
| :---: | :---: | :---: |
|  | 2 | No |
|  | 7 | Don't know / Not sure |
|  | 9 | Refused |
| //ask of all// |  |  |
| s7q6 | (Ever told) you had skin cancer? |  |
|  | 1 | Yes |
|  | 2 | No |
|  | 7 | Don't know / Not sure |
|  | 9 | Refused |

//ask of all//
s7q7 (Ever told) you had any other types of cancer?

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

//ask of all//
s7q8 (Ever told) you have Chronic Obstructive Pulmonary Disease or COPD, emphysema or chronic bronchitis?
//ask of all//
s7q9 (Ever told) you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

INTERVIEWER NOTE: Arthritis diagnoses include:

- rheumatism, polymyalgia rheumatica
- osteoarthritis (not osteoporosis)
- tendonitis, bursitis, bunion, tennis elbow
- carpal tunnel syndrome, tarsal tunnel syndrome
- joint infection, Reiter's syndrome
- ankylosing spondylitis; spondylosis
- rotator cuff syndrome
- connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome
- vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa)
//ask of all//
s7q10 (Ever told) you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?
//ask of all//
s7q11 (Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence.

INTERVIEWER NOTE: Incontinence is not being able to control urine flow.
//ask of all//
s7q12 (Ever told) you have diabetes?
If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

If respondent says pre-diabetes or borderline diabetes, use response code 4.
1 Yes
2 Yes, but female told only during pregnancy
3 No
4 No, pre-diabetes or borderline diabetes
7 Don't know / Not sure
9 Refused

CATI note: If Q7.12 = 1 (Yes), go to Diabetes Optional Module (if used). If any other response to Q7.12, go to Pre-Diabetes Optional Module (if used), otherwise, go to next section.

## Section 8: Demographics

//ask of all//
$\mathbf{s 8 q 1} \quad$ What is your age?
$-\overline{7} \quad$ Code age in years [range 18-99]
07 Don't know / Not sure
09 Refused

1. Continue
//ask of all//
s8q2
Are you Hispanic, Latino/a, or Spanish origin?
1 No, not of Hispanic, Latino/a, or Spanish origin
2 Yes
7 Don't Know
9 Refused
//if s8q2=2//
S8q2b Are you...
Interviewer Note: One or more categories may be selected.
READ LIST
2 Mexican, Mexican American, Chicano/a
3 Puerto Rican
4 Cuban
5 Another Hispanic, Latino/a, or Spanish origin

## Do not read:

| 8 | No-additionalchoices |
| :--- | :--- |
| 7 | Don't know / Not sure |
| 9 | Refused |

[DP note: CDC lists this as one question, s8q2, response $1=$ not Hispanic, 2-5 hispanic options. Deliver based on cdc layout]
//ask of all//
s8q3 Which one or more of the following would you say is your race?

Interviewer Note: Select all that apply.

Interviewer Note: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.
[INTERVIEWER NOTE: Enter Caucasian response as 10-White. Enter Native American Response as 30 - American Indian or Alaska Native.]

Please read: [MUL = 5]
10 White
20 Black or African American
30 American Indian or Alaska Native

40 Asian

50 Pacific Islander

Do not read:

|  | $\begin{array}{ll} 60 & O \\ 77 & D \\ 99 & R \end{array}$ | now / Not sure d |
| :---: | :---: | :---: |
| //ask if s8q3=40// |  |  |
| S8q3a | Is that... |  |
|  | 41 | Asian Indian |
|  | 42 | Chinese |
|  | 43 | Filipino |
|  | 44 | Japanese |
|  | 45 | Korean |
|  | 46 | Vietnamese |
|  | 47 | Other Asian |
|  | 77 | Don't Know |
|  | 99 | Refused |
| //if s8q3 $=50$ |  |  |
| S8q3pi | Is that... |  |
|  | 51 | Native Hawaiian |
|  | 52 | Guamanian or Chamorro |
|  | 53 | Samoan |
|  | 54 | Other Pacific Islander |
|  | 77 | Don't Know |
|  | 99 | Refused |

[DP note: s8q3 is presented as one question, combine s8q3a and s8q3pi into s8q3 for delivery]
CATI note: If more than one response to Q8.3; continue. Otherwise, go to Q8.5.
//ask if s8q3 = mul//
s8q4 Which one of these groups would you say best represents your race?
Interviewer Note: If 04 (Asian) or 05 (Pacific Islander) is selected read and code subcategory underneath major heading.
[INTERVIEWER NOTE: Enter Caucasian response as 10-White. Enter Native American Response as 30 - American Indian or Alaska Native.]

Please read:
10 White
20 Black or African American
30 American Indian or Alaska Native
40 Asian

50 Pacific Islander

Do not read:
60 Other
88 No-additional choicos
77 Don't know / Not sure
99 Refused
//ask if s8q4=40//
S8q4a Is that...
41 Asian Indian
42 Chinese
43 Filipino
44 Japanese
45 Korean
46 Vietnamese
47 Other Asian
77 Don't Know
99 Refused
//if s8q4 $=\mathbf{5 0}$
S8q4pi Is that...
51 Native Hawaiian
52 Guamanian or Chamorro
53 Samoan
54 Other Pacific Islander
77 Don't Know
99 Refused
//ask of all// s8q5

Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.

1 Yes
2 No
7 Don't know / Not sure
9 Refused
//ask of all//
s8q6 Are you...?
Please read:
1 Married
2 Divorced
3 Widowed
4 Separated
5 Never married

## Or

6 A member of an unmarried couple

## Do not read:

9 Refused
//ask of all//
$\mathbf{s 8 q 7} \quad$ How many children less than 18 years of age live in your household?
[Interviewer: $\quad 15=15$ or more $88=$ None 99 = Refused]
$\overline{8} \overline{8} \quad$ None
99 Refused
//ask if $s 8 q 7=1-15 / /$
(S8Q7CHK) Just to be sure - you have $\qquad$ child under 18 living in your household. Is that correct?

1 YES
2 NO

## 9 REFUSED

//ask of all//
s8q8 What is the highest grade or year of school you completed?

Read only if necessary:
1 Never attended school or only attended kindergarten
2 Grades 1 through 8 (Elementary)
3 Grades 9 through 11 (Some high school)
4 Grade 12 or GED (High school graduate)
$5 \quad$ College 1 year to 3 years (Some college or technical school)
$6 \quad$ College 4 years or more (College graduate)

## Do not read:

9 Refused
//ask of all//
$\mathbf{s 8 q 9} \quad$ Are you currently...?
Please read:
1 Employed for wages
2 Self-employed
3 Out of work for 1 year or more
4 Out of work for less than 1 year
5 A Homemaker
6 A Student
7 Retired

Or
8 Unable to work

## Do not read:

9 Refused
//ask of all//
s8q10 Is your annual household income from all sources-

If respondent refuses at ANY income level, code '99' (Refused)
Read only if necessary:
S8q10A [04] Less than $\$ 25,000(\$ 20,000$ to less than $\$ 25,000)$
1 Yes

2 No
7 Don't Know
9 Refused
[If "no," ask 05; if "yes," ask 03]
//ask if s8q10A = $1 / /$
S8q10B [03] Less than $\$ 20,000$ ( $\$ 15,000$ to less than $\$ 20,000$ )
1 Yes
2 No
7 Don't Know
9 Refused
[If "no," code 04; if "yes," ask 02]
//ask if s8q10B = 1//
S8q10C [02] Less than \$15,000 (\$10,000 to less than $\$ 15,000)$
1 Yes
2 No
7 Don't Know
9 Refused
[If "no," code 03; if "yes," ask 01]
//ask if $\mathbf{s 8 q 1 0 C = 1 / / ~}$
S8q10D [01] Less than \$10,000
1 Yes
2 No
7 Don't Know
9 Refused
[If "no," code 02]
//ask if s8q10A = 2//
S8q10E [05] Less than $\$ 35,000$ ( $\$ 25,000$ to less than $\$ 35,000$ )
1 Yes
2 No
7 Don't Know
9 Refused
[If "no," ask 06]
//ask if s8q10E = 2//
S8q10F [06] Less than $\$ 50,000(\$ 35,000$ to less than $\$ 50,000)$
1 Yes
2 No
7 Don't Know
9 Refused
[If "no," ask 07]
//ask if s8q10F = 2//
S8q10G [07] Less than $\$ 75,000$ ( $\$ 50,000$ to less than $\$ 75,000$ )
1 Yes

2 No
7 Don't know
9 Refused
[If "no," code 08]
[08] \$75,000 or more
//ask if s8q10A-s8q10G ne 7,9//
S8q10AA Your Annual Household Income is [enter range from code in s8q10A-G]
Is This Correct?
1 No, re-ask question [GO TO S8Q10A]
2 Yes, correct as is. [CONTINUE]
//ask of all//

Ps8q11 About how much do you weigh without shoes?
ENTER "P" FOR WEIGHT GIVEN IN POUNDS
ENTER "K" FOR WEIGHT GIVEN IN KILOGRAMS
$P$ pounds
K kilograms
7 Don’t Know

9 Refused
//ask if ps8q11 = P//
S8q11 About how much do you weigh without shoes?
NOTE: If respondent answers in metrics, put "9" in column 117.
Round fractions up
Weight
(pounds) [Range 50-776,]
//ask if s8q11 =50-79 OR 351-776//
S8q11_A: Just to double-check, you indicated $\backslash: s 8 q 11$ : pounds as your weight.
IS THIS CORRECT?

1. Yes
2. No [go back to s8q11]
//ask if ps8q11 = K//
S8q11M About how much do you weigh without shoes?

NOTE: If respondent answers in metrics, put "9" in column 174.

## Round fractions up

## //ask if s8q11m = 23-352 and ps8q11 = "k"

S8q11am: Just to double-check, you indicated $\backslash: s 8 q 11 \mathrm{~m}$ : kilograms as your weight.

## IS THIS CORRECT?

1. Yes
2. No, [go back to s8q11m]
//ask of all//
Ps8q12 About how tall are you without shoes?
ENTER "F" FOR HEIGHT GIVEN IN FEET
ENTER "M" FOR HEIGHT GIVEN IN CENTIMETERS
F feet
M centimeters
7 Don't Know
9 Refused
//ask if ps8q12=f//
S8q12 About how tall are you without shoes?

NOTE: If respondent answers in metrics, put "9" in column 121.
Round fractions down
[Enter height in Feet and Inches]
[Ex: 5 feet 9 inches would be entered as 509]
---
-- $/$ -
Height[Range 300-311, 400-411, 500-511, 600-611, 700-711]
//ask if s8q12 = 300-407, 609-711]
S8q12a: Just to double check, you indicated you are //enter feet from s8q12// FEET //enter inches from s8q12// INCHES TALL.

IS THIS CORRECT?

1. Yes
2. No, go back to s8q12
//ask if ps8q12 = M//

NOTE: If respondent answers in metrics, put " 9 " in column 126.
Round fractions down
[Enter height in centimeters]
[Ex: 2 meters 5 centimeters would be entered as 205
--- Height[Range 90-254]

```
//ask if s8q12m = 90-254 and ps8q12=M//
S8q12am: Just to double check, you indicated you are //s8q12m// centimeters tall.
    IS THIS CORRECT?
    1. Yes
    2 No [go back to s8q12m]
//if samptype=2 and CSTATE = 2 AND RSPSTATE NE AR, AZ, CT, NH, RI, DC, VT, WA, WY//
cnty What county or town do you live in?
888 GAVE RESPONSE
777 DON'T KNOW/NOT SURE
999 REFUSED
//if cnty =888//
cntyo:
    INTERVIEWER: ENTER THE COUNTY BELOW
```

//if cnty=888//
cntyc
I want to make sure that I got it right.
You said you live in the county of [INSERT COUNTY FROM CNTY.
Is that correct?
1 Yes, correct as is
2 No, re-ask question
//ask if samptype=1 OR if ( samptype=2 and (CSTATE =1 AND [LSTATE = WY) OR RSPSTATE =
WY)
WYCNTY What county do you live in?
(125-127)
001 Albany
003 Big Horn
005 Campbell
007 Carbon

| 009 | Converse |
| :--- | :--- |
| 011 | Crook |
| 013 | Fremont |
| 015 | Goshen |
| 017 | Hot Springs |
| $\mathbf{0 1 9}$ | Johnson |
| $\mathbf{0 2 1}$ | Laramie |
| $\mathbf{0 2 3}$ | Lincoln |
| $\mathbf{0 2 5}$ | Natrona |
| $\mathbf{0 2 7}$ | Niobrara |
| $\mathbf{0 2 9}$ | Park |
| $\mathbf{0 3 1}$ | Platte |
| $\mathbf{0 3 3}$ | Sheridan |
| $\mathbf{0 3 5}$ | Sublette |
| $\mathbf{0 3 7}$ | Sweetwater |
| $\mathbf{0 3 9}$ | Teton |
| $\mathbf{0 4 1}$ | Uinta |
| $\mathbf{0 4 3}$ | Washakie |
| $\mathbf{0 4 5}$ | Weston |
| $\mathbf{0 5 6}$ | Wyoming |

ANSI County Code (formerly FIPS county code [RANGE = 001-056])
$77 \overline{7}$ Don't know / Not sure
999 Refused
//ask if wycnty (001-056)//
Wy_chk
I want to make sure that I got it right.

You said you live in the county of [\U\B\:s7q13:]. Is that correct?

1 Yes, correct as is $\backslash n$
2 No, re-ask question
//ask of all//
s8q14wy What is the ZIP Code where you live?
(165-169)

```
7\overline{7%7% Don't know / Not sure}
99999 Refused
```

//ask if s8q14wy ne 77777, 99999//
S8q14cwy I just want to confirm, you said your zip code is [insert s8q14wy]. Is that correct?

1. Yes, correct zip code.

2, No, incorrect zip code.
//ask if samptype=1//
s8q15 Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine.

| 1 | Yes |  |
| :--- | :--- | :--- |
| 2 | No |  |
| 7 | Don't know / Not sure | [Go to Q8.17] |
| 9 | Refused | [Go Q8.17] |
|  | [Go Q8.17] |  |

//ask if s8q15 = $\mathbf{1} / /$
s8q16 How many of these telephone numbers are residential numbers?
INTERVIEWER: [6 = 6 or more]

|  | Residential telephone numbers [range 1-6]  <br> 9 Don't know / Not sure <br> Refused  |
| :--- | :--- |

//ask if samptype = $1 / /$
s8q17 Do you have a cell phone for personal use? Please include cell phones used for both business and personal use.

| 1 | Yes |  |
| :--- | :--- | :--- |
| 2 | No | [Go to Q8.19] |
| 7 | Don't know / Not sure | [Go to Q8.19] |
| 9 | Refused | [Go to Q8.19] |

//ask if s8q17=1//
s8q18 Thinking about all the phone calls that you receive on your landline and cell phone, what percent, between 0 and 100, are received on your cell phone?

|  |  |
| :--- | :--- |
| $\overline{8} \overline{8} \overline{8}$ | Enter percent (1 to 100) |
| 777 | Dero't know / Not sure |
| 999 | Refused |

//ask of all//
s8q19 Have you used the internet in the past 30 days?

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

//ask of all//
s8q20 Do you own or rent your home?

INTERVIEWER NOTE: "Other arrangement" may include group home, staying with friends or family without paying rent.

NOTE: Home is defined as the place where you live most of the time/the majority of the year.

| 1 | Own |
| :--- | :--- |
| 2 | Rent |
| 3 | Other arrangement |
| 7 | Don't know / Not sure |
| 9 | Refused |

//ask of all//
s8q21 Indicate sex of respondent. Ask only if necessary.

1 Male [Go to Q8.23]
2 Female [If respondent is 45 years old or older, go to Q8.23]
//ask if s8q21=2 AND s8q1<45//
s8q22 To your knowledge, are you now pregnant?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
//ask of all//

S8q23 The following questions are about health problems or impairments you may have.

Are you limited in any way in any activities because of physical, mental, or emotional problems?

1 Yes
2 No
7 Don't know / Not Sure
9 Refused
//ask of all//
s8q24 Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

NOTE: Include occasional use or use in certain circumstances.
1 Yes


Language Indicator (land and cell)
//ask of all//
Lang1. INTERVIEWER: DO NOT ASK QUESTION:
IN WHAT LANGUAGE WAS THIS INTERVIEW COMPLETED?
01 ENGLISH
02 SPANISH

## Section 9: Tobacco Use

//ask of all//
s9q1 Have you smoked at least 100 cigarettes in your entire life?

NOTE: $\mathbf{5}$ packs = 100 cigarettes
1 Yes
2 No [Go to Q9.5]
7 Don't know / Not sure [Go to Q9.5]
9 Refused [Go to Q9.5]
//ask if s9q1=1//
s9q2 Do you now smoke cigarettes every day, some days, or not at all?

1 Every day
2 Some days
3 Not at all
7 Don't know / Not sure
[Go to Q9.4]
[Go to Q9.5]
9 Refused
[Go to Q9.5]
//ask if $\mathbf{s 9 q 2}=\mathbf{1 , 2 / /}$
s9q3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

| 1 | Yes | [Go to Q9.5] |
| :--- | :--- | :--- |
| 2 | No | [Go to Q9.5] |
| 7 | Don't know / Not sure | [Go to Q9.5] |
| 9 | Refused | [Go to Q9.5] |

//ask if s9q2=3//
s9q4 How long has it been since you last smoked a cigarette, even one or two puffs?

01 Within the past month (less than 1 month ago)
02 Within the past 3 months (1 month but less than 3 months ago)

03 Within the past 6 months (3 months but less than 6 months ago)
04 Within the past year (6 months but less than 1 year ago)
05 Within the past 5 years ( 1 year but less than 5 years ago)
06 Within the past 10 years (5 years but less than 10 years ago)
$07 \quad 10$ years or more
08 Never smoked regularly
77 Don't know / Not sure
99 Refused
//ask of all//
Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?

## Snus (rhymes with 'goose')

NOTE: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum.

1 Every day
2 Some days
3 Not at all
7 Don't know / Not sure
9 Refused

## Section 10: Alcohol Consumption

```
//ask of all//
```

s10q1 During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?
(193-195)
1_- Days per week [range 101-107]
$2-\quad$ Days in past 30 days [range 201-230]
888 No drinks in past 30 days [Go to next section]
777 Don't know / Not sure [Go to next section]
999 Refused [Go to next section]
//ask if s10q1 ne . , 888,777,999//
$\mathbf{s 1 0 q 2} \quad$ One drink is equivalent to a 12-ounce beer, a 5 -ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?
(196-197)
NOTE: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.
$\overline{7} \overline{\overline{7}} \quad$ Number of drinks [range 01-76]
$\overline{7} \overline{7} \quad$ Don't know / Not sure
99 Refused
//ask if s10q1 ne . , 888,777,999//
s10q3 Considering all types of alcoholic beverages, how many times during the past 30 days did you have $\mathbf{X}$ [CATI $\mathbf{X}=\mathbf{5}$ for men, $\mathbf{X}=\mathbf{4}$ for women] or more drinks on an occasion?
(198-199)
Number of times [range 01-76]
$\overline{8} \overline{8} \quad$ None
77 Don't know / Not sure
99 Refused
//ask if s10q1 ne . , 888,777,999//
s10q4 During the past 30 days, what is the largest number of drinks you had on any occasion?
(200-201)
$\overline{7} \overline{7} \quad$ Number of drinks [range 01-76]
Don't know / Not sure
99 Refused

## Section 11: Fruits and Vegetables

```
//ask of all//
S11q1T
These next questions are about the fruits and vegetables you ate or drank during the past 30 days. Please think about all forms of fruits and vegetables including cooked or raw, fresh, frozen or canned. Please think about all meals, snacks, and food consumed at home and away from home.
1. continue
S11q1t2
I will be asking how often you ate or drank each one: for example, once a day, twice a week, three times a month, and so forth.
INTERVIEWER NOTE: If respondent responds less than once per month, put " 0 " times per month. If respondent gives a number without a time frame, ask: "Was that per day, week, or month?" 1. Continue
```

//ask of all//
S11q1 During the past month, how many times per day, week or month did you drink 100\% PURE fruit juices? Do not include fruit-flavored drinks with added sugar or fruit juice you made at home and added sugar to. Only include $100 \%$ juice.
(265-267)

INTERVIEWER NOTE: Do not include fruit drinks with added sugar or other added sweeteners like Kool-aid, Hi-C, lemonade, cranberry cocktail, Tampico, Sunny Delight, Snapple, Fruitopia, Gatorade, Power-Ade, or yogurt drinks.
Do not include fruit juice drinks that provide 100\% daily vitamin C but include added sugar.
Do not include vegetable juices such as tomato and V8 if respondent provides but include in "other vegetables" question mod8_6.

DO include 100\% pure juices including orange, mango, papaya, pineapple, apple, grape (white or red), or grapefruit. Only count cranberry juice if the respondent's perception is that it is $100 \%$ juice with no sugar or artificial sweetener added. $100 \%$ juice blends such as orange-pineapple,
orange-tangerine, cranberry-grape are also acceptable as are fruit-vegetable 100\% blends. 100\% pure juice from concentrate (i.e., reconstituted) is counted.

1-- Per day [RANGE $=101-199]$
2_- Per week [RANGE = 201-299]
$3 \_-\quad$ Per month [RANGE $=$ 301-399]
555 Never
777 Don't know / Not sure
999 Refused
//ask of all//
S11q2t During the past month, not counting juice, how many times per day, week, or month did you eat fruit? Count fresh, frozen, or canned fruit
(268-270)

Read only if necessary: "Your best guess is fine. Include apples, bananas, applesauce, oranges, grape fruit, fruit salad, watermelon, cantaloupe or musk melon, papaya, lychees, star fruit, pomegranates, mangos, grapes, and berries such as blueberries and strawberries."

INTERVIEWER NOTE: Do not count fruit jam, jelly, or fruit preserves.
Do not include dried fruit in ready-to-eat cereals.
Do include dried raisins, cran-raisins if respondent tells you - but due to their small serving size they are not included in the prompt.

Do include cut up fresh, frozen, or canned fruit added to yogurt, cereal, jello, and other meal items.

Include culturally and geographically appropriate fruits that are not mentioned (e.g. genip, soursop, sugar apple, figs, tamarind, bread fruit, sea grapes, carambola, longans, lychees, akee, rambutan, etc.).

1. Continue
//ask of all//
S11q2
1__ Per day [RANGE = 101-199]
2 _- Per week [RANGE $=$ 201-299]
$3--\quad$ Per month [RANGE $=$ 301-399]
$5 \overline{5} \overline{5}$ Never
777 Don't know / Not sure
999 Refused
//ask of all//
S11q3t During the past month, how many times per day, week, or month did you eat cooked or canned beans, such as refried, baked, black, garbanzo beans, beans in soup, soybeans, edamame, tofu or lentils. Do NOT include long green beans.
(271-273)

Read only if necessary: "Include round or oval beans or peas such as navy, pinto, split peas, cow peas, hummus, lentils, soy beans and tofu. Do NOT include long green beans such as string beans, broad or winged beans, or pole beans."

INTERVIEWER NOTE: Include soybeans also called edamame, TOFU (BEAN CURD MADE FROM SOYBEANS), kidney, pinto, hummus, lentils, black, black-eyed peas, cow peas, lima beans and white beans.
Include bean burgers including garden burgers and veggie burgers.
Include falafel and tempeh.

1. Continue
```
//ask of all//
S11q3
            1__ Per day [RANGE = 101-199]
            2 __ Per week [RANGE = 201-299]
                    3__ Per month [RANGE = 301-399]
                    5立产 Never
                    77 Don't know / Not sure
                    999 Refused
//ask of all//
```

S11q4t During the past month, how many times per day, week, or month did you eat dark green vegetables for example broccoli or dark leafy greens including romaine, chard, collard greens or spinach?
(274-275)

INTERVIEWER NOTE: Each time a vegetable is eaten it counts as one time.
INTERVIEWER NOTE: Include all raw leafy green salads including spinach, mesclun, romaine lettuce, bok choy, dark green leafy lettuce, dandelions, komatsuna, watercress, and arugula.

Do not include iceberg (head) lettuce if specifically told type of lettuce. Include all cooked greens including kale, collard greens, choys, turnip greens, mustard greens.

## 1. Continue

//ask of all//
S11q4
1__ Per day [RANGE = 101-199]
2_- Per week [RANGE = 201-299]
3__ Per month [RANGE $=$ 301-399]
555 Never
777 Don't know / Not sure
999 Refused
//ask of all//
S11q5t During the past month, how many times per day, week, or month did you eat orangecolored vegetables such as sweet potatoes, pumpkin, winter squash, or carrots?
(276-278)

Read only if needed: "Winter squash have hard, thick skins and deep yellow to orange flesh. They include acorn, buttercup, and spaghetti squash."

FOR INTERVIEWER: Include all forms of carrots including long or baby-cut.
Include carrot-slaw (e.g. shredded carrots with or without other vegetables or fruit).
Include all forms of sweet potatoes including baked, mashed, casserole, pie, or sweet potatoes fries.

Include all hard-winter squash varieties including acorn, autumn cup, banana, butternut, buttercup, delicate, hubbard, kabocha (Also known as an Ebisu, Delica, Hoka, Hokkaido, or Japanese Pumpkin; blue kuri), and spaghetti squash. Include all forms including soup.

Include pumpkin, including pumpkin soup and pie. Do not include pumpkin bars, cake, bread or other grain-based dessert-type food containing pumpkin (i.e. similar to banana bars, zucchini bars we do not include).

1. Continue
//ask of all//
S11q5
1_ _ Per day [RANGE $=101-199]$
2__ Per week [RANGE = 201-299]
3 __ Per month [RANGE = 301-399]
555 Never
777 Don't know / Not sure
999 Refused
//ask of all//
S11q6t Not counting what you just told me about, during the past month, about how many times per day, week, or month did you eat OTHER vegetables? Examples of other vegetables include tomatoes, tomato juice or V-8 juice, corn, eggplant, peas, lettuce, cabbage, and white potatoes that are not fried such as baked or mashed potatoes.
(279-281)
Read only if needed: "Do not count vegetables you have already counted and do not include fried potatoes."

INTERVIEWER NOTE: Include corn, peas, tomatoes, okra, beets, cauliflower, bean sprouts, avocado, cucumber, onions, peppers (red, green, yellow, orange); all cabbage including American-style cole-slaw; mushrooms, snow peas, snap peas, broad beans, string, wax-, or polebeans.

Include any form of the vegetable (raw, cooked, canned, or frozen).
Do not include products consumed usually as condiments including ketchup, catsup, salsa, chutney, relish.

Do include tomato juice if respondent did not count in fruit juice.
Include culturally and geographically appropriate vegetables that are not mentioned (e.g. daikon, jicama, oriental cucumber, etc.).

Do not include rice or other grains.

1. Continue
//ask of all//
S11q6

| $1--$ | Per day [RANGE = 101-199] |
| :--- | :--- |
| $2--$ | Per week [RANGE = 201-299] |
| $3 \overline{5} \overline{5}$ | Per month [RANGE = 301-399] |
| $5 \overline{5}$ | Never |
| 777 | Don't know / Not sure |
| 999 | Refused |

## Section 12: Exercise (Physical Activity)

//ask of all//
S12q1t The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

INTERVIEWER INSTRUCTION: If respondent does not have a "regular job duty" or is retired, they may count the physical activity or exercise they spend the most time doing in a regular month.

1. continue
//ask of all// s12q1

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?


10 Boxing
11 Calisthenics
12 Canoeing/rowing in competition
13 Carpentry
71 Childcare
14 Dancing-ballet, ballroom, Latin, hip hop, zumba, etc
15 Elliptical/EFX machine exercise
72 Farm/Ranch Work (caring for livestock, stacking hay, etc.)
16 Fishing from river bank or boat
17 Frisbee
18 Gardening (spading, weeding, digging, filling)
19 Golf (with motorized cart)
20 Golf (without motorized cart)
21 Handball

22 Hiking - cross-country
23 Hockey
24 Horseback riding
73 Household Activities (vacuuming, dusting, home repair, etc.)
25 Hunting large game - deer, elk
26 Hunting small game - quail

27 Inline Skating
28 Jogging
74 Karate/Martial Arts
29 Lacrosse
30 Mountain climbing
31 Mowing lawn
32 Paddleball
33 Painting/papering house 34 Pilates
35 Racquetball etc.)
36 Raking lawn 37 Running
38 Rock Climbing
39 Rope skipping 98 Other $\qquad$
40 Rowing machine exercise
//ask if s12q2 ne 77,99///
s12q2c.
INTERVIEWER: YOU'VE CHOSEN $\qquad$

## IS THAT CORRECT?

## 1 YES <br> 2 NO - GO BACK AND CHANGE RESPONSE

//if s12q2 = 98//
S12q2o: Enter Other Activity: $\qquad$
//ask if s12q2 ne 77,99 //
s12q3 How many times per week or per month did you take part in this activity during the past month?
(223-225)
1_- Times per week [range 101-150]
$2_{--} \quad$ Times per month [range 201-250]
777 Don't know / Not sure
999 Refused
//ask if s12q2 ne 77,99 //
s12q4 And when you took part in this activity, for how many minutes or hours did you usually keep at it?
(226-228)
_:- Hours and minutes [RANGE $=10-59,100-159,200-259,300-359,400-459,500-$
559,600-659,700-759,800-859,900-959]
777 Don't know / Not sure
999 Refused
//ask if s12q2 ne 77,99 //
s12q5 What other type of physical activity gave you the next most exercise during the past month?
INTERVIEWER INSTRUCTION: If the respondent's activity is not included in the Coding Physical Activity List, choose the option listed as "Other".
(229-230)

| (Specify) | [See Physical Activity Coding List] |
| :---: | :---: |
| $\overline{8} 8$ No other activity | [Go to Q12.8] |
| 77 Don't know / Not Sure | [Go to Q12.8] |
| 99 Refused | [Go to Q12.8] |
| ming Devices (Wii Fit, | 41 Rugby |
| Dance revolution) | 42 Scuba diving |
| ideo or class | 43 Skateboarding |
| ng | 44 Skating - ice or roller |
|  | 45 Sledding, tobogganing |
|  | 46 Snorkeling |
| machine exercise | 47 Snow blowing |
|  | 48 Snow shoveling by hand |
| anoeing, rowing, kayaking, for pleasure or camping) | 49 Snow skiing |
|  | 50 Snowshoeing |
|  | 51 Soccer |
|  | 52 Softball/Baseball |
|  | 53 Squash |
| rowing in competition | 54 Stair climbing/Stair master |
|  | 55 Stream fishing in waders |
| allet, ballroom, Latin, hip hop, zumba, etc | ba, etc 56 Surfing |
| FX machine exercise | 57 Swimming |
| ch Work (caring for livestock, stacking | y, etc.) |


| 16 Fishing from river bank or boat | 58 Swimming in laps |
| :---: | :---: |
| 17 Frisbee | 59 Table tennis |
| 18 Gardening (spading, weeding, digging, filling) | 60 Tai Chi |
| 19 Golf (with motorized cart) | 61 Tennis |
| 20 Golf (without motorized cart) | 62 Touch football |
| 21 Handball | 75 Upper Body Cycle (wheelchair sports, ergometer,etc 63 Volleyball |
| 22 Hiking - cross-country | 64 Walking |
| 23 Hockey | 66 Waterskiing |
| 24 Horseback riding | 67 Weight lifting |
| 73 Household Activities (vacuuming, dusting, home repair, etc.) |  |
| 25 Hunting large game - deer, elk | 68 Wrestling |
| 26 Hunting small game - quail | 76 Yard work (cutting/gathering wood, trimming hedges 69 Yoga |
| 27 Inline Skating |  |
| 28 Jogging |  |
| 74 Karate/Martial Arts |  |
| 29 Lacrosse |  |
| 30 Mountain climbing |  |
| 31 Mowing lawn |  |
| 32 Paddleball |  |
| 33 Painting/papering house |  |
| 34 Pilates |  |
| 35 Racquetball |  |
| 36 Raking lawn |  |
| 37 Running |  |
| 38 Rock Climbing |  |
| 39 Rope skipping |  |
| 40 Rowing machine exercise |  |
| 38 Rock Climbing | 88 No other activity |
| 39 Rope skipping | 98 Other__ |
| 40 Rowing machine exercise |  |
| //ask if s12q5 ne 77, 88, 99// |  |
| s12q5c. INTERVIEWER: YOU'VE CHOSEN |  |

## IS THAT CORRECT?

## 1 YES <br> 2 NO - GO BACK AND CHANGE RESPONSE

//if s12q5 = 98//
S12q50: Enter Other Activity: $\qquad$
//ask if s12q5 ne 77, 88,99 //
s12q6 How many times per week or per month did you take part in this activity during the past month?

1_- Times per week [range 101-150]
2 _- Times per month [range 201-250]
777 Don't know / Not sure
999 Refused
//ask if s12q5 ne 77, 88,99 //
s12q7 And when you took part in this activity, for how many minutes or hours did you usually keep at it?
:- $\quad$ Hours and minutes RANGE $=10-59,100-159,200-259,300-359,400-459,500-$
$559,600-659,700-759,800-859,900-959]$
777 Don't know / Not sure
999 Refused
//ask of all//
s12q8 During the past month, how many times per week or per month did you do physical activities or exercises to STRENGTHEN your muscles? Do NOT count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free weights, or elastic bands.
(237-239)
1__ Times per week [range 101-150]
2_ Times per month [range 201-250]
888 Never
777 Don't know / Not sure
999 Refused

## Section 13: Arthritis Burden

If $s 7 q 9=1$ (yes) then continue, else go to next section.
//ask if s7q9=1//
S13q1t Next, I will ask you about your arthritis.
Arthritis can cause symptoms like pain, aching, or stiffness in or around a joint.

1. continue
//ask if s7q9=1//
s13q1 Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?

INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

//ask if s7q9=1//
s13q2 In this next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?

INTERVIEWER NOTE: Q13.2 should be asked of all respondents regardless of employment. status.
INTERVIEWER INSTRUCTION: If respondent gives an answer to each issue (whether respondent works, type of work, or amount of work), then if any issue is "yes" mark the overall response as "yes."

If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

```
//ask if s7q9=1//
s13q3 During the past 30 days, to what extent has your arthritis or joint symptoms interfered with your normal social activities, such as going shopping, to the movies, or to religious or social gatherings?
```

INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

Please read [1-3]:
1 A lot
2 A little
3 Not at all
Do not read:
7 Don't know / Not sure
9 Refused
//ask if s7q9=1//
s13q4 Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken medication. DURING THE PAST 30 DAYS, how bad was your joint pain ON AVERAGE? Please answer on a scale of 0 to 10 where 0 is no pain or aching and 10 is pain or aching as bad as it can be.

INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

[^0]
## Section 14: Seatbelt Use

## //ask of all//

s14q1 How often do you use seat belts when you drive or ride in a car? Would you say-

## Please read:

1 Always
2 Nearly always
3 Sometimes
4 Seldom
5 Never

## Do not read:

7 Don't know / Not sure
8 Never drive or ride in a car
9 Refused

## Section 15: Immunization

## //ask of all//

S15q1t Now I will ask you questions about the flu vaccine. There are two ways to get the flu vaccine, one is a shot in the arm and the other is a spray, mist, or drop in the nose called FluMist ${ }^{\top \mathrm{TM}}$.

1. continue
//ask of all//
s15q1
During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?

## READ IF NECESSARY:

A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.

| 1 | Yes |  |
| :--- | :--- | :--- |
| 2 | No |  |
| 7 | Don't know / Not sure | [Go to Q15.3] |
| [Go to Q15.3] |  |  |
| 9 | Refused | [Go to Q15.3] |

//ask if s15q1=1//
s15q2m
During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?
(247-252)
INTERVIEWER: ENTER MONTH
Month [RANGE 01-12]
$\overline{7} \overline{7} \quad$ Don't know / Not sure
99 Refused
//ask if $s 15 q 1=1 / /$
s15q2y During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?
INTERVIEWER: ENTER YEAR
$\overline{7} \overline{7} \overline{7} \overline{7}$ Pear [RANGE 2012-2013] know / Not sure
9999 Refused
//ask of all//
s15q3 Since 2005, have you had a tetanus shot?
If yes, ask: "Was this Tdap, the tetanus shot that also has pertussis or whooping cough vaccine?"

| 1 | Yes, received Tdap |
| :--- | :--- |
| 2 | Yes, received tetanus shot, but not Tdap |
| 3 | Yes, received tetanus shot but not sure what type |
| 4 | No, did not receive any tetanus since 2005 |
| 7 | Don't know/Not sure |
| 9 | Refused |

## //ask of all//

s15q4 A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?

```
1 Yes
2 No
D Don't know / Not sure
9 Refused
```


## Section 16: HIV/AIDS

## //ask of all//

S16q1t The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

1. continue
//ask of all//
s16q1
Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.

| 1 | Yes |  |
| :--- | :--- | :--- |
| 2 | No |  |
| 7 | Don't know / Not sure | [Go to optional module transition] |
| [Go to optional module transition] |  |  |

NOTE: If response is before January 1985, code "Don't know." CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

## INTERVIEWER: ENTER MONTH

Code month [RANGE 01-12]
$\overline{7} \overline{7}$ Don't know / Not sure
99 Refused / Not sure
//ask if $\mathbf{s 1 6 q 1 = 1 / / ~}$
s16q2y
Not including blood donations, in what month and year was your last HIV test?
NOTE: If response is before January 1985, code "Don't know."
CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

INTERVIEWER: ENTER YEAR
__-_ Code year [RANGE 1985-2013]
7777 Don't know / Not sure
9999 Refused / Not sure
CATI NOTE: If Core Q16.2 = within last 12 months continue, else go to optional module transition.
//ask if s16q2 within last 12 months//
s16q3 Where did you have your last HIV test — at a private doctor or HMO office, at a counseling and testing site, in the emergency room, as an inpatient in a hospital, at a clinic, in a jail or prison, at a drug treatment facility, at home, or somewhere else?
(262-263)
01 Private doctor or HMO office
02 Counseling and testing site
09 Emergency room
03 Hospital inpatient
04 Clinic
05 Jail or prison (or other correctional facility)
06 Drug treatment facility
07 At home
08 Somewhere else
77 Don't know / Not sure
99 Refused

## Closing Statement <br> Closing Statement

## Closing statement

//ask of all//
Please read:

## CLOSING

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in Wyoming. Thank you very much for your time and cooperation.

## 1. continue

## CLOSING

Esa fue mi última pregunta. Las respuestas de todas las personas encuestadas se combinarán de modo que nos ayuden a brindar información sobre las prácticas de salud de la población de Wyoming. Muchas gracias por su tiempo y cooperación.


[^0]:    $\overline{7} \quad$ Enter number [00-10]
    77 Don't know / Not sure
    99 Refused

