

Wyoming Pregnancy Risk Assessment Monitoring System (PRAMS) 2013 Surveillance Report



Wyoming Department of Health
Public Health Division

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Introduction

The Wyoming Pregnancy Risk Assessment Monitoring System (PRAMS) is a surveillance program conducted in collaboration between the Centers for Disease Control and Prevention (CDC) and the Wyoming Department of Health. Wyoming PRAMS is an ongoing population-based survey that collects data on select maternal experiences and behaviors that occur before, during and shortly after pregnancy. The data gathered through the surveys are used to inform, develop, and evaluate maternal and infant health programs and policies in Wyoming. Additionally, the data are used to track Wyoming's progress toward national and state-specific pregnancy-related health objectives. Wyoming was awarded the PRAMS grant in 2006 and began collecting data in 2007.

PRAMS survey participants are sampled from a frame of eligible birth certificates which includes all live-born infants born to Wyoming-resident women, for whom a birth certificate is available. Wyoming PRAMS samples by maternal race and infant birth weight to ensure adequate representation of racial minority women and low birth weight infants. Sampled women are first contacted to complete the survey by mail. If no response is received, attempts are made to reach the women by phone to complete the survey.

Final results are weighted to represent the cohort of Wyoming resident women who delivered a live birth infant in 2013. Caution is advised when interpreting and generalizing results to all pregnancies as only those with a live birth were included in the survey. This excludes women that had a pregnancy end in fetal death, abortion, or miscarriage.

This report contains results by question from the 2013 Wyoming PRAMS survey. Demographic characteristics of the mothers who completed the surveys and results to each question with their 95% confidence intervals and are presented. The weighted response rate for 2013 was 62%.

For more information about Wyoming PRAMS please visit:

<http://www.health.wyo.gov/familyhealth/mchepi/prams.html>

Maternal Characteristics of Wyoming PRAMS respondents, 2013

Characteristic	Sample n	Weighted Size	Weighted %*	SE**
Age				
<20 years	42	497	6.8	1.3
20-24	170	1992	27.1	2.2
25-34	347	4100	55.8	2.5
35+	66	761	10.4	1.5
Mother's Race				
White	427	5997	92.0	1.0
American Indian	121	254	3.9	0.1
Black	5	78	1.2	0.6
Asian Pacific Islander	8	103	1.6	0.6
Other	7	82	1.3	1.3
Hispanic Ethnicity				
No	560	6504	89.8	1.5
Yes	60	738	10.2	1.5
Maternal Education				
<High School	72	681	9.4	1.5
High School	152	1767	24.2	2.2
>High School	398	1840	66.4	2.4
Marital Status				
Married	401	4887	66.5	2.4
Not Married	223	2458	33.5	2.4
Enrolled in WIC				
No	375	4581	62.4	2.4
Yes	247	2760	37.6	2.4
Enrolled in Medicaid				
No	343	4188	57.5	2.4
Yes	276	3094	42.5	2.4

*Does not include missing proportions

**Standard Error

Maternal Characteristics of Wyoming PRAMS respondents, 2013

Table 1: From survey questions 1-2, Maternal Body Mass Index (BMI) immediately prior to pregnancy (derived from maternal report of height and weight), 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Maternal BMI, pre-pregnancy			
Underweight (<18.5)	204	3.0	1.7 - 4.9
Normal (18.5-24.9)	3515	49.7	44.8 - 54.5
Overweight (25.0-29.9)	1662	23.5	19.6 – 27.9
Obese (≥30)	1697	24.0	20.0 – 28.5

Table 2: From survey questions 4-6, Prevalence of previous low birth weight and previous preterm births among multiparous mothers, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Birth History			
Previous live births			
No	2826	38.9	34.3 - 43.7
Yes	4443	61.1	56.3 - 65.7
Previous low birth weight (among multiparas)			
No	3920	90.0	87.1 - 93.8
Yes	387	9.0	6.2 - 13.0
Previous preterm birth (among multiparas)			
No	3834	88.4	84.0 - 91.8
Yes	501	11.6	8.2 - 16.0

Table 3: From survey question 7, Prevalence of things done during the 12 months before pregnancy (pre-conception readiness), 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Behaviors in 12 months prior to pregnancy (% yes)			
Dieting to lose weight	2294	31.4	27.1 - 36.1
Exercising 3+ days a week	3888	53.1	48.3 - 57.9
Taking prescription medications other than birth control	1566	21.5	17.8 - 25.6
Visited a health care worker to be screened for diabetes	967	13.3	10.3 - 16.8
Visited a health care worker to be screened for high blood pressure	1327	18.2	14.8 - 22.1
Visited health care worker to be screened for depression or anxiety	1343	18.4	15.0 - 22.4
Spoke with health care provider about family medical history	2128	29.2	25.0 - 33.7
Had teeth cleaned by a dentist or dental hygienist	4328	59.3	54.5 - 63.9

Table 4: From survey question 8, Prevalence of insurance types prior to pregnancy, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Source of insurance before pregnancy (all that apply)			
Insurance from job (mother, partner or parents)	4045	55.1	50.3 - 59.8
Health insurance that you or someone else paid	312	4.3	2.8 - 6.5
Medicaid	761	10.4	7.9 - 13.6
Kid Care CHIP	174	2.4	1.3 - 4.4
Tricare or other military health care	262	3.6	2.1 - 6.0
Indian Health Service	167	2.3	1.8 - 2.8
Other	193	2.6	1.4 - 4.8
No health insurance	1850	25.2	21.2 - 29.7

Table 5: From survey question 9, Prevalence of daily multivitamin use in the month prior to pregnancy, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Prenatal vitamin use				
	Never	3709	50.7	45.9 - 55.4
	1-3 Times per week	687	9.4	6.9 - 12.6
	4-6 Times per week	512	7.0	4.9 - 9.9
	Everyday	2414	33.0	28.7 - 37.6

Table 6: From survey question 10, Among women who did not use multivitamins prior to pregnancy, reasons for non-use, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Reasons for no prenatal vitamin use (% yes, all that apply)				
	Wasn't planning to get pregnant	2195	58.9	52.1 - 65.4
	Didn't think she needed to take vitamins	1410	37.8	31.4 - 44.7
	Vitamins were too expensive	411	11.0	7.4 - 16.1
	Vitamins had side effects	177	4.8	2.6 - 8.5
	Other	522	14.0	10.1 - 19.2

Table 7: From survey questions 11, Consulted with health care worker about how to improve health prior to pregnancy, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Consulted with health care worker				
	No	5916	81.3	77.4 - 84.7
	Yes	1363	18.7	15.4 - 22.6

Table 8: From survey questions 12, Prevalence of health conditions prior to pregnancy, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Health Condition				
	Type 1 or Type 2 diabetes	246	3.4	2.0 - 5.8
	Hypertension	305	4.2	2.7 - 6.7
	Depression	1048	14.5	11.4 - 18.2

Table 9: From survey question 13, Feelings about becoming pregnant prior to this pregnancy, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Pregnancy feelings				
	Wanted sooner	926	12.7	9.9 - 16.1
	Wanted later	1713	23.5	19.6 - 28.0
	Wanted right then	2750	37.7	33.2 - 42.5
	Wanted never	690	9.5	6.9 - 12.8
	Unsure	1210	16.6	13.3 - 20.5

Table 10: From survey question 14, Among women that wanted a later pregnancy, how much later, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
How much later				
	Less than 1 year	381	22.6	15.4 - 31.9
	1 year to less than 2 years	531	31.5	22.8 - 41.8
	2 years to less than 3 years	351	20.8	13.5 - 30.8
	3 years to 5 years	371	22.0	14.5 - 31.9
	More than 5 years	53	3.1	0.9 - 10.7

Table 11: From survey question 15, Proportion of women trying to become pregnant, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Trying to get pregnant				
	No	3845	53.0	48.2 - 57.8
	Yes	3413	47.0	42.3 - 51.9

Table 12: From survey question 16, Prevalence of pre-pregnancy contraception use among women who were not trying to become pregnant, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Used birth control				
	No	1972	52.3	45.4 - 59.0
	Yes	1801	47.7	41.0 - 54.6

Table 13: From survey question 17, Reasons for not using a contraceptive method prior to pregnancy among women not trying to become pregnant and reported not using birth control, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Reasons for not using birth control			
Didn't mind getting pregnant	1032	49.4	40.5 - 58.4
Didn't think could become pregnant	643	30.8	23.1 - 39.7
Side effects from birth control	160	7.7	4.0 - 14.2
Problems acquiring birth control	164	7.8	4.2 - 14.2
Thought partner was sterile	190	9.1	5.0 - 15.8
Partner didn't want to use	226	10.8	6.2 - 18.1
Other	295	14.1	8.8 - 21.8

Table 14: From survey question 18, Timing of entry to prenatal care, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Initiated care in 1st trimester			
No	1245	17.1	13.6 - 21.1
Yes	5988	82.1	77.9 - 85.6
No PNC	64	0.9	0.3 - 2.5

Table 15: From survey question 19, Prevalence of women receiving prenatal care as early as wanted, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Received prenatal care as early as wanted			
No	1311	18.1	14.6 - 22.3
Yes	5920	81.9	77.8 - 85.4

Table 16: From survey question 19, Reasons for not getting prenatal care as early as wanted, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Reasons for not getting prenatal care as early as wanted (check all that apply)			
Couldn't get appointment	630	48.0	36.7 - 59.6
Didn't have enough money or insurance	335	26.3	17.3 - 37.7
No transportation	90	7.2	3.0 - 16.1
Doctor/health plan wouldn't start earlier	173	13.3	7.1 - 23.5
Too many other things going on	181	14.3	8.0 - 24.4
Couldn't take time off work	112	8.9	4.0 - 18.8
I didn't have Medicaid card	126	10.0	4.7 - 20.0
No childcare	99	8.0	3.5 - 17.2
Didn't know I was pregnant	623	48.8	37.3 - 60.5
Didn't want to disclose pregnancy	145	11.5	5.8 - 21.5
Didn't want prenatal care	<i>Insufficient data to report</i>		

Table 17: From survey question 21, Sources of payment for prenatal care, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Source of payment for prenatal care (all that apply)			
Insurance from job (mother, partner or parents)	3950	54.2	49.4 - 59.0
Health insurance that you or someone else paid	268	3.7	2.3 - 5.8
Medicaid	3094	42.5	37.8 - 47.3
Kidcare CHIP	155	2.1	1.0 - 4.4
Tricare or other military health care	301	4.1	2.6 - 6.6
Indian Health Service	179	2.5	1.6 - 3.7
Other	284	3.9	2.4 - 6.4
No health insurance	268	3.7	2.3 - 6.0

Table 18: From survey question 22, Topics discussed by health care providers during prenatal care visits, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Topics during prenatal care visits (% yes)			
Weight gain during pregnancy	5199	71.6	67.1 - 75.7
Smoking	4617	63.8	59.1 - 68.3
Breastfeeding	5655	78.3	74.1 - 82.0
Alcohol	4740	65.5	60.8 - 69.9
Seat belt use	3328	46.1	41.3 - 51.0
Safe medications	6593	91.1	88.0 - 93.4
Illegal drugs	3815	52.9	48.1 - 57.7
Birth defects screening	6241	86.8	83.1 - 89.8
Signs of preterm labor	5705	78.8	74.6 - 82.5
What to do if preterm labor	5660	78.9	75.2 - 82.3
HIV testing	4151	57.7	52.9 - 62.4
What to do if feeling depressed	4974	69.1	64.5 - 73.4
Physical abuse by partners (IPV)	2891	40.4	35.7 - 45.2

Table 19: From survey question 23, Prevalence of HIV testing during pregnancy, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Tested for HIV			
Not tested	2599	44.4	39.2 - 49.8
Tested	3252	55.6	50.2 - 60.8

Table 20: From survey question 24, Healthcare worker offered or told to get a flu shot in 12 months before delivery , 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Offered or told to get flu shot			
No	1623	22.2	18.4 - 26.6
Yes	5681	77.8	73.4 - 81.7

Table 21: From survey question 25, Receipt of flu shot in 12 months before delivery, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Received flu shot				
	No	3606	50.1	45.2 - 54.9
	Yes, before pregnancy	800	11.1	8.6 - 14.3
	Yes, during pregnancy	2799	38.9	34.3 - 43.7

Table 22: From survey question 27, Dental care during pregnancy, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Dental health activities during pregnancy				
	Knew importance of dental care during pregnancy	6639	90.7	87.5 - 93.2
	Talked with dental or HCW about oral care	3737	51.3	46.4 - 56.1
	Teeth cleaned by dentist or hygienist	3714	50.8	46.0 - 55.6
	Insurance covered dental care	4897	67.9	63.2 - 72.3
	Needed to see dentist for a problem	1790	24.7	20.7 - 29.1
	Went to a dentist about a problem	1239	17.1	13.8 - 21.1

Table 23: From survey question 28, Attendance at a prenatal class, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Attended prenatal class				
	No	5555	75.7	71.3 - 79.6
	Yes	1786	24.3	20.5 - 28.7

Table 24: From survey question 29, Prevalence of prenatal home visitation, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Received a prenatal home visit				
	No	6836	93.1	90.4 - 95.1
	Yes	505	6.9	4.9 - 9.6

Table 25: From survey question 30, Prevalence of WIC participation during pregnancy, 2013

WY PRAMS

Question		Weighted n	Weighted %	95% CI
WIC during pregnancy				
	No	458	62.4	57.6 - 67.0
	Yes	2759	37.6	33.0 - 42.4

Table 26: From survey question 31, Prevalence of gestational diabetes during pregnancy, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Health care worker indicated gestational diabetes				
	No	6637	90.4	87.1 - 93.0
	Yes	704	9.6	7.0 - 12.9

Table 27: From survey question 32-35 and 67, Prevalence of maternal tobacco use prior to, during, and after pregnancy, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Tobacco use in past 2 years				
	No	5218	71.3	66.7 - 75.4
	Yes	2105	28.8	24.6 - 33.3
Tobacco use 3 months prior to pregnancy				
	No	5472	75.0	70.6 - 78.9
	Yes	1824	25.0	21.1 - 29.4
Tobacco use during last 3 months of pregnancy				
	No	6326	86.9	83.3 - 89.9
	Yes	950	13.1	10.1 - 16.7
Tobacco use now				
	No	6128	84.0	80.1 - 87.2
	Yes	1169	16.0	12.8 - 19.9

Changes in tobacco use during pregnancy				
	Non smoker	5457	75.0	70.6 - 78.9
	Smoker quit	869	12.0	9.2 - 15.4
	Smoker reduced	690	9.5	7.0 - 12.7
	Smoker same/more	245	3.4	2.0 - 5.7
Smoking inside home				
	No smoking in home	7007	96.4	94.2 - 97.8
	Smoking in some rooms	202	2.8	1.6 - 4.9
	Smoking anywhere in home	60	0.8	0.4 - 1.9

Table 28: From survey questions 31-33, Prevalence of maternal alcohol consumption and binge drinking prior to and during pregnancy, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Alcohol use in past 2 years				
	No	2234	30.5	26.3 - 35.1
	Yes	5089	69.5	64.9 - 73.7
Alcohol use 3 months prior to pregnancy				
	No	2901	39.5	34.9 - 44.3
	Yes	4443	60.5	55.7 - 65.1
Alcohol use during last 3 months of pregnancy				
	No	6981	95.1	92.6 - 96.7
	Yes	362	4.9	3.3 - 7.4
Change in alcohol during pregnancy				
	Non drinker	2870	39.1	34.5 - 43.8
	Drinker quit	4111	56.0	51.2 - 60.7
	Drinker reduced	239	3.3	2.0 - 5.3
	Drinker same/more	93	1.3	0.6 - 2.7

Table 29: From survey question 39, Prevalence of stressful life events during pregnancy, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Maternal stressors in 12 months before baby was born (% yes)			
Family member sick	1746	23.9	20.1 - 28.3
Separation/divorce	633	8.7	6.2 - 11.9
Moved to new address	2951	40.6	35.9 - 45.4
Homeless	165	2.3	1.2 - 4.3
Partner lost job	790	10.9	8.3 - 14.2
Mother lost job	582	8.0	5.7 - 11.1
Cut in work hours or pay	1470	20.2	16.6 - 24.4
Apart from husband or partner	982	13.5	10.5 - 17.2
Argued with partner more	1780	24.4	20.4 - 28.9
Partner said didn't want pregnancy	459	6.3	4.3 - 9.2
Had bills couldn't pay	1660	22.9	19.0 - 27.3
Partner went to jail	311	4.3	2.7 - 6.7
Someone close had problem with drinking/drugs	1043	14.3	11.3 - 18.1
Someone close died	1196	16.4	13.2 - 20.2

Table 30: From survey questions 40-41 and 71, Prevalence of intimate partner violence prior to and during pregnancy, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Intimate partner violence, before pregnancy			
No	6860	96.6	94.3 - 98.1
Yes	239	3.4	2.0 - 5.7
Intimate partner violence, during pregnancy			
No	6937	97.2	95.0 - 98.5
Yes	197	2.8	1.5 - 5.0
Intimate partner violence, after pregnancy			
No	6915	97.4	95.3 - 98.5
Yes	188	2.6	1.5 - 4.7

*Includes mothers 18 and older only

Table 31: From survey questions 44-45, Infant stay in the neonatal intensive care unit (NICU) and length of infant hospital stay at birth, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Baby ever in NICU	No	6534	90.1	87.1 - 92.4
	Yes	722	10.0	7.6 - 12.9
Baby stay in hospital	Not born in hospital	62	0.9	0.3 - 2.6
	< 1 day	571	7.8	5.6 - 10.8
	1 to 2 days	4548	62.2	57.4 - 66.7
	3 to 5 days	1619	22.1	18.3 - 26.5
	6-14 days	299	4.1	2.7 - 6.2
	14+ days	218	3.0	2.2 - 4.1

Table 31: From survey questions 46-47, Infant alive now, infant living with mother, 2013 PRAMS

Question		Weighted n	Weighted %	95% CI
Infant alive now?	No	47	0.7	0.3 - 1.5
	Yes	7239	99.3	98.5 - 99.7
Infant living with mother	No	45	0.6	0.2 - 2.2
	Yes	7194	99.4	91.8 - 99.8

Table 32: From survey questions 48-49, Prevalence of ever breastfeeding and barriers to initiation, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Breastfeeding (ever)	No	715	9.9	7.3 - 13.4
	Yes	6481	90.1	86.6 - 92.7

Reasons for not breastfeeding (among those who did not breastfeed, all that apply)

Sick or on medicine	109	14.3	6.3 - 29.3
Other children to take care of	94	12.3	5.5 - 25.2
Too many household duties	39	5.1	1.8 - 13.7
Didn't like breastfeeding	159	20.9	10.8 - 36.6
Too hard	107	14.0	6.7 - 27.0
Didn't want to	383	50.3	35.1 - 65.5
Went back to school or work	141	18.5	9.1 - 33.9
Other	145	19.1	9.7 - 34.2

Table 32: From survey questions 48-49, Prevalence of continuation breastfeeding and barriers leading to discontinuation, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Duration of breastfeeding (to at least 4 weeks)			
No	1412	19.6	16.0 - 23.9
Yes	5776	80.4	76.1 - 84.0
Duration of breastfeeding (to at least 8 weeks)			
No	2134	29.7	25.4 - 34.4
Yes	5054	70.3	65.7 - 74.6
Reasons for discontinuation (among women that discontinued, all that apply)			
Difficulty latching or nursing	674	26.2	19.7 - 33.8
Breast milk did not satisfy baby	1007	39.1	31.5 - 47.3
Baby was not gaining enough weight	272	10.5	6.6 - 16.3
Nipples sore, cracked, or bleeding	382	14.8	9.9 - 21.5
Too hard, painful, or time consuming	381	14.8	9.9 - 21.5
Wasn't producing enough milk	1538	60.2	52.0 - 68.0
Too many household duties	298	11.6	7.2 - 18.1
Right time to stop	187	7.3	4.1 - 12.6
Medical reason	338	13.1	8.3 - 20.0
Back to work or school	644	25.0	18.5 - 32.8
Infant became jaundiced	283	11.0	6.7 - 17.6
Other	499	19.4	13.7 - 26.6

Table 33: From survey question 53, Prevalence of knowledge of shaken baby syndrome, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Women reporting awareness of shaken baby syndrome	No	302	4.2	2.6 - 6.7
	Yes	6914	95.8	93.3 - 97.4

Table 34: From survey question 54, Prevalence of infant sleep position and environment, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Sleep position	Side	696	9.7	7.2 - 13.0
	Back	5903	82.0	77.8 - 85.5
	Stomach	545	7.6	5.3 - 10.8
Sleep environment elements (% yes)	Crib	6077	86.0	82.2 - 89.1
	Mattress	5866	82.9	78.9 - 86.3
	Pillows	600	8.5	6.0 - 11.9
	Bumper pads	1908	26.9	22.7 - 31.6
	Plush or thick blankets	1448	20.4	16.7 - 24.8
	Stuffed toys	241	3.4	1.9 - 6.0
	Infant positioner	623	8.9	6.4 - 12.1
	Bed sharing	2048	28.8	24.6 - 33.4

Table 35: From survey question 56, Prevalence of postnatal home visitation, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Received a postnatal home visit	No	5355	73.5	69.2 - 77.5
	Yes	1927	26.5	22.5 - 30.9

Table 36: From survey questions 52-53, Prevalence of contraception use post-partum and

reasons for not using a contraception method, 2011 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Current birth control use			
Not currently using	1473	20.2	16.5 - 24.4
Currently using	5834	79.8	75.6 - 83.5
If no current birth control, why not (all that apply)			
Not having sex	459	31.1	21.9 - 42.1
Want to get pregnant	194	13.1	7.7 - 21.4
Don't want to use	390	26.4	18.1 - 36.8
Side effects	267	18.1	11.4 - 27.3
Partner doesn't want to use	158	10.7	5.5 - 19.9
Problems getting birth control	<i>Insufficient data to report</i>		
Tubes Tied	244	16.5	9.8 - 26.5
Partner had a vasectomy	<i>Insufficient data to report</i>		
Pregnant now	<i>Insufficient data to report</i>		
Other	377	25.5	17.3 - 35.9
If currently using birth control, what kind (all that apply)			
Tubes tied or blocked	667	11.5	8.5 - 15.4
Vasectomy	227	3.9	2.3 - 6.5
Birth control pills	1490	27.2	22.7 - 32.3
Condoms	2177	37.3	32.2 - 42.7
Injection	302	5.2	3.4 - 7.8
Contraceptive implant	277	4.8	2.9 - 7.8
Contraceptive patch or ring	100	1.7	0.8 - 3.8
IUD	913	15.7	12.1 - 20.0
Natural family planning	341	5.8	3.8 - 8.9
Withdrawal	867	14.9	11.4 - 19.1
Abstinence	517	8.9	6.3 - 12.4
Other	205	3.5	1.9 - 6.3

Table 37: From survey question 60, Prevalence of postpartum check-up, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Received a postpartum check-up			
No	820	11.2	8.5 - 14.6
Yes	6496	88.8	85.4 - 91.5

Table 38: From survey questions 61-62, Prevalence of maternal postpartum depressive symptoms, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Postpartum depressive symptoms				
Down, depressed, hopeless				
	Rarely/Never	4883	66.6	58.0 - 75.9
	Sometimes	1908	26.0	22.0 - 30.4
	Often/Always	544	7.4	4.8 - 11.9
Little interest or pleasure in doing things				
	Rarely/Never	5410	73.9	65.0 - 83.3
	Sometimes	1397	19.1	15.6 - 23.2
	Often/Always	511	7.0	4.5 - 11.3
Depression indicator*				
	No	6450	88.1	84.7 - 90.9
	Yes	869	11.9	9.1 - 15.3

*Yes indicates mother answered often or always to one or both questions about depression

Table 39: From survey question 63, Prevalence of current (time of survey) health insurance, 2013 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Source of postnatal insurance (all that apply)				
	Insurance from job (mother, partner or parents)	4056	55.3	50.5 - 60.0
	Health insurance that you or someone else paid	288	3.9	2.5 - 6.1
	Medicaid	1065	14.5	11.5 - 18.1
	Kidcare CHIP	139	1.9	0.9 - 4.0
	Tricare or other military health care	272	3.7	2.2 - 6.1
	Indian Health Service	159	2.2	1.6 - 3.0
	Other	194	2.6	1.4 - 4.9
	No health insurance	1620	22.1	18.3 - 26.5

Table 40: From survey question 64, Frequency preconception physical activity, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Frequency of prenatal physical activity (>30 minutes)			
Less than 1 day per week	1514	20.7	17.0 - 25.0
1-2 days per week	1945	26.6	22.5 - 31.1
3-4 days per week	2525	34.5	30.1 - 39.2
5 or more days per week	1320	18.0	14.6 - 22.0
Healthcare worked advised no exercise	<i>Insufficient data to report</i>		

Table 41: From survey question 65-66, Prevalence of smoking cessation techniques and barriers among smokers, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Smoking cessation techniques (all that apply, % yes)			
Set a quit date	457	28.2	20.0 - 38.2
Booklets, videos, materials	82	5.1	2.2 - 11.3
Quitline or Quitnet	91	5.6	2.6 - 11.7
Attend a class or program	<i>Insufficient data to report</i>		
Attend counseling for c cessation	<i>Insufficient data to report</i>		
Nicotine patch, gum, lozenge, nasal spray	133	8.2	4.0 - 16.0
Medication (Zyban or Chantix)	<i>Insufficient data to report</i>		
Cold turkey	1156	71.6	61.2 - 80.0
Other	104	12.8	5.4 - 27.4
Barriers to smoking cessation (all that apply, % yes)			
Cost of medicines or products	448	27.2	19.2 - 37.1
Cost of classes	297	18.2	11.5 - 27.5
Fear of gaining weight	524	32.0	23.3 - 42.1
Lose ability to handle stress	1084	65.9	55.9 - 74.6
Peers smoke	1159	70.5	60.7 - 78.7
Cravings	1262	76.9	67.4 - 84.2
Lack of support	527	32.1	23.5 - 42.1
Worsening depression	482	29.3	21.3 - 38.9
Worsening anxiety	814	49.7	39.7 - 59.7
Other	49	4.4	1.6 - 11.4

Table 42: From survey question 68, Frequency of intimate partner violence during pregnancy, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Frequency of IPV (%yes)			
Partner threatened or made woman feel unsafe	272	3.8	2.3 - 6.3
Frightened for safety of self or family because of partner	273	3.8	2.3 - 6.3
Partner tired to control daily activities	298	4.2	2.6 - 6.7
Partner forced unwanted sexual activity	<i>Insufficient data to report</i>		

*Includes mothers 18 and older only

Table 43: From survey questions 69-70, Prevalence of safety practices, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Safety practices			
Maternal seatbelt use			
No	1113	15.5	12.3 - 19.3
Yes	6081	84.5	80.7 - 87.7
Working smoke alarm in home			
No	357	5.0	3.3 - 7.5
Yes	6775	95.0	92.6 - 96.7
Loaded firearms in house			
No	5908	82.8	78.7 - 86.2
Yes	1230	17.2	13.8 - 21.3
Received information on product recalls			
No	4710	66.2	61.5 - 70.7
Yes	2401	33.8	29.3 - 38.5
Frequency of car seat use			
Always	7078	97.3	96.8 - 99.4

Table 44: From survey question 72, Prevalence of postpartum multivitamin use, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Frequency of multivitamin use			
Didn't take a multivitamin	2086	28.4	24.2 - 33.1
1-3 times per week	975	13.3	10.5 - 16.8
4-6 times per week	972	13.3	10.3 - 16.9
Everyday of the week	3300	45.0	40.3 - 49.8

Table 45: From survey question 75, Total Household Income, 2013 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Total household income in the 12 months before the baby was born			
\$15,000 or less	1297	18.2	14.6 - 22.4
\$15,001 - \$19,000	451	6.3	4.3 - 9.2
\$19,001 - \$22,000	475	6.7	4.6 - 9.5
\$22,001 - \$26,000	431	6.1	4.1 - 8.9
\$26,001 - \$29,000	243	3.4	2.1 - 5.6
\$29,001 - \$37,000	470	6.6	4.5 - 9.5
\$37,001 - \$44,000	540	7.6	5.3 - 10.7
\$44,001 - \$52,000	567	8.0	5.7 - 11.1
\$52,001 - \$56,000	321	4.5	2.9 - 6.9
\$56,001 - \$67,000	262	3.7	2.3 - 5.9
\$67,001 - \$79,000	496	7.0	4.9 - 9.7
\$79,001 or more	1580	22.2	18.4 - 26.4