

Wyoming Pregnancy Risk Assessment Monitoring System (PRAMS) 2012 Surveillance Report



Wyoming Department of Health
Public Health Division

March 2016



Introduction

The Wyoming Pregnancy Risk Assessment Monitoring System (PRAMS) is a surveillance program conducted in collaboration between the Centers for Disease Control and Prevention (CDC) and the Wyoming Department of Health. Wyoming PRAMS is an ongoing population-based survey that collects data on select maternal experiences and behaviors that occur before, during and shortly after pregnancy. The data gathered through the surveys are used to inform, develop, and evaluate maternal and infant health programs and policies in Wyoming. Additionally, the data are used to track Wyoming's progress toward national and state-specific pregnancy-related health objectives. Wyoming was awarded the PRAMS grant in 2006 and began collecting data in 2007.

PRAMS survey participants are sampled from a frame of eligible birth certificates which includes all live-born infants born to Wyoming-resident women, for whom a birth certificate is available. Wyoming PRAMS samples by maternal race and infant birth weight to ensure adequate representation of racial minority women and low birth weight infants. Sampled women are first contacted to complete the survey by mail. If no response is received, attempts are made to reach the women by phone to complete the survey.

Final results are weighted to represent the cohort of Wyoming resident women who delivered a live birth infant in 2012. Caution is advised when interpreting and generalizing results to all pregnancies as only those with a live birth were included in the survey. This excludes women that had a pregnancy end in fetal death, abortion, or miscarriage.

This report contains results by question from the 2012 Wyoming PRAMS survey. Demographic characteristics of the mothers who completed the surveys and results to each question with their 95% confidence intervals and are presented. The weighted response rate for 2012 was 62%.

For more information about Wyoming PRAMS please visit:

<http://www.health.wyo.gov/familyhealth/mchepi/prams.html>

Maternal Characteristics of Wyoming PRAMS respondents, 2012

Characteristic	Sample n	Weighted Size	Weighted %*	SE**
Age				
<20 years	47	715	9.6	1.6
20-24	159	1764	23.6	2.2
25-34	383	4528	60.6	2.5
35+	50	461	6.2	1.2
Mother's Race				
White	479	5898	89.8	1.4
American Indian	66	272	4.2	0.2
Black	3	8	0.1	0.1
Asian Pacific Islander	7	88	1.3	0.7
Other	19	300	4.6	1.2
Hispanic Ethnicity				
No	566	6509	87.9	1.7
Yes	66	895	12.1	1.7
Maternal Education				
<High School	63	810	11.0	1.7
High School	162	2060	27.9	2.4
>High School	408	4526	61.2	2.5
Marital Status				
Married	432	5027	67.3	2.4
Not Married	207	2440	32.7	2.4
Enrolled in WIC				
No	414	4696	63.7	2.5
Yes	218	2677	36.3	2.5
Enrolled in Medicaid				
No	381	4344	59.0	2.5
Yes	248	3017	41.0	2.5

*Does not include missing proportions

**Standard Error

Maternal Characteristics of Wyoming PRAMS respondents, 2012

Table 1: From survey questions 1-2, Maternal Body Mass Index (BMI) immediately prior to pregnancy (derived from maternal report of height and weight), 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Maternal BMI, pre-pregnancy			
Underweight (<18.5)	253	3.4	2.1-5.5
Normal (18.5-24.9)	3863	52.3	47.4-57.2
Overweight (25.0-29.9)	1670	22.6	18.7-27.0
Obese (≥30)	1604	21.7	17.9-26.0

Table 2: From survey questions 4-6, Prevalence of previous low birth weight and previous preterm births among multiparous mothers, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Birth History			
Previous live births			
No	4695	36.2	31.7-41.0
Yes	4746	63.8	59.0-68.4
Previous low birth weight (among multiparas)			
No	4049	91.3	97.4-94.1
Yes	384	8.7	5.9-12.6
Previous preterm birth (among multiparas)			
No	4022	89.5	85.1-92.7
Yes	473	10.5	7.3-14.9

Table 3: From survey question 7, Prevalence of things done during the 12 months before pregnancy (pre-conception readiness), 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Behaviors in 12 months prior to pregnancy (% yes)			
Dieting to lose weight	2254	30.2	25.9-34.9
Exercising 3+ days a week	4178	56.0	51.1-60.8
Taking prescription medications other than birth control	1584	21.3	14.5-25.6
Visited a health care worker to be screened for diabetes	903	12.1	9.3-15.7
Visited a health care worker to be screened for high blood pressure	1276	17.1	13.8-21.0
Visited health care worker to be screened for depression or anxiety	1211	16.2	13.0-20.2
Spoke with health care provider about family medical history	1852	24.8	20.8-29.3
Had teeth cleaned by a dentist or dental hygienist	4148	55.6	50.7-60.4

Table 4: From survey question 8, Prevalence of insurance types prior to pregnancy, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Source of insurance before pregnancy (all that apply)			
Insurance from job (mother, partner or parents)	4101	55.1	40.1-49.8
Health insurance that you or someone else paid	418	5.6	3.8-8.3
Medicaid	715	9.6	7.0-13.0
Kid Care CHIP	98	1.3	0.6-2.7
Tricare or other military health care	377	5.1	3.2-8.0
Indian Health Service	232	3.1	2.2-4.5
Other	261	3.5	2.1-5.7
No health insurance	1258	16.9	13.5-20.9

Table 5: From survey question 9, Prevalence of daily multivitamin use in the month prior to pregnancy, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Prenatal vitamin use			
Never	3841	51.6	46.7-56.5
1-3 Times per week	686.1	9.2	6.8-12.4
4-6 Times per week	624	8.4	6.0-11.6
Everyday	2296	30.8	26.5-35.5

Table 6: From survey question 10, Among women who did not use multivitamins prior to pregnancy, reasons for non-use, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Reasons for no prenatal vitamin use (% yes, all that apply)			
Wasn't planning to get pregnant	2102	54.4	47.5-61.2
Didn't think she needed to take vitamins	1477	38.3	31.9-45.0
Vitamins were too expensive	480	12.4	8.4-18.0
Vitamins had side effects	167	4.3	2.3-8.1
Other	600	15.5	11.0-21.6

Table 7: From survey questions 11, Consulted with health care worker about how to improve health prior to pregnancy, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Consulted with health care worker			
No	5882	79.7	75.4-83.4
Yes	1498	20.3	16.6-24.6

Table 8: From survey questions 12, Prevalence of health conditions prior to pregnancy, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Health Condition			
Type 1 or Type 2 diabetes	198	2.7	1.4-4.9
Hypertension	213	2.9	1.7-5.0
Depression	930	12.6	9.7-16.2

Table 9: From survey question 13, Feelings about becoming pregnant prior to this pregnancy, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Pregnancy feelings				
	Wanted sooner	1069	14.6	11.5-18.4
	Wanted later	1998	27.3	22.3-32.0
	Wanted right then	2797	38.1	33.5-43.0
	Wanted never	429	5.9	4.0-8.5
	Unsure	1040	14.2	11.0-18.1

Table 10: From survey question 14, Among women that wanted a later pregnancy, how much later, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
How much later				
	Less than 1 year	447	23.2	15.9-32.6
	1year to less than 2 years	554	28.7	20.8-28.2
	2 years to less than 3 years	399	20.7	13.4-30.6
	3 years to 5 years	484	25.1	17.4-34.8
	More than 5 years	44	2.3	0.7-7.3

Table 11: From survey question 15, Proportion of women trying to become pregnant, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Trying to get pregnant				
	No	3600	48.8	43.9-53.7
	Yes	3782	51.2	46.3-56.1

Table 12: From survey question 16, Prevalence of pre-pregnancy contraception use among women who were not trying to become pregnant, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Used birth control				
	No	2034	56.4	49.2-63.3
	Yes	1574	43.6	36.7-50.8

Table 13: From survey question 17, Reasons for not using a contraceptive method prior to pregnancy among women not trying to become pregnant and reported not using birth control, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Reasons for not using birth control			
Didn't mind getting pregnant	1088	51.9	42.5-61.1
Didn't think could become pregnant	477	22.7	16.1-31.0
Side effects from birth control	197	9.4	5.0-16.9
Problems acquiring birth control	116	5.5	2.6-11.1
Thought partner was sterile	202	9.6	5.4-16.6
Partner didn't want to use	284	13.5	8.2-21.4
Other	273	13.0	7.8-20.8

Table 14: From survey question 18, Timing of entry to prenatal care, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Initiated care in 1st trimester			
No	1132	15.3	11.9-19.4
Yes	6235	84.2	80.0-87.6
No PNC	40	0.5	0.2-1.9

Table 15: From survey question 19, Prevalence of women receiving prenatal care as early as wanted, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Received prenatal care as early as wanted			
No	1047	14.2	11.1-18.0
Yes	6337	85.8	82.0-89.0

Table 16: From survey question 19, Reasons for not getting prenatal care as early as wanted, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Reasons for not getting prenatal care as early as wanted (check all that apply)			
Couldn't get appointment	419	39.6	27.6-53.0
Didn't have enough money or insurance	300	28.9	18.6-42.0
No transportation	99	9.7	4.3-20.2
Doctor/health plan wouldn't start earlier	155	15.2	8.1-26.5
Too many other things going on	204	20.0	11.3-32.9
Couldn't take time off work	114	11.1	4.3-25.8
I didn't have Medicaid card	135	13.2	6.7-24.3
No childcare	120	11.6	5.2-23.9
Didn't know I was pregnant	537	52.5	39.3-65.4
Didn't want to disclose pregnancy	158	15.5	7.4-29.4
Didn't want prenatal care	<i>Insufficient data to report</i>		

Table 17: From survey question 21, Sources of payment for prenatal care, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Source of payment for prenatal care (all that apply)			
Insurance from job (mother, partner or parents)	4050	54.7	49.8-59.6
Health insurance that you or someone else paid	259	3.5	2.2-5.6
Medicaid	3017	41.0	36.2-46.0
Kidcare CHIP	84	1.2	0.5-2.6
Tricare or other military health care	342	4.6	2.9-7.5
Indian Health Service	198	2.7	1.8-3.9
Other	334	4.5	2.9-7.0
No health insurance	189	2.6	1.4-4.6

Table 18: From survey question 22, Topics discussed by health care providers during prenatal care visits, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Topics during prenatal care visits (% yes)			
Weight gain during pregnancy	5135	70.5	65.7 - 74.9
Smoking	4660	63.8	58.9 - 68.4
Breastfeeding	5786	79.4	75.3 - 82.9
Alcohol	4385	60.0	55.1 - 67.7
Seat belt use	3368	46.5	41.6 - 51.4
Safe medications	6332	87.0	83.2 - 90.0
Illegal drugs	3806	52.2	47.3 - 57.1
Birth defects screening	6389	87.4	83.8 - 90.3
Signs of preterm labor	5508	75.6	71.2 - 79.6
What to do if preterm labor	5660	78.9	75.2 - 82.3
HIV testing	3940	54.4	49.5 - 59.3
What to do if feeling depressed	5241	71.9	67.3 - 76.0
Physical abuse by partners (IPV)	3193	43.8	38.9 - 48.7

Table 19: From survey question 23, Prevalence of HIV testing during pregnancy, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Tested for HIV			
Not tested	2726	44.2	38.9 - 49.5
Tested	3448	55.9	50.5 - 61.1

Table 20: From survey question 24, Healthcare worker offered or told to get a flu shot in 12 months before delivery , 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Offered or told to get flu shot			
No	2105	28.9	24.6 - 33.6
Yes	5192	71.2	66.4 - 75.5

Table 21: From survey question 25, Receipt of flu shot in 12 months before delivery, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Received flu shot				
	No	4457	60.9	56.0 - 65.5
	Yes, before pregnancy	808	11.0	8.5 - 14.3
	Yes, during pregnancy	2059	28.1	23.9 - 32.7

Table 22: From survey question 27, Dental care during pregnancy, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Dental health activities during pregnancy				
	Knew importance of dental care during pregnancy	6778	91.4	88.2 - 93.8
	Talked with dental or HCW about oral care	3624	49.2	44.3 - 54.2
	Teeth cleaned by dentist or hygienist	3693	50.0	45.1 - 54.9
	Insurance covered dental care	5014	68.1	63.3 - 72.5
	Needed to see dentist for a problem	1764	23.9	19.9 - 28.3
	Went to a dentist about a problem	1417	19.2	15.5 - 23.4

Table 23: From survey question 28, Attendance at a prenatal class, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Attended prenatal class				
	No	5671	76.5	72.1 - 80.4
	Yes	1740	23.5	19.6 - 27.9

Table 24: From survey question 29, Prevalence of prenatal home visitation, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Received a prenatal home visit				
	No	6789	91.9	88.6 - 94.2
	Yes	602	8.2	5.8 - 11.4

Table 25: From survey question 30, Prevalence of WIC participation during pregnancy, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
WIC during pregnancy	No	4696	63.7	58.8 - 68.4
	Yes	2677	36.3	31.6 - 41.2

Table 26: From survey question 31, Prevalence of gestational diabetes during pregnancy, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Health care worker indicated gestational diabetes	No	6892	93.5	90.6 - 95.6
	Yes	476	6.5	4.4 - 9.4

Table 27: From survey question 32-35 and 67, Prevalence of maternal tobacco use prior to, during, and after pregnancy, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Tobacco use in past 2 years	No	4992	67.8	63.0 - 72.2
	Yes	2375	32.2	27.8 - 37.0
Tobacco use 3 months prior to pregnancy	No	5181	70.7	66.0 - 75.1
	Yes	2142	29.3	24.9 - 34.0
Tobacco use during last 3 months of pregnancy	No	6160	84.1	80.0 - 87.5
	Yes	1164	15.9	12.5 - 20.0
Tobacco use now	No	5868	80.1	75.7 - 83.9
	Yes	1455	19.9	16.1 - 24.3
Changes in tobacco use during pregnancy	Non smoker	5181	70.7	66.0 - 75.1
	Smoker quit	979	13.4	10.4 - 17.0
	Smoker reduced	821	11.2	8.3 - 15.0
	Smoker same/more	342	4.7	3.0 - 7.3
Smoking inside home	No smoking in home	6929	94.1	91.1 - 96.1
	Smoking in some rooms	353	4.8	3.0 - 7.6
	Smoking anywhere in home	84	1.1	0.5 - 2.8

Table 28: From survey questions 31-33, Prevalence of maternal alcohol consumption and binge drinking prior to and during pregnancy, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Alcohol use in past 2 years	No	2430	33.1	28.6 - 37.9
	Yes	4916	66.9	62.1 - 71.4
Alcohol use 3 months prior to pregnancy	No	3019	41.0	36.3 - 46.0
	Yes	4339	59.0	54.0 - 63.7
Alcohol use during last 3 months of pregnancy	No	6857	93.1	90.2 - 95.2
	Yes	511	6.9	4.8 - 9.9
Change in alcohol during pregnancy	Non drinker	3020	41.1	36.3 - 46.0
	Drinker quit	3821	52.0	47.0 - 56.9
	Drinker reduced	310	4.2	2.6 - 6.7
	Drinker same/more	201	2.7	1.6 - 4.8

Table 29: From survey question 39, Prevalence of stressful life events during pregnancy, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Maternal stressors in 12 months before baby was born (% yes)			
Family member sick	1574	21.3	17.6 - 25.6
Separation/divorce	526	7.1	5.0 - 10.0
Moved to new address	2901	39.4	34.7 - 44.4
Homeless	62	0.8	0.3 - 2.3
Partner lost job	691	9.4	6.9 - 12.6
Mother lost job	693	9.4	6.8 - 12.8
Cut in work hours or pay	1424	19.3	15.6 - 23.5
Apart from husband or partner	868	11.8	8.8 - 15.5
Argued with partner more	1768	24.1	20.0 - 28.6
Partner said didn't want pregnancy	492	6.7	4.6 - 9.6
Had bills couldn't pay	1330	18.0	14.5 - 22.2
In a physical fight	162	2.3	1.3 - 3.9
Partner went to jail	404	5.5	3.7 - 8.1
Someone close had problem with drinking/drugs	1092	14.8	11.6 - 18.7
Someone close died	1205	16.3	13.0 - 20.3

Table 30: From survey questions 40-41 and 71, Prevalence of intimate partner violence prior to and during pregnancy, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Intimate partner violence, before pregnancy			
No	6977	95.7	93.2 - 97.3
Yes	311	4.3	2.7 - 6.8
Intimate partner violence, during pregnancy			
No	7115	97.6	95.7 - 98.7
Yes	174	2.4	1.3 - 4.3
Intimate partner violence, after pregnancy			
No	7008	96.4	94.0 - 97.9
Yes	260	3.6	2.1 - 6.1

*Includes mothers 18 and older only

Table 31: From survey questions 44-45, Infant stay in the neonatal intensive care unit (NICU) and length of infant hospital stay at birth, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Baby ever in NICU	No	6656	90.6	87.2 - 93.2
	Yes	688	9.4	6.8 - 12.8
Baby stay in hospital	Not born in hospital	189	1.0	1.1 - 5.6
	< 1 day	587	8.0	5.8 - 11.0
	1 to 2 days	4559	62.0	57.1 - 66.7
	3 to 5 days	1453	19.8	16.2 - 23.9
	6-14 days	408	5.6	3.6 - 8.5
	14+ days	132	1.8	1.0 - 3.2

Table 31: From survey questions 46-47, Infant alive now, infant living with mother, 2012 PRAMS

Question		Weighted n	Weighted %	95% CI
Infant alive now?	No	42	1.4	0.6 - 3.1
	Yes	7206	98.6	96.9 - 99.4
Infant living with mother	No	17	0.2	0.1 - 0.5
	Yes	7113	99.8	99.5 - 99.9

Table 32: From survey questions 48-49, Prevalence of ever breastfeeding and barriers to initiation, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Breastfeeding (ever)				
	No	824	11.4	8.6 - 15.1
	Yes	6390	88.6	84.9 - 91.5
Reasons for not breastfeeding (among those who did not breastfeed, all that apply)				
	Sick or on medicine	156	17.2	8.8 - 30.8
	Other children to take care of	217	23.9	14.3 - 37.1
	Too many household duties	55	6.0	3.0 - 11.9
	Didn't like breastfeeding	119	13.0	6.1 - 25.7
	Too hard	140	15.5	7.6 - 29.0
	Didn't want to	212	23.3	14.2 - 35.9
	Went back to school or work	106	11.6	5.5 - 23.0
	Other	252	27.7	16.5 - 42.6

Table 32: From survey questions 48-49, Prevalence of continuation breastfeeding and barriers leading to discontinuation, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Duration of breastfeeding (to at least 4 weeks)				
	No	1741	24.5	20.4 - 29.2
	Yes	5359	75.5	70.8 - 79.6
Duration of breastfeeding (to at least 8 weeks)				
	No	2376	33.5	28.8 - 38.5
	Yes	4722	66.5	61.5 - 71.2

Reasons for discontinuation (among women that discontinued, all that apply)

Difficulty latching or nursing	793	28.8	21.9 - 36.8
Breast milk did not satisfy baby	1046	37.9	30.2 - 46.3
Baby was not gaining enough weight	390	14.1	9.3 - 20.9
Nipples sore, cracked, or bleeding	452	13.4	11.0 - 23.7
Too hard, painful, or time consuming	498	18.2	12.7 - 25.5
Wasn't producing enough milk	1500	54.4	46.0 - 62.5
Too many household duties	238	8.6	5.1 - 14.2
Right time to stop	316	11.4	7.3 - 17.5
Medical reason	256	9.3	5.5 - 15.1
Back to work or school	560	20.3	14.4 - 27.8
Infant became jaundiced	132	4.8	2.3 - 9.8
Other	459	16.8	11.4 - 23.9

Table 33: From survey question 53, Prevalence of knowledge of shaken baby syndrome, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Women reporting awareness of shaken baby syndrome				
	No	164	2.3	1.2 - 4.2
	Yes	7085	97.7	95.8 - 98.8

Table 34: From survey question 54, Prevalence of infant sleep position and environment, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Sleep position				
	Side	633	8.8	6.4 - 12.1
	Back	6147	85.5	81.6 - 88.7
	Stomach	403	5.6	3.7 - 8.4
Sleep environment elements (% yes)				
	Crib	6222	87.0	83.4 - 89.9
	Mattress	5675	80.2	75.8 - 83.9
	Pillows	564	7.9	5.5 - 11.4
	Bumper pads	2092	29.4	25.0 - 34.2
	Plush or thick blankets	1599	22.4	18.4 - 26.9
	Stuffed toys	323	4.5	2.8 - 7.2
	Infant positioner	790	11.1	8.1 - 14.9
	Bed sharing	1831	25.8	21.6 - 30.4

Table 35: From survey question 56, Prevalence of postnatal home visitation, 2012 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Received a postnatal home visit	No	5521	76.4	71.9 - 80.3
	Yes	1709	23.6	19.7 - 28.1

Table 36: From survey questions 52-53, Prevalence of contraception use post-partum and reasons for not using a contraception method, 2011 WY PRAMS

Question		Weighted n	Weighted %	95% CI
Current birth control use	Not currently using	1064	14.6	11.3 - 18.6
	Currently using	6232	85.4	81.5 - 88.7
If no current birth control, why not (all that apply)	Not having sex	201	17.3	9.4 - 29.8
	Want to get pregnant	199	17.0	9.2 - 29.4
	Don't want to use	453	39.7	27.9 - 52.9
	Side effects	422	36.2	24.8 - 49.4
	Partner doesn't want to use	165	14.2	6.9 - 27.0
	Problems getting birth control	31	2.6	0.5 - 12.1
	Tubes Tied	87	7.4	3.1 - 16.9
	Partner had a vasectomy	21	1.8	0.3 - 9.2
	Pregnant now	<i>Insufficient data to report</i>		
	Other	184	15.8	8.5 - 27.4

If currently using birth control, what kind
(all that apply)

Tubes tied or blocked	800	12.7	9.6 - 16.7
Vasectomy	310	4.9	3.1 - 7.6
Birth control pills	2023	31.9	27.2 - 37.1
Condoms	1727	27.3	22.8 - 32.2
Injection	393	6.2	4.1 - 9.4
Contraceptive implant	238	3.8	2.3 - 6.2
Contraceptive patch or ring	135	2.1	1.0 - 4.3
IUD	1294	20.4	16.5 - 25.1
Natural family planning	171	2.7	1.5 - 5.0
Withdrawal	753	11.9	8.8 - 15.9
Abstinence	427	6.7	4.6 - 9.7
Other	136	2.1	1.0 - 4.6

Table 37: From survey question 60, Prevalence of postpartum check-up, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Received a postpartum check-up			
No	844	11.4	8.8 - 14.8
Yes	6541	88.6	65.2 - 91.3

Table 38: From survey questions 61-62, Prevalence of maternal postpartum depressive symptoms, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Postpartum depressive symptoms			
Down, depressed, hopeless			
Rarely/Never	4880	66.1	57.2 - 75.6
Sometimes	1634	22.1	18.3 - 26.5
Often/Always	871	11.8	8.2 - 20.4
Little interest or pleasure in doing things			
Rarely/Never	5575	75.7	66.4 - 85.6
Sometimes	1250	17.0	13.6 - 21.0
Often/Always	534	7.3	4.5 - 11.7
Depression indicator*			
No	6342	86.2	82.3 - 89.3
Yes	1018	13.8	10.7 - 17.7

*Yes indicates mother answered often or always
to one or both questions about depression

Table 39: From survey question 63, Prevalence of current (time of survey) health insurance, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Source of postnatal insurance (all that apply)			
Insurance from job (mother, partner or parents)	3950	53.4	48.4 - 58.2
Health insurance that you or someone else paid	336	4.6	3.0 - 6.8
Medicaid	949	12.8	9.9 - 16.5
Kidcare CHIP	61	0.8	0.3 - 2.3
Tricare or other military health care	337	4.5	2.8 - 7.4
Indian Health Service	129	1.7	1.3 - 2.3
Other	285	3.9	2.4 - 6.2
No health insurance	1346	18.2	14.6 - 22.4

Table 40: From survey question 64, Frequency preconception physical activity, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Frequency of prenatal physical activity (>30 minutes)			
Less than 1 day per week	1594	21.6	17.8 - 26.0
1-2 days per week	1892	25.6	21.6 - 30.2
3-4 days per week	2478	33.6	29.1 - 38.4
5 or more days per week	1406	19.1	15.5 - 23.2
Healthcare worked advised no exercise	<i>Insufficient data to report</i>		

Table 41: From survey question 65-66, Prevalence of smoking cessation techniques and barriers among smokers, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Smoking cessation techniques (all that apply, % yes)			
Set a quit date	383	19.3	13.1 - 27.6
Booklets, videos, materials	156	7.9	3.9 - 15.3
Quitline or Quitnet	69	3.5	1.3 - 9.2
Attend a class or program	<i>Insufficient data to report</i>		
Attend counseling for c cessation	<i>Insufficient data to report</i>		
Nicotine patch, gum, lozenge, nasal spray	115	5.8	2.6 - 12.4
Medication (Zyban or Chantix)	<i>Insufficient data to report</i>		
Cold turkey	1427	72.3	62.7 - 80.3
Other	275	17.0	10.4 - 26.6
Barriers to smoking cessation (all that apply, % yes)			
Cost of medicines or products	535	27.4	19.5 - 37.0
Cost of classes	270	71.8	8.4 - 22.2
Fear of gaining weight	431	22.1	14.9 - 31.4
Lose ability to handle stress	1213	62.1	52.5 - 70.8
Peers smoke	1153	59.0	49.2 - 68.2
Cravings	1375	70.4	61.0 - 78.4
Lack of support	458	23.5	16.2 - 32.7
Worsening depression	420	21.5	14.4 - 30.8
Worsening anxiety	737	37.7	28.7 - 47.7
Other	201	12.0	6.4 - 21.4

Table 42: From survey question 68, Frequency of intimate partner violence during pregnancy, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Frequency of IPV (%yes)			
Partner threatened or made woman feel unsafe	268	3.7	2.3 - 6.0
Frightened for safety of self or family because of partner	210	2.9	1.7 - 5.1
Partner tried to control daily activities	314	4.3	2.7 - 6.8
Partner forced unwanted sexual activity	122	1.7	0.8 - 3.5

*Includes mothers 18 and older only

Table 43: From survey questions 69-70, Prevalence of safety practices, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Safety practices			
Maternal seatbelt use			
No	995	13.9	10.7 - 17.7
Yes	6187	86.2	82.3 - 89.3
Working smoke alarm in home			
No	587	8.2	5.8 - 11.4
Yes	6589	91.8	88.6 - 94.2
Loaded firearms in house			
No	5980	83.7	79.7 - 87.0
Yes	1166	16.3	13.0 - 20.3
Received information on product recalls			
No	3778	52.7	47.7 - 57.7
Yes	3387	47.3	42.3 - 52.3
Frequency of car seat use			
Always	7177	99.4	98.3 - 99.8

Table 44: From survey question 72, Prevalence of postpartum multivitamin use, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Frequency of multivitamin use			
Didn't take a multivitamin	2264	30.8	26.3 - 35.6
1-3 times per week	1159	15.8	12.6 - 19.5
4-6 times per week	806	10.9	8.2 - 14.5
Every day of the week	3131	42.6	37.8 - 47.5

Table 45: From survey question 75, Total Household Income, 2012 WY PRAMS

Question	Weighted n	Weighted %	95% CI
Total household income in the 12 months before the baby was born			
\$15,000 or less	1221	17.1	13.7 - 21.1
\$15,001 - \$19,000	610	8.5	6.0 - 12.0
\$19,001 - \$22,000	432	6.1	3.9 - 9.2
\$22,001 - \$26,000	448	6.3	4.1 - 9.4
\$26,001 - \$29,000	285	4.0	2.4 - 6.5
\$29,001 - \$37,000	391	5.5	3.6 - 8.2
\$37,001 - \$44,000	445	6.2	4.2 - 9.1
\$44,001 - \$52,000	368	5.2	3.4 - 7.8
\$52,001 - \$56,000	396	5.6	3.5 - 8.7
\$56,001 - \$67,000	313	4.4	2.8 - 6.8
\$67,001 - \$79,000	464	6.5	4.5 - 9.3
\$79,001 or more	1769	24.7	20.8 - 29.3