Weston County's rates on the current fact sheet are similar to the statewide averages.

Since 2000, the suicide rate in Wyoming has been nearly two times the national average (22 vs. 12 in 2010).

**Activity Limitation**

**Definition:** The percentage of Wyoming adults reporting activity limitations due to mental or emotional problems.

<table>
<thead>
<tr>
<th>Percentage of Wyoming Adults</th>
<th>Wyoming</th>
<th>Weston County</th>
</tr>
</thead>
<tbody>
<tr>
<td>0%</td>
<td>8%</td>
<td>7%</td>
</tr>
</tbody>
</table>


**Serious Psychological Distress**

**Definition:** The percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions.

<table>
<thead>
<tr>
<th>Percentage of Wyoming Adults</th>
<th>Wyoming</th>
<th>Weston County</th>
</tr>
</thead>
<tbody>
<tr>
<td>0%</td>
<td>3%</td>
<td>2%</td>
</tr>
</tbody>
</table>


**Frequent Mental Distress**

**Definition:** The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and problems with emotions) was not good for 14 or more of the past 30 days.

<table>
<thead>
<tr>
<th>Percentage of Wyoming Adults</th>
<th>Wyoming</th>
<th>Weston County</th>
</tr>
</thead>
<tbody>
<tr>
<td>0%</td>
<td>10%</td>
<td>9%</td>
</tr>
</tbody>
</table>

Data Source: Behavioral Risk Factor Surveillance System, 2007-2011
**Limited Emotional Support**

**Definition:** The percentage of Wyoming adults reporting they rarely or never get the social or emotional support they need.

Data Source: Behavioral Risk Factor Surveillance System, 2007-2010

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**Currently Receiving Mental Health Treatment**

**Definition:** The percentage of Wyoming adults who report currently taking medicine or receiving treatment from a doctor or other health professional for a mental health condition or emotional problem.


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