Activity Limitation

**Definition:** The percentage of Wyoming adults reporting activity limitations due to mental or emotional problems.

- Uinta County’s rates on the current fact sheet are similar to the state average.

- Since 2000, the suicide rate in Wyoming has been nearly two times the national average (22 vs. 12 in 2010).

Serious Psychological Distress

**Definition:** The percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions.

- Wyoming: 3%
- Uinta County: 2%

Frequent Mental Distress

**Definition:** The percentage of Wyoming adults reporting frequent mental distress, which includes stress, depression, and problems with emotions, was not good for 14 or more of the past 30 days.

- Wyoming: 10%
- Uinta County: 12%

Data Source: Behavioral Risk Factor Surveillance System, 2007-2011
**Limited Emotional Support**

**Definition:** The percentage of Wyoming adults reporting they rarely or never get the social or emotional support they need.

![Graph showing the percentage of Wyoming adults reporting limited emotional support, with Wyoming at 6% and Uinta County at 4%.](image)

Data Source: Behavioral Risk Factor Surveillance System, 2007-2010

**Currently Receiving Mental Health Treatment**

**Definition:** The percentage of Wyoming adults who report currently taking medicine or receiving treatment from a doctor or other health professional for a mental health condition or emotional problem.

![Graph showing the percentage of Wyoming adults currently receiving mental health treatment, with Wyoming at 12% and Uinta County at 11%.](image)