**Activity Limitation**

**Definition:** The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and emotional problems) was not good for 14 or more of the past 30 days.

- For the 2007 to 2011 combined-year average, Teton County ranked second lowest in the state for the percentage reporting their mental health (which includes stress, depression, and emotional problems) was not good for 14 or more of the past 30 days (6% vs. 10% statewide).

- Since 2000, the suicide rate in Wyoming has been nearly two times the national average (22 vs. 12 in 2010).

**Serious Psychological Distress**

**Definition:** The percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions.

- Wyoming: 3%
- Teton County: 2%

**Frequent Mental Distress**

**Definition:** The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and problems with emotions) was not good for 14 or more of the past 30 days.

- Wyoming: 10%
- Teton County: 6%

**Activity Limitation**

**Definition:** The percentage of Wyoming adults reporting activity limitations due to mental or emotional problems.

- Wyoming: 8%
- Teton County: 10%
**Limited Emotional Support**

**Definition:** The percentage of Wyoming adults reporting they rarely or never get the social or emotional support they need.

**Currently Receiving Mental Health Treatment**

**Definition:** The percentage of Wyoming adults who report currently taking medicine or receiving treatment from a doctor or other health professional for a mental health condition or emotional problem.