**Activity Limitation**

**Definition:** The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and problems with emotions) was not good for 14 or more of the past 30 days.

- **Data Source:** Behavioral Risk Factor Surveillance System, 2007-2011

**Serious Psychological Distress**

**Definition:** The percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions.

**Frequent Mental Distress**

**Definition:** The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and problems with emotions) was not good for 14 or more of the past 30 days.

- **Data Source:** Behavioral Risk Factor Surveillance System, 2007-2011

**Activity Limitation**

**Definition:** The percentage of Wyoming adults reporting activity limitations due to mental or emotional problems.

- **Data Source:** Behavioral Risk Factor Surveillance System, 2007 & 2009

For the 2007 and 2009 combined-year average, Sublette County tied for third lowest in the state for the percentage reporting taking medicine or receiving treatment from a doctor or other mental health professional for a mental health condition or emotional problem (8% vs. 12% statewide).

Since 2000, the suicide rate in Wyoming has been nearly two times the national average (22 vs. 12 in 2010).

**For more information about Wyoming data at the county level, please refer to WYSAC Technical Report CHES-1427.**

**For more information about Wyoming data at the state level, please refer to WYSAC Technical Report CHES-1426.**
Definition: The percentage of Wyoming adults reporting they rarely or never get the social or emotional support they need.

Data Source: Behavioral Risk Factor Surveillance System, 2007-2010

Definition: The percentage of Wyoming adults who report currently taking medicine or receiving treatment from a doctor or other health professional for a mental health condition or emotional problem.