Activity Limitation

Definition: The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and problems with emotions) was not good for 14 or more of the past 30 days.

Data Source: Behavioral Risk Factor Surveillance System, 2007-2011

Serious Psychological Distress

Definition: The percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions.


Frequent Mental Distress

Definition: The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and problems with emotions) was not good for 14 or more of the past 30 days.

Data Source: Behavioral Risk Factor Surveillance System, 2007-2011

Activity Limitation

Definition: The percentage of Wyoming adults reporting activity limitations due to mental or emotional problems.


- For the 2007 and 2009 combined-year average, Sheridan County ranked second highest for the percentage reporting taking medicine or receiving treatment from a doctor or other mental health professional for a mental health condition or emotional problem (15% vs. 12% statewide).

- Since 2000, the suicide rate in Wyoming has been nearly two times the national average (22 vs. 12 in 2010).

†For more information about Wyoming data at the county level, please refer to WYSAC Technical Report CHES-1427.

‡For more information about Wyoming data at the state level, please refer to WYSAC Technical Report CHES-1426.
**Definition:** The percentage of Wyoming adults reporting they rarely or never get the social or emotional support they need.

*Data Source: Behavioral Risk Factor Surveillance System, 2007-2010*

**Limited Emotional Support**

- Wyoming: 6%
- Sheridan County: 4%

**Currently Receiving Mental Health Treatment**

- Wyoming: 12%
- Sheridan County: 15%

*Data Source: Behavioral Risk Factor Surveillance System, 2007 & 2009*