**Activity Limitation**

**Definition:** The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and problems with emotions) was not good for 14 or more of the past 30 days.

- For the 2007 and 2009 combined-year average, Platte County ranked lowest in the state for the percentage of adults reporting activity limitation due to mental or emotional problems (3% vs. 8% statewide).
- Since 2000, the suicide rate in Wyoming has been nearly two times the national average (22 vs. 12 in 2010).

**Serious Psychological Distress**

**Definition:** The percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions.

**Frequent Mental Distress**

**Definition:** The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and problems with emotions) was not good for 14 or more of the past 30 days.

- For the 2007 and 2009 combined-year average, Platte County ranked lowest in the state for the percentage of adults reporting activity limitation due to mental or emotional problems (3% vs. 8% statewide).
- Since 2000, the suicide rate in Wyoming has been nearly two times the national average (22 vs. 12 in 2010).

**Activity Limitation**

**Definition:** The percentage of Wyoming adults reporting activity limitations due to mental or emotional problems.
**Limited Emotional Support**

**Definition:** The percentage of Wyoming adults reporting they rarely or never get the social or emotional support they need.

Data Source: Behavioral Risk Factor Surveillance System, 2007-2010

<table>
<thead>
<tr>
<th></th>
<th>Wyoming</th>
<th>Platte County</th>
</tr>
</thead>
<tbody>
<tr>
<td>Limited Emotional Support</td>
<td>6%</td>
<td>8%</td>
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**Currently Receiving Mental Health Treatment**

**Definition:** The percentage of Wyoming adults who report currently taking medicine or receiving treatment from a doctor or other health professional for a mental health condition or emotional problem.


<table>
<thead>
<tr>
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<th>Wyoming</th>
<th>Platte County</th>
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<tbody>
<tr>
<td>Currently Receiving Mental Health Treatment</td>
<td>12%</td>
<td>12%</td>
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